

## Appendix 1: Federal Programs That May Be Potentially Accessed by States, Local Agencies, or Individuals for Respite Services, Support, or Funding

Program	Type of Assistance & Eligible Entity	Authorizing Legislation	Beneficiaries (may vary by state)	Payments to or Support for Respite Services
<b>Medicare and Medicaid Programs</b>				
Medicare Hospice Benefit	Fee for service entitlement to individuals	Social Security Act, Title XVIII, Section 1861(dd)	Medicare-eligible aged and disabled individuals with terminal illnesses	Payments to hospice care facilities
Medicare Advantage Special Needs Plans	Managed care health insurance plan to individuals	Social Security Act, Title XIX,	Medicare-eligible individuals who are dually eligible, institutionalized, or have certain conditions	Payments to respite care providers
Medicaid Personal Care Benefit	Formula grant to states at state option	Social Security Act, Title XIX, Section	Medicaid-eligible individuals in states including this option in their state plan	Payments to providers of services that result in “indirect” respite care
Self-Directed Assistance Services	Formula grant to states at state option	Social Security Act, Title XIX, Section 1915(j)	Frail elders, adults with disabilities, and some children with developmental disabilities	Consumer-directed budgets can be used to pay respite providers
Programs of All-Inclusive Care for the Elderly (PACE)	Capitated benefit with integrated Medicare and Medicaid financing	Balanced Budget Act of 1997	Individuals age 55 or older certified as eligible for nursing home care	Payments to providers of services that result in “indirect” respite care; payments to respite care providers
Early and Periodic Screening, Diagnosis, and Treatment (EPSDT)	Formula grant to states Entitlement	Social Security Act, Title XIX	Medicaid-eligible children	Payments to providers of services that result in “indirect” respite care
Medicaid Hospice Benefit	Formula grant to states State option	Social Security Act, Title XIX	Medicaid-eligible individuals with terminal illnesses	Payments to hospice care facilities

Program	Type of Assistance & Eligible Entity	Authorizing Legislation	Beneficiaries (may vary by state)	Payments to or Support for Respite Services
Home and Community-Based Alternatives to Psychiatric Residential Treatment Facilities	Discretionary grant to states	Deficit Reduction Act of 2005, Section 6063	Youth with serious emotional disturbance	Payments to respite care providers
<b>Medicaid Waiver Programs</b>				
Medicaid Research & Demonstration Projects	Discretionary grant to states	Social Security Act, Title XXI, Section 1115	Medicaid-eligible individuals	Payments to respite care providers
Medicaid Managed Care/Freedom of Choice Waivers	Waiver of Medicaid regulations	Social Security Act, Title XIX, Section 1915(b)	Medicaid-eligible individuals	Payments to respite care providers
Home and Community-Based Services Waivers	Waiver of Medicaid regulations	Social Security Act, Title XIX, Section 1915(c)	Medicaid-eligible individuals	Payments to respite care providers or consumer-directed
Combined Waivers	Waiver of Medicaid regulations	Social Security Act, Title XIX, Sections 1915(b) and (c)	Medicaid-eligible individuals	Payments to respite care providers or consumer-directed
<b>Additional Opportunities in Health Care Reform</b>				
Community Living Assistance Supports and Services (CLASS) <sup>62</sup>	Voluntary insurance program funded by payroll deduction	Title VIII of the Patient Protection and Affordable Care Act of 2010	Individuals with functional impairments who have paid premiums for five years	Unrestricted payments to consumers; could be used for respite
Community First Choice Option	Formula grant to states State option	Social Security Act, Section 1915(k)	Medicaid-eligible individuals requiring an institutional level of care	Payments to providers of services that result in “indirect” respite care

<sup>62</sup> Because of governmental concerns about potential solvency issues, the program will not be implemented at this time. See US Department of Health and Human Services (2011). A Report on the Actuarial, Marketing, and Legal Analyses of the CLASS Program. <http://aspe.hhs.gov/daltcp/reports/2011/class/index.shtml>

