
New Medicaid Work Requirements Glossary Terms

Affordable Care Act (ACA) expansion population: This group includes adults ages 19 to 64 with low income who qualify for Medicaid under expansion. This group generally includes childless adults, parents, and adults without disabilities who were previously ineligible. In Louisiana, it includes people with incomes 138% of the Federal Poverty Level (\$22,032 for one person, \$45,540 for a household of four in 2026). Federal Poverty Income Guidelines can be found [here](#).

Caregiver: A caregiver is a family member or another person who helps someone who is sick, has a disability, or needs help with daily activities.

Community service programs (volunteering): These are organized programs where people volunteer (for no money) to help their community, such as working with schools, health programs, or public safety groups. These programs are usually supervised and help people build skills for future jobs.

Exempt: When a member is “exempt,” it means the rules do not apply to them. For example, exempt members do not have to meet work or community engagement requirements. A list of exempt members can be found [here](#).

H.R. 1: This is a law passed by Congress in July 2025 that changes Medicaid rules across the country. Requirements enacted through H.R. 1 mandate that, beginning January 1, 2027, some Medicaid members must work or take part in approved activities and report them to keep their Medicaid coverage.

Job training: Job training includes programs that help people learn skills for work. This can include classes, certificates, college degrees, or hands-on training like apprenticeships.

Medicaid renewal: A Medicaid renewal is a process that makes sure someone still qualifies for health coverage. It is sometimes called a redetermination. Members must update their information, like income and household details, and respond to any requests. Members who do not complete their renewal could lose their Medicaid coverage.

Medically frail: A person is medically frail if they have serious health problems that make daily life harder. This can include mental illness, long-term substance use issues, serious medical conditions, or physical or developmental disabilities.

Supplemental Nutrition Assistance Program (SNAP): SNAP is a program that provides monthly benefits to help people with low incomes buy the food they need by giving them benefits every month.

Temporary Assistance for Needy Families (TANF): TANF is a program that gives money and support to low-income families with children. It may also help with job training and other services.

Work requirements: Starting January 1, 2027, some Medicaid members between the ages of 19 and 64 must show they are working, volunteering, in job training, or going to school to keep their coverage. They need to complete at least 80 hours each month. A mix of these activities can count. Some people, like parents of young children or those with serious health conditions, may not have to meet these requirements.