PROTECT YOURSELF FROM Hepatitis A

HOW IS IT SPREAD?
- Not washing hands
- Sex with infected partners
- Eating/drinking foods contaminated by Hepatitis A
- Illegal drug use

It can also be spread through close contact with someone infected with Hepatitis A.

WHAT ARE THE SYMPTOMS?
- Yellowing of eyes and skin (jaundice)
- Fever
- Nausea or throwing up

Other symptoms include: dark pee, pale poop, stomach pain, feeling tired or loss of appetite. If you have symptoms, see your doctor.

HOW DO I PREVENT THE SPREAD OF HEPATITIS A?
- Wash your hands with soap and warm water after using the bathroom or changing diapers and before eating and preparing food.
- Get vaccinated if you are at high risk for getting Hepatitis A!

WHO IS AT HIGH RISK?
- People currently homeless or in transient living
- People who use illegal drugs
- People recently in jail or prison
- People with underlying liver disease
- Men who have sex with men (MSM)