

**Increasing Access to EBPs:  
OBH and the Center for  
Evidence to Practice**

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## What are Evidence Based Practices?

An Evidence-Based Practice (EBP) is a treatment practice or approach that is backed by a strong body of research evidence.

▶ EBPs typically use a variety of methods to ensure quality care, including:

- Written training curriculum
- Practice-specific training for staff and supervisors
- Standardized service documentation
- Structured supervision
- Fidelity monitoring
- Outcome monitoring

## How can we learn about Evidence-Based Practices?

- ▶ National Clearinghouses have done the hard work for us, by reviewing research studies, evaluating the quality of the evidence, and summarizing the research results with a rating.
- ▶ National Clearinghouses with particular relevance to children and families at-risk or involved with the child welfare system:
  - California Evidence-Based Clearinghouse for Child Welfare (CEBC)
  - **\*New\*** Title IV-E Prevention Services Clearinghouse

## Title IV-E Prevention Services Clearinghouse

- Developed in accordance with the [Family First Prevention Services Act \(FFPSA\) of 2018](#).
- [FFPSA](#) will allow use of Title IV-E funding for “evidence-based mental health and substance abuse prevention and treatment services, in-home parent skill-based programs, and kinship navigator services.”
- Clearinghouse established by the federal Administration for Children and Families (ACF) to:
  - “conduct an objective and transparent review of research on programs and services intended to provide enhanced support to children and families and [prevent foster care placements](#).”

## Title IV-E Prevention Services Clearinghouse

- This clearinghouse is **new** and under development as a tool for implementation of Families First.
- Twelve (12) EBPs have been systematically reviewed at this time.
- The Title IV-E clearinghouse provides a “working list of the next programs planned for systematic review.”
- So keep checking back!



## Title IV-E Prevention Services CLEARINGHOUSE

HOME
ABOUT
FIND A PROGRAM OR SERVICE
REVIEW PROCESS
RESOURCES

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**Find a Program or Service**

Click each program or service for additional information. Visit our FAQ page to view a working list of the next programs and services planned for systematic review.

Program or Service Name and Date	Program or Service Rating	Program or Service Impacts
<a href="#">Children's Home Society of New Jersey Kinship Navigator Model</a> <small>Last Updated: Jan 2019</small>		<p><b>Subdomains with favorable impacts</b></p> <p>None</p> <p><b>All Impacts:</b>                      Favorable: 0                      No Effects: 0                      Unfavorable: 0</p>
<a href="#">Families Facing the Future</a> <small>Last Updated: Jul 2019</small>		<p><b>Subdomains with favorable impacts</b></p> <p>Adult well-being: Parent/caregiver substance use</p> <p><b>All Impacts:</b>                      Favorable: 3                      No Effects: 37                      Unfavorable: 0</p>
 <a href="#">Functional Family Therapy</a> <small>Last Updated: Jul 2019</small>		<p><b>Subdomains with favorable impacts</b></p> <p>Child well-being: Behavioral and emotional functioning, Child well-being: Substance use, Child well-being: Delinquent behavior, Adult well-being: Family functioning</p> <p><b>All Impacts:</b>                      Favorable: 14                      No Effects: 75                      Unfavorable: 1</p>
<a href="#">Healthy Families America</a> <small>Last Updated: Sep 2019</small>		<p><b>Subdomains with favorable impacts</b></p> <p>Child safety, Child well-being: Behavioral and emotional functioning, Child well-being: Cognitive functions and abilities, Child well-being: Delinquent behavior, Child well-being: Educational Achievement and attainment, Adult well-being: Positive parenting practices, Adult well-being: Parent/caregiver mental or emotional health, Adult well-being: Family functioning</p> <p><b>All Impacts:</b>                      Favorable: 29                      No Effects: 109                      Unfavorable: 1</p>
<a href="#">Kinship Interdisciplinary Navigation Technologically-Advanced Model (KIN-Tech)</a> <small>Last Updated: Jun 2019</small>		<p><b>Subdomains with favorable impacts</b></p> <p>None</p> <p><b>All Impacts:</b>                      Favorable: 0                      No Effects: 0                      Unfavorable: 0</p>
 <a href="#">Methadone Maintenance Therapy</a> <small>Last Updated: Sep 2019</small>		<p><b>Subdomains with favorable impacts</b></p> <p>Adult well-being: Parent/caregiver substance use</p> <p><b>All Impacts:</b>                      Favorable: 6                      No Effects: 31                      Unfavorable: 0</p>


