

What is the ADHC Waiver program?

The Adult Day Health Care (ADHC) Waiver program gives you the help you need to stay at home for as long as possible. **This program does not provide help 24 hours per day.**

How does the ADHC Waiver program work?

The main service under this waiver program is Adult Day Health Care (ADHC) Waiver services. You will receive your ADHC services at an ADHC center. ADHC centers are a place where you can go for part of the day. ADHC centers are open Monday to Friday during daytime hours. At the ADHC center you can:

- Talk with your friends
- Enjoy activities
- Get help taking your medicine
- See a nurse, if needed
- Eat two small meals
- Get a ride to and from the center.

Some ADHC centers might have evening or weekend help. When you apply for ADHC, you are asked some questions about yourself. Based on your answers, we will help you figure out what other services you might get. You could receive services such as bathing, dressing or toileting before and after going to the ADHC center. You will get help from a case manager to make a plan of care that works for you.



What other services does the ADHC Waiver program provide?

- **Support Coordination:** A support coordinator helps you get the services you need (also known as case management).
- **Home-Delivered Meals:** Up to two meals delivered to your home on the days that you are not at the ADHC center.
- **Personal Emergency Response System (PERS):** A device that you wear on your neck that calls for emergency help when you push a button.
- **Activity and Sensor Monitoring:** A system that monitors your movements and activities in your home, including falls, lack of activity, and a push-button emergency device.
- **ADHC Health Status Monitoring:** ADHC staff call to check on you when you do not attend the ADHC center.
- **Assistive Technology:** Gives you an electronic tablet device, screen protector and protective case.

If you are in a nursing home, you can get the following services:

- **Transition Intensive Support Coordination:** A support coordinator helps you move out of the nursing home.
- **Transition Service:** Pays for items that you need when you are moving out of a nursing home.

Who can qualify for the ADHC Waiver program?

People who:

- Meet long-term care (LTC) Medicaid eligibility **AND**
- Are 22 years old or older **AND**
- Meet nursing home level of care.

What are the resource limits?

Resources are the things you own. We count resources for this program, we do not count your home, the car you drive to medical appointments or other basic resources.

- If you are single, you can have no more than \$2000 in resources. Couples can have no more than \$3,000 in resources when both spouses receive long-term care.
- Married couples can have up to \$157,920 in resources, as long as one spouse at home **DOES NOT** receive long-term care services.

What are the current monthly income limits?

The income limits are \$2,901 for an individual and \$5,802 for a couple (when both spouses need long-term care).

“Waiver Spend-Down” might work for you even if your income is over the limit. Waiver Spend-Down has a standard \$20 income deduction. \$65 and half of the remainder is also deducted from all earned income. After the income deductions are applied, the average monthly waiver rate (currently \$5,000 for OAAS waivers) and other allowable incurred medical expenses are used to “spend down” an individual’s excess income, qualifying the individual for Waiver.

Allowable incurred medical expenses include Medicare and private health insurance premiums, deductibles, coinsurance or copayment charges, and medical/remedial care expenses incurred by an individual that are not subject to payment by a third party. An individual qualifying under Waiver Spend-Down may have to pay toward the cost of their care. The individual’s liability is based on their income after the income deductions are applied. All individuals are allowed to retain a basic needs allowance from their income which is equal to \$2,901 and the amount of incurred medical expenses not paid by a third party. Any remainder will be the individual’s liability for the cost of care in Waiver Spend-Down.

How can people request ADHC Waiver Services?

The Department keeps a list of people and the date they asked for the Adult Day Health Care (ADHC) Waiver. People are offered the ADHC Waiver according to the following priority groups:

1. People who have been abused or neglected and are referred by protective services who, without ADHC Waiver services, would need to go to a nursing home to prevent further abuse.
2. People who have been discharged from the hospital within the past 30 calendar days, after staying at least one night.
3. People living in a nursing home and Medicaid is the only payer of the nursing home services.

Everyone else will get an offer for ADHC Waiver services on a first-come, first-served basis based on the date they asked for the services.



**If you want to apply for the ADHC waiver
OR
if you have questions about Home and Community-Based Services
(HCBS) that OAAS provides, please call:**

**Louisiana Options in Long Term Care
1-877-456-1146**

**TTY: 1-855-296-0226 for individuals
with hearing or speech difficulties**

**Monday through Friday, 8 a.m. to 5 p.m.
The call is FREE!**