State Personal Assistance Services (SPAS) Program

What is the SPAS program?

The State Personal Assistance Services (SPAS) program helps adults with significant disabilities to get out of bed, eat, bathe, get dressed, go to work, live in their own homes, and be fully participating members of their communities.

What services does the SPAS program provide?

Services may include, but are not limited to:

- Personal Assistance Services (Daily tasks such as bathing, dressing, grooming, eating,
- etc.)
- Assistive Technology
- Environmental Accessibility Adaptations (Home and Vehicle)
- Homemaker Services (Light housekeeping, laundry, etc.)
- Evaluations
- Medical
- Dental
- Utility and Rental Assistance (that are not covered by any other funding source)
- Durable Medical Equipment (Prosthetic devices, walkers, shower chairs, etc.)

Who qualifies for the SPAS program?

People who:

- Have significant disabilities;
- Are 18 years old or older;
- Need goods and/or personal assistance services from this program to prevent or remove the
- individual from inappropriate placement in an institutional setting or to enhance or maintain the
- individual's employability;
- Provide verification of the disability from the treating physician;
- Are capable of, or have a legal/personal representative capable of, self-direction. Although the
- participant is capable of self-directing they may choose a qualified provider agency for services; and
- Meet the requirement for economic need which is based on up to 650% of the 2017 U.S. HHS Federal
- Poverty Guidelines for a household income.



For more information about the SPAS Program or to apply for services, please call The ARC of Louisiana at

1-866-966-6260.