

LUNG CANCER BRIEF

Lung cancer is the 1st leading cause of cancer death in Louisiana.



DID YOU KNOW?

- Lung cancer is the leading cause of cancer deaths among men and women in the U.S.
- When found at an earlier stage it is much more likely to be curable.
- Lung cancer screening is covered by most insurance.



IN LOUISIANA

3,528

new cases
of lung cancer
are found each year

2,463

lung cancer
deaths occur
per year on average

RISK FACTORS



USPSTF SCREENING GUIDELINES

AGE	50-80 years
SMOKING HISTORY	20+ pack years (1 pack/day for 20 years, 2 packs/day for 10 years, etc.)
SMOKING STATUS	Current smoker or quit within the last 15 years

Dial 1-800-QUIT-NOW FOR SUPPORT TO QUIT SMOKING

HELPFUL TIPS

- TALK to your primary care provider (PCP) about screening tests to help you understand what's recommended for you. It is important to know your risk factors for some cancers and if you should get a screening; know at what age you should have it; which test is recommended for you and how often you should test.
- GET your yearly lung cancer screening with a low-dose CT (LDCT) scan if you are between the ages of 50 to 80 years of age – smokers and non-smokers; and have had a 20-pack history of smoking.
- STAY INFORMED of ongoing updates to screening recommendations and guidelines.
- BE AWARE of environmental conditions, like secondhand smoke and air pollution.
- EDUCATE yourself about tobacco prevention cessation information to quit smoking.



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OF THE LAKE



MARY BIRD PERKINS
CANCER CENTER™



TAKING AIM AT CANCER
IN LOUISIANA



THE LOUISIANA CAMPAIGN FOR
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