

# **AmeriHealth Caritas Louisiana**

National Imaging Associates, Inc.*	
Clinical guidelines BRAIN (HEAD) MRA/MRV	Original Date: September 1997
CPT Codes: 70544, 70545, 70546	Last Revised Date: April 2021
Guideline Number: NIA_CG_004-2	Implementation Date: January 2022

## INDICATIONS FOR BRAIN (HEAD) MR Angiography/MR Venography

Brain MRI/MRA are not approvable simultaneously unless they meet the criteria described below in the Indications for Brain MRI/Brain MRA combination studies section.

## For evaluation of suspected intracranial vascular disease

(ACR, 2017, 2019 Robertson, 2020; Salmela, 2017)

### Aneurysm screening

 Screening for suspected intracranial aneurysm in patient with a first-degree familial history (parent brother, sister, or child) of intracranial aneurysm.

0

Note: Repeat study is recommended every 5 years (Chalouhi, 2011).

Screening for aneurysm in polycystic kidney disease (after age 30), Loeys-Dietz syndrome\*, fibromuscular dysplasia, spontaneous coronary arteries dissection (SCAD), or known aortic coarctation (Hayes, 2018; Hitchcock, 20176; Macaya, 2019)

\*For Loeys-Dietz imaging should be repeated at least every two years

## Vascular abnormalities

- Suspected vascular malformation (arteriovenous malformation (AVM) or dural arteriovenous fistula) in patient with previous or indeterminate imaging study-
- Thunderclap headache with continued concern for underlying vascular abnormality after initial negative work-up (Whitehead, 2019, Yeh, 2010, Yuan, 2005):
  - Negative Brain CT +AND
  - Negative Lumbar Puncture; OR
  - Negative Brain MRI
- Headache associated with exercise or sexual activity (IHSCHD-3, 2018)

<sup>\*</sup> National Imaging Associates, Inc. (NIA) is a subsidiary of Magellan Healthcare, Inc.

<sup>1-</sup>Brain (Head) MRA

- Isolated third nerve palsy (oculomotor) with pupil involvement to evaluate for aneurysm (Pula, 2016).
- Pulsatile tinnitus to identify a vascular etiology (Hofmann, 2013; Pegge, 2017).
   Note: MRI is the study of choice for detecting cavernomas (Morrison, 2016; Zyck, 2021)

#### Cerebrovascular Disease

0

- Ischemic
  - Recent ischemic stroke or transient ischemic attack (See Background section)
     (Sanelli, 2014; WintermarkWintermark, 2013)-
  - Known or suspected vertebrobasilar insufficiency (VBI) in patients with symptoms such as dizziness, vertigo, headaches, diplopia, blindness, vomiting, ataxia and weaknessataxia, weakness in both sides of the body, or abnormal speech (Lima-Neto, 2017; Pirau, 2019; Searls, 2012).

- Hemorrhagic
  - Known subarachnoid hemorrhage (SAH)
  - Known cerebral intraparenchymal hemorrhage with concern for underlying vascular abnormality

- Venous--MRV\*
  - Suspected central venous thrombosis (dural sinus thrombosis) (Ferro, 2017;
     SaposnikGustavo, 2011)
  - Distinguishing benign intracranial hypertension (pseudotumor cerebri) from dural sinus thrombosis (Agarwal, 2010; Aldossary, 2018)

- Sickle cells disease (ischemic and/or hemorrhagic)
- o (Abboud, 2003; Thust, 2014)
  - Neurological signs or symptoms in sickle cell patients
  - High stroke risk in sickle cell patients (2 16 years of age) with a transcranial doppler velocity > 200
- Vasculitis with initial laboratory workup (such as ESR, CRP, plasma viscosityserology)

(Berlit, 2014)

- Suspected secondary CNS vasculitis based on neurological sign or symptoms in the setting of an underlying systemic disease with abnormal inflammatory markers or autoimmune antibodies
- Suspected primary CNS vasculitis based on neurological signs and symptoms with completed infectious/inflammatory lab work-up (Godasi, 2019; Zuccoli, 2011)
- Giant cell arteritis with suspected intracranial involvement (Abdel Razek, 2014;
   Halbach Koster, 2018; Khan, 2015; Koster Halbach, 2018)

•

- Other intracranial vascular disease
  - Suspected Moyomoya disease (Ancelet, 2015; Tarasow, 2011)
  - Suspected reversible cerebral vasoconstriction syndrome (Singhal, 2016)

#### For evaluation of known intracranial vascular disease

(Robertson, 2020; Salmela, 2017ACR, 2017, 2019)

- Known intracranial aneurysm or vascular malformation (i.e., AVM or dural arteriovenous fistula)
- Vascular abnormality visualized on previous brain imaging that is equivocal or needs further evaluation
- Known vertebrobasilar insufficiency with new or worsening signs or symptoms (VBI) (Lima-Neto, 2017; Searls, 2012).
- Known vasculitis, reversible cerebral vasoconstriction syndrome or Moyomoya disease (Ancelet, 2015; Godasi, 2019; Obusez, 2014; Signhal, 2016; Tarasow, 2011)-

### Other Indications for a Brain MRA

Refractory trigeminal neuralgia when done for surgical planning (Leal, 2010)

Pre-operative/procedural evaluation for treatment, procedure, intervention, or brain/skull surgery

- Pre-operative evaluation for a planned surgery or procedure
- Refractory trigeminal neuralgia when done for surgical planning (Leal, 2010)

 Pre-operative evaluation for a planned surgery or procedure if the imaging provides diagnostic information that is not available on prior studies (provider should be referred to the health plan for nondiagnostic surgical planning studies.

