



COORDINATED
SYSTEM OF CARE

Report to the Governance Board

January 25, 2017

Highlights for period (September-November 2016)


- Total CSoC enrollment with both existing and new regions is 2220.
- Crisis Stabilization has been transitioned to state plan services as the result of a waiver amendment. This allows for all children with Medicaid, who meet medical necessity criteria to access Crisis Stabilization services.
- OBH entered into a contract with two national wraparound trainers last summer, to train the WAA supervisors/coaches in Wraparound coaching. We are more than halfway through this project and have gotten very positive responses from the regions.
- CSoC outcomes continue to trend positively for CSoC children, youth and their families.

CSoC Enrollment:

Act 1225 Region	12/31/2013	3/31/2014	6/30/2014	9/30/2014	12/31/2014	3/31/2015	6/30/2015	9/24/2015	12/31/2015	3/31/2016	6/24/2016	9/30/2016	12/30/2016
1 (Jefferson Parish/Greater New Orleans area)	240	243	260	252	294	306	310	378	414	429	414	406	396
2 (Capital area)	216	230	229	225	251	269	268	270	278	312	328	276	240
3 (Covington area)					17	86	136	155	244	263	272	272	274
4 (Thibodaux area)					26	72	118	170	237	226	244	256	279
5 (Acadiana area)					16	49	85	92	91	115	121	122	119
6 (Lake Charles area)					12	40	69	90	112	128	141	138	147
7 (Alexandria area)	162	149	170	160	179	179	180	155	169	185	174	156	168
8 (Shreveport area)	208	211	217	209	211	221	221	218	196	220	221	204	213
9 (Monroe area)	238	243	252	247	258	255	254	258	284	283	306	344	384
TOTAL	1064	1076	1128	1093	1283	1477	1641	1786	2025	2161	2221	2174	2220

During the reporting period (9/16 – 11/16) there were a total of 810 referrals. The range of referrals by region was 62 to 194. Referrals to CSoC come from a variety of sources. The number of referrals from state agencies since implementation of CSoC continues to rise (DCFS – 1036, OJJ – 930, and schools – 1095). However, the majority of referrals have come from other sources including caregivers, hospitals, Licensed Mental Health Professionals and other Juvenile Entities.

Referrals by Agency/Entity



REFERRING SOURCE	08/26/16	11/25/16	CHANGE
DCFS	986	1036	50
OJJ	849	930	81
OBH	111	115	4
DOE/School	1019	1095	76
Caregiver	2183	2368	185
Hospitals	1205	1236	31
Licensed Mental Health Professional	1847	2078	231
Other Juvenile Entities	569	590	21
Self or Legal Guardian	809	856	47
Primary Care Physician (PCP)	40	45	5
Other	1439	1518	79
Total	11057	11867	810

Per request from Board members, the table below reflects referrals by region over the last nine quarters. This table will continue to be included in the CSoC Director's Report.

CSoC Referrals by Quarter

Act 1225 Region	9/30/ 2014	12/31/ 2014	3/31/ 2015	6/30/ 2015	9/24/ 2015	12/31 /2015	3/31/ 2016	5/27/ 2016	8/26/ 2016	11/25 /2016
10	118	144	120	107	226	140	82	59	64	62
2 (Capital area)	121	148	136	136	95	155	113	52	70	62
3 (Covington area)		63	113	116	104	181	94	63	86	93
4 (Thibodaux area)		38	75	72	82	107	39	39	55	71
5 (Acadiana area)		38	94	89	100	69	64	52	53	71
6 (Lake Charles area)		32	49	63	60	70	52	43	52	63
7 (Alexandria area)	48	80	70	89	59	85	81	52	50	73
8 (Shreveport area)	94	132	90	97	72	90	114	51	69	121
9 (Monroe area)	65	56	44	69	63	89	68	65	99	194
TOTAL	446	731	791	838	861	983	707	476	598	810

The majority of children/youth enrolled in CSoC are male (1,345 or 63%). African-American is the predominant race of these young people representing 1,255 (59%). The age group with the highest enrollment is 13-16 years old (755 or 35%).

