

Universal Support Tips and Questions to Consider

interactive principle	query for person providing support	query for person receiving support
Build a constructive, supportive relationship by providing a rich schedule of proactive individualized attention & support important connections	<p>How are you getting along with X?</p> <p>Who else is in the X's life? What kind of relationships does X want?</p>	<p>How are you getting along with family/staff/etc?</p> <p>Are you seeing the people you want to?</p>
Provide a daily set of activities tailored to X's preferences and tolerance	<p>Aside from the typical routine what activities has X enjoyed?</p>	<p>What have you been doing? Have you had any fun lately?</p>
Ensure unimpeded access to anything necessary for health and safety by providing whatever assistance is needed to achieve this	<p>Is there anything X needs?</p> <p>Is there anything that X wants?</p>	<p>Is there anything you need?</p> <p>Anything you want?</p>
Respect choices	<p>Does X make choices you disagree with?</p>	<p>What choices do others disagree with?</p>
Limit demands	<p>What do you have a hard time getting X to do?</p>	<p>What do you NOT like to do?</p>
Promote preferred level of stimulation	<p>What is needed to facilitate a sense of well-being?</p>	<p>How's it going?</p>
Ensure any source of discomfort or pain is detected and relieved	<p>Do you ever see signs that X may be uncomfortable/hurting/in pain?</p>	<p>Are you OK, anything hurt?</p>