## Post-operative/procedural evaluation

(Lee, 2015; Serafin, 2012)

 A follow-up study may be needed to help evaluate a patient's progress after treatment, procedure, intervention, or surgery. Documentation requires a medical reason that clearly indicates why additional imaging is needed for the type and area(s) requested

### Indications for Brain MRA/Neck MRA combination studies

Robertson, 2020; Salmela, 2017, ACR, 2017, 2019

- Recent ischemic stroke or transient ischemic attack (TIA) (Sanelli, 2014)
- Known or suspected vertebrobasilar insufficiency (VBI) in patients with symptoms such as dizziness, vertigo, headaches, diplopia, blindness, vomiting, ataxia, and weakness in both sides of the body, or abnormal speech (Lima-Neto, 2017; Pirau, 2019; Searls, 2012)
- Suspected carotid or vertebral artery dissection; due to trauma or spontaneous due to weakness of vessel wall\_leading to dissection (Franz, 2012; Shakir, 2016)
- Asymptomatic patients with an abnormal ultrasound of the neck or carotid duplex imaging (e.g., carotid stenosis ≥ 70%, technically limited study, aberrant direction of flow in the carotid or vertebral arteries) and patient is surgery or angioplasty candidate (Brott, 2011; DaCosta, 2019; Marquardt, 2010)

- Symptomatic patients with an abnormal ultrasound of the neck or carotid duplex imaging (e.g., carotid stenosis ≥ 50%, technically limited study, aberrant direction of flow in the carotid or vertebral arteries) and patient is surgery or angioplasty candidate (<u>BAAN, 2010; Brott, 2011; Rerkasem, 2011</u>)
- Pulsatile tinnitus to identify vascular etiology (Hofmann, 2013; Pegge, 2017)

## Indications for Brain MRI/Brain MRA combination studies

(Robertson, 2020; Salmela, 2017ACR, 2017, 2019)

- Recent ischemic stroke or transient ischemic attack
- Thunderclap headache with continued concern for underlying vascular abnormality after initial negative work-up (Whitehead, 2019, Yeh, 2010, Yuan, 2005):
  - Negative Brain CT; AND
  - Negative Lumbar Puncture
- Acute, sudden onset of headache with personal history of a vascular abnormality or first-degree family history of aneurysm
- Headache associated with exercise or sexual activity (IHSCHD-3, 2018)

•

Suspected venous thrombosis (dural sinus thrombosis) – MRV†\*

## Indications for Brain MRI/Brain MRA/Neck MRA combination studies

- Recent ischemic stroke or transient ischemic attack (TIA) (Robertson, 2020; Salmela, 2017 ACR, 2017, 2019)
- Approved indications as noted above and being performed in a child under 8 years of age who will need anesthesia for the procedure and there is a suspicion of concurrent intracranial pathology (Lawson, 2000)-

## **BACKGROUND**

Magnetic resonance angiography (MRA) or magnetic resonance venography (MRV) can be used as a first\_-line investigation of intracranial vascular disease. It is an alternative to invasive intra-catheter angiography that was once the mainstay for the investigation of intracranial vascular disease. MRA/MRV may use a contrast agent, gadolinium, which is non-iodine-based, for better visualization. It can be used in patients who have history of contrast allergy and who are at high risk of kidney failure. A single authorization covers both MRA and MRV.

The three different techniques of MRA/MRV are include: time of flight (both 2D and 3D TOF), phase contrast (PC), and contrast\_ed\_enhanced angiography. Time of flight MRA takes advantage of the phenomena of flow\_related enhancement and is the preferred MRA technique due to the speed at which the exam can be acquired.

MRA and Cerebral Aneurysms – Studies that compared MRA with catheter angiography in detecting aneurysms found that MRA could find 77% - 94% of the aneurysms previously diagnosed by catheter

angiography that were larger than 5 mm. For aneurysms smaller than 5 mm, MRI detected only 10% - 60% of those detected with catheter angiography. On the other hand, aneurysms that were missed by catheter angiography in patients with acute subarachnoid hemorrhage were detected with MRA, due to the much larger number of projections available with MRA (Chen, 2018).

MRA and Cerebral Arteriovenous Malformations (AVM) — Brain arteriovenous malformation (AVM) may cause intracranial hemorrhage and is usually treated by surgery. 3D TOF-MRA is commonly used during the planning of radio-surgery to delineate the AVM nidus, but it is not highly specific for the detection of a small residual AVM after radio-surgery.

MRA and non-aneurysmal vascular malformations — S—Non-aneurysmal vascular malformations can be divided in low flow vascular malformations and high flow vascular malformations. Low flow vascular malformations include dural venous anomalies (DVA), cavernomas, and capillary telangiectasias. High flow vascular malformations include AVM and dural arteriovenous fistulas (dAVF). For low flow malformations, MRI is the study of choice. There is limited medical literature to support vascular imagining (CTA or MRA). CTA plays a limited role in the assessment of cavernoma but may be used to demonstrate a DVA. MRA is not usually helpful in the assessment of cavernoma, capillary telangiectasia, and DVA. Vascular imaging is indicated in high flow vascular malformations. (ACR, 2017, 2019; Lee, 2012; Robertson, 2020; Salmela, 2017).

MRA and recent stroke or transient ischemic attack – k—A stroke or central nervous system infarction is defined as "brain, spinal cord, or retinal cell death attributable to ischemia, based on neuropathological, neuroimaging, and/or clinical evidence of permanent injury. ... Ischemic stroke specifically refers to central nervous system infarction accompanied by overt symptoms, whereas silent infarction causes no known symptoms" (Sacco, 2013). If imaging or pathology is not available, a clinical stroke is diagnosed by symptoms persisting for more than 24 hours. Ischemic stroke can be further classified by the type and location of ischemia and the presumed etiology of the brain injury. These include large-artery atherosclerotic occlusion (extracranial or intracranial), cardiac embolism, small-vessel disease and less commonly dissection, hypercoagulable states, sickle cell disease and undetermined causes (Kernan, 2014). TIAs in contrast, "are a brief episode of neurological dysfunction caused by focal brain or retinal ischemia, with clinical symptoms typically lasting less than one hour, and without evidence of acute infarction on imaging" (Easton, 2009). On average, the annual risk of future ischemic stroke after a TIA or initial ischemic stroke is 3–4%, with an incidence as high as 11% over the next 7 days and 24–29% over the following 5 years. This has significantly decreased in the last half century due to advances in secondary prevention (Hong, 2011).

Therefore, when revascularization therapy is not indicated or available in patients with an ischemic stroke or TIA, the focus of the work-up is on secondary prevention. This includes noninvasive vascular imaging to identify the underlying etiology, assess immediate complications and risk of future stroke. The majority of stroke evaluations take place in the inpatient setting. Admitting TIA patients is reasonable if they present within 72 hours and have an ABCD-(2) score ≥ 3, indicating high risk of early recurrence, or the evaluation cannot be rapidly completed on an outpatient basis {(Easton, 2009). Minimally, both stroke and TIA should have an evaluation for high-risk modifiable factors, such as carotid stenosis atrial fibrillation, as the cause of ischemic symptoms (Kernan, 2014). Diagnostic

recommendations include: neuroimaging evaluation as soon as possible, preferably with magnetic resonance imaging, including DWI; noninvasive imaging of the extracranial vessels should be performed, and noninvasive imaging of intracranial vessels is reasonable (Wintermark, 2013).

