

## **Behavioral Health Services**

MCOs must notify LDH of their intent to offer any of the authorized ILOS within this section and provide their proposed service definitions for prior approval.

### **23-Hour Observation Bed Services for Adults Age 21 and Older**

This ILOS is an inpatient hospital-based intervention designed to allow for the opportunity to hold and assess an enrollee without admitting them.

### **Behavioral Health Crisis Care**

This ILOS is an initial or emergent psychiatric crisis response intended to provide relief, resolution and intervention through crisis supports and services during the first phase of a crisis for adults in an outpatient setting.

NOTE: The authorization for this ILOS will be terminated when comparable services are implemented in the Louisiana Medicaid State Plan.

### **Crisis Stabilization Units for Adults Age 21 and Older**

The purpose of this ILOS is to provide treatment via the least restrictive level of care, allowing an alternative to inpatient hospitalization.

NOTE: The authorization for this ILOS will be terminated when comparable services are implemented in the Louisiana Medicaid State Plan.

### **Freestanding Psychiatric Hospitals for Adults Ages 21-64**

The purpose of this ILOS is to assist adult enrollees with significant behavioral health challenges. This population is often treated in more expensive general hospital psychiatric units, which creates access issues as beds in this setting are limited. Individuals often remain in emergency departments while waiting for available beds, thereby increasing costs to the healthcare system as they utilize those medical resources while awaiting beds in general hospitals. Use of freestanding psychiatric units reduces emergency department consumption, increases psychiatric bed capacity, and provides a less costly alternative to general hospital beds.

### **Injection Services Provided by Licensed Nurses to Adults Age 21 and Older**

Many enrollees are unable or unwilling to take oral psychotropics, or their mental status indicates a need for injectable medication to ensure compliance and stability. Embedded in the cost of many E&M coded visits is the cost of providing injectable medications. Allowing licensed nurses instead of physicians to perform this service delivery results in the most cost efficient and least costly service delivery, and helps

to ensure compliance. The goals are reducing subsequent office visits and reducing hospitalizations due to lack of compliance.

## **Mental Health Intensive Outpatient Programs**

The purpose of this ILOS is to provide enrollees treatment via the least restrictive level of care, allowing an alternative to inpatient hospitalization or Assertive Community Treatment and providing a step-down option from inpatient hospitalization for enrollees at high risk for readmission.

## **Mobile Crisis Response**

This ILOS is an initial or emergent crisis response intended to provide relief, resolution, and intervention through crisis supports and services during the first phase of a crisis in the community.

NOTE: The authorization for this ILOS will be terminated when comparable services are implemented in the Louisiana Medicaid State Plan.

## **Population Health Management Programs**

Mindoula Clinical Services' Population Health Management Program (PHMP) is a precision solution that targets, engages, and serves enrollees with SMI, SUD, and/or Sickle Cell Disease (SCD) and other comorbid medical conditions through team-based, tech-enabled, care extension services. This focused approach includes (1) identification of enrollees for the PHMP using proprietary algorithms and enrollee archetype data, (2) outreach and enrollment of enrollees using an intake process specific to SMI, SUD, and SCD populations, and (3) provision of tech-enabled programmatic interventions that include content and methods tailored to reducing total costs of care by addressing behavioral, medical, and social needs specific to SMI, SUD, and SCD populations.

These interventions are designed to enhance participants' skills, strategies, and supports, which in turn help to prevent and reduce unnecessary and avoidable medical costs associated with SMI, SUD, SCD, and other comorbid medical conditions, during the program and even after its completion.