MHR Provider Workgroup
CPST and PSR Definition Revisions

Louisiana Department of Health, Office of Behavioral Health
Purpose

- Revisions needed to the definitions of Community Psychiatric Support & Treatment (CPST) and Psychosocial Rehabilitation (PSR) Services within the MHR Program
- Clarify service descriptions and components of both services
- Revisit counseling as a component of CPST
Initial Considerations

- Difficult to distinguish differences in CPST and PSR services
- Some providers unsure of components of each
- What is CPST and what isn’t CPST?
- What is PSR and what isn’t PSR?
Workgroup

- Began March 2019
- Comprised of any interested MHR provider, MCO representatives, and LDH representatives
- Grew from 20 participants to 54 participants
- Met monthly or more frequently as needed
- Draft definitions presented December 2019
Other Considerations

- Non-duplication of service components between CPST and PSR
- Bring back counseling component in CPST
  - Consultation with Louisiana Professional Licensing Boards
- Increase opportunities for delivery of evidence based practices and techniques through the services
Other Considerations

- Improve overall quality of the services
- Increase opportunities for quality outcomes
- Increase opportunities for provider agency marketability
- Improve overall integrity of the MHR program
Workgroup Recommendations

- PSR
  - Skills building **manualized** or delivered in accordance with nationally accepted protocol
  - Include **rehabilitative supports** to assist in restoration, rehabilitation and supporting development of:
    - Social and interpersonal skills
    - Self-management and daily living skills
Workgroup Recommendations

- CPST
  - Assessment of needs
  - Treatment plan development
  - Counseling
  - Psychoeducation

CPST revisions will require modifications to the qualifications of staff that may deliver CPST services.
Next Steps

- Present to larger MHR stakeholder group
- Group discussion
- Revisit rates through actuaries
- Consider any budget implications
- Present to other stakeholders
- Submit revisions to Rules and SPA for approvals
- Prepare providers and MCOs via adequate transition period
- Collaborate with professional boards for workforce development and engagement
- Other
Thank you for your participation

Additional comments and questions may be sent to ldhlistens@la.gov

Louisiana Depart of Health
628 North 4th Street, Baton Rouge, Louisiana 70802
(225) 342-9500