

Department of Health and Hospitals Office of the Secretary

July 30, 2012

The Honorable John A. Alario, Jr., President Louisiana State Senate P.O. Box 94183, Capitol Station Baton Rouge, LA 70804-9183

The Honorable Jack Donahue, Chairman Senate Finance Committee Louisiana State Senate P.O. Box 94183, Capitol Station Baton Rouge, LA 70804-9183 The Honorable David Heitmeier, Chairman Senate Health and Welfare Committee P.O. Box 94183, Capitol Station Baton Rouge, LA 70804-9183

RE: Senate Resolution 119 of the 2011 Regular Session

Dear President Alario, Senator Heitmeier, and Senator Donahue:

Senate Resolution 119 (SR 119) of the 2011 Regular Session urged and requested the Coordinated System of Care (CSoC) Governance Board and the Department of Health and Hospitals (DHH) to report to the Senate Committee on Health and Welfare and the Senate Committee on Finance the status of efforts to implement the CSoC in Louisiana. This correspondence serves as the CSoC Governance Board and DHH's response to SR 119.

As a component of the Louisiana Behavioral Health Partnership, when fully implemented the Coordinated System of Care (CSoC) will serve up to 2,400 young people with behavioral health challenges who are in or at-risk of out of home placement and their families. The CSoC is an initiative of Governor Bobby Jindal that brings together the Department of Children & Family Services, the Department of Education, the Department of Health & Hospitals, the Office of Juvenile Justice, the Governor's Office and family, youth and advocate representatives. There are three primary goals for the CSoC:

- (1) Reducing the number of youth in residential/detention settings;
- (2) Decreasing the state's cost of providing services by leveraging Medicaid and other funding sources; and
- (3) Improving the overall outcomes for these children and their caregivers.

The CSoC began enrollment in five Act 1225 regions of the state in March 2012. This includes the Shreveport, Monroe, Alexandria, and Capital areas as well as Jefferson Parish. Youth enrolled in the CSoC will receive individualized care planning using an innovative practice known as "wraparound" provided by newly formed regionally-based Wraparound Agencies and also receive additional support services from Family Support Organizations. In addition to wraparound care planning, the 1915(c) and 1915(b)(3) waivers that support CSoC will allow this subset of the youth population who have intensive needs to receive additional services including parent support and training, youth support and training, crisis stabilization, respite and independent living/skill building.

There has long been a national movement to implement systems of care in an effort to improve outcomes for young people and their families. A national evaluation of Systems of Care has found that enrolled youth spend more time in school, have improved grades, exhibit reductions in disciplinary problems, have fewer arrests, achieve improved emotional health including fewer suicide attempts, and demonstrate reduced use of inpatient and residential care. Given the compelling need in Louisiana and the demonstrated outcomes of a system of care approach across the country, Louisiana has begun to implement the CSoC in earnest.

CSoC began enrollment on March 1, 2012. This report contains information pertaining to the initial four months of operation. It is anticipated that there will continue to be increased clarity and reporting ability going forward as operating protocols and processes between Magellan, the participating state agencies, and the regionally based Wraparound Agencies and Family Support Organizations mature. In order to respond to SR 119, the following information is offered and reflects the Department of Health and Hospitals and CSoC Governance Board's intent to openly share information with respect to CSoC performance as it develops.

Names of individuals serving on the CSoC Governance Board.

| Name | Role | Department /Organization (if applicable) | |
|----------------------|------------|--|--|
| Suzy Sonnier | Member | Department of Children and Family Services | |
| Mark Thomas | Vice Chair | Advocate Representative | |
| Vacant | Member | Youth Representative | |
| Anne Cassity | Member | Governor's Office | |
| Sherri Houin | Member | Family Representative | |
| Shari Rich | Member | Family Representative | |
| Kathy Kliebert | Member | Department of Health and Hospitals | |
| Mary Livers | Chair | Office of Juvenile Justice | |
| Stephen Osborn | Member | Department of Education | |
| Jody Levison-Johnson | Staff | Department of Health and Hospitals/CSoC Team | |

Name and business address of the Statewide Management Organization (SMO).

Magellan Health Services in Louisiana 10516 Perkins Rowe 5th Floor Suite 500 Baton Rouge, LA 70810

Name, business address and geographic coverage area of each Wraparound Agency (WAA).

National Child & Family Services of Baton Rouge

10543 N. Glenstone Place, Baton Rouge, LA 70810

Geographic coverage area: Act 1225 Region 2 including: Ascension, East Baton Rouge (includes Zachary, City of Baker and Central Community school systems), West Baton Rouge, East Feliciana, West Feliciana, Iberville, and Pointe Coupee.

¹ US Department of Health & Human Services. (2008). Helping Youth Thrive in the Community. Children's Mental Health Awareness Day May 8, 2008.

Eckerd CenLa Wraparound Agency

6501 Coliseum Blvd., Suite 700, Alexandria, LA 71303

Geographic coverage area: Act 1225 Region 7 including: Avoyelles, Grant, LaSalle, Vernon, Rapides, Catahoula, Concordia, and Winn parishes.

