

AmeriHealth Caritas Louisiana

National Imaging Associates, Inc.	
Clinical guidelines BRAIN (HEAD) MRI BRAIN (HEAD) MRI with IAC (Internal Auditory Canal)	Original Date: September 1997
CPT Codes: 70551, 70552, 70553 – Brain MRI 70540, 70542, 70543 - IAC	Last Revised Date: May 2020
Guideline Number: NIA_CG_001	Implementation Date: January 2021 TBD

GENERAL INFORMATION:

It is an expectation that all patients receive care/services from a licensed clinician. All appropriate supporting documentation, including recent pertinent office visit notes, laboratory data, and results of any special testing must be provided. All prior relevant imaging results, and the reason that alternative imaging (gold standard, protocol, contrast, etc.) cannot be performed must be included in the documentation submitted.

INDICATIONS FOR BRAIN MRI:

For evaluation of headache:

(ACR, 2019; Holle, 2013; Quinones-Hinojosa, 2003; Schafer, 2007; Wilbrink, 2009)

(Holle, 2013; Schaefer, 2007; Wilbrink, 2009; ACR, 2019; Quinones-Hinojosa, 2003)

- Chronic headache with a change in character/pattern (e.g., more frequent, increased severity, or duration).
- Cluster headaches- imaging is indicated once to eliminate secondary causes
- New acute headache, sudden onset:
 - With a personal or family history (brother, sister, parent, or child) of brain aneurysm or AVM (arteriovenous malformation) OR
 - < 48 hours of “worst headache in my life” or “thunderclap” headache.
Note: The duration of a thunderclap type headache lasts more than 5 minutes. Sudden onset new headache reaching maximum intensity within 2-3 minutes.
 - Prior history of stroke or intracranial bleed
 - Known coagulopathy or on anticoagulation
- New onset of headache and with any of the following (ACR, 2019; Micieli, 2020; Mitsikostas, 2016): (ACR, 2019; Mitsikostas, 2016; Micieli, 2020):

- Acute, new, or fluctuating neurologic deficits such as sensory deficits, limb weakness, speech difficulties, visual loss*, lack of coordination, or mental status changes or with signs of increased intracranial pressure (papilledema)

* *Not explained by underlying ocular diagnosis, glaucoma, or macular degeneration

Note: Neuroimaging warranted for atypical/complex migraine aura, but not for a typical migraine aura (see background)

- History of cancer or significantly immunocompromised
- Fever
- Subacute head trauma
- Pregnancy or puerperium (Hamilton, 2020; Shobeiri, 2019)
- Age > 50
- ~~— Temporal headache in person > 55, with sedimentation rate (ESR) > 55 with tenderness over the temporal artery.~~
- Severe unilateral headache with radiation to or from the neck, associated with suspicion of carotid or vertebral artery dissection.
- Related to activity or event (sexual activity, exertion, position) (new or progressively worsening)
- Persistent or progressively worsening during a course of physician directed treatment (ACR, 2019; Kuruvilla, 2015; Martin, 2011) (Kuruvilla, 2015; Martin, 2011)
- Special considerations in the pediatric population with persistent headache (Trofimova, 2018):
 - Occipital location
 - Age < 6 years
 - Symptoms indicative of intracranial pressure, such as recurring headaches after waking with or without associated nausea/vomiting
 - Documented absence of No family history of headache
 - Severe headache in a child with an underlying disease that predisposes to intracranial pathology (e.g., immune deficiency, sickle cell disease neurofibromatosis, history of neoplasm, coagulopathy, hypertension, congenital heart disease)

For evaluation of neurologic symptoms or deficits:
(ACR, 2019)

- Acute, new, or fluctuating neurologic symptoms or deficits such as, sensory deficits, limb weakness, speech difficulties, visual loss*, lack of coordination, or mental status changes.