Wraparound Agency (WAA) update:

Over the last 6 months, the WAA supervisors/coaches have been engaged in Wraparound Coaching training with two national trainers. The goal of this training is to equip the WAA supervisors/coaches with the tools necessary to guide the wraparound facilitators in providing high quality wraparound, guided by the value and principles of wraparound. The response from the WAAs has been overwhelmingly positive. The WAAs have shown a great capacity to learn to use new tools to support staff development. Our Magellan partners are also participating in these trainings, including a one day 'Best Practice Training' offered by the trainers this past December.

Members of the OBH CSoC team are accompanying the national trainers as they train the WAAs. The goal is for the OBH CSoC team to continue to provide technical assistance and oversight to the WAAs in support of best practice and high fidelity wraparound when the training is complete. In addition, the OBH CSoC team continues to be responsible for quality monitoring and compliance of CSoC.

Statewide Coordinating Council

Active participation and attendance at SCC meetings continues to be a challenge. The OBH Family Lead is working to formulate strategies for making the SCC more relevant for CSoC families and youth, in an effort to improve engagement.

Family Support Organization update

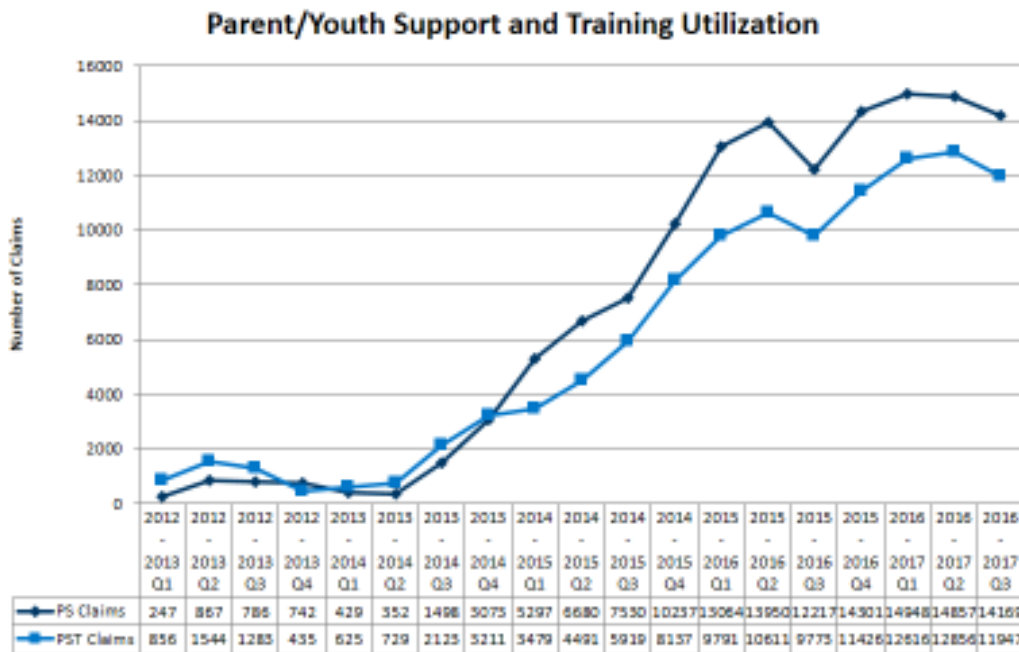
The FSO continues to grow. In October, Ekhaya hosted the grand opening (and Halloween-themed community event) for its new headquarters in New Orleans. Hundreds of community members attended, and local high school bands performed. Children and parents in costume "trick or treated" in the parking lot after touring the new facility. Also, a new location has been secured in the Alexandria region.