[Multisystemic Therapy](#)  
Last Updated: Sep 2019



**Subdomains with favorable impacts**

Child permanency, Child well-being: Behavioral and emotional functioning, Child well-being: Substance use, Child well-being: Delinquent behavior, Adult well-being: Positive parenting practices, Adult well-being: Parent/caregiver mental or emotional health, Adult well-being: Family functioning

**All Impacts:**  
 Favorable: 56  
 No Effects: 164  
 Unfavorable: 5


[Multisystemic Therapy for Child Abuse and Neglect](#)  
Last Updated: Sep 2019



**Subdomains with favorable impacts**

None

**All Impacts:**  
 Favorable: 0  
 No Effects: 2  
 Unfavorable: 0


[Nurse-Family Partnership](#)  
Last Updated: Sep 2019



**Subdomains with favorable impacts**

Child safety, Child well-being: Cognitive functions and abilities, Child well-being: Physical development and health, Adult well-being: Economic and housing stability

**All Impacts:**  
 Favorable: 8  
 No Effects: 76  
 Unfavorable: 7


[Parent-Child Interaction Therapy](#)  
Last Updated: Jul 2019



**Subdomains with favorable impacts**

Child well-being: Behavioral and emotional functioning, Adult well-being: Positive parenting practices, Adult well-being: Parent/caregiver mental or emotional health

**All Impacts:**  
 Favorable: 42  
 No Effects: 47


[Parents as Teachers](#)  
Last Updated: Jul 2019



**Subdomains with favorable impacts**

Child safety, Child well-being: Social functioning, Child well-being: Cognitive functions and abilities

**All Impacts:**  
 Favorable: 7  
 No Effects: 39  
 Unfavorable: 3


[Trauma-Focused Cognitive Behavioral Therapy](#)  
Last Updated: Sep 2019



**Subdomains with favorable impacts**

Child well-being: Behavioral and emotional functioning, Child well-being: Social functioning, Adult well-being: Positive parenting practices, Adult well-being: Parent/caregiver mental or emotional health

**All Impacts:**  
 Favorable: 38  
 No Effects: 41  
 Unfavorable: 0



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Center for Evidence to Practice



Expanding Access to Evidence-Based Practices in Behavioral Health



- Statewide Hub for Training and Implementation of EBPs in children's behavioral health



Resources at  
your fingertips



Statewide MAP  
of EBP providers

<https://laevidencetopractice.com/>

ABOUT US ▾ CALENDAR ▾ MAP OF EVIDENCE-BASED PROGRAMS AND PRACTICES RESOURCES ▾

Legend	Details
<input checked="" type="checkbox"/> Child Parent Psychotherapy	>
<input checked="" type="checkbox"/> Functional Family Therapy	>
<input checked="" type="checkbox"/> Functional Family Therapy - Child Welfare	>
<input checked="" type="checkbox"/> Homebuilders	>
<input checked="" type="checkbox"/> Multisystemic Therapy	>
<input checked="" type="checkbox"/> Nurse Family Partnership	>
<input checked="" type="checkbox"/> Parent Child Interaction Therapy	>
<input checked="" type="checkbox"/> Parents as Teachers	>
<input checked="" type="checkbox"/> Preschool PTSD Treatment	>
<input checked="" type="checkbox"/> Trauma Focused Cognitive Behavioral Therapy	>
<input checked="" type="checkbox"/> Youth PTSD Treatment	>

The map displays the state of Louisiana with various colored dots representing the locations of Evidence-Based Practice (EBP) providers. The dots are color-coded according to the legend, showing a distribution across the state from the northern border to the Gulf Coast. Major cities and geographical features are labeled on the map.

Esri, HERE, Garmin, FAO, USGS, EPA, NPS

LOUISIANA DEPARTMENT OF HEALTH

Resources at  
your fingertips



Statewide **MAP**  
of EBP providers

<https://laevidencetopractice.com/>

ABOUT US ▾ CALENDAR ▾ **MAP OF EVIDENCE-BASED PROGRAMS AND PRACTICES** RESOURCES ▾

• Or, if you make a referral to a provider listed on the map and they state that they are not offering that EBP or do not accept Medicaid.

**Legend** Details <<

- Child Parent Psychotherapy
- Functional Family Therapy
- Functional Family Therapy - Child Welfare
- Homebuilders
- Multisystemic Therapy
- Nurse Family Partnership
- Parent Child Interaction Therapy
- Parents as Teachers
- Preschool PTSD Treatment
- Trauma Focused Cognitive Behavioral Therapy
- Youth PTSD Treatment

A map of Louisiana with several purple circular markers indicating the locations of Evidence-Based Practice (EBP) providers. The markers are scattered across the state, with a notable concentration in the New Orleans area. The map includes geographical features like the Gulf of Mexico, major rivers, and state boundaries. A legend on the left side of the map interface lists various EBP types, with "Trauma Focused Cognitive Behavioral Therapy" selected. The map is powered by Esri, HERE, Garmin, FAO, USGS, EPA, and NPS.

