



LT-PCS – Long Term - Personal Care Services Program

<p>What are Long Term-Personal Care Services (LT-PCS)?</p> <p>Long Term – Personal Care Services program provides help with activities of daily living for persons who qualify for assistance under the program guidelines. This program does not, by itself or in combination with other OAAS programs, provide supports 24 hours a day.</p>			
<p>If I qualify, what services may I receive from this program?</p> <table border="1" style="width: 100%;"> <tr> <td style="width: 50%; vertical-align: top;"> <p>Help with:</p> <ul style="list-style-type: none"> • Eating • Bathing • Dressing • Grooming • Moving from one surface to another (transferring) • Walking or using a wheelchair • Toileting • Changing positions in bed (bed mobility) </td> <td style="width: 50%; vertical-align: top;"> <p>Other services:</p> <ul style="list-style-type: none"> • Light housekeeping • Preparing and storing meals • Shopping • Laundry • Reminders about taking medicines • Help with medical appointments • Help finding transportation for medical appointments </td> </tr> </table>		<p>Help with:</p> <ul style="list-style-type: none"> • Eating • Bathing • Dressing • Grooming • Moving from one surface to another (transferring) • Walking or using a wheelchair • Toileting • Changing positions in bed (bed mobility) 	<p>Other services:</p> <ul style="list-style-type: none"> • Light housekeeping • Preparing and storing meals • Shopping • Laundry • Reminders about taking medicines • Help with medical appointments • Help finding transportation for medical appointments
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<p>What kind of help and services are not covered by this program?</p> <table border="1" style="width: 100%;"> <tr> <td style="width: 50%; vertical-align: top;"> <ul style="list-style-type: none"> • Specialized or skilled nursing • Giving medicine • Rehabilitative services • Specialized aid services • Help that is already being given by family or others in the community or through another assistance program </td> <td style="width: 50%; vertical-align: top;"> <ul style="list-style-type: none"> • Cleaning areas of the home that the applicant does not stay in • Food preparation or laundry for anyone other than the applicant • Companionship • Sitter services • Supervision not related to activities of daily living </td> </tr> </table>		<ul style="list-style-type: none"> • Specialized or skilled nursing • Giving medicine • Rehabilitative services • Specialized aid services • Help that is already being given by family or others in the community or through another assistance program 	<ul style="list-style-type: none"> • Cleaning areas of the home that the applicant does not stay in • Food preparation or laundry for anyone other than the applicant • Companionship • Sitter services • Supervision not related to activities of daily living
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Who can qualify for Long Term – Personal Care Services (LT-PCS)?

People who receive Medicaid benefits AND

- Are 21 years old or older **AND**
- Meet Nursing Facility Level of Care, **AND**
- Require at least limited assistance with one Activity of Daily Living, **AND**
- Be able to direct their care independently or through a responsible representative, **AND**

Meet **ONE** of the following:

- Be in a nursing facility and be able to be discharged if community-based services were available; **OR**
- Be likely to require nursing facility admission within the next 120 days; **OR**
- Have a primary care-giver who has a disability or who is at least 70 years old.

If you receive Medicaid and want to find out more about Long Term–Personal Care Services, call Louisiana Options in Long Term Care at 1-877-456-1146 (TTY: 1-855-296-0226).

**You can call Monday thru Friday
between the hours of 8:00 a.m. and 5:00 p.m.**

The call is free.