## Compare Health Plans

All Healthy Louisiana health plans offer the same basic services as Medicaid or LaCHIP. These include well-child visits, pregnancy care through delivery, medical transportation, prescription drugs, mental health services, and substance use treatment. The basic plan benefits include:

- Behavioral health services
- Chronic illness management
- Durable medical equipment, prosthetics, orthotics and certain supplies
- Early periodic screening, diagnostic, and treatment (EPSDT)/well-child visits
- Emergency and non-emergency medical transportation
- Emergency medical services
- Family planning services
- Immunizations/vaccines
- Inpatient/outpatient hospital services
- Laboratory tests and x-rays
- Pregnancy and newborn care
- Prescription medicines/pharmacy
- Rural health clinic services
- Unlimited Primary Care Provider (PCP) visits
- Women’s health services
- And many more benefits

Each plan also offers extra services. Use this chart to compare the extra services by plan. For a full list of services, go to [MyPlan.healthy.la.gov](http://MyPlan.healthy.la.gov).

### Adult Dental (21+)
- Up to $1000 a year for glasses or contacts
- Up to $100 a year for eye exam once a year

### Adult Vision (21+)
- Eye exam once a year
- Up to $150 a year for glasses and/or contacts

### Adult Wellness
- $20 for PCP visit within 90 days of enrollment, yearly after 1st year, ages 21+
- $10 for yearly well visits, ages 21+
- $25 for colorectal cancer screening, ages 50-74
- $25 for cervical cancer screening, ages 21+
- Heart Healthy Monitoring Program with blood pressure cuffs and digital scales, if qualify

### Aetna Better Health

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<tr>
<th>Plan</th>
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<tr>
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<tbody>
<tr>
<td>Healthy Blue</td>
<td>1-844-521-6941 (TTY: 711)</td>
<td>MyHealthyBlueLA.com</td>
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<tr>
<th>Plan</th>
<th>Phone Number</th>
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<tbody>
<tr>
<td>Humana Louisiana</td>
<td>1-800-448-3810 (TTY: 711)</td>
<td>humana.com/healthylouisiana</td>
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<th>Plan</th>
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<tr>
<td>United Healthcare Community Plan</td>
<td>1-888-675-1607 (TTY: 711)</td>
<td>UHCCommunityPlan.com</td>
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### Extra services by plan (continued)

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<tr>
<th>Plan</th>
<th>Services</th>
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<tr>
<td><strong>Aetna</strong></td>
<td>• Home assessments and asthma kit, if qualify</td>
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<tr>
<td><strong>AmeriHealth Caritas Louisiana</strong></td>
<td>• Home assessment and cleaning kit, bedding, and/or air purifier, if qualify</td>
</tr>
<tr>
<td><strong>Healthy Blue</strong></td>
<td>• Home assessments, asthma mitigation supplies, and home repair, remediation, and relocation services, if qualify</td>
</tr>
<tr>
<td><strong>Humana Healthy Horizons</strong></td>
<td>• Carpet cleaning, bedding, and/or air purifier, if qualify</td>
</tr>
<tr>
<td><strong>UnitedHealthcare</strong></td>
<td>• Home remediation services, bedding, and in-home asthma management education, if qualify</td>
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### Care management programs

- Chronic illnesses
- High-risk pregnancy
- Chronic pain management, including acupuncture, dry needling, and massage therapy, ages 16+, and chiropractic care, ages 21+, if qualify

### Child wellness

- $15 for completing all 8 well visits, birth to 30 months
- $20 for yearly well visit, ages 3-21
- Up to $50 for after school programs such as Boys and Girls Club, 4-H, Boy Scouts, Girl Scouts, or Big Buddy, ages 5-16
- Newborn circumcision, birth-30 days

### Diabetes

- $20 for diabetic HbA1c screening level of less than 8%
- $5 for completing a “What do you know about diabetes?” quiz

### Housing and nutrition

- Up to 30 days of respite care with healthcare and social services, for members experiencing homelessness, ages 18+, if qualify
- Home assessments and financial help to remediate identified risks, such as pests, mold, and utility interruptions, and legal services for housing matters, if qualify

### Asthma

- Home assessments, asthma mitigation supplies, and home repair, remediation, and relocation services, if qualify
- Chronic illnesses
- High-risk pregnancy
- Chronic pain management, including acupuncture, chiropractic care, and massage therapy, if qualify
- $15 for completing all 6 well visits, ages 2-20
- Newborn circumcision (pre-approval required after 28 days from birth)

### Care management programs

- Chronic illnesses
- High-risk pregnancy
- Chronic pain management, including acupuncture, chiropractic care, and massage therapy, if qualify
- $20 each well visit (up to $120 for 6 visits), ages 0-15 months
- $15 each well visit (up to $30 for 2 visits), ages 16-30 months
- $25 for yearly well visit, ages 3-20
- Newborn circumcision, birth-12 months

