

Have you heard about a service called Shared Supports?



Your Office of Aging and Adult Services (OAAS) support coordinator will talk to you about how shared supports can work for you.



Have you heard about Doris and Betty? Doris is an elderly person. Betty is a person with disabilities. They share supports in the Long Term-Personal Care Services (LT-PCS) program.

As participants in the LT-PCS program, they are aware of the many services provided to assist them with the activities of daily living. These services or “supports” include help with eating, bathing, and dressing, but can also include light housekeeping, preparing meals, shopping, laundry, and assistance with finding transportation for medical appointments.

Sharing supports means two or three people will share a direct support worker. Some of the services or supports provided by that worker are provided in the same setting and at the same time. The setting may be the participant’s home or a community setting.

Because Doris and Betty live in the same household, they are able share a direct support worker named Janice. This has allowed them and their family to enjoy the many benefits of shared supports such as a stronger bond with Janice.

Most of all, they are making the most of the resources available to them, yet they still have enough help with all the little tasks of everyday life.

Doris gets help moving from one surface to another. Betty gets assistance using her wheelchair. Doris gets reminders to take her medication. Betty is accompanied to her medical appointments. Both of them get help with the activities of everyday life such as eating, bathing, dressing, and laundry.

And they enjoy each other’s company as well. That is what shared supports is all about!

Your waiver. Your choice. Your life. Ask your support coordinator how to build a plan of care as unique as you are! Your support coordinator’s name is _____.
His/her phone number is _____.