Esri, HERE, Garmin, FAO, USGS, EPA, NPS



Resources at  
your fingertips



## Events and Trainings Calendar

<https://laevidencetopractice.com/>

The screenshot displays a calendar for November 2019 with a list of events. Each event entry includes the date, day of the week, event title, location, and a "VIEW DETAIL" button.

Date	Day	Event Title	Location	Action
03	NOVEMBER SUNDAY	NATIONAL DIALOGUES ON BEHAVIORAL HEALTH	Renaissance New Orleans Arts Hotel   50 Tchoupitoulas Street New Orleans, Louisiana 70002	VIEW DETAIL
08	NOVEMBER FRIDAY	TBRI FRIDAYS		VIEW DETAIL
08	NOVEMBER FRIDAY	EMDR THERAPY AND THE TREATMENT OF SUBSTANCE USE AND ADDICTIONS	LSUHSQ	VIEW DETAIL
12	NOVEMBER TUESDAY	TOGETHER WE CAN CONFERENCE	Lafayette, Louisiana   Lafayette, Louisiana	VIEW DETAIL
13	NOVEMBER WEDNESDAY	INTEGRATING PRIMARY AND BEHAVIORAL HEALTHCARE THROUGH THE LENS OF PREVENTION NATIONAL CONFERENCE		VIEW DETAIL
18	NOVEMBER MONDAY	EVIDENCE-BASED BEHAVIORAL HEALTH: PEER SUPPORT GROUP MEETING - LAKE CHARLES		VIEW DETAIL
20	NOVEMBER WEDNESDAY	PRESCHOOL PTSD TREATMENT TRAINING		VIEW DETAIL
20	NOVEMBER WEDNESDAY	EVIDENCE-BASED BEHAVIORAL HEALTH: PEER SUPPORT GROUP MEETING - MONROE		VIEW DETAIL

At the bottom right of the screenshot, the Louisiana Department of Health logo is visible, featuring a stylized cross icon and the text "LOUISIANA DEPARTMENT OF HEALTH".

Resources at  
your fingertips



**Center for  
Evidence  
to Practice**

## Events and Trainings Calendar

<https://laevidencetopractice.com/>

### UPCOMING TRAINING OPPORTUNITIES: STAY TUNED FOR MORE INFO!



**Trauma-Focused  
Cognitive  
Behavioral  
Therapy**

Projected: Spring  
2020

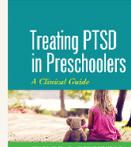
The Center for Evidence to Practice will be partnering with TF-CBT National Trainer, Kelly Wilson, LCSW, for another cohort of TF-CBT.



**Child-Parent  
Psychotherapy**

Projected: Spring  
2020

Dr. Julie Larrieu and Dr. Devi Murphy of Tulane University will host a CPP Learning Collaborative.



**Pre-School  
PTSD Treatment**

More information  
coming soon.



**Business Model  
Development**

In partnership with Dr. Matthew Thornton, we will be hosting regional Business Model Development workshops for Medicaid behavioral health agencies.



**Parent-Child  
Interaction  
Therapy**

PCIT Training model and dates are TBD. More information coming soon.

*Resources at  
your fingertips*



**Monthly  
Newsletter in  
your inbox**

<https://laevidencetopractice.com/>

A screenshot of a newsletter sign-up form. The top section has a yellow background with the text "Behavioral Health Buzz" in bold and "News on EBPs in Louisiana" below it. A logo for the Center for Evidence to Practice is centered. Below this is a white box with the text "Subscribe to receive updates on training and more!". There are two input fields: "Your Name" and "Your Email". A teal "SUBSCRIBE" button is at the bottom. The Louisiana Department of Health logo is in the bottom right corner of the screenshot.

**Behavioral Health Buzz**  
*News on EBPs in Louisiana*

Center for Evidence to Practice

Subscribe to receive updates on training and more!

