

It’s time to choose a health plan for you and your family.



How can you choose a health plan?

Look at the chart below to compare the extra services each health plan offers. Here are some things to think about when you decide which health plan to choose.

- Which health plans do your current doctors take?
- Does one of the health plans have extra services you want or need?






You can choose one plan for each family member or the same plan for more than one family member. This is a summary of extra benefits, for the most current and complete listing visit www.myplan.healthy.la.gov or call 1-855-229-6848 Monday – Friday 8AM – 5PM.

What is Healthy Louisiana?

Healthy Louisiana is the way most of Louisiana’s Medicaid and LaCHIP recipients receive health care services. In Healthy Louisiana, you choose a health plan that is best for you and your family.







All plans provide the same health services you get in Medicaid or LaCHIP, such as well child visits, maternity care while pregnant and through delivery, medical transportation, prescription drugs, mental health services and substance use treatment. The plans also offer extra services. A summary of those extra services is in the chart below.

This chart summarizes extra benefits available to members who get physical health benefits through Healthy Louisiana.

	 AETNA BETTER HEALTH® OF LOUISIANA	 Healthy Blue	 AmeriHealth Caritas Louisiana	 louisiana healthcare connections™	 UnitedHealthcare® Community Plan
Website	www.aetnabetterhealth.com/louisiana	www.myhealthybluela.com	www.amerihhealthcaritasla.com	www.LouisianaHealthConnect.com	www.UHCCommunityPlan.com
Member Services	1-855-242-0802 TTY 711 Available 24 hours a day, 7 days a week	1-844-521-6941 TTY 711 Available Monday–Friday 7a.m.–7 p.m.	1-888-756-0004 TTY 1-866-428-7588 Available 24 hours a day, 7 days a week	1-866-595-8133 TTY 711 Available Monday–Friday 7a.m.–7 p.m.	1-866-675-1607 TTY 711 Available Monday–Friday 7a.m.–7 p.m.
	Member Services can help you: find a doctor, learn about benefits, access services, file a complaint about a provider or appeal a denied service. All plans have a 24 hour Nurse Hotline to help you: figure out if you need to go to the Emergency Room or learn about health issues. All health plans allow unlimited visits to in-network doctors, as needed.				
Care Management Programs	All of the health plans have special programs to help members with chronic illness such as asthma, congestive heart failure, diabetes, hepatitis C, HIV, obesity and sickle cell anemia. If they do not have a program in place that fits your needs, they will work with you to create one. They also have programs for pregnant women with a high risk of problems during pregnancy and delivery.				
Circumcision	All health plans cover newborn male circumcision. Check with the individual plan to find out more about their rules for getting this service.				
Help to Stop Smoking	All health plans cover coaching and medications (with a prescription) to help members stop smoking.*				
Adult Vision (21+)	Eye exam (No co-pay) \$80 toward glasses or contacts (once a year)	Eye exam (No co-pay) Glasses covered in full* (once a year)	Eye exam (No co-pay) \$100 toward glasses or contacts (once a year)	Eye exam (No co-pay) Glasses covered in full* (once a year)	Eye exam every two years (No co-pay) \$100 toward glasses or \$105 toward contacts (once every two years)
Adult Dental (21+)	Dental exams and cleanings (twice a year) Fillings and extractions X-rays (once a year) \$500 total benefit per year*	Dental exams and cleanings (twice a year) Fillings and extractions X-rays (once a year)	Dental exams, cleanings, fillings, extractions and x-rays with in-network providers, up to \$500 per year.*	Two visits each year for exams, cleanings, x-rays, fillings, extractions, and more at Federally Qualified Health Centers.*	Dental exams, cleanings, fillings, extractions and x-rays with in-network providers, up to \$500 per year.*
Adult Pain Management		Members who have gone to the Emergency Room 4+ times for pain can work with a case manager to find ways to manage pain.	Members who have gone to the Emergency room 5+ times for pain can work with a case manager in our pain management program.	Certified pain management coaches help address chronic pain for members in care management.	Members over 21 will be provided six (6) visits per year to an in-network chiropractor.
Community Programs	All health plans offer sponsorships and/or mini-grants for community organizations and members in need.*				
	Boy Scouts and Girl Scouts membership for one year for eligible members.* (Ted E. Bear, M.D. Club)	Boys & Girls Club membership for eligible members.*	Gym memberships and swim lessons for qualified members.*		Boys & Girls Club membership for eligible members.*
Asthma Benefits	Home assessment for members diagnosed with asthma.	Inhaler sensor to help control asthma for members diagnosed with asthma*	Asthma tablet for eligible members to help manage their asthma, includes an emergency medication tracker.		Home assessment for eligible members with moderate to severe asthma (once per year)
Other Benefits	Acupuncture for members 19+ up to \$150 reimbursement	Respite Services for Caregivers – Up to 8 hours each month for caregivers of children up to age 20	GED registration fees voucher – receive a voucher to pay for the cost of taking the GED exam	Members age 21+ receive one hearing exam and one set of hearing aids every two years.	

