

**FIND A SAFE PLACE  
CAMPAIGN**

**Items to Include in Your  
GO BAG**

Emergency Supply Kit Checklist

- One gallon of drinking water per person per day
- Non-perishable, ready-to-eat canned foods & a manual can opener
- First-aid kit
- Flashlight
- Battery-operated AM/FM radio & extra batteries
- Whistle
- Personal hygiene items
- Phone that doesn't rely on electricity

**HURRICANE SEASON IS APPROACHING**

**STAYING SAFE WHEN A DISASTER STRIKES MEANS**

- **Having a Disaster Plan**
- **Having an Emergency Supply Kit**
- **Having a "Go Bag" in the event that I must evacuate from my home**
- **Being Prepared to Evacuate**

**MAKE SURE YOU HAVE A DISASTER  
PLAN THIS HURRICANE SEASON**

**For more information on how to prepare this  
Hurricane Season please call the Red Cross at  
1-800- RED-CROSS**

- Important Documents
- Extra Set of House Keys
- Credit Cards & Cash (\$50.00 to \$100.00 is the recommended).
- Bottled water & nonperishable foods such as granola or energy bars
- Flashlight, battery-operated AM/FM radio, and extra batteries
- First-aid Kit
- Medication and other essential personal items. Be sure to refill medications before they expire. Include a list of the medications you take, why you take them, and their dosages.
- Sturdy, comfortable shoes, and clothing for 7 days
- A blanket and pillow
- Any special care items that you use on a daily basis (i.e. Insulin equipment, prescriptions, communication boards, wheelchairs, canes, glasses, etc.)