

**Coordinated System of Care
Statewide Governance Board Meeting
October 22, 2014
Iberville Building, Room 1-127, 627 N. Fourth St., Baton Rouge, LA 70802
Minutes**

The meeting was called to order by Suzy Sonnier.

Roll Call

Board members present:

Michael Comeaux
Kathy Edmonston
Annette Gaudet
Courtney Phillips
Suzy Sonnier
Mark Thomas

Board members absent:

Mary Livers
Frank Opelka

Approval of Minutes

Suzy Sonnier asked if there were any corrections to the minutes. With no corrections reported, Suzy Sonnier requested to have the approval of the minutes from the previous meeting deferred until a quorum becomes present to vote.

Quorum was formed and Suzy Sonnier requested a motion to have the minutes from the July 24, 2014 meeting approved. Courtney Phillips moved to approve the minutes from the previous meeting and was seconded by Michael Comeaux. A vote was taken with Michael Comeaux, Annette Gaudet, Courtney Phillips, Suzy Sonnier, and Mark Thomas voting "yes." There were no votes in opposition and the motion passed unanimously.

Director's Report: Report was presented by CSoc Director Connie Goodson.

Highlights

- On September 29, 2014, we learned that CMS approved the waiver amendment that will allow for statewide expansion of CSoc. November 20, 2014 is the 'go live' date for implementation of CSoc in the remaining four regions: Covington, Thibodaux, Lafayette, and Lake Charles.
- The OBH and Magellan CSoc teams are working with the Wraparound Agencies that will be serving the new regions, as well as the communities, to prepare for statewide implementation.
- On September 29, 2014 CMS also approved the proposed FSO rate increase from \$10 per unit of service to \$12.91 per unit of service.
- Current CSoc enrollment is at 1093 youth and families.
- There continues to be an increase in utilization of Home and Community Based Services for CSoc youth.

Please See complete Director's report on the CSoc website: www.csoc.la.gov/index.cfm/page/1480.

CSoC Enrollment

Act 1225 Region	7/13/ 2012	10/11/ 2012	1/17/ 2013	4/12/ 2013	7/12/ 2013	9/30/ 2013	12/31/ 2013	3/31/ 2014	6/30/ 2014	9/30/ 2014
1 (Jefferson Parish/Greater New Orleans area)*	26	61	122	181	204	217	240	243	260	252
2 (Capital area)	96	122	136	154	171	191	216	230	229	225
7 (Alexandria area)	59	74	96	112	109	135	162	149	170	160
8 (Shreveport area)	147	156	159	184	218	212	208	211	217	209
9 (Monroe area)	99	162	190	200	239	227	238	243	252	247
TOTAL	427	575	703	831	941	982	1064	1076	1128	1093

*Orleans, Plaquemines and St. Bernard parishes added beginning on 10/22/12

Suzy Sonnier requested a motion to accept the Director’s report. Michael Comeaux moved to accept the Director’s Report and this was seconded by Annette Gaudet. A vote was taken with Michael Comeaux, Annette Gaudet, Courtney Phillips, Suzy Sonnier, and Mark Thomas voting “yes.” There were no votes in opposition and the motion passed unanimously.

Suzy Sonnier requested a motion to amend the agenda to have Unfinished Business moved up on the agenda in order for the Board to vote on amending the By-laws regarding the CSoC Finance & Audit Committee meeting schedule. Mark Thomas moved to have the agenda amended and this was seconded by Michael Comeaux. A vote was taken with Michael Comeaux, Kathy Edmonston, Annette Gaudet, Courtney Phillips, Suzy Sonnier, and Mark Thomas voting “yes.” There were no votes in opposition and the motion passed unanimously.

Unfinished Business

Suzy Sonnier requested a motion to vote on approving the By-laws Amendment that would allow the CSoC Finance and Audit Committee to meet on an ‘as needed basis’ versus a required quarterly meeting. This issue was brought to the Board on the July 24, 2014 meeting for their consideration, with a vote scheduled for this meeting.

