

PROVIDER GUIDANCE FOR SUSPECTED MEASLES

Identify

Prodrome: High fever, fatigue, cough, runny nose, conjunctivitis; symptoms typically appear 7-14 days after exposure.

Koplik spots: Tiny white spots may appear inside the mouth 2-3 days after symptom onset.

Rash: maculopapular rash – flat, discolored areas (macules) and small, raised bumps (papules); begins at the hairline and progresses from the head to the trunk to the lower extremities; develops 3–5 days after symptom onset.

Exposure: Contact with a confirmed measles case or travel to an area with a measles outbreak in the 3 weeks before symptom onset.

Isolate

Clinic: Provide procedural mask for symptomatic patient (if they are able to wear one) and immediately place in single patient room with door closed; symptomatic patient should wear mask while moving throughout clinic.

Inpatient: Place patient in Airborne Infection Isolation Room (AIIR), if available; if AIIR not available, place symptomatic patient in a single-patient room with the door closed.

Inform

Call LDH's Infectious Disease Epidemiology (IDEpi) 24/7 Clinician Hotline at 1-800-256-2748 to request approval for lab testing at the LA-OPH Laboratory, infection control support, and exposure follow-up.

Prevent

- Use Standard and Airborne Precautions
- Only Healthcare Providers (HCP) with documented evidence of immunity to measles should provide care to symptomatic patients
- HCP should use respiratory protection (e.g., fit-tested N95 respirator), regardless of documentation of immunity, upon entry to the patient room
- Limit the number of staff entering the symptomatic patient's room
- Following patient discharge, "rest" non-AIIR rooms for at least two hours before allowing others to enter
- Follow organizational procedures for isolation room cleaning

IDENTIFY

- Fever, rash
- Exposure to case OR travel to area with measles

ISOLATE

- Provide mask
- Place in single patient room OR AIIR, if available

INFORM

- Call IDEpi at 1-800-256-2748

PREVENT

- HCP should have documented evidence of immunity
- Use N95 respirator
- Follow cleaning procedures