

Grant Number: STTMP151105

*State Partnership Initiative to Address Health Disparities*

State Partnership Grant to Improve Minority Health

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## **PART I. PROJECT NARRATIVE**

The Louisiana Department of Health's Bureau of Minority Health Access and Promotions (BMHA) has worked to address the issue of obesity, overweight and obese, as well as mental wellness. Additionally, through our various partnerships and the interactive online tool, Own Your Own Health (oyohla.com), we have managed to address risk factors for obesity and overweight. The BMHA focuses on health concerns for populations who are African American, Hispanic and Latino, Asian and Pacific Islanders, Native American, and disadvantaged Whites. For the purposes of this grant program, BMHA has identified the Louisiana Public Health Regions 1, 9, and 8 as geographic hotspots for targeted activities. The regions cover the following parishes (counties): St. Bernard, Orleans, Jefferson, Plaquemines, Caldwell, East Carroll, Franklin, Jackson, Lincoln, Madison, Morehouse, Ouachita, Richland, Tensas, Union, West Carroll, Livingston, St. Helena, St. Tammany, Tangipahoa, and Washington.

Activities for the SPI have included implementing the Own Your Own Health – Comprehensive Wellness Challenge (OYOH) in the targeted areas by working with trusted partners in the local communities. The OYOH challenge has allowed BMHA to reach at least 1,000 participants this quarter that are at risk for obesity and other related chronic illnesses. Through partnerships within different communities and programs, including Minority Health Month participants, the program has maximized its reach to a variety of demographic groups in terms of race, age, and gender. BMHA's program's multi-faceted approach allows for change on the individual and community/environmental levels. The health information disseminated to participants through the program leads to increases in awareness, knowledge, and skills, and affects change in attitudes and perceptions, behaviors, and biological/genetic characteristics as it relates to the

target areas of overweight and obesity, nutrition, physical activity, linkage to FQHCs, and chronic disease overall. On the community/environmental level, the collective participation of thousands of Louisiana residents helps to challenge and improve upon existing community awareness, norms, and values relating to physical activity, nutrition, and healthy behaviors. This also helps to increase the social capital of Louisiana's communities around these issues.

BMHA has been able to preserve all staff members and key contractors for this project.

Please indicate your current Institutional Review Board (IRB) status:

At this time IRB is directed via the external evaluator with the Louisiana State University Ag Center via Dr. Elizabeth Gollub

Evaluation activities for the current reporting period (05-01-18 to 07-31-18) focused on the tracking, collating, and assessing the Minority Health Month activities and on preparing and implementing the OYOH program on-line follow-up survey.

### **1. Minority Health Month**

*Status of MHM evaluation component:* Evaluation activities revolved around tracking and follow-up with each of 17 local MHM partners and their regional coordinators; and collecting, organizing, summarizing and assessing the MHM activity information from around the state. The tracking form was designed to collect process data. However, it also contained items intended to inform capacity building needs of these partners and to help strengthen the impact of future MHM activities.

*Issues with MHM evaluation activities:* Not all partners completed all items on the tracking document; the activity report (attached) is [necessarily] based on incomplete information.

*Changes in the MHM evaluation plan:* As noted in the previous quarterly report, the level of collaboration/changes in the strength of partnerships between MHM partners and the Bureau of Monitory Health Access is no longer being monitored. In 2018, only 8 of the 17 partners were part of the 2017 activities and they did not complete the one-item collaboration scale as requested, earlier this year.

### **2. OYOH**

*Status of OYOH evaluation component:* The 2018 OYOH Annual Challenge began in January 2018. Adults who were participating in this program for the first time were asked to complete a pre-program survey at registration. The 6 month-follow up survey was implemented between July 16<sup>th</sup> and August 17<sup>th</sup>. So, during this quarter, the follow-up survey was prepared, and its implementation coordinated and initiated.

*Issues with the OYOH evaluation activities:* The survey was integrated into the on-line OYOH system as planned. This year, the number of survey participants was lower than anticipated. So, it will be important to obtain a high degree of participation in the follow-up survey.

The survey closed on August 17, 2018; the data has not yet been examined.

Changes in the OYOH evaluation plan: The tool and collection method did not change. Data from the on-line survey should covered demographics, key healthy behaviors, and perceived health among adult participants.