In December, Ekhaya hosted (in partnership with Magellan) the annual MYFEST event in downtown Baton Rouge. Hundreds of CSoC youth and community members attended, with local performers and other community groups. Ekhaya provided transportation for youth from each region to attend this annual event.

A recently new program offering for CSoC youth is the FSO's Creative Arts Program ("CAP"), which travels to regions offering art-based programming for youth to attend, free of charge. This gives the youth an opportunity to create (via art, music and dance) and to interact with other youth.

Despite a couple of regional leadership changes, the staff numbers are stable, as are service provision numbers.

Parent/Youth Support and Training Utilization



Technical Assistance and Training:

In July, the CSoC Director and Family Lead began working with two national wraparound coaching trainers, Laura Burger Lucas and Sharon Gentry, to support the development of coaching skills for supervisors/coaches in the wraparound agencies. This training will be conducted in three geographical phases that will cover the state, which began in July and will end in summer of 2017. Each phase will include a three day coaching training, followed up with three on-site visits to three regional WAAs, as well as coaching calls to support development of the supervisors/coaches. The OBH CSoC team will take part in this coaching training, as well as a Best Practice Training that will be conducted in December by one of the national coaches. The goal is to increase the skills and knowledge of the OBH CSoC team, to prepare them for on-going monitoring of the regional WAAs for best practices and high fidelity wraparound.

CSoC Finance and Audit Committee:

This committee meets on an ‘as needed’ basis and has not met during this quarter.

CSoC Quality Assurance (QA) Committee:

Committee Chair, Cindy Guitrau will report to the Board during today’s meeting.

Provider Network:

Short-term Respite

- There are 26 STR providers this quarter

Independent Living Skills Building

- There are 153 ILSB providers throughout the regions

Trends in Children/Youth Outcomes Data:

Inpatient Psychiatric and Emergency Room Utilization

Source: Medicaid Claims: Contract Year 2016, Quarter 3

Utilization of inpatient psychiatric hospitalization for CSoC youth who were enrolled in CSoC for more than 90 days. Review includes use of inpatient psychiatric hospitalization 90 days **before enrollment** in CSoC and 90 days **post discharge** from CSoC.

- Data reveals a **74.1% decrease in the use of inpatient psychiatric hospitalization in the 90 days post discharge from CSoC.**
- Data also reveals an **82% decrease in the use of the emergency room for behavioral health diagnosis for the same population.**

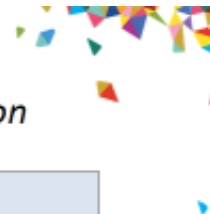
CSoC Children Inpatient Psychiatric Utilization

Source: Magellan

- Percent of CSoC members (under 22) who were served in a psychiatric hospital during the quarter: 123 or 4.58%
- Average length of stay for CSoC members (under 22) in psychiatric hospitalization: 6.04 days

CSoC Children Inpatient Psychiatric Utilization

TYPE OF SETTING	MEMBER COUNT: all members who spent any days in restrictive settings (levels shown below)	NUMBER OF CHILDREN UNDER AGE 22 ENROLLED WITH MCO DURING REPORTING PERIOD	PERCENT	ALOS
Inpatient Psychiatric Hospital	123	2,684	4.58%	6.04