Patients with a history of stroke and recent work-up with new signs or symptoms indicating progression or complications of the initial CVA should have repeat brain imaging as an initial study. Patients with remote or silent strokes discovered on imaging should be evaluated for high-risk modifiable risk factors based on the location and type of the presumed etiology of the brain injury.

MRA and Intracerebral Hemorrhage – MRA is useful as a screening tool for an underlying vascular (Bekelis, 2012) abnormality (Bekelis, 2012) in the evaluation of spontaneous intracerebral hemorrhage (ICH). Etiologies of spontaneous ICH include tumor, vascular malformation, aneurysm, hypertensive arteriopathy, cerebral amyloid angiopathy, venous thrombosis, vasculitis, RCVS, drug\_-induced vasospasm, venous sinus thrombosis, Moyomoya disease, anticoagulant use and hemorrhagic transformation of an ischemic infarct. History can help point to a specific etiology. Possible risk factors for the presence of underlying vascular abnormalities include age younger than 65, female, lobar or intraventricular location, and the absence of hypertension or impaired coagulation.

**MRV** - A pitfall of the TOF technique, particularly 3D TOF, is that in areas of slowly flowing blood, turbulence, or blood which flows in the imaging plane there can be regions of absent or diminished signal. The signal loss can be confused with vascular occlusion or thrombi. To avoid this pitfall, MRA performed after the intravenous administration of gadolinium-based contrast agents is utilized at many facilities.

Intracranial magnetic resonance venography (MRV) is used primarily to evaluate the patency of the venous sinuses. The study can be performed with TOF, Phase contrast and IV contrast\_-enhanced techniques. Delayed images to allow for enhancement of the venous system are required to obtain images when intravenous gadolinium--enhanced studies are undertaken.

Saturation pulses are utilized in studies not undertaken with intravenous contrast to help eliminate flow\_-related signal in a specified direction and thus display the desired arterial or venous structures on their own. In cranial applications, saturation pulses applied at the inferior margin of the imaging field eliminate signal from arterial flow in order to visualize the veins. Conversely, superior saturation pulses are used to eliminate venous flow\_-related enhancement when evaluation of the arterial structures is desired (Ayanzen, 2000).

<u>\*</u>MRV and Central Venous Thrombosis\* – a MR Venogram is indicated for the evaluation of a central venous thrombosis/dural sinus thrombosis. The most frequent presentations are isolated headache, intracranial hypertension syndrome, seizures, focal neurological deficits, and encephalopathy. Risk factors are hypercoagulable states inducing genetic prothrombotic conditions, antiphospholipid syndrome and other acquired prothrombotic diseases (such as cancer), oral contraceptives, pregnancy, puerperium (6 weeks postpartum), infections, and trauma. COVID-19 infection is associated with hypercoagulability, and a thromboinflammatory response, and an increased incidence of venous thromboembolic events (VTE) (Connors, 2020; Tu, 2020). Since venous thrombosis can cause SAH,

infarctions, and hemorrhage, parenchymal imaging with MRI/CT is also appropriate (Bushnell, 2014; Coutrinho, 2015; Ferro, 2016).

**Combination MRI/MRA of the Brain** – This is one of the most misused combination studies and other than what is indicated above these examinations should be ordered in sequence, not together. Vascular abnormalities can be visualized on the brain MRI.

Patients presenting with a new migraine with aura (especially an atypical or complex aura) can mimic a transient ischemic attack or an acute stroke. If there is a new neurologic deficit, imaging should be guided by concern for cerebrovascular disease, not that the patient has a headache (Whitehead, 2019).

MRA and dissection- Craniocervical dissections can be spontaneous or traumatic. Patients with blunt head or neck trauma who meet Denver Screening criteria should be assessed for cerebrovascular injury (although about 20% will not meet criteria). The criteria include: focal or lateralizing neurological deficits (not explained by head CT); infarct on head CT; face, basilar skull, or cervical spine fractures; cervical hematomas that are not expanding; glasgow coma score less than 8 without CT findings; massive epistaxis; cervical bruit or thrill (Franz, 2012; Liang, 2013; Mundinger, 2013; Simon, 2019). Spontaneous dissection presents with headache, neck pain with neurological signs or symptoms. There is often minor trauma or precipitating factor (i.e., exercise, neck manipulation). Dissection is thought to occur due to weakness of the vessel wall, and there may be an underlying connective tissue disorder. Dissection of the extracranial vessels can extend intracranially and/or lead to thrombus which can migrate into the intracranial circulation, causing ischemia. Therefore, MRA of the head and neck is warranted (Nash, 2019; Shakir, 2016).

### **POLICY HISTORY**

Date	Summary	
April June 2021	Updated references Updated background section Reformatted and reordered indications	
	Added:	
	Brain MRI/MRA are not approvable simultaneously unless they	
	meet the criteria described below in the Indications for Brain	
	MRI/Brain MRA combination studies section	
	Headache associated with exercise or sexual activity (also in combo	
	section)	
	Note: MRI is the study of choice for detecting cavernomas	
	Giant cell arteritis with suspected intracranial involvement	
	<ul> <li>Pre-operative evaluation for a planned surgery or procedure if the</li> </ul>	
	imaging provides diagnostic information that is not available on	
	prior studies (provider should be referred to the health plan for	
	nondiagnostic surgical planning studies)	
	•	
	Clarified:	