3. Another area of proposed evaluation activity involves **mental health**/Safe-Talk trainings. However, no trainings or associated evaluation activities were held during this quarter.
  - a. Related Products, including Presentations, Publications and Materials (information used on the OMH-website to highlight your project): Describe and provide copies of presentations, scholarly articles, and products developed, modified, or otherwise used in the planning, administration, and management of the grant during the reporting period. Also, describe any upcoming trainings, abstracts, major activities, etc.
    - i. No products developed during the current reporting period.
    - ii. Tour de Fitness Trainings
    - iii. safeTALK Trainings: BMHA will work with Louisiana Department of Health's Office of Behavioral Health to schedule trainings for EMS, Law Enforcement, and Fire Fighters

**PART II. PROJECT PROGRESS: Please complete sub-section 1, sub-section 2, sub-section 3a, and sub-section 3b in the tables below**

1. Please discuss the status of your planned <i>SPI Project</i> activities:	Specify the LHI <sup>1</sup>	Status <sup>2</sup>	Implementation Date		Brief description of Activity (Narrative Form)
			Planned	Actual	
Activity: Own Your Own Health 2018 Comprehensive Wellness Challenge	Nutrition, Physical Activity and Obesity	In Progress	01/22/18 – 04/30/18	1/22/18-Present	This is an ongoing activity that will take place in a max of three-month increments.
Activity: safeTALK training for first responders and community stakeholders	Mental Health	Ongoing	02/05/18 – 04/30/18	Ongoing	safeTALK is a half-day alertness training that prepares anyone 15 or older, regardless of prior experience or training, to become a suicide-alert helper. These trainings will be conducted with first responders in our geographic hotspots to assist in identifying individuals contemplating suicide and properly refer them to counseling.
Activity: Minority Health Month		Complete	4/1/2018 – 4/30/2018	4/1/2018 – 4/30/2018	Please see Minority Health Month uploads via grantsolutions

<sup>1</sup> **LHI:** Leading Health Indicator

<sup>2</sup> **Status Dropdown Menu:** Delayed, Upcoming Activity, In Progress, or Complete.

1. Please discuss the status of your planned <i>SPI Project</i> activities:	Specify the LHI <sup>1</sup>	Status <sup>2</sup>	Implementation Date		Brief description of Activity (Narrative Form)
			Planned	Actual	
Activity: Tour de Fitness Training	Nutrition, Physical Activity and Obesity	Complete	7/2018-8/2018	7/2018-8/2018	Please see uploads via grantsolutions
Activity:		Choose an item.			
Activity:		Choose an item.			
Activity:		Choose an item.			



**2. Implementation Phase: Discuss the following activities and measures that relate to your SPI project (refer to FOA pages 8-10).**

Activity/Measure	Accomplishments	Challenges encountered
<p>Develop a user-friendly <i>Health Disparities Profile</i> that depicts one to three LHI topics focusing on gaps that indicate health disparities among racial and ethnic minority populations.</p>	<p>In Year 1, BMHA developed three Health Disparities Profile reports providing data on health behaviors and chronic disease prevalence obtained from the Behavioral Risk Factor Surveillance System and other data sources. Reports focused on the three identified hotspot areas: DOH Regions 1, 8 and 9</p>	<p>Unable to provide detailed small area estimations beyond parish-level data. Limited release of the three Health Disparities Profiles.</p>
	<p><b>How will these challenges be resolved? Please provide a brief explanation in narrative form.</b></p>	
	<p>Will work with the area coordinators to help distribute information from the Health Disparities Profile documents.</p>	
Activity/Measure	Accomplishments	Challenges encountered
<p>Describe if the data in the established <i>Health Disparities Profile</i> have been updated. The collected data must conform to the standards established by the state or tribal health agency.</p>	<p>Data from the Health Disparities Profiles has not been updated at this time.</p>	<p>No challenged encountered at this time.</p>
	<p><b>How will these challenges be resolved? Please provide a brief explanation in narrative form.</b></p>	
	<p>BMHA will work with the Louisiana BRFSS coordinator to obtain up-to-date BRFSS information and discuss other data sources able to better inform health advocates and residents in the three hotspot areas.</p>	

**2. Implementation Phase: Discuss the following activities and measures that relate to your SPI project (refer to FOA pages 8-10).**

