

BREAST CANCER BRIEF



Breast Cancer is the most frequently diagnosed cancer, and the second leading cause of cancer death among women in Louisiana.

MOST BREAST CANCERS ARE NOT RELATED TO FAMILY HISTORY

LOUISIANA
RANKS

4TH

IN THE U.S. FOR
FEMALE BREAST
CANCER DEATH RATE



SCHEDULE YOUR MAMMOGRAMS



40 - 74
EVERY 2 YEARS

All women at average risk for breast cancer should get a mammogram every other year starting at age 40 and continuing through age 74.

Breast cancer screening is covered by most insurance.



The Louisiana Breast & Cervical Health Program provides no-cost mammograms and cervical cancer screenings to low-income, uninsured, and underinsured women who qualify. Visit lbchp.org to learn more.

HELPFUL TIPS

- EMPOWER women to do monthly routine breast self-exams; and have a screening done every other year.
- TARGET women aged 40-74 with intentional messaging for maintaining routine screenings.
- ENGAGE women where they are – i.e., beauty shops, grocery stores, nail shops, clubs/sororities, church, etc.
- PROMOTE RECOMMENDATIONS: Encourage women to establish care with a primary care provider and/or gynecologist to discuss when to start screening and how often. Some women will need to be screened as earlier than 40 and many will need to be screened every year. Each woman is different, so it is important to communicate with your doctor.

