

# FINAL 2026 Girls State Championships

Alario Center  
2000 Segnette Blvd.  
Westwego, LA 70094

Friday, March 20	Saturday, March 21	Sunday, March 22
<b>Session 1: Xcel Silver</b>  Stretch 8:00AM Awards 11:05AM	<b>Session 5: XCEL Gold</b>  Stretch 8:00AM Awards 11:15AM	<b>Session 9: Level 2/Xcel Bronze</b> <i>(Level 2 – DOB 3/14/14-12/8/16 &amp; Xcel Bronze – ALL)</i> Stretch 8:00AM Awards 10:45AM
<b>Session 2: Level 3</b>  Stretch 11:20AM Awards 2:20PM	<b>Session 6: Level 6/7</b>  Stretch 11:30AM Awards 2:25PM	<b>Session 10: Level 1/2</b> <i>(Level 1 – DOB 8/14/13-11/17/16 &amp; Level 2 – DOB 12/22/16-12/3/19)</i> Stretch 11:00PM Awards 1:50PM
<b>Session 3: Level 4</b>  Stretch 2:35PM Awards 6:00PM	<b>Session 7: Level 8/9/10</b>  Stretch 2:40PM Awards 5:40PM	<b>Session 11: Level 1</b> <i>(Level 1 – DOB 11/18/16-5/28/20)</i> Stretch 2:05PM Awards 4:55PM
<b>Session 4: Level 5</b>  Stretch 6:15PM Awards 8:15PM	<b>Session 8: Xcel Platinum/Diamond/Sapphire</b> Stretch 5:55PM Awards 8:30PM	
<b>Admissions</b> \$15 Adults (Ages 13 & up) \$5 Children (Ages 6-12) **5 and under FREE** *Cash only	<b>Host Hotel</b>  Best Western Plus 1700 Lapalco Blvd Harvey, LA 70058	

## Parents Information:

### Bag Checks:

**No outside food or drinks are allowed.** Athletes are allowed an empty water bottle. We will have refill stations throughout the competition for the athletes to use.

### Concessions:

Cashless

### Vendors:

**Sports Photos USA** will be on site taking photos of athletes throughout the event.

**Fine Designs** will also be on site to take care of you and your athletes T-shirt needs.

**UPDATED 3/16/2026**