 \*For Loeys-Dietz imaging should be repeated at least every two years Known vertebrobasilar insufficiency with new or worsening signs or symptoms Vasculitis with initial laboratory workup (such as ESR, CRP, serology) May 2020 • Updated background information references Reordered and categorized indications and background information **Clarified:**  Screening for aneurysm: polycystic kidney disease (after age 30) Suspected or known dural arteriovenous fistula as an example of a vascular malformation Recent ischemic stroke or transient ischemic attack (also in all combo sections) Cerebral intraparenchymal hemorrhage Suspected secondary CNS vasculitis based on neurological sign or symptoms in the setting of an underlying systemic disease Suspected primary CNS vasculitis based on neurological signs and symptoms • Vascular abnormality visualized on previous brain imaging that is equivocal or needs further evaluation • Reworded- Suspected carotid or vertebral artery dissection; due to trauma or spontaneous due to weakness of vessel wall leading to dissection – in the combo Neck/Brain MRA section Added: Screening for aneurysm: Loeys-Dietz syndrome Thunderclap headache with continued concern for underlying vascular abnormality after initial negative work-up Negative Brain CT; AND Negative Lumbar Puncture; OR Negative Brain MRI • Isolated third nerve palsy (oculomotor) with pupil involvement to evaluate for aneurysm • Vasculitis with initial laboratory workup (such as ESR, CRP, plasma viscosity) Thunderclap headache with continued concern for underlying vascular abnormality after initial negative work-up – in combo Brain

MRI/MRA section

	<ul> <li>Negative Brain CT; AND</li> </ul>
	<ul> <li>Negative Lumbar Puncture; OR</li> </ul>
	<ul> <li>Acute, sudden onset of headache with personal history of a vascular</li> </ul>
	abnormality or first-degree family history of aneurysm – in combo
	Brain MRI/MRA section
	<u>Deleted</u>
	<ul> <li>Screening for aneurysm: Ehlers-Danlos syndrome,</li> </ul>
	<u>neurofibromatosis</u>
	<ul> <li>Clinical suspicion of subarachnoid hemorrhage (SAH) (i.e.,</li> </ul>
	thunderclap headache)
	Known or suspected carotid or cerebral artery occlusion in patients
	with a sudden onset of one-sided weakness or numbness, abnormal
	speech, vision defects, incoordination or severe dizziness - in the
	combo Neck/Brain MRA section
	Clinical suspicion of subarachnoid hemorrhage (SAH) (i.e.,
	thunderclap headache) - in the combo MRI/MRA section
	thunderclap headache) - In the combo lyikij lyika section
July 2019	Added:
<u>July 2013</u>	Reversible cerebral vasoconstriction syndrome or
	Moyomoya disease
	<ul> <li>Clinical suspicion of subarachnoid hemorrhage (SAH) (i.e.,</li> </ul>
	thunderclap headache)
	<ul> <li>Spontaneous intracerebral hemorrhage with concern for</li> </ul>
	underlying vascular abnormality
	<ul> <li>Suspected primary CNS vasculitis with</li> </ul>
	infectious/inflammatory lab work-up, reversible cerebral
	vasoconstriction syndrome or Moyomoya disease
	<ul> <li>Refractory trigeminal neuralgia when done for surgical</li> </ul>
	planning
	• Further clarified:
	<ul> <li>Suspected vertebrobasilar insufficiency (VBI) symptoms</li> </ul>
	<ul> <li>MRV for suspected central venous thrombosis</li> </ul>
	• For Brain MRA/Neck MRA combo:
	<ul> <li>Removed the past two-week restriction from 'recent stroke</li> </ul>
	or TIA'
	<ul> <li>Clarified CVA symptoms to include - known or suspected</li> </ul>
	carotid or cerebral artery occlusion with sudden onset of
	numbness or incoordination
	<ul> <li>Added spontaneous injuries due to weakness of vessel wall</li> </ul>
	leading to dissection

- Added asymptomatic patients with an abnormal ultrasound of the neck or carotid duplex imaging (e.g. carotid stenosis ≥ 70%, technically limited study, aberrant direction of flow in the carotid or vertebral arteries) and patient is surgery or angioplasty candidate
- Added symptomatic patients with an abnormal ultrasound of the neck or carotid duplex imaging (e.g. carotid stenosis ≥ 50%, technically limited study, aberrant direction of flow in the carotid or vertebral arteries) and patient is surgery or angioplasty candidate
- Added section for Brain MRI/Brain MRA combination studies, including:
  - Recent stroke or transient ischemic attack
  - Clinical suspicion of subarachnoid hemorrhage (SAH) ie thunderclap headache
  - Suspected venous thrombosis (dural sinus thrombosis)
- Added section for Brain MRI/Brain MRA/Neck MRA combination studies, including:
  - Recent stroke or transient ischemic attack (TIA)
  - Approved indications as noted above and being performed in a child under 8 years of age who will need anesthesia for the procedure and there is a suspicion of concurrent intracranial pathology
- Updated background info and refs

## July 2019

- Added:
  - Reversible cerebral vasoconstriction syndrome or Moyomoya disease
  - Clinical suspicion of subarachnoid hemorrhage (SAH) (i.e., thunderclap headache)
  - Spontaneous intracerebral hemorrhage with concern for underlying vascular abnormality
  - Suspected primary CNS vasculitis with infectious/inflammatory lab work-up, reversible cerebral vasoconstriction syndrome or Moyomoya disease
  - Refractory trigeminal neuralgia when done for surgical planning
- Further clarified:
  - Suspected vertebrobasilar insufficiency (VBI) symptoms
  - MRV for suspected central venous thrombosis
- For Brain MRA/Neck MRA combo:
  - Removed the past two-week restriction from 'recent stroke or TIA'
  - Clarified CVA symptoms to include known or suspected carotid or cerebral artery occlusion with sudden onset of numbness or incoordination
  - Added spontaneous injuries due to weakness of vessel wall leading to dissection

- → Added asymptomatic patients with an abnormal ultrasound of the neck or carotid duplex imaging (e.g. carotid stenosis ≥ 70%, technically limited study, aberrant direction of flow in the carotid or vertebral arteries) and patient is surgery or angioplasty candidate
- Added symptomatic patients with an abnormal ultrasound of the neck or carotid duplex imaging (e.g. carotid stenosis ≥ 50%, technically limited study, aberrant direction of flow in the carotid or vertebral arteries) and patient is surgery or angioplasty candidate
- Added section for Brain MRI/Brain MRA combination studies, including:
  - Recent stroke or transient ischemic attack
  - Clinical suspicion of subarachnoid hemorrhage (SAH) ie thunderclap headache
  - Suspected venous thrombosis (dural sinus thrombosis)
- Added section for Brain MRI/Brain MRA/Neck MRA combination studies, including:
  - Recent stroke or transient ischemic attack (TIA)
  - Approved indications as noted above and being performed in a child under 8 years of age who will need anesthesia for the procedure and there is a suspicion of concurrent intracranial pathology
- Updated background info and refs

### May 2020

- Updated background information references
- Reordered and categorized indications and background information

