



65 and older? Now is the time to get your flu shot.

You are at greater risk of serious complications from the flu.

Human immune defenses become weaker with age, so now is the time to get your seasonal flu shot. It's safe and effective, and to fight the flu, nothing delivers more protection.

For more information, ask your health care provider or pharmacist, call 2-1-1 or visit www.ldh.la.gov/FightTheFlu.

