

Specialized Behavioral Health Services Available to Nursing Facility Residents

With the integration of primary and behavioral health care services, individuals residing in nursing facilities are eligible to receive Louisiana Medicaid Home and Community Based Services for behavioral health and substance use disorder needs. For those with a Healthy Louisiana Medicaid Managed Care Organization (MCO), one of the six MCOs will assist with referrals for these services when needed.

- AETNA Better Health (855-242-0802)
- AmeriHealth Caritas (888-756-0004)
- Healthy Blue Louisiana (844-521-6941 or 844-521-6941)
- Humana Health Horizons (800-448-3810)
- Louisiana Healthcare Connections (866-595-8133)
- United Healthcare (866-675-1607)

Managed Care Organizations (MCOs) coordinate required face-to-face evaluations with a third party contractor. These face-to-face evaluations are independent of the agency requesting nursing facility placement (new or continued) and state PASRR offices (OBH and OAAS). In addition to this and assistance with referrals for specialized services, MCOs will also provide Case Management and develop Plans of Care for certain Nursing Facility residents.

Medicaid recipients living in nursing homes may receive the following specialized services to address mental health and substance use disorder needs as medically necessary:

- Inpatient psychiatric hospital services – temporary hospitalization for stabilization.
- Assertive Community Treatment (ACT) – evidence based practice provided by an interdisciplinary team for individuals with high clinical need and resistance to traditional treatment. Appropriate for provision in nursing homes during temporary stays or in anticipation of transition into the community.
- Mental Health Rehabilitation (MHR) services – rehabilitation services provided as part of a comprehensive specialized psychiatric program intended to promote the maximum reduction of symptoms and restoration to their best age-appropriate functional level. This includes:
 - Psychosocial Rehabilitation (PSR)
 - Community Psychiatric Support and Treatment (CPST)
 - Crisis Intervention (CI)
- Outpatient mental health treatments by a licensed mental health professional – individual, family and group therapies or counseling.
- Substance Use Disorder treatment – outpatient treatment appropriate to the individuals clinical needs.
- Louisiana Crisis Response Services –continuum for crisis services, implemented with goal of keeping individuals in the community and out of higher level, more restrictive settings. Services are intended to meet emotional symptoms of distress for individuals who are not already under an involuntary commitment and whose medical needs can be met in these settings.
 - Mobile Crisis Response (MCR) – teams of trained staff meeting individuals in crisis in the community, providing crisis mitigating interventions.
 - Behavioral Health Crisis Care (BHCC) – standalone crisis unit where individuals can go to receive crisis mitigating interventions for up to 23 hours.
 - Crisis Stabilization (CS) – bed-based overnight service for individuals in crisis who need a less restrictive setting than an inpatient psychiatric hospital.
 - Community Brief Crisis Support (CBCS) – ongoing follow up subsequent to receipt of MCR, BHCC, or CS.