



**State of Louisiana**  
Louisiana Department of Health  
Office of Behavioral Health

**HCR 113 Louisiana Commission on Preventing Opioid Abuse**  
**Meeting Minutes**  
**November 7, 2016**

I. Call to Order – The meeting was called to order at 1:40 p.m. by Co-chair Eric Torres

A. Roll Call – Co-chair Malcolm Broussard

Commission Members present:

Eric Torres, La State Bd of Medical Examiners  
Malcolm Broussard, La Board of Pharmacy  
James Hussey, Office of Behavioral Health  
Janice Petersen, LDH & OBH  
Cynthia York, La State Board of Nursing  
Raman Singh, Dept of Corrections  
Murphy Paul, Dept of Public Safety  
Floyd “Flip” Roberts, La Hospital Association  
Cindy Bishop, La Orthopedic Assoc  
Gerald Davis, La Primary Care Assoc  
Joseph Tramontana, LA Psychological Assoc  
Charles Fox, LSUHSC Shreveport  
Monica Morgan, La Soc Health Sys Pharm  
John DeRosier, La District Attorneys  
Association  
Paul Hubbell, Society of Interventional Pain  
Phys of La  
Ginny Martinez, Pharm Research & Manuf of  
America (PHRMA)  
Sharon Brigner, PHRMA  
Pete Martinez, PHRMA  
Jeff Caffery, La Indep Pharmacies Assoc  
Melissa Mendoza, La Dept of Health  
William “Beau” Clark, La Coroner’s Assoc  
Allison Hagan, Medicine Louisiana

Shelly Esnard, La Academy of Physician Assistants  
Keetsie Gunnels, La Department of Justice  
Brandi Cannon, Health & Welfare Committee  
Corinne Green, Office of the Governor  
Matt Moreau, La Cannabis Association  
Gary Patureau, La Assoc of Self Insured Emp  
Mary Ann Maumus, Oschner  
Chenikica Martin, Aetna  
Tamara Edwards, Aetna  
Christine Peck, Senate H&W  
Amanda Trapp, Senate H&W  
Brandi Cannon, House H&W  
Drew Murray, House H&W  
Charlotte Martin, La Physical Therapy Bd  
Al Moreau, La Physical Therapy Bd  
Kerry Lentini, La Supreme Court  
Kathy Chittom, Chiropractic Assoc of La  
Mary Green, Metropolitan Human Serv Dist  
  
William Kirchain, La Pharmacists Assoc  
Andrew Ward, Odyssey House/CLASSP  
Ed Carlson, Odyssey House/CLASSP  
Robin Gruenfeld, La Bureau of Family Health  
Jennifer Marusak, Louisiana State Medical Society  
Leslie Deville-McDaniel, Office of Behavioral Health

**\*\*\*On phone-**

Ava Dejoie, La Workforce Commission  
Ragan LeBlanc, La Academy Family Phys  
Deborah Thomas, Addictive Disorder Reg Auth  
Luke LeBas, (La) Amer College of Emerg  
Room Physicians  
Adrienne Trogden, La Assoc of Substance  
Abuse Counselors & Trainers  
Benjamin Record, La Dental Assoc  
Jamie Bolden, LSUHSC New Orleans

# Louisiana Commission on Preventing Opioid Abuse Meeting

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Cheryll Bowers-Stephens, La Association of Health Plans  
Robin Krumholt, Workers Comp Advisory Council  
Nina Luckman, La Comp Blog  
Chaunda Mitchell, Office of the Governor  
Karis Schoellmann, Perinatal Commission

## Commission Members not present:

Jim Donelon, Commissioner of Insurance  
A.K. Roy, La Psychiatric Medical Association

Thad Toups, La Assoc of Drug Court Profess  
Lisa Bayhi, La Assoc of Nurse Practitioners  
Tammy O'Connor, La Council of Emerg Nurses Assoc  
Indra Osi, La Health Information Mgmt Assoc

M. Lynn Ansardi, La State Bd of Practical Nurse Examiners

Rita Finn, La State Nurses Association  
Mitch Bratton, La Assoc of Chiefs of Police  
Anthony Lowery, La Coalition of Addiction Counselors  
La Osteopathic Medical Association

- B. Opening Remarks – Co-chair Eric Torres welcomed all Commission Members and guests
- C. Motion was made to approve Minutes from September 26, 2016 Meeting was made by Co-chair Malcolm Broussard.
  - i. Dr. Flip Roberts seconded motion
  - ii. Minutes were approved.
- D. Topic 2 Discussion – Paul Hubbell, Soc of Interventional pain Physicians of LA
  - i. Paul Hubbell gave overview of recommendations
  - ii. Need to consider rules for treatment of chronic pain over 12 weeks.
  - iii. Identify who would qualify as a pain medicine specialist.
  - iv. Nurse practitioners can prescribe for acute pain, but not chronic.
  - v. What about dentists, oral surgeons and psychologists?
  - vi. Concern is that some people can be on their way to addiction before 12 weeks.
  - vii. Opioid Risk assessments which are part of the CDC guidelines are needed and should be administered by medical psychologists.
  - viii. NARC scores would be helpful.
  - ix. Increase drug screens to 4 - would be better than the 2 that are presently required.
  - x. Education program needs to be implemented. PCPs prescribe the most opioids and need to be educated on opioid addiction.
    - Target high prescribers
    - Teach chronic pain
    - Educate patients as well
    - Website needed with educational materials
    - State with medical schools within the state

