



**CSOC Director’s Report to the Governance Board
Prepared for the November 28, 2018 Meeting**

Highlights and News

- Total CSoC enrollment is 2,249.
- Magellan has been awarded a three year contract to administer the CSoC program.
- Sheila Jordan, our CSoC Family Lead, has moved on to be the Executive Director of an alternative school for girls in Florida.
- CSoC outcomes continue to trend positively for CSoC children, youth and their families.

CSoC Enrollment:

Act 1225 Region	9/30/2017	12/31/2017	3/31/2018	6/30/2018	9/30/2018
1 (Jefferson Parish/Greater New Orleans area)	376	355	359	346	347
2 (Capital area)	191	221	210	224	224
3 (Covington area)	246	300	299	301	309
4 (Thibodaux area)	269	302	295	296	281
5 (Acadiana area)	122	120	148	141	151
6 (Lake Charles area)	174	174	177	172	180
7 (Alexandria area)	153	170	148	158	164
8 (Shreveport area)	193	196	216	201	205
9 (Monroe area)	371	393	406	392	388
TOTAL	2,095	2,231	2,258	2,231	2,249

During the reporting period (7/1/2018 – 9/30/2018), there was a total of 731 referrals. The range of referrals by region was 58 to 107. Referrals to CSoC come from a variety of sources. The number of referrals from state agencies since implementation of CSoC continues to rise (DCFS – 1,503, OJJ – 1,342, and schools – 1,648). However, the majority of referrals have come from other sources, including caregivers, Licensed Mental Health Professionals, hospitals, self or legal guardians, and other juvenile entities.

Referrals by Agency/Entity



Referring Source	06/30/2018	09/28/2018	Change
Caregiver	3,506	3,670	164
Licensed Mental Health Professional	2,853	2,984	131
Other	2,083	2,224	141
DOE/School	1,603	1,648	45
Hospitals	1,418	1,465	47
DCFS	1,418	1,503	85
OJJ	1,273	1,342	69
Self or Legal Guardian	1,056	1,073	17
Other Juvenile Entities	826	847	21
OBH	138	140	-27
Primary Care Physician (PCP)	98	107	9
Total	16,272	17,003	731

Per request from Board members, the table below reflects referrals by region over the last four quarters. This table will continue to be included in the CSoC Director's Report.

CSoC Referrals by Quarter

Act 1225 Region	12/31/2017	3/31/2018	6/30/2018	9/30/2018
1 (Jefferson Parish/Greater New Orleans area)	53	75	73	79
2 (Capital area)	96	83	94	107
3 (Covington area)	115	113	127	100
4 (Thibodaux area)	82	71	75	71
5 (Acadiana area)	58	69	81	61
6 (Lake Charles area)	53	71	61	58
7 (Alexandria area)	50	74	55	66
8 (Shreveport area)	94	99	96	100
9 (Monroe area)	91	87	91	89
TOTAL	692	742	753	731

The majority of children/youth enrolled in CSoC are male (1,279 or 60%). African-American is the predominant race of these young people, representing 1,185 (55%). The age groups with the highest enrollment are 10-15 years old (1,212 or 57%).

Wraparound Agency (WAA) Community Outreach and Coordination of Service Providers:

In this past quarter, the following Wraparound Agencies have participated in several community and resource events in order to build partnerships with the local and regional community agencies and stakeholders. These efforts serve to expand the understanding of system of care values, promote stronger working relationships and explore additional resources and supports for CSoc youth and families. Below are some examples of the functions that they have attended.

Region 2 Baton Rouge Area: National Child and Family Services:

- The Program Director continues to participate in workgroups with two schools in EBR through the National Institute of Justice School Safety Grant Pilots Safe Schools. Policy Research Associates, Inc. oversees this grant. The purpose of the grant is to help these two pilot schools put restorative justice interventions in place for at-risk students.
- Last month, the WAA started hosting parent support groups for the parents in their program. A second meeting is scheduled for this month.
- The WAA attended the DJS mandatory conferences and spoke to families about the CSoc program, and help them make a referral if they were interested.
- The WAA held a community event in September in the Gardere area and partnered with several community stakeholders (BREC, Sheriff's Office, Gardere Initiative, Bikers Against Child Abuse, Families Helping Families, several MH providers)

Region 3 Covington Area: Choices:

- The WAA has two newly trained Adverse Childhood Experiences (ACES) trainers who are providing Adverse Childhood Experiences training to a variety of groups, organizations and businesses in the community.