Choices, Inc.

124 Jefferson, Mansfield, LA 71052

Geographic coverage area: Act 1225 Region 8 including: Caddo, DeSoto, Natchitoches, Red River, Sabine, Bienville, Bossier, Claiborne, Jackson, and Webster parishes.

Wraparound Services of Northeast Louisiana

3001 Armand, Suite G, Monroe, LA 71201

Geographic coverage area: Act 1225 Region 9 including: Morehouse, Ouachita (includes the City of Monroe School System), East Carroll, Franklin, Jackson, Lincoln, Madison, Richland, Tensas, Union and West Carroll parishes.

Jefferson Parish

National Child & Family Services

824 Elmwood Park Blvd., Suite 135, Harahan, LA 70123

Geographic coverage area: Jefferson Parish

Name, business address and geographic coverage area of each Family Support Organization (FSO).

Families Helping Families of Greater Baton Rouge

2356 Drusilla Lane, Baton Rouge, LA 70809

Geographic coverage area: Act 1225 Region 2 including: Ascension, East Baton Rouge (includes Zachary, City of Baker and Central Community school systems), West Baton Rouge, East Feliciana, West Feliciana, Iberville, and Pointe Coupee.

Louisiana Federation of Families for Children's Mental Health

802 Main Street, Pineville, LA 71360

Geographic coverage area: Act 1225 Region 7 including: Avoyelles, Grant, LaSalle, Vernon, Rapides, Catahoula, Concordia, and Winn parishes.

Project Celebration

580 W. Main Street, Many, LA 71449

Geographic coverage area: Act 1225 Region 8 including: Caddo, DeSoto, Natchitoches, Red River, Sabine, Bienville, Bossier, Claiborne, Jackson, and Webster parishes.

Children's Coalition

1363 Louisville Avenue, Monroe, LA 71201

Geographic coverage area: Act 1225 Region 9 including: Morehouse, Ouachita (includes the City of Monroe School System), East Carroll, Franklin, Jackson, Lincoln, Madison, Richland, Tensas, Union and West Carroll parishes.

Families Helping Families of Jefferson

201 Evans Road. Building One, Suite 100, Harahan, LA 70123

Geographic coverage area: Jefferson Parish

The total number of individuals receiving services in CSoC broken down by region. The chart below indicates the number of children enrolled in the Coordinated System of Care by region as of June 29, 2012.

| Act 1225 Region | Area | Number receiving CSoC Services as of 6/29/12 | |
|------------------|------------------|--|--|
| 2 | Capital Area | 92 | |
| 7 | Alexandria Area | 58 | |
| 8 | Shreveport Area | 140 | |
| 9 | Monroe Area | 101 | |
| Jefferson Parish | Jefferson Parish | 23 | |
| TOTAL | 414 | | |

It is important to note that during early stage implementation we continue to work with each partnering state agency to identify priority populations for enrollment and establish effective referral and enrollment processes. Magellan continues to screen all calls related to children/youth for eligibility.

The total number of enrolled providers broken down by provider type and by region.

The five CSoC implementing regions each have a Family Support Organization and a Wraparound Agency enrolled in the Magellan provider network. Across the state, the total number of providers currently enrolled who may serve children in any capacity is outlined in the chart below. These data are tracked by OBH regions, rather than CSoC regions as they apply to the entire Louisiana Behavioral Health Partnership. The following represents a summary view of provider volume as of the end of June 2012.

| DHH Region/ Human Service District | Area | Number of providers as of 6/29/12 |
|--|-----------------------|---|
| Metropolitan HSD | New Orleans Area | 140 |
| Capital Area HSD | Baton Rouge Area | 186 |
| South Central LA HSA | Houma/Thibodeaux Area | 37 |
| 4 | Acadiana Area | 85 |
| 5 | Lake Charles Area | 35 |
| 6 | Alexandria Area | 40 |
| 7 | Shreveport Area | 77 |
| 8 | Monroe Area | 66 |
| Florida Parishes HSA | Northshore Area | 110 |
| Jefferson Parish HSA | Jefferson Parish | 106 |

For detailed information about providers by provider type and region as of June 29, 2012, please see Attachment A to this report. It is important to note that this Attachment contains only private providers and not OBH/LGE providers.

The amount of state general funds and matching federal dollars expended each quarter by the CSoC.

For the 4^{th} quarter, \$1,417,750.16 was spent on the CSoC. This totaled \$703,854.44 in SGF and \$713,895.72 in matching federal dollars.

The amount and percentage of the reduction of the cost to the state of providing services by leveraging state general fund through the Medicaid program as well as increasing service effectiveness and efficiency through the reduction of duplication across state agencies. Enrollment in WAA services began March 1, 2012. As such there is not enough data available to show either savings or efficiencies at this time.

The percentage of CSoC enrolled youth who have had to be placed in out-of-home treatment which includes but is not limited to detention, secure care facilities, psychiatric hospitals, residential treatment facilities, facilities serving the developmentally disabled, addiction facilities, alternative schools, or foster care.