* Not explained by underlying ocular diagnosis, glaucoma or macular degeneration

~~Acute, new, or fluctuating neurologic symptoms or deficits such as sensory deficits, limb weakness, speech difficulties, visual loss*, lack of coordination, or mental status changes~~

~~* Not explained by underlying ocular diagnosis, glaucoma or macular degeneration~~

For evaluation of known or suspected stroke or vascular disease:
(ACR 2017, 2019; Jauch, 2013)
~~(Jauch, 2013; ACR 2017; ACR 2019)~~

- Known or suspected stroke with any acute, new, or fluctuating symptoms or deficits such as sensory deficits, limb weakness, speech difficulties, visual loss*, lack of coordination, or mental status changes
*Not explained by underlying ocular diagnosis, glaucoma or macular degeneration
- Suspected stroke with a personal or family history (brother, sister, parent or child) of aneurysm or known coagulopathy or on anticoagulation.
- Symptoms of transient ischemic attack (TIA) (episodic neurologic symptoms)
- Evaluation of suspected acute subarachnoid hemorrhage (SAH).
- Follow up for known hemorrhage, hematoma or vascular abnormalities.
- Suspected central venous thrombosis - see background (ACR, 2017, Bushnell, 2014)
- Evaluation of neurological signs or symptoms in sickle cell disease (Mackin, 2014; Thust, 2014);Thust, 2014; Mackin, 2014)

For evaluation of known or suspected trauma:

(Lee, 2005; Jagoda, 2008; ACR, 2019, Jagoda, 2008; -Polinder, 2018)

- Known or suspected trauma or injury to the head with documentation of one or more of the following acute, new, or fluctuating:
 - Focal neurologic findings
 - Motor changes
 - Mental status changes
 - Amnesia
 - Vomiting
 - Seizures
 - Headache
 - Signs of increased intracranial pressure
- Known coagulopathy or on anticoagulation
- Known or suspected skull fracture by physical exam and positive x-ray.
- Post concussive syndrome if persistent or disabling symptoms and imaging has not been performed
- Subacute or chronic traumatic brain injury with new cognitive and/or neurologic deficit

For evaluation of suspected brain tumor, mass, or metastasis:

(Kerjnick, 2008; NCCN, 2019)NCCN, 2019; Kerjnick, 2008)

- Suspected brain tumor with any acute, new, or fluctuating neurologic symptoms or deficits such as sensory deficits, limb weakness, speech difficulties, visual loss*, lack of coordination, or mental status changes.
* Not explained by underlying ocular diagnosis, glaucoma, or macular degeneration
- Suspected ~~recurrence or~~ brain metastasis or intracranial involvement in patients with a prior history of cancer based on neurological symptoms or examination findings (may include new or changing lymph nodes)

Suspected Pituitary Tumors:

(ACR, 2018; GHRS, 2000; Kannan, 2013; Majumdar, 2013; Shalender, 2018)

- W~~i~~S~~s~~u~~sspected pituitary tumor with the following: (~~ACR Neuroendocrine, 2018; GHS, 2000; Kannan, 2013; Shalender, 2018; Majumdar, 2013~~)

 - Neurologic findings (e.g. visual field deficit suggesting compression of the optic chiasm)
 - Suspected hypofunctioning pituitary gland based on hormonal testing e.g.i.e., hypo pituitarism, growth hormone deficiency, hypogonadotropic hypogonadism [i.e. low gonadotropins (FSH/LH) and sex hormones*1]}
 - * S~~s~~evere secondary hypogonadism with total testosterone persistently < 150 and low or normal LH/FSH o~~r~~ OR
 - * T~~e~~stosteron levels below normal range with low or normal LH/FSH; and AND
 - Neurologic sign and symptoms; OR
 - Other pituitary hormonal abnormalities; OR
 - Consideration and exclusion of all other reversible functional causes of gonadotropin suppression (e.g. obesity, opioid use, or comorbid illness)
 - Sspected hyperfunctioning pituitary gland based on hormonal testing i.e., central hyperthyroidism (high TSH), Cushing disease (high ACTH), acromegaly/gigantism (high GH/IGF-1) or elevated prolactin (≥ 250100 ng/mL or persistently elevated in the absence of another cause e.g. stress, pregnancy, hypothyroidism, medication)
 - Central Diabetes Insipidus (low ADH)
 - Precocious puberty in a child (male < 9; female < 8), with hormonal studies suggesting a central cause and evidence of anaccelerated bone age on X-ray ——— (Faizah, 2012)
 - Pituitary apoplexy with sudden onset of neurological and hormonal symptoms~~

