

PASRR and Behavioral Health

PASRR Level II: This is the situation, How do we move forward?

7/15/2024

WHAT WE ARE FACING

1. Aging population that is only growing and living longer
2. Aging population with who have family as unpaid caregivers, juggling work, children, and other responsibilities as well as aging adults over 65 who are caregiver for their grandchildren.
3. Aging population with chronic and complex medical needs
4. Care gaps
 - Limited number of institutions/beds for care
 - Dementia care



US Census Data

In 2020, 1.4 million people, or 2.5 percent of the population aged 65 and over lived in nursing facilities/ skilled nursing facilities.

As age increased, the percentage of people living in nursing facilities increased; 0.9 percent of 65- to 74-year-olds, 2.7 percent of 75- to 84-year-olds, and 10.2 percent of people aged 85 and over lived in nursing facilities.

In 2023, OBH PASRR Level II processed over 11,000 requests related to citizens seeking nursing facility placement or for those residing in a nursing facility.

WE HEAR YOU, ITS COMPLICATED!

- **Complex System with various stakeholders which:**
 - Need to move folks to different levels of care quickly
 - Have various levels of awareness of Level II conditions
 - Can experience difficulties exchanging needed documentation
 - Can struggle with staffing continuity and communication
 - How do we ensure continuity of knowledge despite staff turnover?
 - How do we get in touch with people?
 - OBH communicates with SSD and or person who initiated the PASRR request
- **Who are we communicating with and what are their roles?!?**
 - Merakey – Level II Evaluators identify needs & make preliminary recommendations
 - Managed Care Organizations (MCOs) – Verify member needs placement & services
 - OBH PASRR Level II – Issue final Level II determinations for placement & services

PASRR SERVICES & RECOMMENDATIONS

- **OBH Acronyms and Jargon can be A LOT!**
- **Navigating Medicaid MH Services in the NF**
 - What are they?
 - Inpatient psychiatric hospital services
 - Outpatient treatment by an Licensed Mental Health Practitioner
 - Substance Use treatment (Outpatient, Intensive Outpatient/IOP, Detox)
 - Psychiatric Medicaid Management
 - Mental Health Rehabilitation (PSR, CPST, CI)
 - Assertive Community Treatment (short stays or as a bridge to transition)
 - Crisis Services through the Louisiana Crisis Response System/LA-CRS (MCR, BHCC, CBCS, CS)
 - How do we get connected?
 - Medicaid Managed Care Organization (MCO): Medicaid population
 - Local Governing Entity (LGE): non-Medicaid/indigent population

PASRR SERVICES & RECOMMENDATIONS

Medicaid Managed Care Organization (MCO): Medicaid population

- Medicaid recipients enroll in a MCO which differ from one another in several ways, including their provider networks, referral policies, health management programs and extra services and incentives offered.
 - For more information about Healthy Louisiana: <https://www.myplan.healthy.la.gov/>
- There are six (6) MCOs affiliated with the Healthy Louisiana Program:
 - Aetna Better Health (ABH)
 - AmeriHealth Caritas of Louisiana (ACLA)
 - Healthy Blue
 - Humana Healthy Horizons
 - Louisiana Healthcare Connections (LHCC)
 - United Healthcare (UHC)
- Contact information can be accessed by going to: <https://www.myplan.healthy.la.gov/en/contacting-your-health-or-dental-plan>

PASRR SERVICES & RECOMMENDATIONS

Local Governing Entity (LGE): non-Medicaid/indigent population

LGE	PARISHES COVERED
Acadiana Area Human Services District	Evangeline, St. Landry, Acadia, Lafayette, St. Martin, Vermillion, Iberia
Capital Area Human Services District	Ascension, Iberville, East Baton Rouge, West Baton Rouge, Pointe Coupee, West Feliciana, East Feliciana
Central Louisiana Human Services District	Vernon, Rapides, Avoyelles, Grant, Winn, LaSalle, Catahoula, Concordia
Florida Parishes Human Services District	Livingston, St. Helena, Tangipahoa, Washington, St. Tammany
Imperial Calcasieu Human Services Authority	Cameron, Calcasieu, Jefferson Davis, Beauregard, Allen
Jefferson Parish Human Services Authority	Jefferson Parish
Metropolitan Human Services District	Plaquemines, Orleans, St. Bernard
Northeast Delta Human Services Authority	Union, Lincoln, Jackson, Ouachita, Caldwell, Franklin, Tensas, Richland, Madison, Morehouse, East Carroll, West Carroll
Northwest Louisiana Human Services District	Caddo, Desoto, Sabine, Natchitoches, Red River, Bienville, Bossier, Webster, Claiborne
South Central Louisiana Human Services Authority	St. Mary, Terrebonne, LaFourche, Assumption, St. James, St. John, St. Charles