## Clarified:

- Screening for aneurysm: polycystic kidney disease (after age 30)
- Suspected or known dural arteriovenous fistula as an example of a vascular malformation
- Recent ischemic stroke or transient ischemic attack (also in all combo sections)
- Cerebral intraparenchymal hemorrhage
- Suspected secondary CNS vasculitis based on neurological sign or symptoms in the setting of an underlying systemic disease
- Suspected primary CNS vasculitis based on neurological signs and symptoms
- Vascular abnormality visualized on previous brain imaging that is equivocal or needs further evaluation
- Reworded- Suspected carotid or vertebral artery dissection; due to trauma or spontaneous due to weakness of vessel wall leading to dissection – in the combo Neck/Brain MRA section

### Added:

- Screening for aneurysm: Loeys-Dietz syndrome
- Thunderclap headache with continued concern for underlying vascular abnormality after initial negative work-up
  - Negative Brain CT: AND
  - Negative Lumbar Puncture: OR

- Negative Brain MRI
- Isolated third nerve palsy (oculomotor) with pupil involvement to evaluate for aneurysm
- Vasculitis with initial laboratory workup (such as ESR, CRP, plasma viscosity)
- Thunderclap headache with continued concern for underlying vascular abnormality after initial negative work-up – in combo Brain MRI/MRA section
  - Negative Brain CT; AND
  - Negative Lumbar Puncture; OR
- Acute, sudden onset of headache with personal history of a vascular abnormality or first-degree family history of aneurysm – in combo Brain MRI/MRA section

### **Deleted**

- Screening for aneurysm: Ehlers Danlos syndrome, neurofibromatosis
- Clinical suspicion of subarachnoid hemorrhage (SAH) (i.e., thunderclap headache)
- Known or suspected carotid or cerebral artery occlusion in patients with a sudden onset of onesided weakness or numbness, abnormal speech, vision defects, incoordination or severe dizziness in the combo Neck/Brain MRA section
- Clinical suspicion of subarachnoid hemorrhage (SAH) (i.e., thunderclap headache) in the combo MRI/MRA section

#### REFERENCES

Abboud MR, Cure J, Granger S, et al. Magnetic resonance angiography in children with sickle cell disease and abnormal transcranial Doppler ultrasonography findings enrolled in the STOP study. [Epub December 18, 2003]. Blood. 2004. doi: 10.1182/blood-2003-06-1972.

Abdel Razek AA, Alvarez H, Bagg S, et al. Imaging spectrum of CNS vasculitis. *Radiographics*. 2014 Jul-Aug; 34(4):873-94).

Agarwal P, Kumar M, Arora V. Clinical profile of cerebral venous sinus thrombosis and the role of imaging in its diagnosis in patients with presumed idiopathic intracranial hypertension. *Indian J Ophthalmol.* 2010 Mar-Apr; 58(2:153-5.

Aldossary NM. Value of double - track sign in differentiating primary from thrombosed transverse sinus stenosis in patients presumed to have idiopathic intracranial hypertension. *eNeurologicalSci*. 2018 Jan 16; 10:22–25.

Agarwal P, Kumar M, Arora V. Clinical profile of screbral venous sinus thrombosis and the role of imaging in its diagnosis in patients with presumed idiopathic intracranial hypertension. *Indian J Ophthalmol.* 2010 Mar Apr; 58(2:153-5.

American Academy of Neurology (AAN). Carotid Endarterectomy- An evidence-based review. 2010.

American College of Radiology ACR Appropriateness Criteria® Cerebrovascular Disease 2017.

American College of Radiology ACR Appropriateness Criteria® - Cerebrovascular Disease-Child 2019.

Ancelet C, Boulouis G, Blauwblomme T, et al. Imaging Moya-Moya disease. Rev Neurol (Paris). 2015 Jan; 171(1):45-57. Epub 2014 Dec 30.

Ayanzen RH, Bird CR, Keller PJ, et al. Cerebral MR venography: Normal anatomy and potential diagnostic pitfalls. *AJNR Am J Neuroradiol*. 2000; 21(1):74-78. http://www.ajnr.org/content/21/1/74.long.

Bekelis K, Desai A, Zhao W, et al. Computed tomography angiography: Improving diagnostic yield and cost effectiveness in the initial evaluation of spontaneous nonsubarachnoid intracerebral hemorrhage. *J Neurosurg*. 2012 Oct; 117(4):761-6.

Berlit P, Kraemer M. Cerebral vasculitis in adults: What are the steps in order to establish the diagnosis? Red flags and pitfalls. *Clin Exp Immunol*. 2014; 175(3):419–424.

Brott TG, Halperin JL, Abbara S, et al. ASA / ACCF / AHA / AANN / AANS / ACR / ASNR / CNS / SAIP / SCAI / SIR / SNIS / SVM / SVS guideline on the management of patients with extracranial carotid and vertebral artery disease: Executive summary. *Circulation*. 2011; 124:489-532.

Bushnell C, Saposnik G. Evaluation and management of cerebral venous thrombosis. *Continuum (Minneap Minn)*. 2014 Apr; 20(2 Cerebrovascular Disease):335-51.

Chalouhi N, Chitale R, Jabbou P, et al. The case for family screening for intracranial aneurysms. *Neurosurg Focus*. 2011 Dec; 31(6):E8. http://thejns.org/doi/full/10.3171/2011.9.FOCUS11210.

Chen X, Liu Y, Tong H, et al. Meta-analysis of computed tomography angiography versus magnetic resonance angiography for intracranial aneurysm. *Medicine (Baltimore)*. 2018; 97(20):e10771. doi:10.1097/MD.000000000010771.

Connors JM, Levy JH. Thromboinflammation and the hypercoagulability of COVID-19. *J Thromb Haemost*. 2020;18(7):1559-1561. doi:10.1111/jth.14849.

Coutinho JM. Cerebral venous thrombosis. J Thromb Haemost. 2015 Jun; 13 Suppl 1:S238-44.

DaCosta M, Surowiec SM. Carotid Endarterectomy. *StatPearls*. Treasure Island, FL: StatPearls Publishing; 2019.