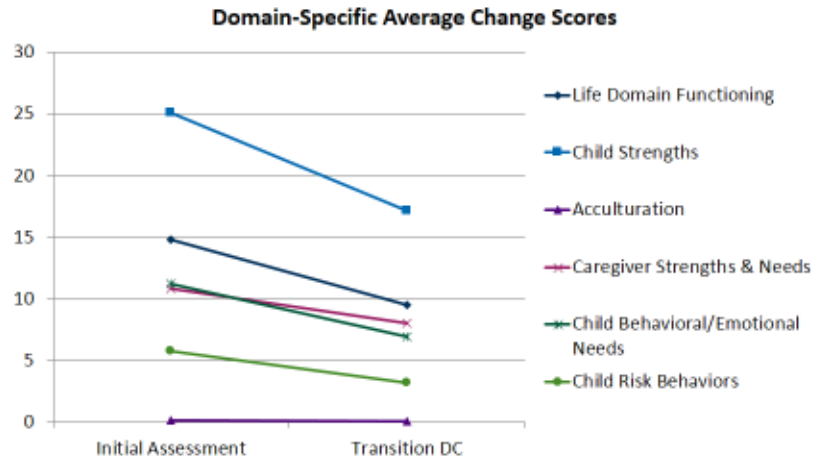
CANS Outcomes Data

Source: Magellan

Outcomes Findings: An analysis of the global CANS scores beginning at initial intake and then at discharge for youth with valid data of the 421 youth discharged during the quarter showed:

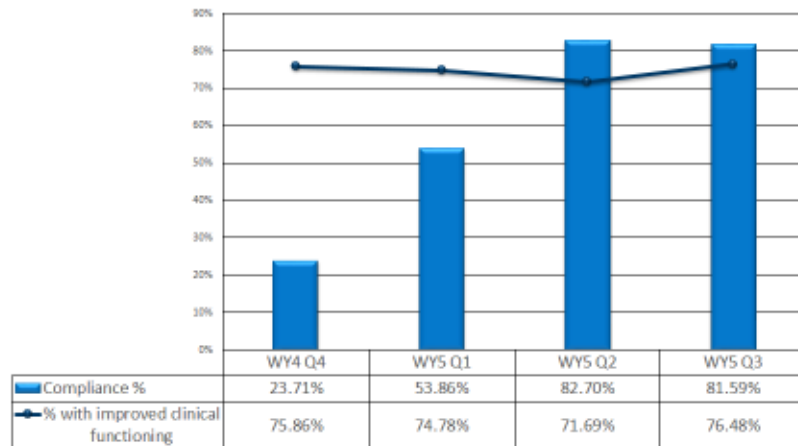
- A mean score decrease of 23.04 points
- 76.48% of youth showed improved clinical functioning

CANS Outcomes: Domain Scores



- The percentage of children/youth discharged who have intake and discharge CANS has increased significantly.
- The percentage of children/youth with improved clinical functioning has remained high.

Child and Adolescent Needs and Strengths (CANS) Outcomes: Clinical Functioning



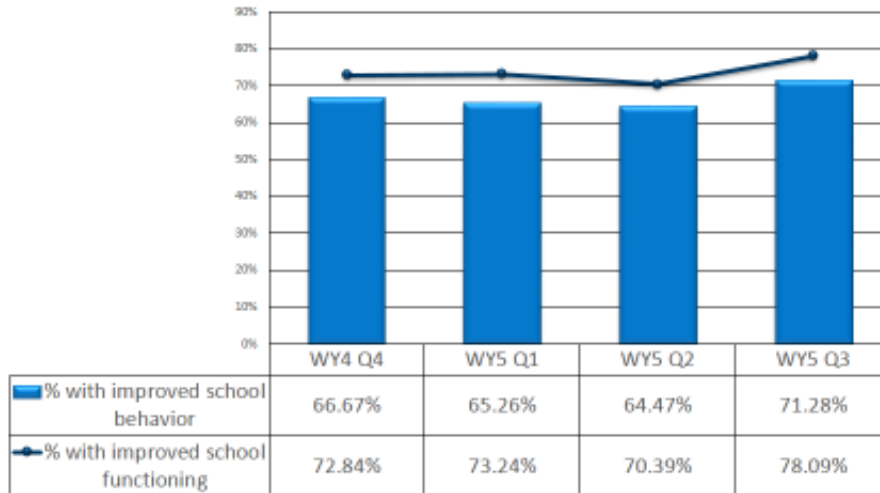
School Outcomes

Source: Magellan

The CANS school module which evaluates school functioning, is regularly applied when children and youth initially enroll in CSoC, then every 180 days after enrollment and at discharge. This offers a more consistent and objective picture of a youth’s school functioning over time. The following results were documented:

- 78.09% showed improved school functioning
- 37.78% showed improved school attendance
- 61.28% showed improved school behavior

CANS: School Functioning



Youth with an IEP

Source: Magellan

- A review of the enrollment for this time period indicates that approximately 22.99% of the children/youth enrolled in CSoC had a current IEP meaning that they are receiving special education services in the school system.

