

# Influenza Surveillance Report

[www.infectiousdisease.dhh.louisiana.gov](http://www.infectiousdisease.dhh.louisiana.gov)

Week 9: 02/29/16 - 03/05/16

**Influenza activity is moderate in Louisiana and remained elevated in the United States. The most commonly reported other respiratory viruses are RSV and Rhino/Enterovirus.**

**The Influenza Surveillance Summary Report describes the results of the tracking done by the Louisiana Office of Public Health Infectious Disease Epidemiology Section (IDEpi). This report relies on data supplied by sentinel surveillance sites, including hospital emergency departments (ED), laboratories and physicians' offices. Sentinel sites provide weekly data on Influenza Like Illness (ILI) and/or laboratory confirmed cases.**

Taken together, ILI surveillance and laboratory surveillance provide a clear picture of the influenza activity occurring in Louisiana each week. If you have any questions about our surveillance system or would like more information, please contact Julie Hand at 504-568-8298 or [julie.hand@la.gov](mailto:julie.hand@la.gov).

**ILI** is defined as an illness characterized by cough and/or cold symptoms and a fever of 100° F or greater in the absence of a known cause. While not every case of ILI is a case of influenza, the CDC has found that trends in ILI from sentinel sites are a good proxy measure of the amount of influenza activity in an area. For this reason, all states and territories participating in the national surveillance program monitor weekly ILI ratios from their sentinel surveillance sites.

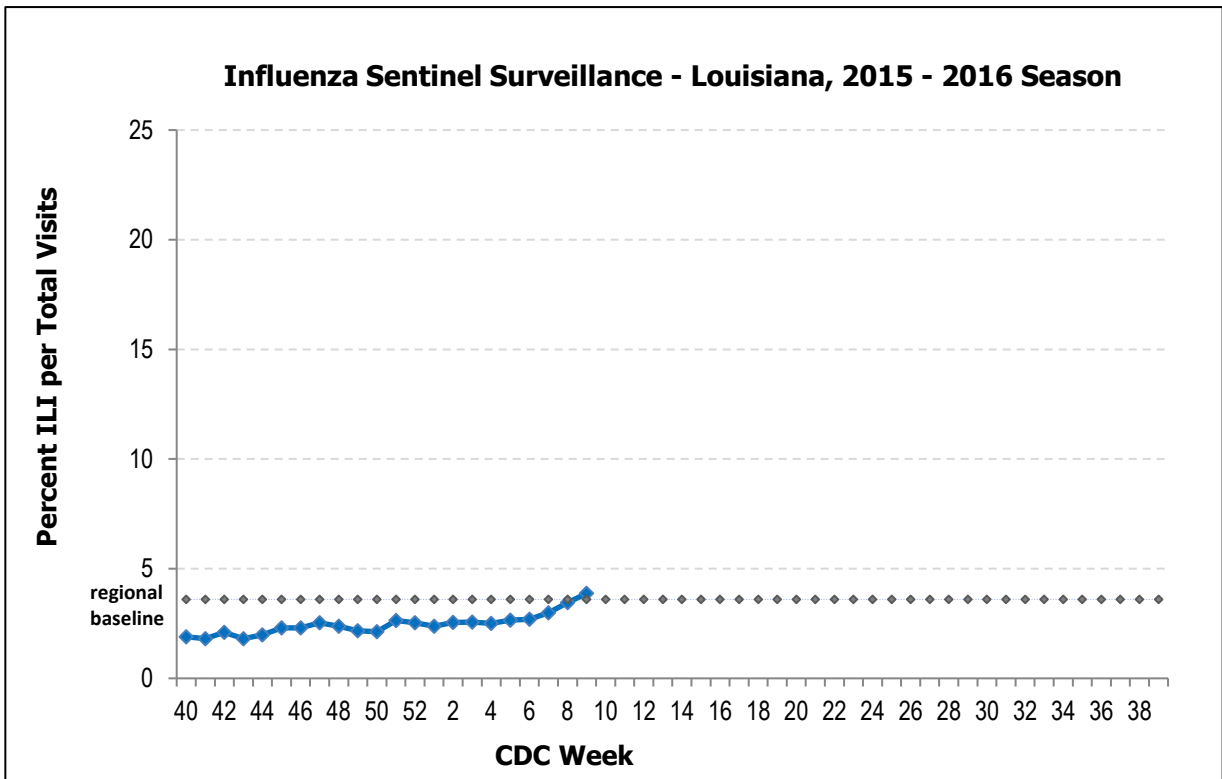


**Laboratory testing:** Not all sentinel sites have access to laboratory testing. However, many hospitals and physicians' offices do perform some influenza testing. Sites that test for influenza report the number of positive tests each week and the total number of tests performed each week. This information is included on page 3 of this report.

