

courtesy of **Adult Protective Services**

## What is self-neglect of vulnerable adults?

Self-neglect is the failure, either by the adult's action or inaction, to provide the proper or necessary support or medical, surgical, or any other care necessary for his own well-being.

## What are the signs of self-neglect?

- ✓ Isn't going to the doctor
- ✓ Isn't taking medication as needed
- ✓ Doesn't have food, inadequate nutrition
- ✓ Lives in unsafe housing conditions such as lack of heat, electricity or running water
- ✓ Has poor personal hygiene
- ✓ Lacks/won't allow needed care

## What are some risk factors of self-neglect?

- ✓ Recent widow or loss of loved one
- ✓ Worsening medical problems or a physical disability
- ✓ Lack of outside contact, isolated from friends and family
- ✓ Lack of a caregiver
- ✓ Cognitive impairment, dementia

## What if I'm not sure?

Do you just have a "feeling" about a situation but can't verify the details? APS professionals are trained to assess each situation. Based on your report, your local APS agency will determine how best to respond.



## CONTACT APS

Reach out to Adult Protective Services if you notice signs of self-neglect:

- ✓ **If you witness a life-threatening situation, immediately call 911.**
- ✓ Please contact the toll-free APS Hotline at (800) 898-4910 to report abuse.
- ✓ If you witness neglect or exploitation, you can report online by visiting [https://redcap.link/APS\\_Online\\_Reporting\\_Form](https://redcap.link/APS_Online_Reporting_Form) or by scanning the QR code at right. NOTE: Reports of physical or sexual abuse ARE NOT allowed to be made online; please call 1-800-898-4910 in those cases.
- ✓ Please note that you can make this report anonymously if you choose, but make sure to provide the following information:
  - » The individual's name and location
  - » Why they are at risk for abuse, self-neglect, neglect, or exploitation
  - » Descriptions of the situation, any important identifiers of the alleged abuser, or other dangers in their home environment