For evaluation of known brain tumor, mass, or metastasis: (~~Kerjnick, 2008~~)

- Follow up of known malignant brain tumor
- Sspected recurrence with prior history of CNS cance based on neurological symptoms or examination findings
- Patient with history of CNS cance (either primary or secondary) and a recent course of chemotherapy, radiation therapy (tothe brain), or surgical treatment within the last two (2) years (NCCN, 2020)
- Follow up of known benignant brain tumor/lesion if symptomatic, new/changing signs or symptoms or complicating factors
- Follow up of known meningioma (NHS, 2018)
 - If <2cm or heavily calcified at 2 years and 5 years
 - > 2cm annually for 3 years and then scans at 5 years and 10 years.
 - Multiple meningiomas, annually
 - After treatment (surgery or radiotherapy), post - operative if concern for residual tumor, every 6-12 months then annually for 3-5 years based on WHO Grade (see background)
- Follow-up known of pituitary adenoma
 - New signs or symptoms
 - Functioning adenoma - to assess response to treatment and 1-year follow-up after drug holiday (Stoller, 2012)

- Asymptomatic Macroadenoma ($\geq 10\text{mm}$) follow up every 6-18 months, post-surgical follow up 1-2 years after surgery (Dekkers, 2008)
- Asymptomatic, non-functioning Microadenoma $< 10\text{mm}$ repeat in one year; if stable, repeat every 2-3 years (Lake, 2013)

~~Known brain tumor and new onset of headache:~~

- Tumor evaluation and monitoring in neurocutaneous syndromes – see background
- Follow of known pineal cyst ($\geq 5\text{mm}$) if there are atypical features or symptoms (e.g., headaches, gaze paresis, ataxia, papilledema, nausea/vomiting) (~~Jussila 2017~~; Cauley, 2009; ~~Jussila 2017~~)
- Follow of known arachnoid cyst (~~Mustansir, 2018~~; Al-Holou, 2010, 2013; ~~Mustansir, 2018~~)
 - < 4 years old, serial imaging is warranted
 - > 4 years old, repeat imaging only if symptomatic i.e. headaches, increased intracranial pressure, hydrocephalus, local mass effect, seizures, visual/endocrine dysfunction.

For screening for known Non-CNS Cancer - see background
(~~NCCN, 2019~~), ~~see background~~)

- Default screening for
 - Kidney cancer
 - Lung cancer
 - Merkel cell carcinoma
 - Mucosal melanoma of the head and neck, especially of the oral cavity
 - Poorly differential neuroendocrine cancer (Large or Small cell/Unknown primary of neuroendocrine origin)
- Screening with preconditions
 - AML..... Suspicion of leukemic meningitis
 - Cutaneous melanoma..... Stage IIIC or higher
 - Testicular cancer-Seminoma..... High risk
 - Gestational Trophoblastic Neoplasia..... Pulmonary metastasis
 - Bladder cancer..... High risk, i.e., small cell
- All other cancer if CNS symptoms present

For screening of Hereditary Cancer Syndromes

- Li Fraumeni syndrome- Annually (Cureus, 2018)
- Von Hippel Lindau – Annually/Every 2 years, starting at age of 8 years (Rednam, 2017).
- Tuberous Sclerosis – Every 1-3 years, until the age of 25 years (Kreuger, 2013)
- MEN1 – Every 3-5 years, starting at the age of 5 years (Brandi, 2001)
- NF-2- Brain IAC: Annually starting, from age of 10 years (Evans, 2017)
- Sturge Weber Syndrome: Once, after age 1 to rule out intracranial involvement after; in patients < 1 year, only if symptomatic (Comi, 2011).