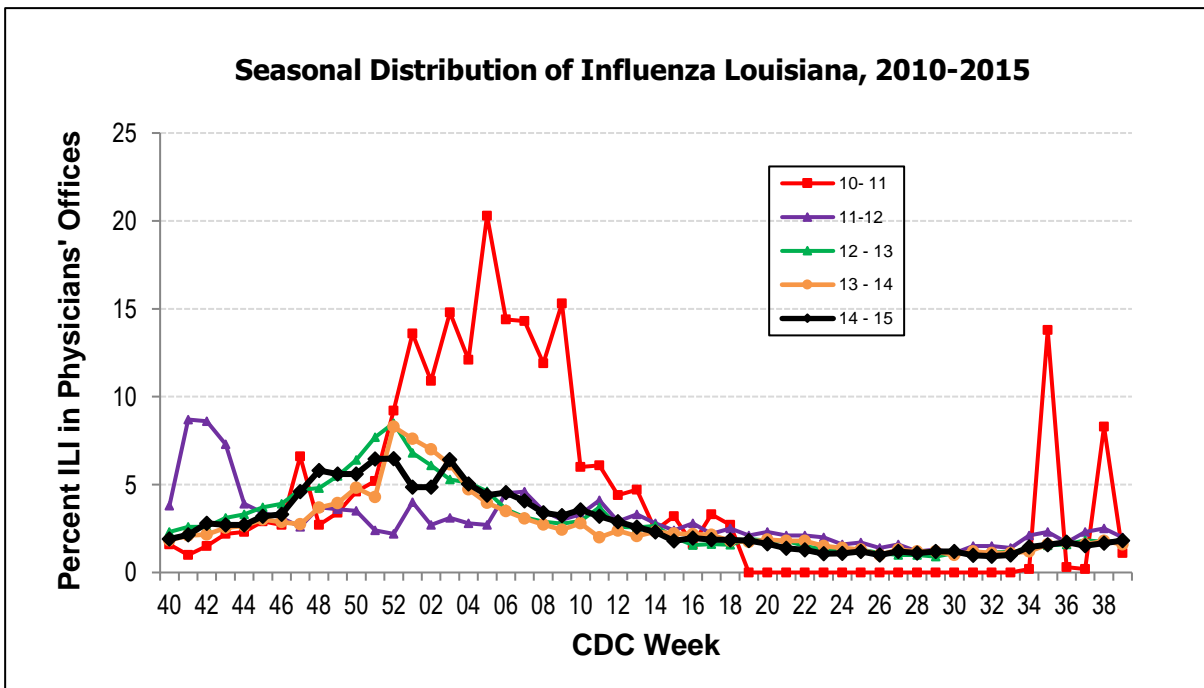
Page 2 : ILI Activity  
Page 3: Virologic Surveillance  
Page 4: Geographic Distribution  
Page 5: National Data

## 2015-2016 Season

This graph shows the percentage of visits for ILI over the total number of visits for sentinel surveillance sites. This is the best approach to estimate the magnitude of influenza transmission. ILI counts do include some viral infections other than influenza, but experience over the last 50 years has shown that this approach is a reliable method to estimate influenza transmission. It does not show which strain of influenza virus is responsible. The page on lab surveillance does show the proportion of specimens attributable to each virus strain.