Easton JD, Saver JL, Albers GW, et al. Definition and evaluation of transient ischemic attack: A scientific statement for healthcare professionals from the American Heart Association/American Stroke Association Stroke Council; Council on Cardiovascular Surgery and Anesthesia; Council on Cardiovascular Radiology and Intervention; Council on Cardiovascular Nursing; and the Interdisciplinary Council on Peripheral Vascular Disease. The American Academy of Neurology affirms the value of this statement as an educational tool for neurologists. *Stroke*. 2009 Jun; 40(6):2276-93.

<u>Ferro JM, Bousser M-G, Canhão P, et al. European Stroke Organization guideline for the diagnosis and treatment of cerebral venous thrombosis - Endorsed by the European Academy of Neurology.</u>
<u>Eur Stroke J. 2017;2(3):195-221. doi:10.1177/2396987317719364.</u>

Ferro JM, Canhão P, Aguiar de Sousa D. Cerebral venous thrombosis. *La Presse Med*. 2016 Dec; 45(12 Pt 2):e429-e450. Epub 2016 Nov 2.

Franz RW, Willette PA, Wood MJ, et al. A systematic review and meta-analysis of diagnostic screening criteria for blunt cerebrovascular injuries. *J Am Coll Surg*. March 2012; 214(3):313-327.

Ferro JM, Canhão P, Aguiar de Sousa D. Cerebral venous thrombosis. *La Presse Med*. 2016 Dec; 45(12 Pt 2):e429 e450. Epub 2016 Nov 2.

Godasi R, Bollu PC. Primary central nervous system vasculitis. [Updated 2019 May 6]. In: StatPearls [Internet]. Treasure Island (FL): StatPearls Publishing; 2019 Jan-. https://www.ncbi.nlm.nih.gov/books/NBK482476/.

Halbach C, McClelland CM, Chen J, Li S, Lee MS. Use of noninvasive imaging in giant cell arteritis. *Asia Pac J Ophthalmol (Phila)*. 2018;7(4):260-264. doi:10.22608/APO.2018133.

Hayes SN, Kim ESH, Saw J, et al. American Heart Association Council on Peripheral Vascular Disease; Council on Clinical Cardiology; Council on Cardiovascular and Stroke Nursing; Council on Genomic and Precision Medicine; and Stroke Council. Spontaneous Coronary Artery Dissection: Current State of the Science: A Scientific Statement from the American Heart Association. Circulation. 2018 May 8; 137(19:e523-e557. Epub 2018 Feb 22.

Hitchcock E, Gibson WT. A Review of the Genetics of Intracranial Berry Aneurysms and Implications for Genetic Counseling. J Genet Couns. 2017 Feb; 26(1):21-31. doi: 10.1007/s10897-016-0029-8. Epub 2016 Oct 14.

Hofmann E, Behr R, Neumann-Haefelin T, et al. Pulsatile tinnitus: Imaging and differential diagnosis. *Deutsches Ärzteblatt International*. 2013; 110(26):451-458. http://www.ncbi.nlm.nih.gov/pmc/articles/PMC3719451/.

Hong KS, Yegiaian S, Lee M, et al. Declining stroke and vascular event recurrence rates in secondary prevention trials over the past 50 years and consequences for current trial design. Circulation. 2011 May 17; 123(19):2111-9. Epub 2011 May 2.

International Headache Society (IHS). Headache Classification Committee of the International Headache Society (IHS) - The international classification of headache disorders, 3rd edition. Cephalalgia. 2018; 38(1):1–211.

Kernan WN, Ovbiagele B, Black HR, et al. Guidelines for the prevention of stroke in patients with stroke and transient ischemic attack: A guideline for healthcare professionals from the American Heart Association/American Stroke Association. *Stroke*. 2014 Jul; 45(7):2160-236.

Khan A, Dasgupta B. Imaging in giant cell arteritis. *Curr Rheumatol Rep.* 2015;17(8):52. doi:10.1007/s11926-015-0527-y.

Koster MJ, Matteson EL, Warrington KJ. Large-vessel giant cell arteritis: Diagnosis, monitoring, and management. *Rheumatol.* 2018; 57(suppl2):II32-42.

Lafitte F, Boukobza M, Guichard JP, et al. MRI and MRA for diagnosis and follow-up of cerebral venous thrombosis (CVT). Clin Radiol. 1997;52(9):672-679. doi:10.1016/s0009-9260(97)80030-x.

Lawson GR. Sedation of children for magnetic resonance imaging. Archives of Disease in Childhood. 2000; 82(2):150-153. https://adc.bmj.com/content/82/2/150.

Leal PR, Hermier M, Froment JC, et al. Preoperative demonstration of the neurovascular compression characteristics with special emphasis on the degree of compression, using high-resolution magnetic resonance imaging: A prospective study, with comparison to surgical findings, in 100 consecutive patients who underwent microvascular decompression for trigeminal neuralgia. *Acta Neurochir (Wien)*. 2010 May; 152(5):817-25.

Lee CC, Reardon MA, Ball BZ, et al. The predictive value of magnetic resonance imaging in evaluating intracranial arteriovenous malformation obliteration after stereotactic radiosurgery. J Neurosurg. 2015 Jul; 123(1):136-44. doi: 10.3171/2014.10.JNS141565. Epub 2015 Apr 3.

Lee M, Kim MS. Image findings in brain developmental venous anomalies. J Cerebrovasc Endovasc Neurosurg. 2012 Mar; 14(1):37-43. doi: 10.7461/jcen.2012.14.1.37. Epub 2012 Mar 31.

Liang T, Tso DK, Chiu RY, et al. Imaging of blunt vascular neck injuries: A review of screening and imaging modalities. *AJR Am J Roentgenol*. 2013 Oct; 201(4):884-92.

Lima Neto AC, Bittar R, Gattas GS, et al. pathophysiology and diagnosis of vertebrobasilar insufficiency: A review of the literature. *Int Arch Otorhinolaryngol*. 2017; 21(3):302–307.

Macaya F, Moreu M, Ruiz-Pizarro V, et al. Screening of extra-coronary arteriopathy with magnetic resonance angiography in patients with spontaneous coronary artery dissection: A single-centre experience. *Cardiovasc Diagn Ther*. 2019 Jun; 9(3:229-238.

Marquardt L, Geraghty OC, Mehta Z, et al. Low risk of ipsilateral stroke in patients with asymptomatic carotid stenosis on best medical treatment: A prospective, population-based study. *Stroke*. 2010; 41(1):e11.

