

# PROTECT YOUR HEALTH THIS FLU SEASON

## GET A FLU SHOT

- A yearly flu shot is the first and most important step in protecting against flu viruses
- Because of COVID-19, getting a flu vaccine this year is more important than ever
- Everyone 6 months of age and older should get a flu shot



## FLU SHOTS ARE CRITICAL FOR:

- Children age 5 and under
- Adults over 65
- Pregnant women
- Anyone with a weakened immune system



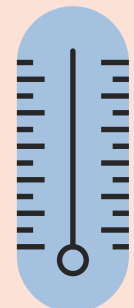
## PROTECT YOURSELF AND OTHERS

- Practice good hand hygiene: Wash your hands often with soap and water or use hand sanitizer
- Wear a mask anytime you are around others
- Keep your distance (at least 6 feet) from others
- Cover your coughs and sneezes



## RECOGNIZE FLU SYMPTOMS

- Symptoms can include fever, cough, sore throat, runny or stuffy nose, muscle or body aches, headaches, chills, fatigue, vomiting, and diarrhea
- Stay at home if you are sick or not feeling well
- Seek medical care as needed



# PREVENTING THE TRANSMISSION OF COVID-19 AT NON-TRADITIONAL VACCINATION CLINICS

Protecting staff, patients, and visitors at satellite, temporary, or off-site locations

## PERSONAL PROTECTIVE EQUIPMENT (PPE)



Ensure **staff** are wearing recommended PPE, including face masks, gloves, and eye shields.

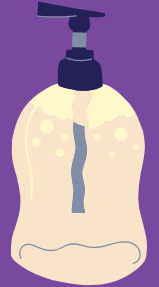
Ensure **patients** are wearing a face mask. Have face masks available for those who may not have one.

## CLEANING SUPPLIES

Use cleaning supplies to regularly clean workspaces. Clean all areas more frequently than normal during vaccine preparation and administration between patients.



## HAND SANITIZERS



Have hand sanitizer available for staff and patients to practice hand hygiene.

## BARRIERS

Have counters and plastic shields to minimize contact between patients and staff.



## THERMOMETERS

Check staff and patient temperature and symptoms prior to entering the vaccination clinic.



## SIGNS



Use signs, barriers, and markers to instruct patients to remain 6 feet apart.