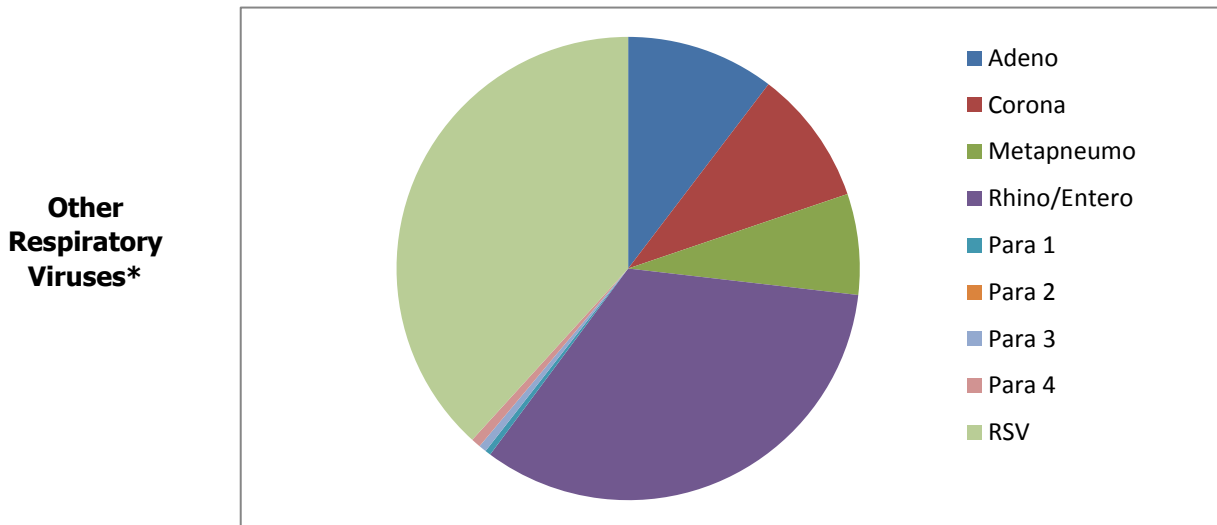
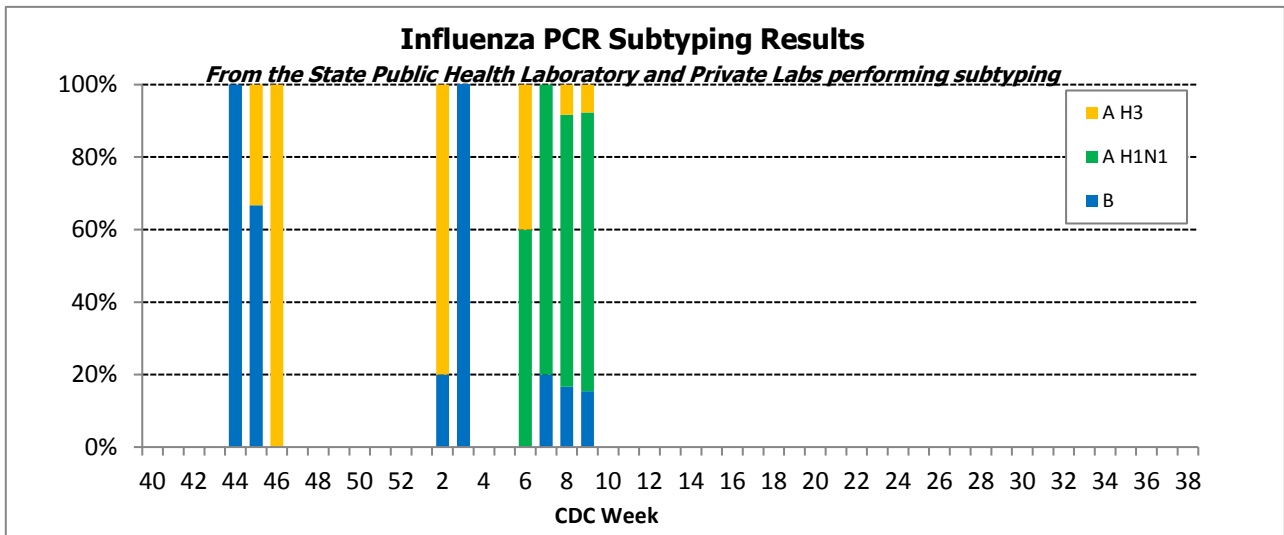
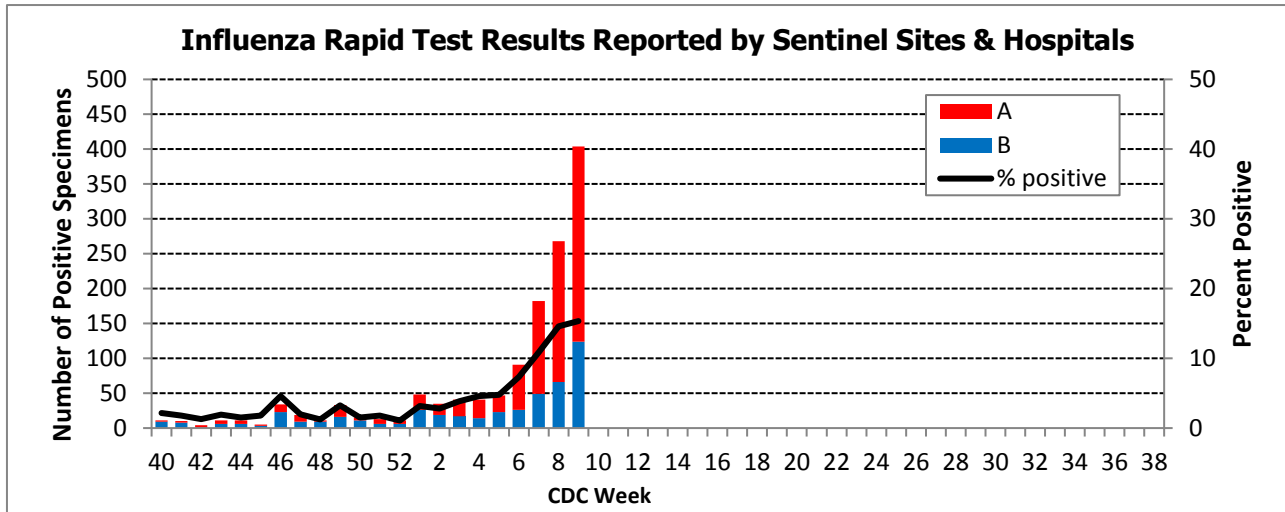