Morrison L, Akers A. Cerebral cavernous malformation, familial. In: Adam MP, Ardinger HH, Pagon RA, et al., eds. *GeneReviews®*. University of Washington, Seattle; 1993. [Updated 2016 Aug 4]. Accessed August 17, 2021. http://www.ncbi.nlm.nih.gov/books/NBK1293/.

Mundinger GS, Dorafshar AH, Gilson MM, et al. Blunt-mechanism facial fracture patterns associated with internal carotid artery injuries: recommendations for additional screening criteria based on analysis of 4,398 patients. *J Oral Maxillofac Surg*. December 2013; 71(12):2092-2100.

Nash M, Rafay MF. Craniocervical Arterial Dissection in Children: Pathophysiology and Management. Pediatr Neurol. 2019 Jun; 95:9-18. doi:10.1016/j.pediatrneurol.2019.01.020. Epub 2019 Feb 2.

Obusez EC, Hui F, Hajj-Ali RA, et al. High-resolution MRI vessel wall imaging: spatial and temporal patterns of reversible cerebral vasoconstriction syndrome and central nervous system vasculitis. *AJNR Am J Neuroradiol*. 2014; 35(8): 1527-1532.

http://www.ajnr.org/content/early/2014/04/10/ajnr.A3909.full.pdf.

Pegge SAH, Steens SCA, Kunst HPM, et al. Pulsatile tinnitus: Differential diagnosis and radiological work-up. *Curr Radiol Rep.* 2017; 5(1):5.

Pirau L, Lui F. Vertebrobasilar Insufficiency. [Updated 2019 Mar 31]. In: StatPearls [Internet]. Treasure Island (FL): StatPearls Publishing; 2019 Jan-. Available from: https://www.ncbi.nlm.nih.gov/books/NBK482259/.

Pula JH, Kwan K, Yuen CA, Kattah JC. Update on the evaluation of transient vision loss. *Clin Ophthalmol*. 2016; 10:297–303. Published 2016 Feb 11.

Rerkasem K, Rothwell PM. Carotid endarterectomy for symptomatic carotid stenosis. *Cochrane Database Syst Rev.* 2011.

Robertson RL, Palasis S, Rivkin MJ, et al. ACR Appropriateness Criteria® Cerebrovascular Disease-Child. *J Am Coll Radiol*. 2020;17(5S):S36-S54. doi:10.1016/j.jacr.2020.01.036.

Sacco RL, Kasner SE, Broderick JP, et al. An updated definition of stroke for the 21<sup>st</sup> century: A statement for healthcare professionals from the American Heart Association/American Stroke Association. *Stroke*. 2013 Jul; 44(7):2064-89.

Salmela MB, Mortazavi S, Jagadeesan BD, et al. ACR Appropriateness Criteria © Cerebrovascular Disease. *J Am Coll Radiol*. 2017;14(5S):S34-S61. doi:10.1016/j.jacr.2017.01.051.

Sanelli PC, Sykesa JB, Ford AL, et al. Imaging and treatment of patients with acute stroke: An evidence-based review. *AJNR Am J Neuroradiol*. 2014; 35:1045-1051. http://www.ajnr.org/content/35/6/1045.full.

Saposnik G, Barinagarrementeria F, Brown RD, et al. Diagnosis and management of cerebral venous thrombosis: a statement for healthcare professionals from the American Heart Association/American Stroke Association. Stroke. 2011;42(4):1158-1192. doi:10.1161/STR.0b013e31820a8364.

Searls DE, Pazdera L, Korbel E, et al. Symptoms and signs of posterior circulation ischemia in the new England medical center posterior circulation registry. *Arch Neurol*. 2012; 69(3):346.

Serafin Z, Strześniewski P, Lasek W, et al. Follow-up after embolization of ruptured intracranial aneurysms: A prospective comparison of two-dimensional digital subtraction angiography, three-dimensional digital subtraction angiography, and time-of-flight magnetic resonance angiography. Neuroradiol. 2012 Nov; 54(11):1253-60. Epub 2012 Apr 10.

Shakir HJ, Davies JM, Shallwani H, Siddiqui AH, Levy EI. Carotid and Vertebral Dissection Imaging. *Curr Pain Headache Rep.* 2016 Dec; 20(12:68.

Simon LV, Mohseni M. Vertebral Artery Injury. *StatPearls*. Treasure Island, FL: StatPearls Publishing; 2019. https://www.ncbi.nlm.nih.gov/books/NBK470363/.

Singhal AU, Topcuoglu MA, Fok JW, et al. Reversible cerebral vasoconstriction syndromes and primary angiitis of the central nervous system: Clinical, imaging, and angiographic comparison. Ann Neurol. 2016 Jun; 79(6):882-94. Epub 2016 Apr 28.

Tarasów E, Kułakowska A, Lukasiewicz A, et al. Moyamoya disease: Diagnostic imaging. *Pol J Radiol*. 2011; 76(1):73–79.

Thust SC, Burke C, Siddiqui A. Neuroimaging findings in sickle cell disease. *Br J Radiol*. 2014; 87(1040):20130699. doi:10.1259/bjr.20130699.

Tu TM, Goh C, Tan YK, et al. Cerebral venous thrombosis in patients with COVID-19 infection: a case series and systematic review. *J Stroke Cerebrovasc Dis.* 2020;29(12):105379. doi:10.1016/j.jstrokecerebrovasdis.2020.105379.

Whitehead MT, Cardenas AM, Corey AS, et al. ACR Appropriateness Criteria® - Headache. *J Am Coll Radiol*. 2019; 16:S364-S377.

Wintermark M, Sanelli PC, Albers GW, et al. Imaging recommendations for acute stroke and transient ischemic attack patients: A joint statement by the American Society of Neuroradiology, the American College of Radiology, and the Society of NeuroInterventional Surgery. AJNR Am J Neuroradiol. 2013 Nov-Dec; 34(11):E117-27. Epub 2013 Aug 1.

Wong JH, Mitha AP, Willson M, et al. Assessment of brain aneurysms by using high-resolution magnetic resonance angiography after endovascular coil delivery. *J Neurosurg*. August 2007; 107(2):283-289. Xu HW, Yu SQ, Mei CL, Li MH. Screening for intracranial aneurysm in 355 patients with autosomaldominant polycystic kidney disease. *Stroke*. 2011;42(1):204-206. doi:10.1161/STROKEAHA.110.578740.

