



MHR Provider Workgroup CPST and PSR Definition Revisions

Louisiana Department of Health, Office of Behavioral Health

Purpose

- Revisions needed to the definitions of Community Psychiatric Support & Treatment (CPST) and Psychosocial Rehabilitation (PSR) Services within the MHR Program
- Clarify service descriptions and components of both services
- Revisit counseling as a component of CPST

Initial Considerations

- Difficult to distinguish differences in CPST and PSR services
- Some providers unsure of components of each
- What is CPST and what isn't CPST?
- What is PSR and what isn't PSR?

Workgroup

- Began March 2019
- Comprised of any interested MHR provider, MCO representatives, and LDH representatives
- Grew from 20 participants to 54 participants
- Met monthly or more frequently as needed
- Draft definitions presented December 2019

Other Considerations

- Non-duplication of service components between CPST and PSR
- Bring back counseling component in CPST
 - Consultation with Louisiana Professional Licensing Boards
- Increase opportunities for delivery of evidence based practices and techniques through the services

Other Considerations

- Improve overall quality of the services
- Increase opportunities for quality outcomes
- Increase opportunities for provider agency marketability
- Improve overall integrity of the MHR program

Workgroup Recommendations

- PSR
 - Skills building **manualized** or delivered in accordance with nationally accepted protocol
 - Include **rehabilitative supports** to assist in restoration, rehabilitation and supporting development of:
 - Social and interpersonal skills
 - Self-management and daily living skills

Workgroup Recommendations

- CPST
 - Assessment of needs
 - Treatment plan development
 - Counseling
 - Psychoeducation

CPST revisions will require modifications to the qualifications of staff that may deliver CPST services.

Next Steps

- Present to larger MHR stakeholder group
- Group discussion
- Revisit rates through actuaries
- Consider any budget implications
- Present to other stakeholders
- Submit revisions to Rules and SPA for approvals
- Prepare providers and MCOs via adequate transition period
- Collaborate with professional boards for workforce development and engagement
- Other

Thank you for your participation

Additional comments and questions may be sent to
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