

What are Long Term-Personal Care Services (LT-PCS)?

The Long Term-Personal Care Services program provides help with activities of daily living for people who qualify for assistance under the program guidelines. Activities of daily living are activities related to personal care, such as bathing/showering, dressing, getting in and out of bed or a chair, walking, eating and using the restroom. **This program does not, by itself or in combination with other Office of Aging and Adult Services (OAAS) programs, provide supports 24 hours a day.**

Who can qualify for LT-PCS?

People who receive Medicaid benefits AND

- Are 21 years old or older **AND**
- Qualify for Nursing Home Care **AND**
- Require at least limited assistance with one Activity of Daily Living, **AND**
- Be able to direct their care independently or through a responsible representative, **AND**

Meet **ONE** of the following:

- Be in a nursing facility and be able to be discharged if community-based services were available; **OR**
- Be likely to require nursing facility admission within the next 120 days; **OR**
- Have a primary care-giver who has a disability or who is at least 70 years old.



If I qualify, what services may I receive?

Help with:

- Eating
- Bathing
- Dressing
- Grooming (e.g., brushing hair, brushing teeth; washing face, etc.)
- Moving from one surface to another (transferring)
- Walking or using a wheelchair
- Toileting
- Changing positions in bed (bed mobility)

Other services:

- Light housekeeping
- Cooking and storing meals
- Shopping
- Laundry
- Reminders about taking medicines
- Help with medical appointments
- Help finding transportation for medical appointments

What kind of help and services does this program NOT cover?

- Nursing care
- Giving medicine
- Physical, Occupational, or Speech Therapy
- Specialized aid services
- Help that is already being given by family or others in the community or through another assistance program
- Cleaning areas of the home that the applicant does not stay in
- Food preparation or laundry for anyone other than the applicant
- Companionship
- Sitter services
- Supervision not related to Activities of Daily Living



If you receive Medicaid and want to find out more about Long Term–Personal Care Services, call Louisiana Options in Long Term Care at **1-877-456-1146 (TTY: 1-855-296-0226)**.

You can call **Monday through Friday between 8 a.m. and 5 p.m.** The call is **free**.