Mark Thomas moved to have the By-laws amended and this was seconded by Annette Gaudet. A vote was taken with Michael Comeaux, Kathy Edmonston, Annette Gaudet, Courtney Phillips, Suzy Sonnier, and Mark Thomas voting “yes.” There were no votes in opposition and the motion passed unanimously.

Suzy Sonnier then requested a motion to amend the agenda to have New Business moved up on the agenda to discuss the proposed CSoC Program Enhancements. Mark Thomas moved to have the agenda amended and this was seconded by Michael Comeaux. A vote was taken with Michael Comeaux, Kathy Edmonston, Annette Gaudet, Courtney Phillips, Suzy Sonnier, and Mark Thomas voting “yes.” There were no votes in opposition and the motion passed unanimously.

New Business

Proposed CSoC Program Enhancements: presented by Dr. Rochelle Head-Dunham, Assistant Secretary/Medical Director, Department of Health and Hospitals' Office of Behavioral Health; Karen Stubbs, Deputy Assistant Secretary, Health Plan Management; and Candace Ricard, Director of Quality Management.

Dr. Dunham stated that the Office of Behavioral Health (OBH) is proposing changes to Children Services that will move some of the waiver services currently reserved for CSoC youth to the state plan services allowing all children and youth in LBHP, as well as CSoC children and youth access to these services. The goal of this proposal is to create a richer array of services for all children and youth in the LBHP. The services to be moved into the state plan amendment include: parent support and training (PST), youth support and training (YST), as well as crisis stabilization. In addition, OBH is proposing to add two new waiver services to the CSoC service array. The new proposed waiver services include: Consultation to Family and Community Supports (CFC) and Customized Goods and Services. These proposed changes will be submitted in an amendment to CMS in March 2015.

Karen Stubbs reported to the Board that an amendment was submitted to CMS in August, proposing the following changes:

- A change in payment methodology moving from a fee for service to a capitated rate for children's services.
- Updated performance measures included in the C Waiver with guidance by CMS.
- Removal of the required one CSoC service per month as a minimum to allow CSoC participants to receive services as needed.
- Exclude the medically needy spend down population

However, this amendment was withdrawn due to a new CMS rule which requires that the state create a transition plan outlining allowable settings that individuals receiving HBCS waiver services can reside. Karen Stubbs stated that the amendment is due to be re-submitted in mid-November. More details can be found in the public RFP www.new.dhh.louisiana.gov/index.cfm/newsroom/detail/3089.

Karen Stubbs then introduced Candace Ricard who was able to discuss the state's transition plan requirements. Candace reported that the goal of the new CMS rule is to ensure that individuals receiving Medicaid funded Home and Community Based Waiver Services (HCBS) reside in settings where their rights and freedom are protected and that these settings are not institutional in nature. In the rule, CMS outlines settings that are presumed to be institutional in nature. The state's transition plan must report on how the state will come into compliance with the rule. The waiver specific transition plan must outline the rights that all HCBS Medicaid recipients are entitled to, such as the right to choose service providers and service options. The amendment also outlines specific protections that must be in place when participants reside in provider owned controlled settings. The transition plan is to ensure that all of the HCBS services are offered in home and community based settings. Ms. Ricard asked if there were any questions. The board declined. Ms. Ricard stated that additional information regarding the transition plan could be found on the following website: www.new.dhh.louisiana.gov/index.cfm/newsroom/detail/3089.

Suzy Sonnier asked if the board had any other questions. Mark Thomas asked to have more information about the two new proposed waiver services. Connie Goodson described the following:

Consultation to Family and Community Supports (CFCS) is a service to assist caregivers, natural supports, and/or paid support staff (Skills Builders and others) in carrying out individual treatment/support plans. Home or community based consultation activities are provided by professionals in psychology, social work, counseling and behavior management. The service includes assessment, development of a home treatment/support plan, training and technical assistance to carry out the plan, monitoring of the participant and other providers in the implementation of the plan. Family counseling may be provided. Developing CFCS as a CSoc service would encourage providers to move beyond an individual-child focus, to intervene also with parents, caregivers, and other supportive individuals to help them increase the safety and support within the youth's environment. In addition, this new service definition makes it clear that consultation may be provided not just to a youth's caregiver but also to a youth's natural supports, as well as to paid supports (teachers, personal care attendants, etc.). This new service definition may assist Wraparound Facilitators in engaging natural supports to be full members of the child and family team (CFT), because there will now be an allowable service that can help prepare, educate, and train natural supports so they have the skills and confidence to better provide support and supervision to youth. It will also allow for professionals to provide expert consultation in a youth's specific behavioral health needs to other paid supports such as Skills Builders, so that all individuals serving youth are providing care specifically tailored to that youth's needs.

