I. Call to Order – The meeting was called to order at 1:40 p.m. by Co-chair Eric Torres

A. Roll Call – Co-chair Malcolm Broussard

Commission Members present:

Eric Torres, La State Bd of Medical Examiners
Malcolm Broussard, La Board of Pharmacy
James Hussey, Office of Behavioral Health
Janice Petersen, LDH & OBH
Cynthia York, La State Board of Nursing
Raman Singh, Dept of Corrections
Murphy Paul, Dept of Public Safety
Floyd “Flip” Roberts, La Hospital Association
Cindy Bishop, La Orthopedic Assoc
Geralda Davis, La Primary Care Assoc
Joseph Tramontana, LA Psychological Assoc
Charles Fox, LSUHSC Shreveport
Monica Morgan, La Soc Health Sys Pharm
John DeRosier, La District Attorneys Association
Paul Hubbell, Society of Interventional Pain Phys of La
Ginny Martinez, Pharm Research & Manuf of America (PHRMA)
Sharon Brignier, PHRMA
Pete Martinez, PHRMA
Jeff Caffery, La Indep Pharmacies Assoc
Melissa Mendoza, La Dept of Health
William “Beau” Clark, La Coroner’s Assoc
Allison Hagan, Medicine Louisiana

Shelly Esnard, La Academy of Physician Assistants
Keetsie Gunnels, La Department of Justice
Brandi Cannon, Health & Welfare Committee
Corinne Green, Office of the Governor
Matt Moreau, La Cannabis Association
Gary Patureau, La Assoc of Self Insured Emp
Mary Ann Maumus, Oschner
Chenikica Martin, Aetna
Tamara Edwards, Aetna
Christine Peck, Senate H&W
Amanda Trapp, Senate H&W
Brandi Cannon, House H&W
Drew Murray, House H&W
Charlotte Martin, La Physical Therapy Bd
Al Moreau, La Physical Therapy Bd
Kerry Lentini, La Supreme Court
Kathy Chittom, Chiropractic Assoc of La
Mary Green, Metropolitan Human Serv Dist

William Kirchain, La Pharmacists Assoc
Andrew Ward, Odyssey House/CLASSP
Ed Carlson, Odyssey House/CLASSP
Robin Gruenfeld, La Bureau of Family Health
Jennifer Marusak, Louisiana State Medical Society
Leslie Deville-McDaniel, Office of Behavioral Health

***On phone-***
Ava Dejoie, La Workforce Commission
Ragan LeBlanc, La Academy Family Phys
Deborah Thomas, Addictive Disorder Reg Auth
Luke LeBas, (La) Amer College of Emerg Room Physicians
Adrienne Trogden, La Assoc of Substance Abuse Counselors & Trainers
Benjamin Record, La Dental Assoc
Jamie Bolden, LSUHSC New Orleans
Cheryll Bowers-Stephens, La Association of Health Plans
Robin Krumholt, Workers Comp Advisory Council
Nina Luckman, La Comp Blog
Chaunda Mitchell, Office of the Governor
Karis Schoellmann, Perinatal Commission

Commission Members not present:
Jim Donelon, Commissioner of Insurance
A.K. Roy, La Psychiatric Medical Association
Thad Toups, La Assoc of Drug Court Profess
Lisa Bayhi, La Assoc of Nurse Practitioners
Tammy O’Connor, La Council of Emerg Nurses Assoc
Indra Osi, La Health Information Mgmt Assoc

M. Lynn Ansardi, La State Bd of Practical Nurse Examiners
Rita Finn, La State Nurses Association
Mitch Bratton, La Assoc of Chiefs of Police
Anthony Lowery, La Coalition of Addiction Counselors
La Osteopathic Medical Association

B. Opening Remarks – Co-chair Eric Torres welcomed all Commission Members and guests

C. Motion was made to approve Minutes from September 26, 2016 Meeting was made by Co-chair Malcolm Broussard.
   i. Dr. Flip Roberts seconded motion
   ii. Minutes were approved.