Region 5 Lafayette Area: Eckerd Connects:

- The WAA is engaging with DFCS in the Quality Parenting Initiative in this Region.

Region 6 Lake Charles Area: Choices:

- The WAA sponsored a community viewing of the documentary Suicide: The Ripple Effect. This film features Kevin Hines, who at age 19 attempted to take his life by jumping from the Golden Gate Bridge, and chronicles the impact of his suicide attempt on others and his work as a mental health advocate since that time.

Region 7 Alexandria Area: Eckerd Connects:

- The WAA is engaging with DFCS in the Quality Parenting Initiative in this region. They are planning to help this effort by hosting a Provider Forum early in 2019 for DCFS staff, foster families and biological families.

Region 8 Shreveport Area: Choices:

- The WAA is a part of the leadership team guiding a community Strategic Planning Group. This initiative is focused on increasing the community's capacity to be more trauma responsive. Among the group's successes include: (1) supporting the development and training of 12 new TBRI practitioners through Karyn Purvis Institute at TCU; (2) creating opportunities for mental health providers to receive additional training in trauma focused treatment modalities; (3) working with the local school district to develop a plan to become a trauma sensitive school system; and (4) fostering opportunities to build resiliency among youth.

Region 9 Monroe Area: Ascent:

- The WAA partnered with Families Helping Families by participating in their Touch-a-Truck Trick or Treating event at the Ike Hamilton Expo Center in West Monroe.
- The WAA participated in a Reading Day program at Crosley Elementary School in West Monroe, where they read books to Pre-K and Kindergarten students and scheduled to return to their Reading Day in the spring.
- WAA staff participated in Boo at the Zoo at The Louisiana Purchase Gardens and Zoo in Monroe and were invited to participate in more in-depth programs with the Zoo and their ongoing rejuvenation program.
- WAA facilitators participated in an anti-bullying event at Central Elementary School in Calhoun with the Braves No Bully Club. They performed a skit, led the students in an engaging activity, and presented information on the dangers of bullying, how to recognize bullying, and how to report bullying. The school administration asked that they remain on their revolving schedule of presenters to the club.
- The WAA participated in the DCFS Super Hero Fun Run in West Monroe. They also partnered with DCFS in their Adoption Day Celebration on November 7th at Monroe City Hall.
- The WAA partnered with Wossman High School in Monroe as the community team member of their Positive Behavioral Interventions and Support (PBIS) program. They attend monthly meetings where they plan positive behavior events for qualifying students as well as intervention strategies for students that are in need of additional support. Through this partnership, Ascent Health employees have been permitted greater access to students on campus during the school day as well as faculty and support staff.
- The WAA is partnering with Rayville Elementary School and its PBIS program to provide treats for children during their screening of The Polar Express.

Family Support Organization Update:

Behavioral Services of Louisiana continues to grow its staff in order to serve the full complement of CSOC youth and parents requesting parent and youth support services. Currently, the organization has 161 staff in these roles (up from 118 last quarter), located across the state. Currently, 1,572 CSOC participants are receiving service (up from 736 last quarter). Of those participants receiving services, 75% receive parent support and 47% receive youth support. BSLA has implemented a FSO Liaison position, responsible for engaging all new referrals within the first week of referral date.

All regions have staff capacity to provide service to new referrals, the rates of which are expected to continue increasing in upcoming months. As reported last quarter, eight regional FSO leaders completed the “classroom” sessions of train-the-trainer for the two OBH-designed trainings that are required for all FSO staff. Before her departure, the CSoC Family Lead conducted observations of those trained, in order to ensure their preparedness to present the information to new FSO staff members. This has increased the organization’s ability to train new staff members in every region, saving travel expenses, economizing time, and helping staff serve families quicker.

Statewide Coordinating Council

The State CSoC team will continue to work with FSO Leadership to discuss design and implementation of the Family and Youth Advisory Boards. The FSO is beginning the process with some assessment and exploration of potential structure and content that will make the experience meaningful for families and youth across the regions. Follow-up discussions are being planned in order to solidify a timeline and plan for beginning to build these important groups across the State.

