PROTECT YOUR HEALTH
THIS FLU SEASON

GET A FLU SHOT

- A yearly flu shot is the first and most important step in protecting against flu viruses
- Because of COVID-19, getting a flu vaccine this year is more important than ever
- Everyone 6 months of age and older should get a flu shot

FLU SHOTS ARE CRITICAL FOR:

- Children age 5 and under
- Adults over 65
- Pregnant women
- Anyone with a weakened immune system

PROTECT YOURSELF AND OTHERS

- Practice good hand hygiene: Wash your hands often with soap and water or use hand sanitizer
- Wear a mask anytime you are around others
- Keep your distance (at least 6 feet) from others
- Cover your coughs and sneezes

RECOGNIZE FLU SYMPTOMS

- Symptoms can include fever, cough, sore throat, runny or stuffy nose, muscle or body aches, headaches, chills, fatigue, vomiting, and diarrhea
- Stay at home if you are sick or not feeling well
- Seek medical care as needed

For more information, visit https://www.cdc.gov/coronavirus/2019-ncov/prevent-getting-sick/prevention.html or contact the Immunization Program main office at 504-568-2600.
PREVENTING THE TRANSMISSION OF COVID-19 AT NON-TRADITIONAL VACCINATION CLINICS

Protecting staff, patients, and visitors at satellite, temporary, or off-site locations

PERSONAL PROTECTIVE EQUIPMENT (PPE)

Ensure staff are wearing recommended PPE, including face masks, gloves, and eye shields.

Ensure patients are wearing a face mask. Have face masks available for those who may not have one.

HAND SANITIZERS

Have hand sanitizer available for staff and patients to practice hand hygiene.

BARRIERS

Have counters and plastic shields to minimize contact between patients and staff.

CLEANING SUPPLIES

Use cleaning supplies to regularly clean workspaces. Clean all areas more frequently than normal during vaccine preparation and administration between patients.

THERMOMETERS

Check staff and patient temperature and symptoms prior to entering the vaccination clinic.

SIGNS

Use signs, barriers, and markers to instruct patients to remain 6 feet apart.

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