Of the 414 children enrolled across the five regions during the initial four months of operation, 8% (33) have entered an out-of-home placement

The number of licensed mental health professionals by type employed by the SMO to manage the toll free referral line.

Magellan in Louisiana's clinical team involved with call center and care management operations includes:

26 Licensed Professional Counselors (LPC), one of whom is also Nationally Certified Counselor 17 Licensed Clinical Social Workers (LCSW)

- 2 Medical Doctors
- 2 Registered Nurses
- 2 Licensed Marriage & Family Therapists (LMFT)
- 1 Licensed Clinical Professional Counselor
- 1 Licensed Master Social Worker

Additionally, there are a nine people with multiple licenses:

1 is a Licensed Addiction Counselor (LAC), LMFT and LPC

1 is a Certified Clinical Supervisor and LAC

4 are LMFTs and LPCs

1 is a LAC and LMFT

1 is a Registered Social Worker and LPC

1 is a Licensed Clinical Social Worker and Registered Nurse

The number of calls received by the SMO toll free referral line.

Since the March 1 launch of the Magellan service line, Magellan has received 7713 calls related to children's services. These calls come from providers seeking authorization for services, family members or others seeking assistance securing services for a child, or state agencies making referrals. Since Magellan has been screening all children for possible eligibility for CSoC, there is no separate report delineating CSoC specific calls from all children's calls.

The number of calls referred to a WAA by region.

The following table reflects the number of calls referred to a WAA by region as of June 29, 2012.

| Act 1225 Region | Area | Number referred to a WAA as of 6/29/12 |
|------------------|------------------|---|
| 2 | Capital Area | 226 |
| 7 | Alexandria Area | 159 303 139 |
| 8 | Shreveport Area | |
| 9 | Monroe Area | |
| Jefferson Parish | Jefferson Parish | 128 |
| TOTAL | 955 | |

The number of calls referred to non-WAA services by region and by provider type.

The number of referrals made in non-implementing regions since March 1, 2012 is 745. As the system develops there will be more sophisticated geo-reporting and provider-type reporting, but generally the most frequently requested community services for youth currently are Mental Health Rehabilitation, Multi-Systemic Therapy, Functional Family Therapy and Homebuilders.

The number of referrals denied for CSoC services.

All children/youth who are brought to the attention of Magellan undergo an initial abbreviated screening to determine if they may qualify for CSoC. More comprehensive screening and ultimately assessment is conducted for those who flag positively on the abbreviated screening. At this point, 2,758 children did not flag positively on the abbreviated screening and were referred to other services.

Average length of services for WAA services statewide and by region.

Enrollment in WAA services began March 1, 2012. As such there is no average length of service calculation at this time.

Average length of services for CSoC clients in non-WAA services statewide and by region. Enrollment in non-WAA services began March 1, 2012. As such there is no average length of service calculation at this time

Total number of Medicaid consumers approved for CSoC services by the SMO.

Of the 414 youth enrolled in CSoC as of June 29, 2012, there are 399 who are Medicaid consumers.

Total number of other insured consumers approved for CSoC services by the SMO. No one with private insurance has been approved for CSoC services by the SMO at this time.

Total number of non-insured consumers approved for CSoC services by the SMO. Of the 414 youth enrolled in CSoC as of June 29, 2012, there are 15 who are considered non-insured.

Total number of prospective reviews conducted for CSoC clients by the SMO.

Magellan has conducted 4,458 children abbreviated screenings for CSoC services since March 1. Of those, 955 have been referred to CSoC, 2,758 did not qualify for CSoC and were referred to other

services.

Total number of grievances and appeals categorized by type by consumers and advocates, and percentage that were resolved.

Magellan has not received any grievances specific to CSoC and there has been no denial of authorizations of services to prompt an appeal. Because children's needs change over time, any child who is deemed ineligible for CSoC services but who is referred to other appropriate levels of care can be reassessed and many will be automatically reassessed as part of the transition out of a specific set of services.

Thank you for the opportunity to report on our efforts to improve the system of care for children and youth with significant behavioral health challenges and their families in Louisiana. The CSoC Governance Board and DHH are dedicated to working with the legislature and public and private stakeholders to continue to improve our service delivery system and address the behavioral health needs of children and youth within our state. Should you have any questions regarding the information contained in this correspondence, please feel free to contact Ms. Jody Levison-Johnson, the Deputy Assistant Secretary at the Office of Behavioral Health, at (225) 342-5921.

Sincerely,

Kathy Kliebert, LCSW

Deputy Secretary

Department of Health & Hospitals

Mary L. Livers, PhD, MSW

Chair

Coordinated System of Care Governance Board

Cc: The Honorable Members of the Senate Health and Welfare Committee
The Honorable Members of the Senate Finance Committee
David R. Poynter Legislative Research Library
Ms. Jody Levison-Johnson, Deputy Assistant Secretary, Office of Behavioral Health
Dr. Anthony Speier, Assistant Secretary, Office of Behavioral Health
Members of the CSoC Governance Board