• Masks or face coverings should be worn in indoor public spaces and anytime in public when you are near others who are not in your immediate household.

• Wearing a mask is about protecting others. When you wear a mask, you protect others, and when others wear a mask they protect you.

• N95 masks are for healthcare workers only. While in public, you should use a mask, scarf or other face covering.

• Masks are not a substitute for maintaining physical distance or social distancing. We should all do both.

When to wear a mask/face covering

• While in public, you should use a mask, scarf or other face covering. This includes indoor spaces and outdoor spaces when you are near others who are not in your immediate household.

• Those with breathing challenges or those under the age of two should not wear a mask.

How to wear a mask/face covering

• Masks/face coverings should fit snugly but comfortably against the side of the face

• Masks/face coverings should be secured with ties or ear loops

• Masks/face coverings should include multiple layers of fabric

• Masks/face coverings should allow for breathing without restriction

• Masks/face coverings made of cloth should be washed and machine dried without damage or change to shape

• Wash your hands before putting on or taking off a mask/face covering

• Cover both your nose and mouth with your mask/face covering

• Try to avoid a lot of touching/adjusting your mask/face covering

• Completely remove your mask/face covering while eating

• To remove your mask carefully untie, or unhook from the ears and pull away from face without touching the front.

• When your cloth mask is not in use, fold it with the side that goes toward your mouth folded to the inside. Store the mask/face covering in a resealable bag or other clean storage container.

• Cloth masks or face coverings should be washed and dried after each use.

• Disposable masks are acceptable but should be thrown away after one use.

How to make a mask or face covering
• Homemade face coverings are acceptable.
• You can make a mask/face covering out of a scarf or t-shirt and there are many resources online that demonstrate how to do this.