- Masks or face coverings should be worn in indoor public spaces and anytime in public when you are near others who are not in your immediate household.

- Wearing a mask is about protecting others. When you wear a mask, you protect others, and when others wear a mask they protect you.

- N95 masks are for healthcare workers only. While in public, you should use a mask, scarf or other face covering.

- Masks are not a substitute for maintaining physical distance or social distancing. We should all do both.

When to wear a mask/face covering

- While in public, you should use a mask, scarf or other face covering. This includes indoor spaces and outdoor spaces when you are near others who are not in your immediate household.

- Those with breathing challenges or those under the age of two should not wear a mask.

How to wear a mask/face covering

- Masks/face coverings should fit snugly but comfortably against the side of the face

- Masks/face coverings should be secured with ties or ear loops

- Masks/face coverings should include multiple layers of fabric

- Masks/face coverings should allow for breathing without restriction

- Masks/face coverings made of cloth should be washed and machine dried without damage or change to shape

- Wash your hands before putting on or taking off a mask/face covering

- Cover both your nose and mouth with your mask/face covering

- Try to avoid a lot of touching/adjusting your mask/face covering

- Completely remove your mask/face covering while eating

- To remove your mask carefully untie, or unhook from the ears and pull away from face without touching the front.

- When your cloth mask is not in use, fold it with the side that goes toward your mouth folded to the inside. Store the mask/face covering in a resealable bag or other clean storage container.

- Cloth masks or face coverings should be washed and dried after each use.

- Disposable masks are acceptable but should be thrown away after one use.

How to make a mask or face covering

- Homemade face coverings are acceptable.

- You can make a mask/face covering out of a scarf or t-shirt and there are many resources online that demonstrate how to do this.