CSoC Finance and Audit Committee:

This committee meets on an ‘as needed’ basis and has not met during this quarter. The CSoC MOU has been circulated to all of the CSoC state agency partners and has been signed.

CSoC Quality Assurance (QA) Committee:

Committee Chair, Cindy Guitrau, will report to the Board during today’s meeting.

Provider Network:

Short-term Respite

- There are 19 STR providers this quarter.

Independent Living Skills Building

- There are 163 ILSB providers throughout the regions.

Trends in Children/Youth Outcomes Data:

Inpatient Psychiatric and Emergency Room Utilization

Source: Medicaid Claims: Calendar Year 2018, Quarter 3

Utilization of inpatient psychiatric hospitalization for CSoC youth who were enrolled in CSoC for more than 90 days. Review includes use of inpatient psychiatric hospitalization 90 days **before enrollment** in CSoC and 90 days **post-discharge** from CSoC.

- Data reveals an **81.8% decrease** in the **use of inpatient psychiatric hospitalization in the 90 days post-discharge from CSoC.**
- Data also reveals a **54.5% decrease** in the **use of the emergency room for behavioral health diagnosis for the same population.**

CSoC Children Inpatient Psychiatric Utilization

Source: Magellan

- Percent of CSoC members (under 22) who were served in a psychiatric hospital during the quarter: 118 or 4.41%
- Average length of stay for CSoC members (under 22) in psychiatric hospitalization: 7.51 days



CSoC Children Inpatient Psychiatric Utilization

TYPE OF SETTING	MEMBER COUNT: all members who spent any days in restrictive settings (levels shown below)	NUMBER OF CHILDREN UNDER AGE 22 ENROLLED WITH MCO DURING REPORTING PERIOD	PERCENT	ALOS
Inpatient Psychiatric Hospital	118	2,676	4.41%	7.51