Yeh YC, Fuh JL, Chen SP, et al. Clinical features, imaging findings and outcomes of headache associated with sexual activity. *Cephalalgia*. 2010 Nov; 30(11):1329-35.

Yuan MK, Lai PH, Chen JY, et al. Detection of subarachnoid hemorrhage at acute and subacute/chronic stages: Comparison of four magnetic resonance imaging pulse sequences and computed tomography. *J Chin Med Assoc*. 2005 Mar; 68(3):131-7.

Zuccoli G, Pipitone N, Haldipur A, et al. Imaging findings in primary central nervous system vasculitis. [Published online ahead of print May 11, 2011]. Clin Exp Rheumatol. 2011; 29(1 Suppl 64):S104-109.

Zyck S, Gould GC. Cavernous venous malformation. In: *StatPearls*. StatPearls Publishing; 2021. Accessed August 16, 2021. http://www.ncbi.nlm.nih.gov/books/NBK526009/.

#### **NEW**

Ferro JM, Bousser MG, Canhão P, Coutinho JM, Crassard I, Dentali F, di Minno M, Maino A, Martinelli I, Masuhr F, de Sousa DA, Stam J; European Stroke Organization. European Stroke Organization guideline for the diagnosis and treatment of cerebral venous thrombosis - Endorsed by the European Academy of Neurology. Eur Stroke J. 2017 Sep;2(3):195-221. doi: 10.1177/2396987317719364. Epub 2017 Jul 21. PMID: 31008314; PMCID: PMC6454824.

Lafitte F, Boukobza M, Guichard JP, Hoeffel C, Reizine D, Ille O, Woimant F, Merland JJ. MRI and MRA for diagnosis and follow-up of cerebral venous thrombosis (CVT). Clin Radiol. 1997 Sep;52(9):672-9. doi: 10.1016/s0009-9260(97)80030-x. PMID: 9313731.

**Diagnosis and Management of Cerebral Venous Thrombosis** 

<u>A Statement for Healthcare Professionals From the American Heart Association/American Stroke</u>
<u>Association</u>

Gustavo Saposnik, Fernando Barinagarrementeria, Robert D. BrownJr, Cheryl D. Bushnell, Brett Cucchiara, Mary Cushman, Gabrielle deVeber, Jose M. Ferro, and Fong Y. Tsai and on behalf of the American Heart Association Stroke Council and the Council on Epidemiology and Prevention

<u>Originally published3 Feb 2011https://doi.org/10.1161/STR.0b013e31820a8364Stroke. 2011;42:1158–1192</u>

Morrison L, Akers A. Cerebral Cavernous Malformation, Familial. 2003 Feb 24 [Updated 2016 Aug 4]. In: Adam MP, Ardinger HH, Pagon RA, et al., editors. GeneReviews® [Internet]. Seattle (WA): University of Washington, Seattle; 1993–2021. Available from: https://www.ncbi.nlm.nih.gov/books/NBK1293/

Zyck S, Gould GC. Cavernous Venous Malformation. [Updated 2021 Apr 2]. In: StatPearls [Internet]. Treasure Island (FL): StatPearls Publishing; 2021 Jan-. Available from: https://www.ncbi.nlm.nih.gov/books/NBK526009

<u>Headache Classification Committee of the International Headache Society (IHS) The International Classification of Headache Disorders, 3rd edition. Cephalalgia. 2018;38(1):1.</u>

Abdel Razek AA, Alvarez H, Bagg S, et al. Imaging spectrum of CNS vasculitis. *Radiographics*. 2014 Jul-Aug; 34(4):873-94).

Koster MJ, Matteson EL, Warrington KJ. Large-vessel giant cell arteritis: Diagnosis, monitoring, and management. Rheumatol. 2018; 57(suppl2):II32-42.

Use of Noninvasive Imaging in Giant Cell Arteritis

Halbach, Caroline MD\*; McClelland, Collin M. MD\*; Chen, John MD, PhD†; Li, Suellen BA‡; Lee, Michael S. MD\* Author Information

Asia Pacific Journal of Ophthalmology: July 2018 Volume 7 Issue 4 p 260 264 doi: 10.22608/APO.2018133.

Khan A, Dasgupta B. Imaging in Giant Cell Arteritis. Curr Rheumatol Rep. 2015 Aug;17(8):52. doi: 10.1007/s11926-015-0527 y. PMID: 26113013.

Screening for Intracranial Aneurysm in 355 Patients With Autosomal-Dominant Polycystic Kidney Disease H.W. XU. Originally published16 Doc 2010https://doi.org/10.1161/STROKEAHA.110.578740Stroke. 2011;42:204 206

Tu TM, Goh C, Tan YK, Leow AS, Pang YZ, Chien J, Shafi H, Chan BP, Hui A, Koh J, Tan BY, Umapathi NT, Yeo LL. Cerebral Venous Thrombosis in Patients with COVID-19 Infection: a Case Series and Systematic Review. J Stroke Cerebrovasc Dis. 2020 Dec;29(12):105379. doi: 10.1016/j.jstrokecerebrovasdis.2020.105379. Epub 2020 Oct 6. PMID: 33254369; PMCID: PMC7538072.

Connors JM, Levy JH. Thromboinflammation and the hypercoagulability of COVID-19. J Thromb Haemost. 2020 Jul;18(7):1559-1561. doi: 10.1111/jth.14849. Epub 2020 May 26. PMID: 32302453.

**Reviewed / Approved by NIA Clinical Guideline Committee** 

Reviewed Approved by M. Attf Khalid, M.D., Medical Director, Radiology

It is an expectation that a strength of the first of the first

Disclaimer: Magellan Healthcare service authorization policies do not constitute medical advice and are not intended to govern or otherwise influence the practice of medicine. These policies are not meant to supplant your normal procedures, evaluation, diagnosis, treatment and/or care plans for your patients. Your professional judgement must be exercised and followed in all respects with regard to the treatment and care of your patients. These policies apply to all Magellan Healthcare subsidiaries including, but not limited to, National Imaging Associates ("Magellan"). The policies constitute only the reimbursement and coverage guidelines of Magellan. Coverage for services varies for individual members in accordance with the terms and conditions of applicable Certificates of Coverage, Summary Plan Descriptions, or contracts with governing regulatory agencies. Magellan reserves the right to review and update the guidelines at its sole discretion. Notice of such changes, if necessary, shall be provided in accordance with the terms and conditions of provider agreements and any applicable laws or regulations.