### Diabetes

- $25 for retinal eye exam, ages 18+
- $50 for yearly screening with POC for HbA1c and blood pressure, ages 18+
- $15 for PCP visit, within 90 days of enrollment
- $50 for completing needed vaccinations by age 13
- $50 for completing follow-up visit within 30 days of first fill of ADHD medication prescription, ages 6-12
- Newborn circumcision, birth-12 months

### Child wellness

- $20 for PCP visit, within 90 days of enrollment
- $20 for yearly well visits, ages 1-17
- Newborn circumcision (pre-approval required after 30 days from birth)

### Child wellness

- $20 for PCP visit, within 90 days of enrollment
- $20 for yearly well visits, ages 1-17
- Newborn circumcision (pre-approval required after 30 days from birth)

### Diabetes

- No extra benefits

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Extra services by plan (continued)

**Housing and nutrition (continued)**
- Home-delivered meals after discharge, if qualify

**Over the counter (OTC) medications**
- Up to $25 monthly for household for select OTC items, if qualify

**Pregnancy**
- $25 for completing Notice of Pregnancy form and first prenatal visit in first trimester
- $10 for each prenatal visit after first visit, up to 10 visits
- $25 for postpartum visit within 12 weeks after delivery
- $20 for completing first and second dental visit during pregnancy, ages 18+
- Home visits for prenatal and postnatal visits and birth and after-birth classes, and access to lactation consultants, if qualify
- Up to $100 every 3 months for childcare during prenatal and post-natal visits for high-risk pregnancies, if qualify
- Welcome kit with diaper bag, diapers, and other baby supplies
- Access to screenings, assessments, nutritional counseling, birth education, and referrals to support programs
- Diapers at follow-up after birth

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### Extra services by plan (continued)

#### Quit smoking
- Tools and support such as breath sensor, quit-smoking coach for members who smoke, vape, or use e-cigarettes

#### Transportation
- Ride to medical appointments with stop at pharmacy for medications
- Up to 20 one-way rides to job interviews, grocery stores, and other places

#### Other
- $10 for completing health needs assessment within 90 days of enrollment
- $5 for yearly flu shot
- Digital blood pressure monitor, if qualify
- $25 for post-discharge PCP or hematologist visit with sickle cell diagnosis; $5 for follow-up visit
- $10 for filling a sickle cell-related medication
- $10 for one medication refill every 6 months for high blood pressure, ADHD, or antipsychotic, if qualify
- Supplies for trauma and anxiety, if qualify
- Life skills and workforce training, if qualify
- HSET (High School Equivalency Test) certification, if qualify

#### Pregnancy (continued)
- Home visiting services including lactation counseling, education, and referrals, up to 60 days after delivery
- Remote patient monitoring, if qualify

#### Quit smoking
- Phone, web, and text-based counseling

#### Transportation
- Ride to medical appointments with stop at pharmacy for medications

#### Other
- $10 for completing a health needs assessment
- $5 for yearly flu shot
- $10 for completing a follow-up assessment after behavioral health hospitalization, up to 3 a year, if qualify
- Make Every Calorie Count program, including 2 visits a year with a registered dietitian plus gym membership or at-home fitness kit, if qualify
- Gym memberships and support group meetings at community wellness centers, if qualify
- GED test preparation and exam voucher, if qualify
- Life skills and workforce training, if qualify

#### Quit smoking
- Education to quit smoking and vaping, ages 11+; counseling and peer support by chat and text, ages 13+; and nicotine replacement therapy, ages 18+

#### Transportation
- Ride to medical, adult dental, and adult vision appointments with stop at pharmacy for medications
- Transportation gift card or bus pass, for members in case management, ages 16+, if qualify

#### Other
- $30 for completing health needs assessment within 90 days of enrollment
- $20 for yearly flu shot
- $20 for completing COVID-19 vaccine series
- 1 sports physical a year, ages 6-18
- Gym membership at participating YMCAs
- Home visiting services including lactation counseling, education, and referrals, within 30 days of enrollment or $15 within 90 days of enrollment
- Raising Well weight management program to help guide child to be healthy by eating right and being active
- Cell phone and service, if qualify

#### Quit smoking
- Two anti-smoking hypnotherapy sessions
- $25 for trying medication or counseling to quit smoking

#### Transportation
- Ride to medical appointments with stop at pharmacy for medications
- Ride to respite care, chiropractor/acupuncture, and routine eye exam, ages 21+

#### Other
- $10 for completing health needs assessment within 90 days of enrollment
- Weight Watchers® meetings, ages 12+, if qualify


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