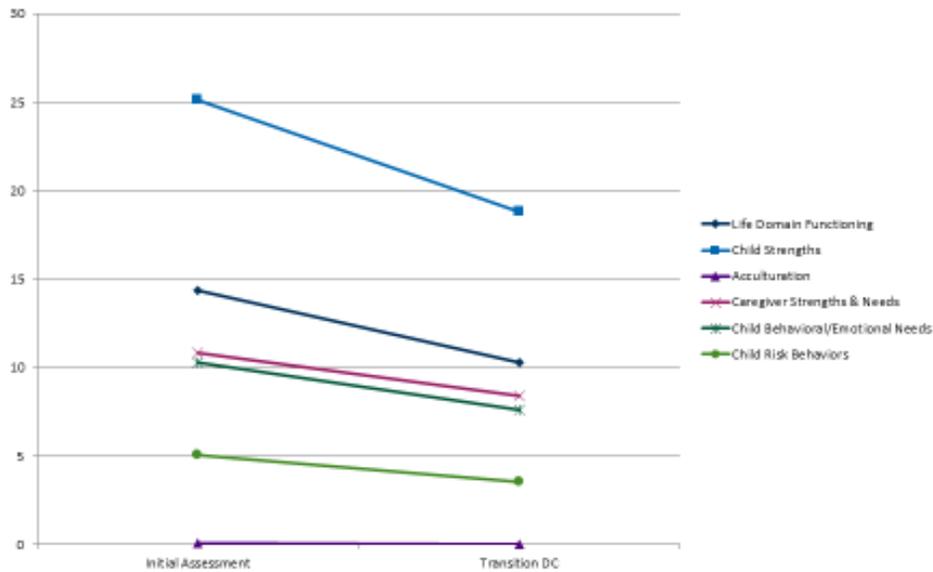
CANS Outcomes Data

Source: Magellan

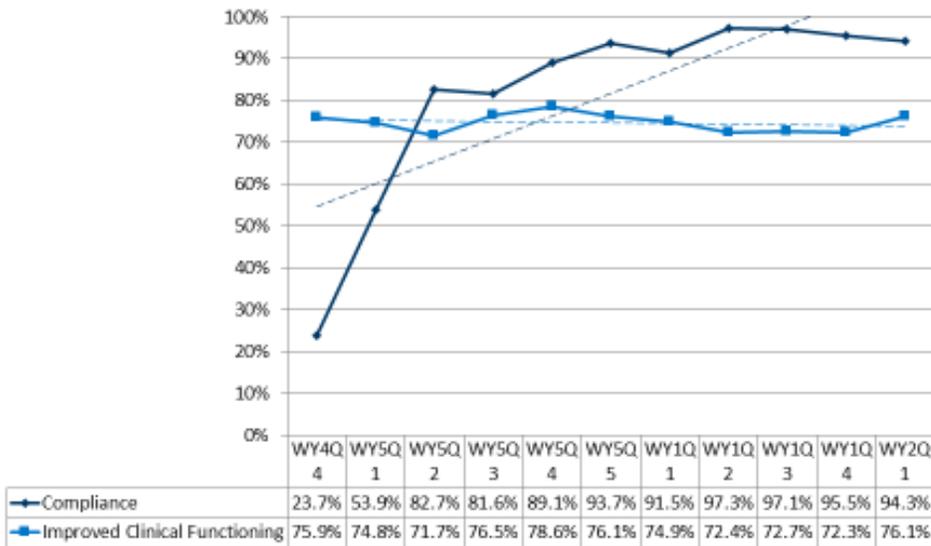
Outcomes Findings: An analysis of the global CANS scores beginning at initial intake and then at discharge for 477 youth with valid data of the 506 youth discharged during the quarter showed:

- A mean score decrease of 17.02 points
- 76.10% of youth showed improved clinical functioning

CANS Outcomes: Domain Scores



Child and Adolescent Needs and Strengths (CANS) Outcomes: Clinical Functioning



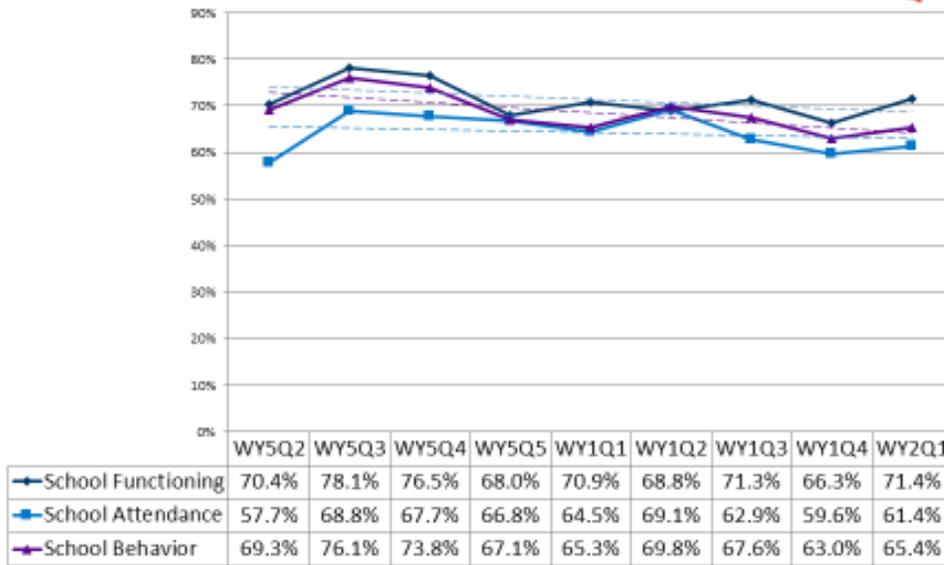
School Outcomes

Source: Magellan

The CANS school module, which evaluates school functioning, is regularly applied when children and youth initially enroll in CSOC, then every 180 days after enrollment and at discharge. This offers a more consistent and objective picture of a youth’s school functioning over time. The following results were documented:

- 71.43% showed improved school functioning
- 65.38% showed improved school behavior