IEPs



REPORTING PERIODS	Y4 Q3	Y4 Q4	Y5 Q1	Y5 Q2	Y5 Q3
Reported Count	2417	2532	2937	2705	2795
# of members enrolled in IEP	766	898	969	958	761
% of IEPs (Count of IEP enrollment/Total Reported)	31.69%	35.47%	35.67%	35.42%	27.23%
% of IEPs (Count of IEP enrollment/Total Members)	27.99%	32.26%	32.99%	32.93%	22.99%

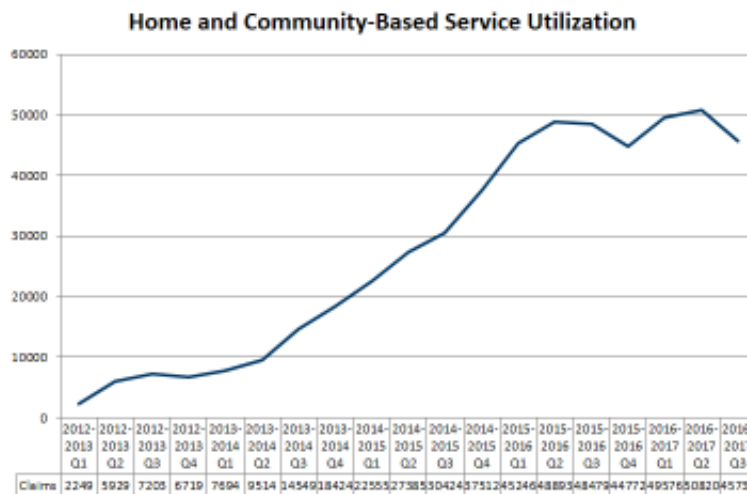
Home and Community Based Services

Source: Magellan

- There continues to be a high level of use of Home and Community Based Services, one of the factors that contributes to children and youth being able to stay successfully in their homes and communities.



Home and Community-Based Service Utilization



Living Situation at Discharge from CSoC

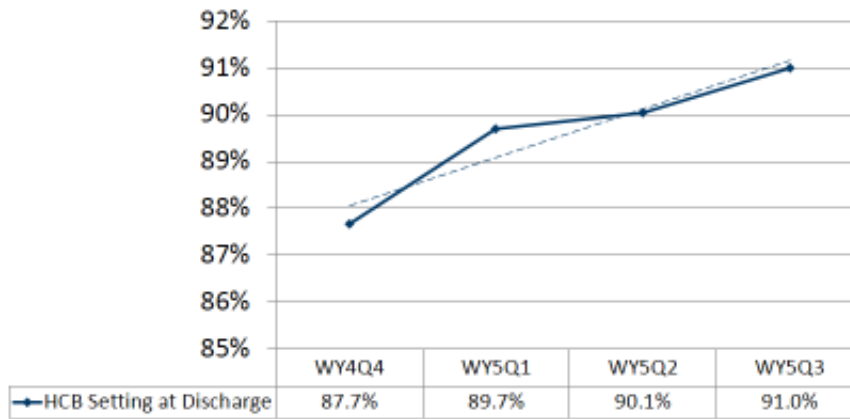
Source: Magellan

- Percent of youth whose living situation at discharge from CSoC is a home and community based setting: 90.96%

Living Situation at Discharge



HCB Setting at Discharge



Central Goal of CSoC is to ensure high risk children remain in the Home and Community:
This quarter 90% of children were discharged into a HCBS.