

## Have you heard about self-directed services?



Your *Office of Aging and Adult Services (OAAS)* support coordinator will work with you to decide if self-directed services are right for you and provide you with all the necessary training you need if you choose this option.



**Have you heard about Louis?** Like everyone else, Louis wants to be in control of choices that affect his life. Because of a program offered by OAAS, he is able to decide where he lives and the personal assistance services and supports that fit his unique, individual situation. He is even able to hire, schedule, manage, and fire his own personal care assistants.

Self-directed services are a way of getting services which, among other things, allow participants to become the employers of the people they choose to provide supports for them. Louis interviewed three people before choosing his personal care assistant. He chose the person he liked the best on both a professional and personal level. It worked out great, and Louis is a great boss. How did this happen for him?

Self-directed services give participants like Louis the most control over their own supports. By managing their own resources, participants can possibly get more services. The participants also have the responsibility to use the resources wisely and be actively involved in managing their services.

Yolanda, his support coordinator, told Louis about all the services available to him through the Community Choices Waiver, including the self-directed services option. When Louis chose self-directed services, Yolanda trained him on how to be responsible with his decision.

Louis is so excited. He now has opportunities to build a support network and succeed in his community. Yolanda is proud of him as he starts a new chapter in his life. Louis has the freedom to plan his own life. And so do you.

***Your waiver. Your choice. Your life.*** Ask your support coordinator how to build a plan of care as unique as you are! Your support coordinator's name is \_\_\_\_\_.  
His/her phone number is \_\_\_\_\_.