Your Name

Your Email

**SUBSCRIBE**

LOUISIANA DEPARTMENT OF HEALTH

## What's on the Menu?

### ▶ *Parent Management Training*

- Triple P: Positive Parenting Program
- Parent Child Interaction Therapy

### ▶ *Trauma Treatment*

- Child Parent Psychotherapy
- Preschool PTSD Treatment
- Trauma-Focused CBT

### ▶ *Family Systems Interventions*

- Homebuilders
- Functional Family Therapy
- Functional Family Therapy- Child Welfare
- Multisystemic Therapy



*Expanding Access: A Few Highlights...*

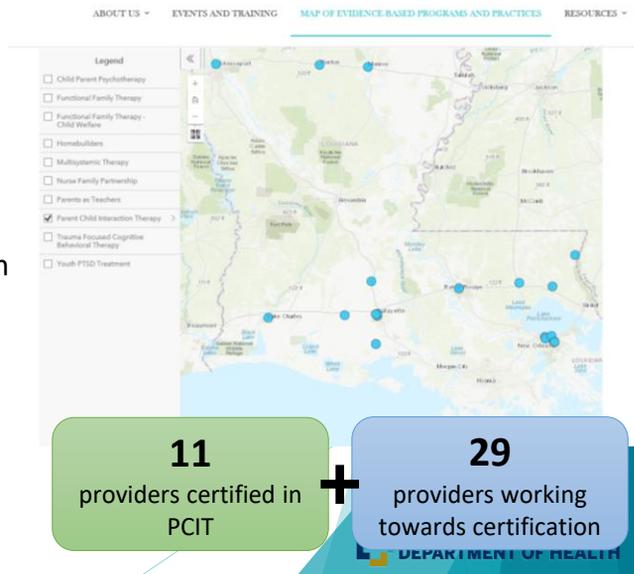


## Parent-Child Interaction Therapy (PCIT)

- ▶ Level of evidence:
  - CEBC Scientific Rating 1-Well-Supported, Child Welfare Relevance- Medium
  - **Title IV-E Prevention Clearinghouse Well-Supported**
- ▶ Age range: 2-7 years
- ▶ Focuses on improving the quality of parent-child relationships and changing parent-child interaction patterns
- ▶ Teaches parents specific skills that help them: 1) establish a nurturing and secure relationship with their child, and; 2) foster prosocial behavior and discourage negative behavior
- ▶ Follow-up studies have demonstrated maintenance of gains in parent and child behavior for up to 6 years post-intervention

## PCIT in Louisiana

- **New!** Newly recognized as a type of therapy under Louisiana Medicaid (June 2019)
- Workforce development efforts:
  - Two MCO-sponsored training cohorts in 2018.
  - Center for Evidence to Practice will roll out training cohorts in early 2020.
- Find certified providers at [www.laevidencetopractice.com](http://www.laevidencetopractice.com)



## Child Parent Psychotherapy (CPP)

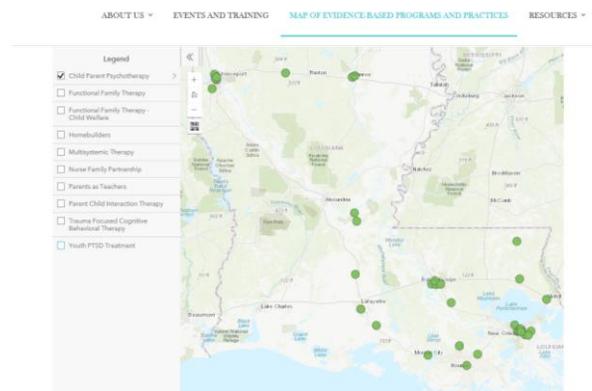
- ▶ Level of evidence:
  - CEBC Scientific Rating 2-Supported, Child Welfare Relevance- High
  - Title IV-E Prevention Clearinghouse “planned for systemic review.”
- ▶ Age range: children 0-6 and their caregivers
- ▶ Goal is to support and strengthen the caregiver-child relationship as a vehicle for restoring and protecting the child’s mental
- ▶ Addresses the meaning of the event or trauma, with both caregiver and child guided to create a joint narrative of the event

## Child Parent Psychotherapy in Louisiana

- **New!** Newly recognized as a type of therapy under Louisiana Medicaid (June 2019)
- Workforce development efforts:
  - MCO-sponsored training cohort in May 2018, another in October 2019.
  - Center for Evidence to Practice will roll out another training cohort in spring 2020.
- Find certified providers at [www.laevincetopractice.com](http://www.laevincetopractice.com)

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CPP trainers in LA  
International and  
National Levels