Activity/Measure	Accomplishments	Challenges encountered
<p>Provide existing data that conforms to the standards established by the state or tribal health agency to update the <i>Health Disparities Profile</i>; the state or tribal health disparities report or similar publication shall a) include the interpretation of surveillance data, b) address vital statistical needs and epidemiologic analysis, and c) may be used to investigate disease outbreaks, conduct data analysis, and explore disease control and prevention strategies and programs.</p>	<p>Working to identify appropriate data sources to update the <i>Health Disparities Profile</i> documents.</p>	<p>No challenges to report.</p>
	<p><b>How will these challenges be resolved? Please provide a brief explanation in narrative form.</b></p>	
Activity/Measure	Accomplishments	Challenges encountered
<p>Establish a baseline measure for each of the one to three LHI topics the applicant has chosen, for each of the geographical hotspots.</p>	<p>BMHA worked with the Louisiana BRFSS Coordinator to identify baseline measures for the three geographical hotspot areas.</p>	<p>Unable to determine baseline measures smaller than parish level estimates.</p>
<p><b>How will these challenges be resolved? Please provide a brief explanation in narrative form.</b></p>		

**2. Implementation Phase: Discuss the following activities and measures that relate to your SPI project (refer to FOA pages 8-10).**

	<p>BMHA will work with partners to identify additional data sources providing local-level data to help partners explore prevention (i.e. inactivity, malnutrition, unhealthy weight status) strategies and programs.</p>	
Activity/Measure	Accomplishments	Challenges encountered
<p>Propose expected outcomes and results that will be compared to baseline measures.</p>	<p><b>Baseline (2013 data):</b> Changes in weight (33.1%); changes in proper nutrition [reported as fruits (47.5%) and vegetables (32.7%) “consumed less than one time per week”) and changes in percent of individuals to not engage in any physical activity (54.9%), reported as “No” on Louisiana BRFSS.</p> <p><b>Expected (2020 target):</b> Changes in weight, percent of residents to report overweight or obese body mass index (reduction to 32.8%); changes in proper nutrition [to be reported as fruits (48.0%) and vegetables (33.1%) “consumed more than one time per week”) and changes in percent of individuals to not engage in any physical activity (53.8%), reported as “No” on Louisiana BRFSS.</p>	<p>No challenges encountered.</p>
<p><b>How will these challenges be resolved? Please provide a brief explanation in narrative form.</b></p>		

**2. Implementation Phase: Discuss the following activities and measures that relate to your SPI project (refer to FOA pages 8-10).**

<b>Activity/Measure</b>	<b>Accomplishments</b>	<b>Challenges encountered</b>
Describe the planned community intervention(s) focusing on gaps in health including evidence-based and/or promising practices, which the grantee is using in the selected geographic target area(s).	Own Your Own Health – Comprehensive Wellness Challenge (OYOH) will be implemented in Year 3 to address the nutrition, physical activity and obesity health indicator. BMHA will work with Louisiana DOH Office of Behavioral Health to implement safeTALK trainings to increase number of communities with increased capacity to identify and provide resources to persons in need. BMHA will also disseminate health promotion messages addressing proper nutrition, healthier eating and healthy weight status.	No challenges encountered.
	<b>How will these challenges be resolved? Please provide a brief explanation in narrative form.</b>	

**2. Implementation Phase: Discuss the following activities and measures that relate to your SPI project (refer to FOA pages 8-10).**

<b>Activity/Measure</b>	<b>Accomplishments</b>	<b>Challenges encountered</b>
Describe how the health outcomes and health disparities in the LHI(s) are being tracked, using baseline data/measures from the Health Disparities Profile.	LHIs are being tracked utilizing data from the Louisiana Behavioral Risk Factor Surveillance System.	Local-level data will be captured in partnership with area coordinators and key stakeholders.
	<b>How will these challenges be resolved? Please provide a brief explanation in narrative form.</b>	
	BMHA will create data reporting systems for monitoring data collection and analysis.	
<b>Activity/Measure</b>	<b>Accomplishments</b>	<b>Challenges encountered</b>
Publish results or articles that provide objective data demonstrate a change- through a comparative analysis from the established baseline- in health disparities.	No accomplishments to report at this time.	No challenges encountered.
<b>How will these challenges be resolved? Please provide a brief explanation in narrative form.</b>		

**2. Implementation Phase: Discuss the following activities and measures that relate to your *SPI* project (refer to FOA pages 8-10).**

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**3a. It is critical that data on project activities and results be collected and provided to OMH for the purpose of documenting and demonstrating the overall effectiveness of grantee projects (refer to FOA page 10). Discuss the progress of OMH Expectations that relate to your *SPI* project.**

<b>OMH Expectation</b>	<b>Specify the LHI</b>	<b>Status<sup>3</sup></b>	<b>Has data been collected?<sup>4</sup></b>	<b>If yes, please provide information about the data collected during this quarter.</b> If data are available, please provide the number of participants at the beginning of the quarter and the number of participants at the end of the quarter. Also, if there is more than one intervention, please provide data for each intervention separately.
Increased awareness of health disparities.	1) Nutrition, physical activity and obesity	In Progress	Anticipated	
	2)			
	3)	Choose an item.	Choose an item.	
	<b>Please provide a brief narrative that demonstrates the status of the <i>SPI</i> project as it relates to this measure.</b>			

<sup>3</sup> **Status Dropdown Menu:** Delayed, Anticipated, In Progress, or Complete.

