The Facts
The best ways to protect yourself & your family from COVID-19:
• Mask up
• Stay 6 feet apart from anyone not living in your home
• Wash your hands
• Recieve approved COVID-19 vaccinations

Earned Mistrust
Present and past historical events of racism, discrimination, and injustice contribute to the earned mistrust many have regarding COVID-19. This mistrust must be taken seriously, and it must inform the development and delivery of COVID-19 health promotion activities in communities. It is also important to note African American Scientists, Researchers, & Medical Doctors helped develop the COVID-19 vaccines and African American community members participated in the study trials.

COVID-19 Information Sharing
• Do not mix rumors & myths with factual information
• If you are looking at COVID-19 information from social media (Facebook, Instagram, Twitter, etc.) only visit sites that fact-check and verify their information
• Share information from trusted sources such as the Centers for Disease Control & Prevention, the World Health Organization, & the Louisiana Department of Health

Additional Louisiana Department of Health Resources
COVID-19 Vaccine Information - https://ldh.la.gov/covidvaccine