

Recovering from COVID-19 in NOLA

If you are COVID-19 positive or are awaiting test results, here are options for you:



Recuperate at home

For patients with mild symptoms, staying home and away from others is the best option. Get rest and stay hydrated. Connect with your healthcare provider over the phone.



Wait for test results at the personal housing units

If you are worried about exposing a member of your household while you await your COVID-19 test results, you may qualify for free housing at the Personal Housing Units (PHU) adjacent to the Morial Convention Center.

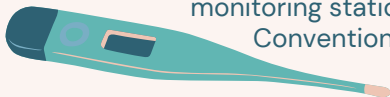
The PHU is run by the State of Louisiana and members of the U.S. Navy Medical Corps. It is a medical monitoring facility for patients who have pending COVID-19 tests, are clinically stable, but are unable to be safely discharged to home.

At the personal housing units, you will have:

- A private room and bathroom
- Three meals a day
- Television and internet access
- Access to basic medical care, including vital signs, telehealth visits, and over-the-counter medications

To be admitted to the personal housing unit, visit a healthcare facility and ask to be transferred. The healthcare provider can be a clinic, urgent care, emergency room, or hospital.

If your COVID-19 test comes back positive, you may qualify to be moved to the medical monitoring station at the Convention Center.



Recover at the medical monitoring station

If you are COVID-19 positive but do not require hospitalization, you may qualify for free housing at the medical monitoring station at the Morial Convention Center.

The medical monitoring station accepts non-fragile COVID-19 patients to help ease the burden on acute care hospitals. It is run by the State of Louisiana and a contracted medical staffing company.

At the medical monitoring station, you will have:

- A private room
- Shared bathrooms and showers
- Bedside care
- Access to basic medical care, including vital signs, oxygen, dialysis, IV fluids, prescription refills, and over-the-counter medications
- Three meals a day
- Access to internet, books, magazines, and other entertainment



If you have COVID-19 and want to be admitted to the medical monitoring station, ask to be transferred from a healthcare facility (clinic, urgent care, emergency room, or hospital inpatient unit) to the medical monitoring station at the Convention Center.

Go to the hospital for critical care

Go to the hospital or call 9-1-1 if you have trouble breathing, persistent pain or pressure in the chest, new confusion or inability to arouse, or bluish lips or face.