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*Please contact the health plan for eligibility requirements and details for this benefit.

	 AETNA BETTER HEALTH® OF LOUISIANA	 			
Rewards:	All of the health plans offer rewards for healthy behaviors. Unless otherwise noted rewards are: available once a year per member; in the form of a reward debit card or gift card.				
Child Well Visits (birth – 20)	\$25 for annual well visits from birth to 20 years	\$20 for all well visits from birth to 15 months* \$20 for annual well visits (ages 2 – 9) \$25 for annual well visits (ages 10+) Booster seat for all well visits from birth to 6 years	\$20 for 6 well visits from birth to 15 months. \$20 for annual well visits (ages 2 - 20)	\$30 for all well visits from 2 to 15 months* \$20 for annual well visits (ages 3 – 20)	Feeding or dental care set for a well visit at 6 months* (Baby Blocks) Bath set or soft puzzle for a well visit at 15 months* (Baby Blocks) \$20 for annual well visits (ages 1 - 17)
Adult Well Visit (21+)	\$25 for annual well visit	\$15 for annual well visits	\$20 for annual well visits	\$20 for annual well visits	\$20 for a PCP visit within 90 days of enrollment
Wellness Screenings	\$10 for STI screening (chlamydia, syphilis, gonorrhea and HIV test) \$15 for breast cancer screening, women 21+ \$15 for cervical cancer screening, women 21 -64 \$25 for colon cancer screening, members 50+, one time only	\$10 for STI screening, members 16+	\$15 for lead screening for children, birth – 2 years* \$10 for cervical cancer screening, women 21 - 64	\$10 for breast cancer screening, women 40-74 \$10 for cervical cancer screening, women 21-64 \$15 for STI screening (chlamydia, gonorrhea and HIV test)	Childproofing kit or Goodnight Moon board book for lead screening, birth – 15 months* (Baby Blocks)
Diabetic Screening	\$15 for each : dilated eye exam, LDL and A1C blood tests for members diagnosed with diabetes	\$10 for all : dilated eye exam, kidney screening and A1C blood test for all members*.	\$10 for each : dilated eye exam, kidney screening and A1C blood test for members diagnosed with diabetes.*	\$50 for all : dilated eye exam, and blood tests for LDL, A1C and kidney disease for members diagnosed with diabetes*	\$50 health product voucher for LDL and A1C blood tests within 90 days of enrollment for members age 21+*
Other Rewards	\$15 for annual asthma assessment \$15 for follow-up after asthma-related Emergency Room visit \$15 for other asthma care tasks* \$15 - \$30 for meeting weight loss goals in Ted E. Bear M.D. Kids Weight Management Program	\$5 for a flu shot	\$10 for a completed Health Assessment, one per household \$10 for ADHD new medication follow-up visit within 30 days (ages 6 - 12) \$10 for follow-up assessment after behavioral health hospitalization for qualified members	\$10 for a flu shot \$20 for ADHD new medication follow-up visit, as needed (ages 6-12)	\$10 for a completed Health Assessment within 90 days of enrollment \$50 for a member (under age 21) at the end of the Join for Me program Digital thermometer or rubber duck bath thermometer at birth of child (Baby Blocks)
Pregnancy Reward Program	Promise Program	Taking Care of Baby and Me®	Bright Start®	Start Smart for Your Baby	Baby Blocks