D. Topic 2 Discussion – Paul Hubbell, Soc of Interventional pain Physicians of LA
   i. Paul Hubbell gave overview of recommendations
   ii. Need to consider rules for treatment of chronic pain over 12 weeks.
   iii. Identify who would qualify as a pain medicine specialist.
   iv. Nurse practitioners can prescribe for acute pain, but not chronic.
   v. What about dentists, oral surgeons and psychologists?
   vi. Concern is that some people can be on their way to addiction before 12 weeks.
   vii. Opioid Risk assessments which are part of the CDC guidelines are needed and should be administered by medical psychologists.
   viii. NARC scores would be helpful.
   ix. Increase drug screens to 4 - would be better than the 2 that are presently required.
   x. Education program needs to be implemented. PCPs prescribe the most opioids and need to be educated on opioid addiction.
      • Target high prescribers
      • Teach chronic pain
      • Educate patients as well
      • Website needed with educational materials
      • State with medical schools within the state
xi. Prescribers should have responsibility for knowing how to get people off of opioids as well.

xii. Long-term therapy should go away and be replaced with short-term therapy.

xiii. Opioid-free surgery should be utilized, where appropriate.

xiv. US Surgeon General has offered to address the group. They have a website – TurtlhetideRX.org

xv. LSBME will be putting education modules re: pain rules online in January 2017

xvi. Licensing agencies should look at education options for prescribers

E. Topic 3 Discussion – Shelly Esnard, La Academy of Physician Assistants
   i. Shelley Esnard gave overview of recommendations
   ii. Need to build program with multimodal approach
   iii. Lack of integrated approach for low income Medicaid patients
   iv. Low income population has highest percentage of addiction
   v. Medicaid has nowhere to go but to the PCPs.
   vi. No payment is available for Medicaid patients (Jindal Administration)
   vii. State has “Lock In Program” to stop doctor shopping
   viii. Attention is needed on prevention measures - early recognition and treatment.
   ix. Identify possible addiction early on.
   x. Medical marijuana is a lower risk alternative, but would have to be added by legislation.

F. Topic 4 Discussion – Co-chairs Eric Torres and Malcolm Broussard
   i. Eric Torres and Malcolm Broussard gave overview of recommendations
   ii. Board Rules on Pain Management are available at LBSME website
   iii. CMEs needed on Opioid Abuse
   iv. Use of PMP/HER is cost prohibitive
   v. Opioid Collaborative Groups: allow the recommendations of this group to continue
   vi. Screens (Pharmaco genetic testing, urine screens)
   vii. Optimize Naloxone
   viii. Old RX drop off locations
   ix. Gateway – PMP & HER interconnect (Kroger Pharmacy uses this – 9 locations in Louisiana)
   x. NARC-check (constructs a score)
      • Looking at state price (less than retail)
      • Looking at grants
      • Need to include registration rate
      • Allow delegates to do searches
   xi. “My Old Meds.com” provides instructions for disposing of old medicines
   xii. Consumer education is needed
   xiii. Dr. Singh - Task is to prevent – practices and policies
   xiv. Prescribing process and treatment practices should be focus
   xv. Look at other available sources rather than prescribing
xvi. How does a doc know which patient will be addicted
xvii. Are payer sources available
xviii. Find alternatives that work and then funding needs to be provided
xix. Payer policies are needed
xx. System-wide policies are needed
xxi. Patients need to be weaned off to get them back to work

G. Topic 5 Discussion – Robin Gruenfeld, La Bureau of Family Health
   i. Robin Gruenfeld gave overview of recommendations
   ii. Only mothers are screened
   iii. OBs don’t know much about detoxing
       • Better to detox after baby is born
       • Consider family at discharge
       • Need a live referral system
   iv. Treatment vs. criminalization
   v. In favor of payer refer recommendations

H. Topic 6 Discussion – SreyRam Kuy, LDH Medicaid
   i. SreyRam Kuy gave overview of recommendations
   ii. PCSS.org is a free source for providers
   iii. Are LSU and Tulane at the table with regard to prevention
   iv. Fundamental – curriculum incorporation
   v. CMEs should be looked at and required
   vi. Online course credit should be considered

I. Topic 7 Discussion – John DeRosier, La District Attorney’s Association
   i. John DeRosier gave overview of recommendations
   ii. Drug Courts are already in place across the state
   iii. Funding needed from legislature to place offenders/addicts into “treatment courts”
   iv. Some of the savings the state receives could be reinvested in the drug court system
   v. Cost to the state is $15K per person – it costs drug courts $5K
   vi. Funding is main issue
   vii. Drug courts are proven to work
   viii. Medicaid expansion should be connected with drug courts
   ix. Kerry Lentini will meet with DOC – Dr. Singh and Sec Leblanc to discuss possibilities
   x. MAPS is being integrated in the Drug Courts
   xi. Every dollar spent will save the state $7.00

J. Next Steps
   i. Commission will communicate via email and work on developing the outline for the final report.
   ii. Co-chairs will re-group with Team Leads
   iii. Will attempt to write 1st draft and send out prior to January meeting
K. Next Meeting:
   Thursday, January 19, 2017 @ 1:30 p.m.
   Louisiana Department of Health
   628 North Fourth Street
   Bienville Building, Room 118
   Baton Rouge, LA 70802

L. Adjournment – Eric Torres adjourned the meeting at 3:35 p.m.