Contact information for the LGEs can be accessed by going to: <https://ldh.la.gov/index.cfm/directory/category/100>

PASRR SERVICES & RECOMMENDATIONS

Federal and State Expectations Around Provision of Specialized Services in NF

- State expanded where Home and Community Based Services can be rendered
- PASRR recommends
- MCO and Nursing Facility make referrals for recommended services
- NF and State to ensure services are provided

(42 CFR 438.116 & 42 CFR 438.120)

LDH Expectations around Dementia Evaluation and Testing Recommendations

- LDH Legal Memo regarding required documentation for Dementia cases (*resource attached*)
- Dementia vs SMI questions (*resource attached*)
- Coordinating with MCO

HOW TO NAVIGATE THE PASRR PROCESS

Documentation

- Not knowing what documents are really needed for a review and having to track down documentation
- What specific documents do we need
 - OBH Fax Cover Sheet (*resource attached*)
 - LDH Legal Memo regarding required documentation for Dementia (*resource attached*)
- Why do we need this?!?!
 - *PASRR Evaluation Criteria (42 CFR 438.132 & 42 CFR 438.134)*
 - *What is the least restrictive setting for the individual's needs to be met?*
 - *Is there a Serious Mental Illness (SMI)?*
 - *What Specialized Services and Nursing Facility Services are needed to address the total needs of the individual?*

PASRR Authorizations

- Resident Reviews
 - Not realizing OBH has overturned a permanent 142
 - Mental Health conditions identified on admit to NF

HEALTH STANDARDS IS HERE!

New Admissions

- Review ALL intake PASRRs for Mental Health Conditions
- Check 142 for Level II involvement
 - No Level II involvement=Green Light
- Follow Resident Review Form
 - Tier 1 Dx=Green Light
 - Tier 2 Dx=Check Level of Impairment/ Recent Treatment
 - Yes to Level of Impairment/Recent Treatment=Green Light

Current Residents

- Sent out for inpatient psych=Green Light
- Significant Change in Status
(Behavior/Medications/Diagnoses)

03. Significant Change in Status Assessment (SCSA) (A0310A = 04)

The SCSA is a comprehensive assessment for a resident that must be completed when the IDT has determined that a resident meets the significant change guidelines for either major improvement or decline. It can be performed at any time after the completion of an Admission assessment, and its completion dates (MDS/CAA(s)/care plan) depend on the date that the IDT's determination was made that the resident had a significant change.

A “significant change” is a major decline or improvement in a resident’s status that:

1. Will not normally resolve itself without intervention by staff or by implementing standard disease-related clinical interventions, the decline is not considered “self-limiting”;
2. Impacts more than one area of the resident’s health status; and
3. Requires interdisciplinary review and/or revision of the care plan.

A significant change differs from a significant error because it reflects an actual significant change in the resident’s health status and NOT incorrect coding of the MDS.

A significant change may require referral for a Preadmission Screening and Resident Review (PASRR) evaluation if a mental illness, intellectual disability (ID), or related condition is present or is suspected to be present.

TRANSITIONS AND MY CHOICE LOUISIANA

Recommend someone to transition/My Choice Louisiana for when:

- they indicate a desire to live in the community and/or
- it appears their needs can be met in the community with appropriate services Who is involved in a transition?

My Choice Louisiana staffs Transition Coordinators throughout the state through OBH and Office of Aging and Adult Services (OAAS).

- Conducts transition assessments with feedback from NF, member, and supporters
- Convenes transition teams comprised of member, MCOs, NF staff, service providers, supporters, and other pertinent stakeholders
- Links to housing and needed resources/services including Case Management
- Follows post transition for 365 days

MCL wants the collaboration of NF staff during this process!

WE ARE ALL IN THIS TOGETHER!

This means we ALL:

- Ensure citizens are in an environment that they need to be in
- Ensure citizens have the resources and services they need to address their needs
- Ensure we are working together to meet Federal and State laws and regulations

THANK YOU

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