<sup>4</sup> **Has data been collected? Dropdown Menu:** Yes or No

3a. It is critical that data on project activities and results be collected and provided to OMH for the purpose of documenting and demonstrating the overall effectiveness of grantee projects (refer to FOA page 10). Discuss the progress of OMH Expectations that relate to your <i>SPI</i> project.				
OMH Expectation	Specify the LHI	Status	Has data been collected?	If yes, please provide information about the data collected during this quarter. If data are available, please provide the number of participants at the beginning of the quarter and the number of participants at the end of the quarter. Also, if there is more than one intervention, please provide data for each intervention separately.
Increased knowledge of health status, LHIs and geographical areas of the most affected minority and vulnerable populations.	1) Nutrition, physical activity and obesity	Anticipated	Choose an item.	
	2) Mental health	Anticipated	Choose an item.	
	<b>Please provide a brief narrative that demonstrates the status of the <i>SPI</i> project as it relates to this measure.</b>			
OMH Expectation	Specify the LHI	Status	Has data been collected?	If yes, please provide information about the data collected during this quarter. If data are available, please provide the number of participants at the beginning of the quarter and the number of participants at the end of the quarter. Also, if there is more than one intervention, please provide data for each intervention separately.
Improved coordination, collaboration and linkages among state/tribal partners and/or local partners to	1) Nutrition, physical activity and obesity	Anticipated	No	
	2) Mental health	Anticipated	No	



3a. It is critical that data on project activities and results be collected and provided to OMH for the purpose of documenting and demonstrating the overall effectiveness of grantee projects (refer to FOA page 10). Discuss the progress of OMH Expectations that relate to your SPI project.				
address health disparities.	3)	Choose an item.	Choose an item.	
	<b>Please provide a brief narrative that demonstrates the status of the SPI project as it relates to this measure.</b>			
OMH Expectation	Specify the LHI	Status	Has data been collected?	If yes, please provide information about the data collected during this quarter. If data are available, please provide the number of participants at the beginning of the quarter and the number of participants at the end of the quarter. Also, if there is more than one intervention, please provide data for each intervention separately.
Increased preventive health screenings, disease intervention and management and linkages to care.	1) Nutrition, physical activity and obesity	Anticipated	No	
	2) Mental health	Anticipated	No	
	3)	Choose an item.	Choose an item.	
	<b>Please provide a brief narrative that demonstrates the status of the SPI project as it relates to this measure.</b>			

**3a. It is critical that data on project activities and results be collected and provided to OMH for the purpose of documenting and demonstrating the overall effectiveness of grantee projects (refer to FOA page 10). Discuss the progress of OMH Expectations that relate to your *SPI* project.**

<b>OMH Expectation</b>	<b>Specify the LHI</b>	<b>Status</b>	<b>Has data been collected?</b>	<b>If yes, please provide information about the data collected during this quarter. If data are available, please provide the number of participants at the beginning of the quarter and the number of participants at the end of the quarter. Also, if there is more than one intervention, please provide data for each intervention separately.</b>
Increased access to public health and/or social services.	1) Nutrition, physical activity and obesity	Anticipated	No	
	2) Mental health	Anticipated	No	
	3)	Choose an item.	Choose an item.	
<b>Please provide a brief narrative that demonstrates the status of the <i>SPI</i> project as it relates to this measure.</b>				

**3a. It is critical that data on project activities and results be collected and provided to OMH for the purpose of documenting and demonstrating the overall effectiveness of grantee projects (refer to FOA page 10). Discuss the progress of OMH Expectations that relate to your *SPI* project.**