- xi. Prescribers should have responsibility for knowing how to get people off of opioids as well.
  - xii. Long-term therapy should go away and be replaced with short-term therapy.
  - xiii. Opioid-free surgery should be utilized, where appropriate.
  - xiv. US Surgeon General has offered to address the group. They have a website – [TurnthetideRX.org](http://TurnthetideRX.org)
  - xv. LSBME will be putting education modules re: pain rules online in January 2017
  - xvi. Licensing agencies should look at education options for prescribers
- E. Topic 3 Discussion – Shelly Esnard, La Academy of Physician Assistants
- i. Shelley Esnard gave overview of recommendations
  - ii. Need to build program with multimodal approach
  - iii. Lack of integrated approach for low income Medicaid patients
  - iv. Low income population has highest percentage of addiction
  - v. Medicaid has nowhere to go but to the PCPs.
  - vi. No payment is available for Medicaid patients (Jindal Administration)
  - vii. State has “Lock In Program” to stop doctor shopping
  - viii. Attention is needed on prevention measures - early recognition and treatment.
  - ix. Identify possible addiction early on.
  - x. Medical marijuana is a lower risk alternative, but would have to be added by legislation.
- F. Topic 4 Discussion – Co-chairs Eric Torres and Malcolm Broussard
- i. Eric Torres and Malcolm Broussard gave overview of recommendations
  - ii. Board Rules on Pain Management are available at LBSME website
  - iii. CMEs needed on Opioid Abuse
  - iv. Use of PMP/HER is cost prohibitive
  - v. Opioid Collaborative Groups: allow the recommendations of this group to continue
  - vi. Screens (Pharmaco genetic testing, urine screens)
  - vii. Optimize Naloxone
  - viii. Old RX drop off locations
  - ix. Gateway – PMP & HER interconnect (Kroger Pharmacy uses this – 9 locations in Louisiana)
  - x. NARC-check (constructs a score)
    - Looking at state price (less than retail)
    - Looking at grants
    - Need to include registration rate
    - Allow delegates to do searches
  - xi. “My Old Meds.com” provides instructions for disposing of old medicines
  - xii. Consumer education is needed
  - xiii. Dr. Singh - Task is to prevent – practices and policies
  - xiv. Prescribing process and treatment practices should be focus
  - xv. Look at other available sources rather than prescribing

- xvi. How does a doc know which patient will be addicted
- xvii. Are payer sources available
- xviii. Find alternatives that work and then funding needs to be provided
- xix. Payer policies are needed
- xx. System-wide policies are needed
- xxi. Patients need to be weaned off to get them back to work

G. Topic 5 Discussion – Robin Gruenfeld, La Bureau of Family Health

- i. Robin Gruenfeld gave overview of recommendations
- ii. Only mothers are screened
- iii. OBs don't know much about detoxing
  - Better to detox after baby is born
  - Consider family at discharge
  - Need a live referral system
- iv. Treatment vs. criminalization
- v. In favor of payer refer recommendations

H. Topic 6 Discussion – SreyRam Kuy, LDH Medicaid

- i. SreyRam Kuy gave overview of recommendations
- ii. PCSS.org is a free source for providers
- iii. Are LSU and Tulane at the table with regard to prevention
- iv. Fundamental – curriculum incorporation
- v. CMEs should be looked at and required
- vi. Online course credit should be considered

I. Topic 7 Discussion – John DeRosier, La District Attorney's Association

- i. John DeRosier gave overview of recommendations
- ii. Drug Courts are already in place across the state
- iii. Funding needed from legislature to place offenders/addicts into "treatment courts"
- iv. Some of the savings the state receives could be reinvested in the drug court system
- v. Cost to the state is \$15K per person – it costs drug courts \$5K
- vi. Funding is main issue
- vii. Drug courts are proven to work
- viii. Medicaid expansion should be connected with drug courts
- ix. Kerry Lentini will meet with DOC – Dr. Singh and Sec Leblanc to discuss possibilities
- x. MAPS is being integrated in the Drug Courts
- xi. Every dollar spent will save the state \$7.00

J. Next Steps

- i. Commission will communicate via email and work on developing the outline for the final report.
- ii. Co-chairs will re-group with Team Leads
- iii. Will attempt to write 1<sup>st</sup> draft and send out prior to January meeting

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K. Next Meeting:

Thursday, January 19, 2017 @ 1:30 p.m.

Louisiana Department of Health

628 North Fourth Street

Bienville Building, Room 118

Baton Rouge, LA 70802

L. Adjournment – Eric Torres adjourned the meeting at 3:35 p.m.