Customized Goods and Services are individualized supports that youth who have severe emotional disturbances or mental illness may need to fully benefit from mental health services. Customized Goods and Services could include tutoring, parenting skills, homemaker services, structured mainstream recreation, therapeutic or day support activities, mentor or behavioral aid, a utility deposit to help stabilize a child's behavioral health crisis, environmental modification to the participant's residence to enhance safety and ability to continue the living arrangement, or other customized goods and services to provide flexible community services and to maintain stability in the child's residence.

The Board requested that Dr. Dunham and Karen Stubbs attend the CSoc Governance Board meeting scheduled for the beginning of the year to provide updates on the status of the C Waiver and amendments. Mark Thomas also suggested that the board look at Stuart Ablon's work presented at the OBH/Magellan Children's Behavioral Health Summit in June 2014.

Committee Reports

Finance and Audit Committee: Connie Goodson presented the Finance and Audit report on behalf of Undersecretary Jeff Reynolds. The committee last met on September 29, 2014. After review of the updated MOU for SFY 14-15, with no outstanding questions or concerns, the Finance and Audit Committee voted in favor of advancing the MOU to the CSoc State Governance Board and on to state agency leadership for signature.

Quality Assurance Committee (QAC): Report was given by Committee Chairperson, Michael Comeaux. The committee last met on August 13, 2014, and continues to review and discuss the 17 quality indicators and four priority areas. The School Workgroup is continuing to work on the development of a revised parent release of information form to enable easier reporting of data to Magellan.

Michael Comeaux reported that 12 of the 17 reports being reviewed by the QAC are also being reviewed by the Internal Monitoring Team (IMT). After meeting with the members of the QAC and Lori Marshall the Chairperson of the Youth IMT, Michael Comeaux asked the Board to consider merging these two committees. Michael Comeaux reported that many members of the QAC are also members of the IMT. He reported that the committee members felt that this may be a duplication of efforts. The Board asked Micheal Comeaux to submit a proposal to the board for review of his recommendation at the next Governance Board meeting.

Suzy Sonnier requested a motion to accept the Finance and Audit Committee and Quality Assurance Committee reports. Kathy Edmonston moved to accept the reports and was seconded by Courtney Phillips. A vote was taken with Michael Comeaux, Kathy Edmonston, Annette Gaudet, Courtney Phillips, Suzy Sonnier, and Mark Thomas voting “yes.” There were no votes in opposition and the motion passed unanimously.

New Business

CSoC Outcomes: Magellan Quality Management

Wendy Bowlin, Quality Management Administrator for Magellan Health Services and Barbara Dunn, Quality Outcomes Director for - Magellan Health Services (via telephone) presented on the use of the CANS to demonstrate outcomes for youth and families in CSoC. Ms. Bowlin reported that currently in Louisiana the CANS is being used exclusively as an eligibility tool to determine a youth’s eligibility for CSoC. However, the CANS also offers the ability to demonstrate outcomes for youth and families after participating in CSoC. Ms. Bowlin and Ms. Dunn explained to the board that by comparing the CANS scores of a youth as they enter CSoC to the CANS scores of the same youth at discharge we have an opportunity to see a youth’s progress, as scores trend downward. Ms. Bowlin and Ms. Dunn presented to the Board an example of this, using current youth in CSoC. (Please see the presentation at: http://www.csoc.la.gov/assets/csoc/Documents/GovernanceBoard/2014October/20141022_CANS_Outcomes_Reporting.pdf)

CANS Outcomes Data:

- Global scores were derived from initial CANS administered to CSoC youth and their families at enrollment, then again at 180 and 360 days.
- One can observe a downward trend line, indicating that youth are having a decrease in risk behaviors, and emotional /behavioral needs over time. It is important to note that these youth are continuing in CSoC and have not yet reached discharge status. We would anticipate further decline in these scores as they reach discharge.