Program	Type of Assistance & Eligible Entity	Authorizing Legislation	Beneficiaries (may vary by state)	Payments to or Support for Respite Services
State Balancing Incentive Payments Program	Discretionary grant to states State Option	Patient Protection and Affordable Care Act	Medicaid-eligible individuals	Payments to respite providers or to providers of services that result in “indirect” respite care
Medicaid State Plan Option for Home and Community-Based Services	Formula grant to states State option	Social Security Act, Title XIX, Section 1915(j)	Medicaid-eligible individuals	Payments to respite care providers
Money Follows the Person	Discretionary grant to states	Deficit Reduction Act of 2005	Medicaid-eligible individuals transitioning out of institutional settings	Payments to respite care providers or consumer directed
Children’s Health Insurance Program (CHIP)	Formula grant to states	Social Security Act, Title XXI	Low-income children	Payments to respite care providers
<b>Programs for Children Only: Child Welfare and Child Abuse Prevention Programs</b>				
CAPTA Basic State Grants	Formula grant to states	Child Abuse Prevention and Treatment Act, Title I, Section 106 extended by CAPTA Reauthorization Act of 2010	Children identified as abused or neglected and their families	Support of community respite and crisis nursery programs
CAPTA Discretionary Activities	Discretionary grants or contracts to states, local government, tribes, tribal organizations, public or private agencies	Child Abuse Prevention and Treatment Act, Title I, Section 105 extended by CAPTA Reauthorization Act of 2010	Children identified as abused or neglected or at risk of abuse or neglect and their families	Support of community respite and crisis nursery programs

Program	Type of Assistance & Eligible Entity	Authorizing Legislation	Beneficiaries (may vary by state)	Payments to or Support for Respite Services
Child Abuse Community-Based Prevention Grants (CBCAP)	Formula grant to states	Child Abuse Prevention and Treatment Act, Title II extended by CAPTA Reauthorization Act of 2010	Children at risk of child abuse or neglect and their families	Support of community respite and crisis nursery programs
Stephanie Tubbs Jones Child Welfare Services	Formula grant to states	Social Security Act, Title IV-B, Subpart 1	Families and children in need of child welfare benefits	Payments to respite care providers
Family Connection Grants	State, local or tribal child welfare agencies and private nonprofit organizations	Social Security Act, Title IV-B, Subpart 1	Foster children or children in kinship care or children at risk of entering foster care	Funds information centers to connect families to respite.
Promoting Safe and Stable Families	Formula grant to states	Social Security Act, Title IV-B, Subpart 2	Families and children in need of child welfare and family strengthening services	Payments to respite care providers and crisis nursery programs
Targeted Grants to Increase Well-Being of, and to Improve Permanency Outcomes for, Children Affected by Substance Abuse	Competitive grant to state partnerships serving children at risk of out-of-home placement	Social Security Act, Title IV-B, Subpart 2	Children at risk of out-of-home placement due to parent or caregiver's substance abuse	Payments to providers of services that result in "indirect" respite care
Abandoned Infants Assistance	Discretionary grant to projects	Abandoned Infants Assistance Act as extended by the CAPTA Reauthorization Act of 2010	Infants and young children with HIV/AIDS or substance abuse, who might otherwise be abandoned in hospitals	Payments to respite care providers; support of respite care programs

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Adoptions Opportunities	Discretionary grant to projects	Child Abuse Prevention and Treatment and Adoption Reform Act as extended by the CAPTA Reauthorization Act of 2010	Children in foster care with a goal of adoption	Grants to programs that may be use to pay providers of respite care
Family Violence Prevention and Services Act	States, Tribal entities; State Domestic Violence Coalitions; for <i>Specialized Services for Abused Parents and Their Children</i> , local agencies, nonprofit or Tribal Organizations	Family Violence Prevention and Services Act, as extended by the CAPTA Reauthorization Act of 2010	Victims of domestic violence, their children and other dependents, their families, and the public.	Assistance in accessing and providing information and referral to respite services; payment to respite providers under <i>Specialized Services for Abused Parents and Their Children</i>
<b>Programs for Children Only: Child Education/Health/Mental Health</b>				
Early Intervention for Infants and Toddlers	Formula grant to states	Individuals with Disabilities Education Act, Part C	Children ages 0 to 2 with developmental disabilities and their families	Payments to respite care providers
Special Education Preschool	Formula grant to states	Individuals with Disabilities Education Act, Part B	Children ages 3 to 5 with developmental disabilities	Payments to respite care providers
Maternal and Child Health Block Grant	Formula grant to states	Social Security Act, Title V, Section 501	Mothers, infants and children, including children with special health care needs, particularly low-income	Payments to respite care providers
Maternal and Child Health Community Integrated Service Systems	Discretionary grant to projects	Social Security Act, Title V, Section 502	Mothers, infants and children, including children with special health care needs, particularly low-income	Funds development of community systems that may include respite activities