11

Nationally-Rostered  
CPP practitioners in LA

+

44

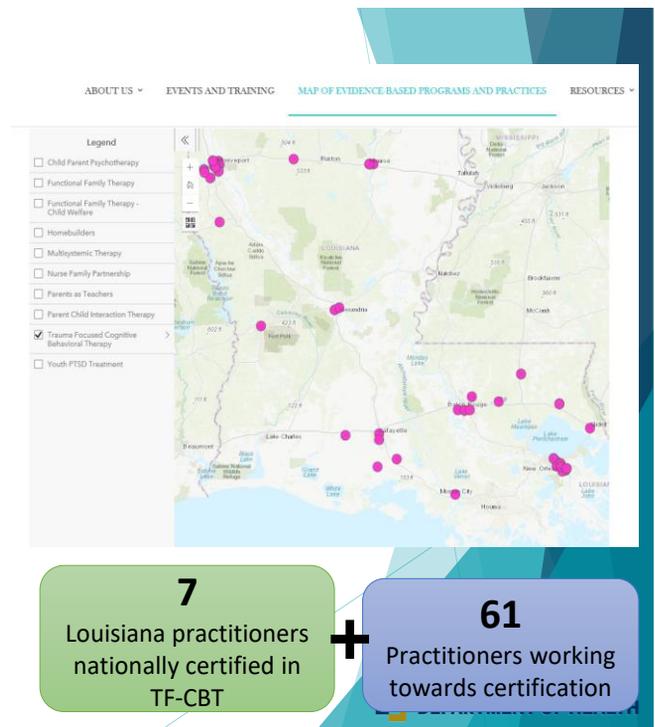
working towards  
certification

## Trauma-Focused Cognitive Behavioral Therapy (TF-CBT)

- Level of evidence:
  - CEBC Child Welfare Relevance: High,
  - **Title IV-E Prevention Clearinghouse-Promising**
- Age range: children 3 – 18 and their parents/caregivers
- The goals of TF-CBT are:
  - Improving child PTSD, depressive and anxiety symptoms
  - Improving child externalizing behavior problems (including sexual behavior problems if related to trauma)
  - Improving parenting skills and parental support of the child, and reducing parental distress
  - Enhancing parent-child communication, attachment, and ability to maintain safety
  - Improving child's adaptive functioning
  - Reducing shame and embarrassment related to the traumatic experiences

## TF-CBT in Louisiana

- **Coming Soon!** Policy work underway to add **TF-CBT** as a type of therapy under Louisiana Medicaid (Projected for end of 2019)
- Workforce development efforts:
  - MCO-sponsored training cohort in 2019.
  - Center for Evidence to Practice sponsored TF-CBT training August 2019, and planning another cohort for 2020.
- Find certified providers at [www.laevidencetopractice.com](http://www.laevidencetopractice.com)



## Functional Family Therapy – **Child Welfare**

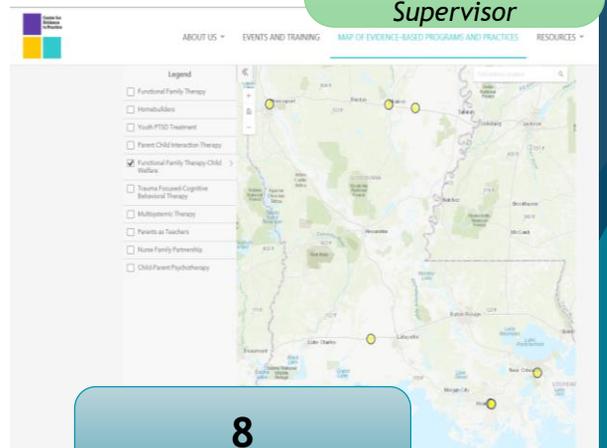
- **New variant** of FFT
- Levels of Evidence:
  - CEBC Scientific Rating NR -Not able to be rated, Child Welfare Relevance- High
- **Home**-based intensive therapeutic model for families with multiple risk factors, **where there are issues of child safety/neglect/family violence.**
- Serves youth ages **birth-18**, in the context of their families.
- Goals are to address safety and risk factors, change referral behaviors, reduce child maltreatment risk, and preserve home placement.

## FFT-CW in Louisiana

- **Expansion!** Recognized as a unique version of FFT under Louisiana Medicaid (2017)
- Workforce development efforts:
  - “Standard” FFT providers expressed interest in expanding to add FFT-CW teams, starting with one pilot site in Monroe in 2016.
  - Currently, 8 sites.
- Find certified providers at [www.laevidencetopractice.com](http://www.laevidencetopractice.com)

2

LA based FFT-CW  
National Consultant  
and National Program  
Supervisor



8

FFT-CW teams in LA