

KIDNEY CANCER BRIEF

Kidney cancer, also known as renal cell cancer, is one of the most common cancers in both men and women in the United States.



KIDNEY / RENAL CANCER

IS THE **5TH** MOST FREQUENTLY DIAGNOSED CANCER IN THE U.S.

RISK FACTORS



SMOKING

- Don't smoke, or quit if you do



BEING OVERWEIGHT

- Maintain a healthy weight
- Eat a healthy diet
- Stay physically active



EXPOSURE TO CHEMICALS

- Be very careful if you work with metals or are exposed to certain kinds of chemicals, such as trichloroethylene

Along with genetics, race/ethnicity, and sex, the following can also be associated as high risks:



HIGH BLOOD PRESSURE



LONG-LASTING INFECTIONS



LONG-TERM CONSUMPTION OF CERTAIN MEDICATION



IN LOUISIANA

60-84

KIDNEY CANCER IS MOST COMMON AT THIS AGE

1,251

NEW CASES ARE FOUND EACH YEAR

LOUISIANA RANKS

3RD

IN THE U.S. FOR KIDNEY CANCER DEATHS

THERE ARE NO CURRENT RECOMMENDED SCREENING TESTS

Kidney cancer can sometimes remain undetected until it reaches an advanced stage.

It is important to consult with a primary care provider (PCP) to receive the proper preventive guidance to detect this cancer early.

HELPFUL TIPS

- Be proactive – Establish care with a primary care provider (PCP) to maintain routine well checks.
- Know your medical history – With certain inherited conditions, you may be at a high risk of developing kidney cancers. It is important to communicate with your doctor to determine if you are at risk.
- Educate yourself on what you can do – Although there are no recommended screenings for kidney cancer, your doctor can give you information about tests (i.e., blood, urine, ultrasounds, imaging, genetic testing).