This graph shows the data on ILI surveillance among sentinel physicians' over the past 5 seasons to enable comparisons with previous years and better estimate the amplitude of this season's influenza transmission.



# 2015-2016 Season

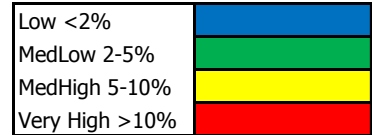
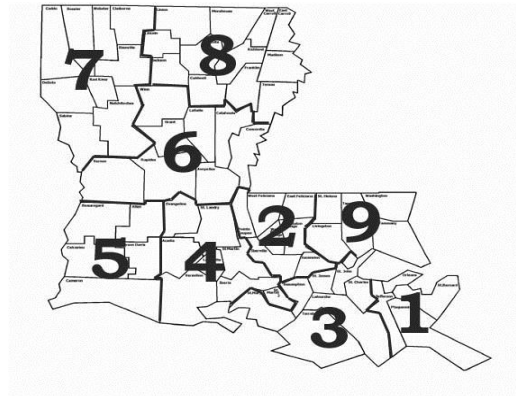
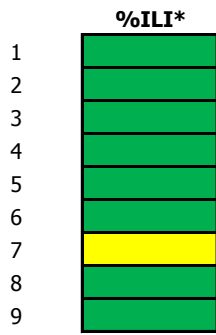
## Virologic Surveillance



\*Based on results from the State Public Health Laboratory Respiratory Virus Panel (RVP) Testing and other labs reporting RVP results over the last 4 weeks.