Indications for combination studies for the initial pre-therapy staging of cancer, OR active monitoring for recurrence as clinically indicated, OR evaluation of suspected metastases: (NCCN, 2019)

- < 5 concurrent studies to include CT or MRI of any of the following areas as appropriate depending on the cancer: Neck, Abdomen, Pelvis, Chest, Brain, Cervical Spine, Thoracic Spine or Lumbar Spine.

For evaluation of known or suspected seizure disorder:

(~~ACR, 2019; Cendes, 2016; Krumholz, 2007; Gaillard, 2009; Ramli, 2015~~) (~~ACR-Sz, 2019; Cendes, 2016; Ho, 2013; Krumholz, 2007;~~) (~~Ramli, 2015~~)

- New onset of an unprovoked seizure in adults
- Newly identified change in seizure activity/pattern
- Known seizure disorder without previous imaging
- Medically refractory epilepsy
- Imaging indications for new onset seizures in the pediatric population (Hirtz, 2000; Kimia, 2012; Sadeq, 2016; Sahikj, 2019; Hirtz, 2000; Kimia, 2012)
 - Abnormal neurological exam, especially a postictal focal deficit
 - Significant developmental delay
 - Focal onset
 - EEG shows focal or suspected structural abnormalities
 - <1 year of age

Note: Imaging is not indicated in simple febrile seizures

For evaluation of suspected multiple sclerosis (MS):

(CMSC, 2018; ~~Thompson, 2017~~; Traboulsee, 2016; ~~Thompson, 2017~~)

- For evaluation of patient with neurologic symptoms or deficits suspicious for MS with
 - A clinically isolated syndrome (optic neuritis, transverse myelitis or brain stem syndrome);
 - OR**
 - Recurrent episodes of variable neurological signs or symptoms not attributable to another cause
- To demonstrate dissemination in time for diagnosis (6-12 months for high risk, 12-24 months for low risk)

For evaluation of known multiple sclerosis (MS):

(CMSC, 2018)

- To establish a new baseline (no recent imaging, postpartum, or 6-12 months after switching disease modifying therapy)
- Prior to starting or switching disease-modifying therapy
- Every 1-2 years while on disease-modifying therapy to assess for subclinical disease activity, less frequently when stable for 2-3 years
- New signs or symptoms suggested of an exacerbation or unexpected clinical worsening
- Progressive Multifocal Leukoencephalopathy (PML) -surveillance for patients on natalizumab

For evaluation of known or suspected infectious or inflammatory disease (e.g., meningitis or abscess) (Lummel, 2016; Oliveira, 2014)

- Suspected intracranial abscess or brain infection with acute altered mental status or with positive lab findings (such as elevated WBC's) OR follow up assessment during or after treatment completed.
 - Meningitis with positive signs and symptoms (such as fever, headache, mental status changes, stiff neck) OR with positive lab findings (such as elevated white blood cells or abnormal lumbar puncture fluid exam.)
 - Suspected Encephalitis with headache and; altered mental status or follow-up as clinically warranted or positive lab findings (such as elevated WBC's).
-
- Endocarditis with suspected septic emboli.
 - Suspected temporal arteritis in a patient > 50 with temporal headache, abrupt visual changes, jaw claudication, temporal artery tenderness, constitutional symptoms or elevated ESR (D'Souza, 2016; Diamantopoulos, 2014; Klink, 2014; Salehi, 2016); AND
 - Negative initial work-up (color Doppler ultrasonography or biopsy); OR
 - Atypical features or failure to response to treatment with concern for large vessel involvement
- Note: vascular imaging is preferred for evaluation of the large vessels
- Central Nervous System (CNS) involvement in patients with known or suspected vasculitis or autoimmune disease with positive lab findings.
 - Immunocompromised patient (e.g., transplant recipients, HIV with CD4<200, primary immunodeficiency syndromes, hematologic malignancies) with focal neurologic-symptoms, headaches, behavioral, cognitive or personality changes.

