

Louisiana Personal Options Program Participant Self-Assessment

What kind of help do you need?

The first step in preparing a Personal Support Plan is deciding what kind of help you need. Please use the following questionnaire to help you identify your needs.

I. YOU MUST DECIDE WHAT SERVICES AND PURCHASES WILL HELP YOU MEET YOUR PERSONAL ASSISTANT SERVICES NEEDS.

1. What services do you want and need?

2. What purchases will help you?

II. YOU SELECT THE PEOPLE YOU WANT TO HELP YOU OR WHAT GOODS AND SERVICES YOU NEED TO BUY TO HELP YOU LIVE IN THE COMMUNITY.

1. How will you find and select people to help you in your home?

2. How do you shop for the purchase you need to make?

3. How do you plan to train and supervise the people who work in your home?

4. How will you tell your workers what you like or don't like about their work?

5. If you are not happy with the work of the worker you hire, how you will handle the situation?

III. A COUNSELOR CAN PROVIDE INFORMATION ON HOW TO FIND A WORKER, HOW MUCH TO PAY YOUR WORKER, HOW TO TRAIN YOUR WORKER AND MANY OTHER THINGS.

Are you willing to ask for help if you need it?

_____ Yes

_____ No

IV. FAMILY OR FRIENDS CAN HELP YOU MAKE DECISIONS IF YOU WANT.

Do you have someone you want to appoint as your representative decision maker?

_____ Yes

_____ No