CANS: School Functioning



*Given an initial score > 0

Youth with an IEP

Source: Magellan

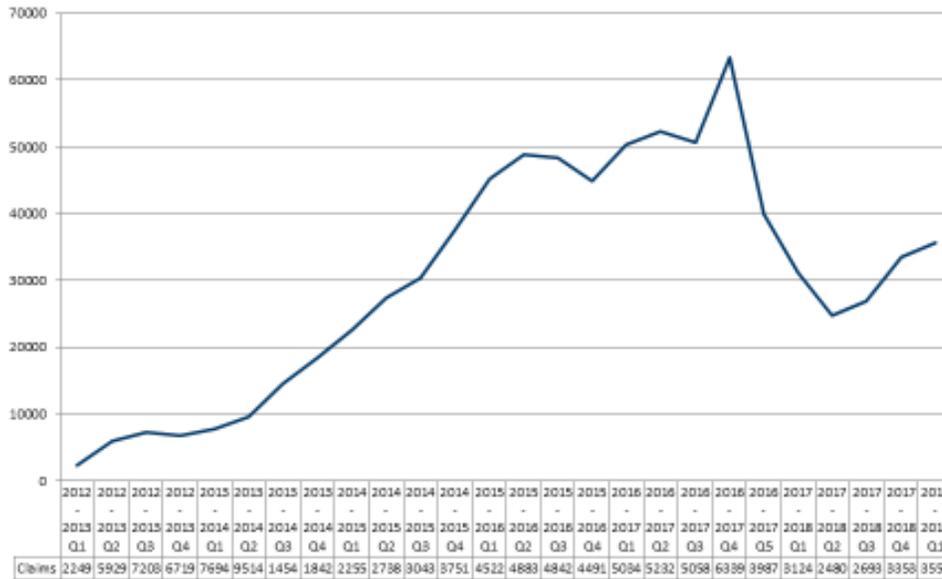
- A review of the enrollment for this time period indicates that approximately 32.02% of the children/youth enrolled in CSOC had a current IEP meaning that they are receiving special education services in the school system.

Home and Community Based Services

Source: Magellan

- The use of Home and Community-Based Services remained lower than past reporting periods due to termination of the previous Family Support Organization (FSO) from the Magellan provider network. Service utilization is higher than during the last reporting period as the new FSO continues to serve more CSOC members statewide. The utilization of services is expected to continue to trend upward going forward.

Home and Community-Based Service Utilization

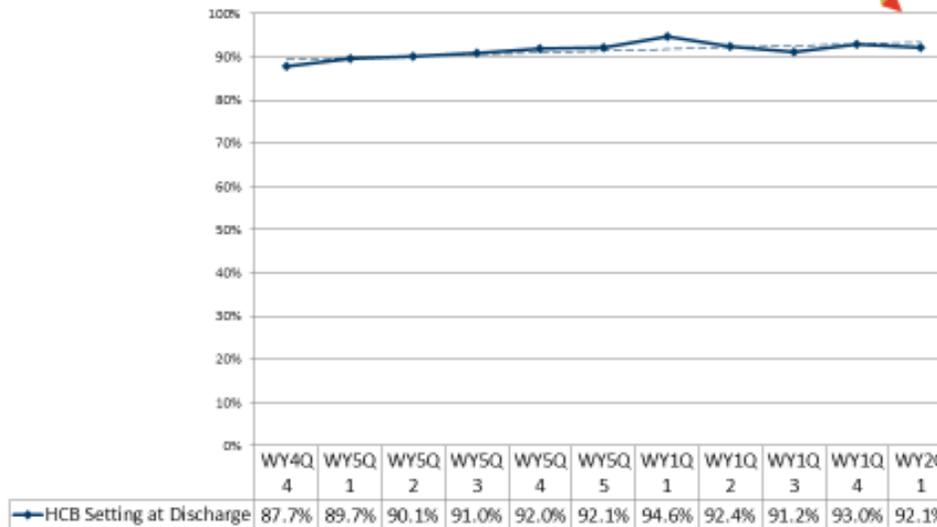


Living Situation at Discharge from CSoC

Source: Magellan

- Percent of youth whose living situation at discharge from CSoC is a home and community based setting: 92.09%

Living Situation at Discharge



Central Goal of CSoC is to ensure high risk children remain in the Home and Community: This quarter 92.1% of children were discharged into a HCBS.

Utilization of Natural/Informal Supports

Source: Magellan

- Percent of CSoC members who have at least one natural/informal support on their child and family team: 90.3%

Natural and Informal Support Utilization

REGION	NUMBER OF PARTICIPANTS WITH AT LEAST ONE NATURAL/INFORMAL SUPPORT ON CFT	PERFORMANCE RATE
1	331	89.0%
2	216	87.8%
3	286	84.1%
4	249	81.9%
5	163	93.1%
6	181	94.3%
7	181	98.4%
8	230	99.6%
9	378	92.4%
TOTAL	2215	90.3%