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Maternal and Child Health Special Projects of Regional and National Significance	Discretionary grant to projects	Social Security Act, Title V, Section 501	Mothers, infants and children, including children with special health care needs, particularly low-income	None to date
Family to Family Health Information Centers	Discretionary grant to projects	Social Security Act, Title V, Section 501(c)(1)(A)	Children and families receiving services from organizations engaged in activities for children and youth with special health care needs	Funds information centers to connect families to respite. No direct funding for respite care
Services to Individuals with a Postpartum Condition and Their Families	Discretionary grant to projects	Social Security Act, Title V, Section 512	Individuals at with or at risk for postpartum conditions and their families	Not yet funded
Child Mental Health Initiative	Discretionary grant to states	Public Health Services Act, Title V, Section 561	Children under age 22 with a diagnosed serious emotional disturbance, serious behavioral disorder, or serious mental disorder	Payments to respite care providers
<b>Programs for Children Only: Child and Family Low-Income Assistance</b>				
Temporary Assistance for Needy Families (TANF)	Formula grant to states	Social Security Act, Title IV-A	Low-income families with children	Payments to respite care providers or consumer directed
Child Care and Development Block Grant	Formula grant to states	Social Security Act, Title IV	Children under age 13 (option to 19 if disabled or under court supervision) with working parents under 85% of state median income, or receiving protective services	Payments to respite care providers if family receiving protective services; development and support of provider networks

Program	Type of Assistance & Eligible Entity	Authorizing Legislation	Beneficiaries (may vary by state)	Payments to or Support for Respite Services
Services to Advocate for and Respond to Youth	Discretionary grant to projects	Violence Against Women and Department of Justice Reauthorization Act, Title III	Youth who have experience domestic violence, dating violence, sexual assault or stalking	Payments to respite care providers
<b>Programs Serving All Ages</b>				
Community Development Block Grant	Entitlement grants to principal cities of Metropolitan Statistical Areas (MSAs) and qualified urban counties; Non-entitlement grants to states	Housing and Community Development Act of 1974, Title I	Low- and moderate-income persons	Grants to respite care providers
Social Services Block Grant	Formula grant to states	Social Security Act, Title XX	No restrictions	Grants to respite care providers
Community Mental Health Services Block Grant	Formula grant to states	Public Health Service Act, Title XIX, part B	Adults with serious mental illness; children with serious emotional disturbance	Payments to respite care providers
Developmental Disability Basic Support and Advocacy Grants	Formula grant to states	Developmental Disabilities Assistance and Bill of Rights Act	Individuals with developmental disabilities	Funds development and maintenance of provider networks. Limited payments to respite care providers
Family Support 360/Family Support and Community Access	Discretionary grant to projects	Developmental Disabilities Assistance and Bill of Rights Act, Title I	Families of individuals with developmental disabilities	Funds information services connecting families to respite care providers

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Centers for Independent Living	Discretionary grant to projects	Rehabilitation Act, Title VII, Part C; Recovery Act	Individuals with significant disabilities	Payments to respite care providers or linkages to respite using other funding sources for payment
HIV Care Formula Grants	Formula grant to states	Public Health Service Act, Title XXVI, Part B	Individuals with HIV/AIDS and their families	Payments to respite care providers
HIV Emergency Relief Project Grants	Formula grant to states	Public Health Service Act, Title XXVI, Part A	Individual with HIV/AIDS and their families	Payments to respite care providers
Supplemental Security Income	Entitlement to individuals	Social Security Act, Title XVI	Individuals who are disabled, blind, or over 64 and low income	Unrestricted payments to individuals; can be used for respite
Senior Companion	Discretionary grant to projects	Domestic Volunteer Service Act, Title II, Part B	Individuals age 21 and over with special needs; frail elderly	Payments in the form of stipends to volunteer companions who in turn provide no cost services to consumers
National Senior Service Corps	Grants to national and local nonprofits, schools, government agencies, faith-based and other community organizations	Title II, Domestic Volunteer Service Act of 1973, as amended, P.L. 93-113; as amended through P.L. 111-13, 2009	Older volunteers serve children, adults, and the aging population	No-cost volunteer services provided to consumers
AmeriCorps	Formula grants when applicable to Governor-appointed State Service Commissions	National and Community Service Act of 1990; as amended through P.L. 111-13, 2009	Beneficiaries identified with an application for assistance	No-cost volunteer services provided to consumers