Prenatal Exams	\$80 for at least 7 prenatal and a postpartum visit or \$125 for at least 8 prenatal and a postpartum visit	\$25 for prenatal visit in the first 6 weeks of pregnancy Portable crib or an infant car seat for 7 prenatal visits	\$10 for each prenatal visit, up to \$110 per pregnancy	\$10 for each prenatal visit, up to \$110 per pregnancy	Nursing cover or teething rattle for a prenatal visit at 24 weeks* (Baby Blocks) First aid kit or tabletop toy for a prenatal visit at 32 weeks* (Baby Blocks)
Postpartum Exam	\$25 for a postpartum visit (3 – 8 weeks after delivery)	\$50 for a postpartum visit	\$25 for a postpartum visit	\$50 for a postpartum visit	\$20 or Fisher Price sorting blocks for a postpartum visit* (Baby Blocks)
Adult Weight Management		Weight Watchers® meetings for eligible members age 18 and older	Every Calorie Counts: Members in the program get two visits with a registered dietician each year and a gym membership.*		Up to 10 Weight Watchers® meetings for eligible members age 13+ (with a referral from PCP)
Pediatric Weight Management Program	Ted E. Bear, MD Club participants get nutritional sessions, weight checks and can earn rewards. (See other rewards)*	Healthy Families - a program to help families get fit and healthy	Every Calorie Counts: Members in the program get two visits with a registered dietician each year, a gym membership and up to 8 swim lessons.*	Raising Well program guides you in helping your child be healthy by eating right and being active.	Partnership with Sesame Street to offer Food for Thought and We Have the Moves nutrition, exercise and obesity-avoidance programs.
Rides to Appointments	All Health Plans will set up a ride for members who don't have a way to get to medical appointments. Stop at the pharmacy after your appointment to get medications.				
Pharmacy Copays	No copays	There are no copays for children, pregnant women, family planning supplies, members in the hospital, members of a home and community based waiver, women who have Medicaid due to breast or cervical cancer, members getting hospice services, Native American or Alaska Native members. For others, if the medicine is:	\$10 or less = \$0.50 copay \$10.01 - \$25 = \$1 copay	\$25.01 - \$50 = \$2 copay Over \$50 = \$3 copay	
Over the Counter (OTC) Medications	Free with a doctor's prescription. \$50 monthly benefit per household for OTC vitamins and health products.	Available with a prescription, see copays above.	Some available with a prescription, see copays above.*	Available with a prescription. See copays above.	Available with a prescription. See copays above.
Extra Medication Supply for School			Asthma inhaler EpiPen® Diabetes testing meter	Asthma inhaler EpiPen®	Asthma inhaler EpiPen® Diabetes testing meter
Adult Vaccinations	All health plans cover all recommended vaccinations, including: for HPV (human papilloma virus), pneumonia, the flu (influenza), chicken pox, shingles, meningitis, DTAP (diphtheria, tetanus and pertussis), MMR (measles, mumps and rubella) and hepatitis A and B.				
Texting and Social Media Programs	Text4Baby, Text4Kids, Text4Health, Care4Life (diabetes coaching)	Text4Baby, Text4Kids, Text4Health, My Advocate	Text4Baby, Text4Kids, Text4Health	Twitter: @LAHealthConnect, Text4Baby, Text4Kids, Text4Health	Twitter: @UHC PregnantCare (In Spanish: @UHCEmbarazada), Text4Baby, Text4Kids, Text4Health
Mobile Apps	Free download for members in the Apple App Store and on Google Play.				
	Aetna Better Health	Healthy Blue Mobile	AmeriHealth Caritas Mobile App, Bright Start®	Start Smart Louisiana LA Health Connect	Health4Me

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