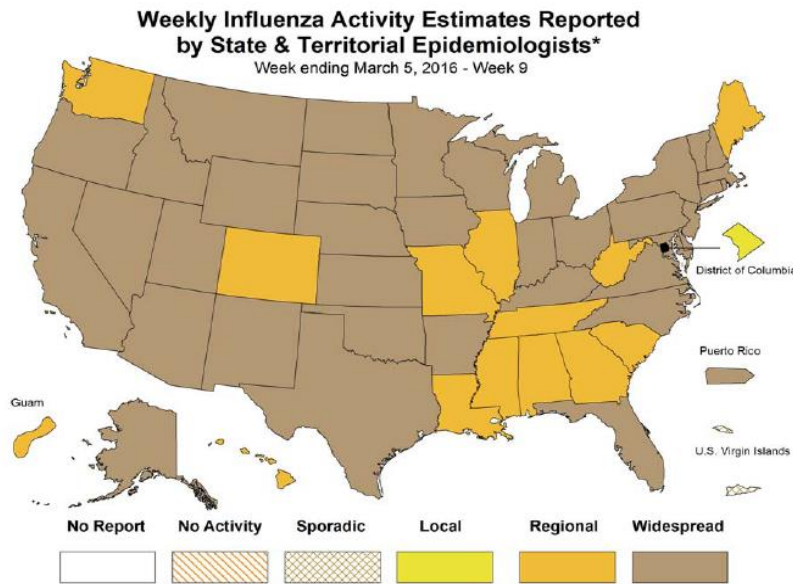
# 2015-2016 Season

## Geographical Distribution of ILI



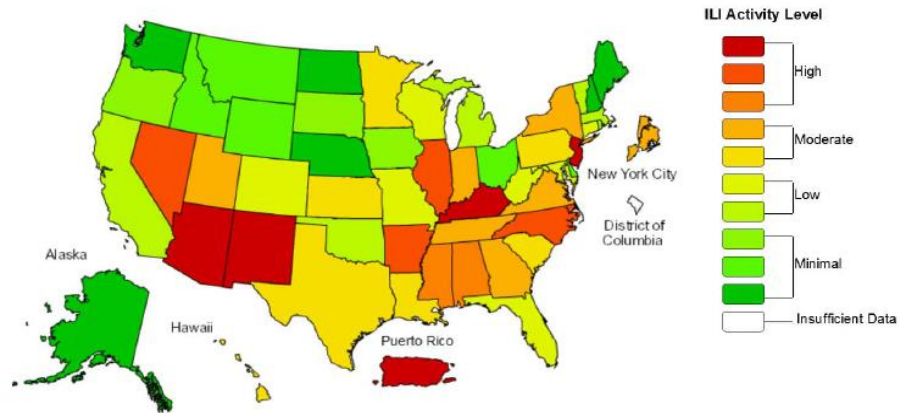
\* %ILI over the last 4 weeks based on sentinel surveillance data

## Geographic Spread of Influenza as Assessed by State and Territorial Epidemiologists



**Influenza-Like Illness (ILI) Activity Level Indicator Determined by Data Reported to ILINet**  
2015-16 Influenza Season Week 9 ending Mar 05, 2016

## ILINet Activity Indicator Map



## 2015-2016 Season

### National Surveillance

During week 9, influenza activity remained elevated in the United States.

The proportion of deaths attributed to pneumonia and influenza (P&I) was below the epidemic threshold.

Two influenza-associated pediatric deaths were reported.

Proportion of outpatient visits for influenza-like illness (ILI) was 3.5%, which is above the national baseline of 2.1%.

	Week 9	Cumulative
<b>Specimens tested</b>	<b>1,880</b>	<b>39,624</b>
<b>Positive specimens</b>	<b>1,074</b>	<b>10,600</b>
<b>Positive specimens by type/subtype</b>		
<b>Influenza A</b>	<b>810 (75.4%)</b>	<b>7,888 (74.4%)</b>
A (2009 H1N1)	676 (83.5%)	6,080 (77.1%)
A (H3)	66 (8.1%)	1,598 (20.3%)
A (subtyping not performed)	68 (8.4%)	210 (2.7%)
<b>Influenza B</b>	<b>264 (24.6%)</b>	<b>2,712 (25.5%)</b>
Yamagata lineage	100 (37.9%)	1,077 (39.7%)
Victoria lineage	53 (20.1%)	403 (14.9%)
Lineage not performed	111 (42.0%)	1,232 (45.4%)

### Antiviral Resistance:

#### Neuraminidase Inhibitor Resistance Testing Results on Samples Collected Since October 1, 2015

	Viruses tested (n)	Resistant Viruses, Number (%)	Viruses tested (n)	Resistant Viruses, Number (%)	Viruses tested (n)	Resistant Viruses, Number (%)
		Oseltamivir		Zanamivir		Peramivir
<b>2009 Influenza A (H1N1)</b>	596	2 (0.3%)	415	0 (0%)	596	2 (0.3%)
<b>Influenza A (H3N2)</b>	350	0 (0%)	350	0 (0%)	321	0 (0%)
<b>Influenza B</b>	376	0 (0%)	376	0 (0%)	376	0 (0%)

The majority of currently circulating viruses are susceptible to the neuraminidase inhibitor antiviral medications oseltamivir and zanamivir; however, rare sporadic cases of oseltamivir-resistant and peramivir-resistant 2009 influenza A (H1N1) and oseltamivir-resistant A (H3N2) viruses have been detected worldwide. Antiviral treatment is recommended as early as possible for patients with confirmed or suspected influenza who have severe, complicated, or progressive illness; who require hospitalization; or who are at greater risk for serious influenza-related complications. Additional information on recommendations for treatment and chemoprophylaxis of influenza virus infection with antiviral agents is available at <http://www.cdc.gov/flu/antivirals/index.htm>

### Antigenic Characterization:

All 385 (100%) influenza A (H1N1) pdm09 viruses were antigenically characterized as A/California/7/2009-like, the influenza A (H1N1) component of the 2015-2016 Northern Hemisphere vaccine. All 275 H3N2 viruses were genetically sequenced and all viruses belonged to genetic groups for which a majority of viruses antigenically characterized were similar to A/Switzerland/9715293/2013, the influenza A (H3N2) component of the 2015-2016 Northern Hemisphere vaccine. All 205 (100%) B/Yamagata-lineage virus was antigenically characterized as B/Phuket/3073/2013-like, which is included as an influenza B component of the 2015-2016 Northern Hemisphere trivalent and quadrivalent influenza vaccines. 104 of 105 (99.1%) B/Victoria-lineage viruses were antigenically characterized as B/Brisbane/60/2008-like, which is included as an influenza B component of the 2015-2016 Northern Hemisphere quadrivalent influenza vaccines.