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Aging and Disability Resource Centers	Competitive grants to State Agency or instrumentality of the State	Affordable Care Act , Title III, Part III, Section 2405	Aging population and persons with disabilities, including family caregivers	ADRCs play a central role in Lifespan Respite systems as mandated primary stakeholders.
National Family Caregiver Support Program	Formula grant to states, Indian Tribal Organizations; public or nonprofit Native Hawaiian organizations	Older Americans Act, Title III-E and VI-C (Native American Caregiver Support Program)	Family caregivers; grandparents and older individuals who are relative caregivers; American Indian and Native Hawaiian family caregivers; grandparents and older individuals who are relative caregivers	Payments to respite care providers or consumer direction
<b>Programs for the Aging</b>				
Supportive Services and Senior Centers	Formula grant to states	Older Americans Act, Title III, Part B	Individuals age 60 and over with economic and social need	Payments to providers of services that result in “indirect” respite care
Community Living Program	Discretionary grant to projects	Older Americans Act, Title IV	Individuals age 60 and over at risk of placement in a nursing home and spending down financial assets	Payments to respite care providers. Program expired but grants finishing last year
Alzheimer’s Disease Supportive Services Program	Discretionary grant to states	Public Health Service Act, Title III, Section 398	Individuals with Alzheimer’s Disease and their family caregivers	Payments to respite care providers
<b>Programs for American Indians</b>				
Indian Child Welfare Act Grants	Discretionary grant to Tribes	Indian Child Welfare Act	American Indian children and families	Payments to respite care providers
Social and Economic Development Strategies	Discretionary grant to Tribes	Native American Programs Act	American Indians, Alaska Natives, Native Hawaiians, Native American Pacific Islanders	Payments to providers of services that result in “indirect” respite care
Special Program for the Aging	Discretionary grant to projects	Older Americans Act, Title VI	Older American Indians, Alaska Natives, and Native Hawaiians	Payments to providers of services that result in “indirect” respite care

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<b>Programs for Military Families</b>				
TRICARE ECHO	Supplemental health insurance	—	Military families with an exceptional family member	Payments to respite care providers
Respite for Injured Service Members	Extended TRICARE respite benefits	National Defense Authorization Act for FY 2008, P.L. 110-181, Subtitle C, Sec. 1633.	Injured active duty service members, including National Guard/Reserve who have a serious injury	Payments to respite providers at no cost to family and no cap
Exceptional Family Member Program	Entitlement to individuals	—	Military families with an exceptional family member	Payments to respite care providers; varies by service
Armed Services YMCA Respite Child Care	Entitlement to individuals	—	Military families at participating YMCAs	Free membership and respite child care
Family Support 360 for Military Families	Discretionary grant to projects	Developmental Disabilities Assistance and Bill of Rights Act	Military families with children (birth to age 25) with developmental disabilities	Funds information services connecting families to respite care providers
Army Respite Child Care (and Give Parents a Break)	Entitlement to individuals	—	Families of Deployed; Wounded, Ill, and Injured Soldiers; and Survivors of Fallen Soldiers; or geographically dispersed Accessions Command Army Recruiters, ROTC Cadet Cadres (trainer), or Deployed and in the Army National Guard or deployed Army Reserve soldiers	Payments to respite providers at no cost to family
<b>Programs for Veterans</b>				
Veterans Affairs Health Care	Entitlement to individuals	Millennium Health Care and Benefits Act	Veterans of all eras	Provides respite care through VA medical centers, community settings, or in-home

Program	Type of Assistance & Eligible Entity	Authorizing Legislation	Beneficiaries (may vary by state)	Payments to or Support for Respite Services
Aid-and-Attendance and Housebound Benefit	Entitlement to individuals	—	Veterans with medical needs or mental or physical disability or surviving spouses	Unrestricted payments to individuals; can be used for respite
Volunteer Caregiver Support Network	Funding to twelve pilot sites	—	Family caregivers of seriously injured veterans with polytrauma, traumatic brain injury (TBI), and/or spinal cord injury (SCI)	Voluntary respite services
Veteran-Directed Home and Community Based Services	Discretionary grant to State Units on Aging or Area Agencies on Aging	Older Americans Act, Title IV	Veterans at risk of placement in a nursing home	Payments to respite care providers or consumer directed
VA Programs of Comprehensive Assistance for Family Caregivers	Stipends to family caregivers, mental health services, health coverage and respite	Caregivers and Veterans Omnibus Health Services Act	Family caregivers of veterans receiving medical discharge for a serious injury incurred or aggravated in the line of duty on or after September 11, 2001	Respite must be medically and age-appropriate, and include in-home care.