

Have you heard about monitored in-home caregiving?



Your *Office of Aging and Adult Services (OAAS)* support coordinator will help you decide if monitored in-home caregiving services are a cost-effective option for you.



Have you heard about Joe? Joe is a participant in the Community Choices Waiver program.

Joe likes his independence. He wants to stay in his home where he raised his children. Now, his family lives far away, and they worry about him. Joe needs help bathing, getting in and out of bed and his favorite chair, food preparation, medication assistance, and transportation.

Joe's support coordinator told him about a service under the Community Choices waiver called monitored in-home caregiving. This service lets Joe get the personal care that he needs provided by a full-time, live-in caregiver that he chooses.

Under this new program, Joe asked a family friend named Lisa to move in with him as his full-time caregiver. Lisa helps him with dressing, bathing, and meals. She makes sure he takes his blood pressure medication, keeps his medical appointments, and gets to church on time.

His care manager, Connie, comes to Joe's house at least every other month. Connie makes sure Joe's home is safe, that Lisa is providing the care he needs, and helps Joe get other services. Connie talks to Joe about what social activities he wants to do, like going to the local senior center to play dominoes once a week. Lisa, Joe, and Connie make a plan to get him there.

The monitored in-home care-giving service also includes a nurse that checks on Joe at least every other month. His nurse, Sharon, helps him stay healthy by checking his blood pressure history and helping Joe and Lisa decide what to ask the doctor about at his next visit.

Through the monitored in-home caregiving service, Joe is able to live in his home and remain active in the community. Joe could not be happier!

Your waiver. Your choice. Your life. Ask your support coordinator how to build a plan of care as unique as you are! Your support coordinator's name is _____.
His/her phone number is _____.