<b>OMH Expectation</b>	<b>Specify the LHI</b>	<b>Status</b>	<b>Has data been collected?</b>	<b>If yes, please provide information about the data collected during this quarter. If data are available, please provide the number of participants at the beginning of the quarter and the number of participants at the end of the quarter. Also, if there is more than one intervention, please provide data for each intervention separately.</b>
Improved health outcomes for program participants.	1) Nutrition, physical activity and obesity	Anticipated	No	
	2)	Choose an item.	Choose an item.	
	3)	Choose an item.	Choose an item.	
	<b>Please provide a brief narrative that demonstrates the status of the <i>SPI</i> project as it relates to this measure.</b>			

**3a. It is critical that data on project activities and results be collected and provided to OMH for the purpose of documenting and demonstrating the overall effectiveness of grantee projects (refer to FOA page 10). Discuss the progress of OMH Expectations that relate to your *SPI* project.**

<b>OMH Expectation</b>	<b>Specify the LHI</b>	<b>Status</b>	<b>Has data been collected?</b>	<b>If yes, please provide information about the data collected during this quarter. If data are available, please provide the number of participants at the beginning of the quarter and the number of participants at the end of the quarter. Also, if there is more than one intervention, please provide data for each intervention separately.</b>
Reduction in rates of disease and/or contributing factors.	1) Nutrition, physical activity and obesity	Anticipated	No	
	2)	Choose an item.	Choose an item.	
	3)	Choose an item.	Choose an item.	
	<b>Please provide a brief narrative that demonstrates the status of the <i>SPI</i> project as it relates to this measure.</b>			

**3b. Please use the following template to report any programmatic outcomes included in your work plan that were not already addressed by the OMH Expectations and Process Measures. You may copy and paste the template multiple times to match the number of Project Outcome(s) developed for your *SPI Project*.**

<b>Grantee Project Outcome</b>	<b>Specify the LHI</b>	<b>Status<sup>5</sup></b>	<b>Has data been collected?<sup>6</sup></b>	<b>If yes, please provide information about the data collected during this quarter.</b> If data are available, please provide the number of participants at the beginning of the quarter and the number of participants at the end of the quarter. Also, if there is more than one intervention, please provide data for each intervention separately.
	1)	Choose an item.	Choose an item.	
	2)	Choose an item.	Choose an item.	
	3)	Choose an item.	Choose an item.	
	<b>Please provide a brief narrative that demonstrates the status of the <i>SPI Project</i> as it relates to this project outcome.</b>			

<sup>5</sup> **Status Dropdown Menu:** Delayed, Anticipated, In Progress, or Complete.

<sup>6</sup> **Has data been collected? Dropdown Menu:** Yes or No

Grantee Project Outcome	Specify the LHI	Status	Has data been collected?	If yes, please provide information about the data collected during this quarter. If data are available, please provide the number of participants at the beginning of the quarter and the number of participants at the end of the quarter. Also, if there is more than one intervention, please provide data for each intervention separately.
	1)	Choose an item.	Choose an item.	
	2)	Choose an item.	Choose an item.	
	3)	Choose an item.	Choose an item.	
	<b>Please provide a brief narrative that demonstrates the status of the <i>SPI</i> Project as it relates to this project outcome.</b>			

### **PART III: PROJECT MANAGEMENT**

There have been no changes to project management or the logic model during this quarter.

## Appendix A

### Recommended Format to Address Objectives and Accomplishments per Quarter

<b>GOAL:</b> State the Overall Project Goal or State Each Goal in the Original Application of the FY 2015 <i>SPI Project</i> .			
<b>Key Objective as Stated in Application #</b>	<b>Modified Objective per Year X/Quarter Y Progress Report<sup>7</sup></b>	<b>Justification for the Modification</b>	<b>Does the modification(s) affect the logic model or evaluation plan?<sup>8</sup></b>
Objective 1:	no change		
Sub-objective 1.1:			
Sub-objective 1.2:			
<b>ACCOMPLISHMENTS:</b>			
<ul style="list-style-type: none"> <li>•</li> <li>•</li> <li>•</li> <li>•</li> </ul>			
Objective 2:	no change		
Sub-objective 2.1:			
Sub-objective 2.2:			
<b>ACCOMPLISHMENTS:</b>			
<ul style="list-style-type: none"> <li>•</li> <li>•</li> <li>•</li> </ul>			

<sup>7</sup> If there is no change to the original Objective, recommend inserting “no change” per Objective. If there is a change, recommend **highlighting** the modification.

<sup>8</sup> If there is no change to the logic model or measures, recommend inserting “no change” per Objective. If there is a change, recommend **highlighting** the modification in the logic model and evaluation plan. **If there has been a change in the logic model, attach revised logic model.**