## IN LIEU OF SERVICES

"In lieu of" services (ILOS) are alternative services or settings covered by the MCO as a substitute or alternative to services or settings covered under the Louisiana Medicaid State Plan. In accordance with 42 C.F.R. § 438.3(e)(2), ILOS are medically appropriate and cost-effective substitute services that are offered voluntarily by the MCO. If offered, the MCO may not require enrollees to use any ILOS and the MCO reserves the right to cap or limit the number of enrollees receiving the ILOS at any time and for any reason. This section lists all approved ILOS that may be offered by the MCO.

## **Physical Health Services**

MCOs must notify LDH of their intent to offer any of the authorized ILOS within this section and provide their policies for prior approval. Authorized physical health ILOS include the following:

- Chiropractic Services for Adults Age 21 and Older
- Hospital-Based Care Coordination for Pregnant and Postpartum Individuals with Substance Use Disorder and Their Newborns
- Doula Services
- Remote Patient Monitoring