Magellan is currently working on standardization of the discharge CANS. The goal is have the initial treatment planning CANS scores and the discharge CANS scores, allowing for observable positive outcomes for youth and families through their participation in CSoC.

Provider Network

Shannon Ost, Network Administrator for Magellan Health Services also presented. Ms. Ost reported that there are currently 240 Foster Care beds and with plans to add 50 more by way of a new provider that was recently brought on. Magellan is working with the State to look into opening a specialty foster care program, where foster care parents will receive training needed to help them cope and understand the behaviors of the child that will be placed with them.

Ms. Ost, then reported on the current providers of Crisis Stabilization, Short term Respite, Therapeutic Group Homes, Therapeutic Foster Care and Psychiatric Residential Facility Beds as outlined in the CSoC Directors Report.

Board members asked if there were any of the five CsoC regions without any of the 5 specialized CSoC services. Ms. Ost reported that there are CSoC services in every region, but currently no Crisis Stabilization in any region. The need for Crisis Stabilization is high, however, the payment structure and small population to serve (1200 across 5 regions) has made this a difficult business decision for providers. As noted in the above, the state is seeking to make Crisis Stabilization a state planned service, allowing for greater access for all youth in the LBHP, and increasing the number of youth to be served. This change would allow providers to offer this service to youth more readily statewide.

CSoC Statewide Implementation: Report was presented by CSoC Director Connie Goodson
On September 29, 2014, OBH received CMS approval of the waiver amendment that allows for implementation of CSoC statewide. CSoC will 'go live' in these new regions on November 20, 2014. The Wraparound agencies that were selected by the regional community teams include:

Region 3: Covington – Choices, Incorporated

Region 4: Thibodaux – Wraparound Services of South Central Louisiana

Region 5: Lafayette – Eckerd CenLa Wraparound Agency

Region 6: Lake Charles – Choices, Incorporated

To ensure that the communities are ready to operationalize on November 20, 2014, OBH and Magellan CSoC teams are working closely together with the Wraparound agencies. This includes supporting the Wraparound Agencies in meeting key milestones in the areas of human resources, physical plant resources, fiscal resources and sustainability, referral development and networking. In addition, the OBH and Magellan CSoC teams are working through a plan to ensure key milestones are met related to contracting, network development, referral planning, and staff training and development.

CSoC Liaisons are working to prepare state agency staff in the new regions to be ready to participate in CSoC upon 'go live'. Education is focused on identifying CSoC candidates, the value of CSoC to children, families and the state agencies and how to make referrals. The Magellan CSoC team continues their work to contract with providers in the new regions.

The Wraparound agencies who have been selected to serve the expansion regions report that they have increased their presence in the expansion communities by providing education and developing relationships with key stakeholders in order to develop sources for CSoC referrals and as resources to form community connections for CSoC enrollees and their families.

The board asked Connie to discuss the waiting list and how it will be impacted once CSoC goes live. Once CSoC goes live, it will allow more youth to be served which will eliminate or reduce the wait list.

It was requested by board member Mark Thomas to hear more information regarding empowerment of the FSO at the next board meeting.

Board Member, Annette Gaudet, also commented that there is a great need for community providers and resources to become more aware of CSoc and the ways in which enrollment in CSoc can be beneficial to youth and families.

Public Comment

No public comments were made.

Action Items

None

Adjournment

Suzy Sonnier requested a motion for the adjournment of the board meeting. Michael Comeaux moved to have the Governance Board adjourned and was seconded by Courtney Phillips. A vote was taken with Michael Comeaux, Kathy Edmonston, Annette Gaudet, Courtney Phillips, Suzy Sonnier, and Mark Thomas voting “yes.” There were no votes in opposition and the meeting was adjourned.