For evaluation of clinical assessment documenting cognitive impairment of unclear cause: (Harvey 2012; Narayanan, 2016; HQO, 2014; Harvey 2012; Narayanan, 2016)

- Change in mental status with a mental status score of either MMSE or MoCA of less than 26 or other similar mental status instruments /neuropsychological testing showing at least mild cognitive impairment AND a completed basic metabolic workup (such as thyroid function testing, liver function testing, complete blood count, electrolytes, and B12).

For evaluation of known or suspected seizure disorder:

(Krumholz, 2007; Gaillard, 2009; Ramli, 2015)

- New onset of a seizure.
- Newly identified change in seizure activity/pattern
- Medically refractory epilepsy.

For evaluation of movement disorders:

(ACR, 2019a; Albanese, 2011; Mascalchi, 2012; McFarland, 2014; Pyatigorskaya, 2014; Sharifi, 2014)

- For evaluation of suspected Parkinson's with atypical feature or unresponsive to levodopa
- For evaluation of new non-Parkinson symptoms in known Parkinson's disease complicating the evaluation of the current condition.
- For the evaluation of other movement disorder to exclude a structural lesion (i.e., suspected Huntington disease, chorea, atypical parkinsonian syndromes, hemiballismus, atypical dystonia).

~~*Note:~~ MRI not indicated in essential tremor or isolated focal dystonia (e.g., ~~blepharospasm~~ blepharospasm, cervical dystonia, laryngeal dystonia, oromandibular dystonia, writer's dystonia) (Alabanese, 2011; Comella, 2019; Sharfi, 2014; ~~Comella, 2019~~)

For evaluation of cranial nerve and visual abnormalities:

- Anosmia (loss of smell) documented by objective testing that is persistent and of unknown origin (Policeni, 2017; Rouby ~~z~~ 2011)
- Optic neuritis
- Abnormal eye findings on physical or neurologic examination (papilledema, pathologic nystagmus, ocular nerve palsies, new onset anisocoria, visual field deficit, etc) (Chang, 2019)
Note: ~~*~~Not explained by underlying ocular diagnosis, glaucoma ~~a~~ or macular degeneration
- Binocular diplopia with concern for intracranial pathology (Iliescu, 2017)
- Horner's syndrome with symptoms localizing the lesion to the central nervous system (Lee, 2007).
- Trigeminal Neuralgia – if <40 years of age or atypical features (ie bilateral, hearing loss, dizziness/vertigo, visual changes, sensory loss, numbness, pain >2min, pain outside trigeminal nerve distribution, progression) (Cruccu, 2016)
- Bell's Palsy- if atypical signs, slow resolution beyond three weeks, no improvement at four months, or facial twitching/spasms prior to onset (Quesnel, 2010)
- Hemifacial spasm (Hermier, 2019)
- Other objective cranial nerve palsy (CN IX-XII) (ACR, 2017; Mumtaz, 2014; Policeni, 2017) ~~}, ACR CN 2017}}~~

~~For evaluation of neurologic symptoms or deficits:~~

~~(ACR, 2019)~~

- ~~• Acute, new, or fluctuating neurologic symptoms or deficits such as sensory deficits, limb weakness, speech difficulties, visual loss, lack of coordination, or mental status changes.~~

~~For evaluation of clinical assessment documenting cognitive impairment of unclear cause:~~

~~(Narayanan, 2016; HQO, 2014)~~

- ~~• Change in mental status with a mental status score of either MMSE or MoCA of less than 26 or other similar mental status instruments showing at least mild cognitive impairment AND a completed basic metabolic workup (such as thyroid function testing, liver function testing, complete blood count, electrolytes, and B12).~~

~~For evaluation of known or suspected trauma:~~

~~(Lee, 2005; Jagoda, 2008; ACR, 2019, Polinder, 2018)~~

- ~~• Known or suspected trauma or injury to the head with documentation of one or more of the following acute, new, or fluctuating:~~
 - ~~○ Focal neurologic findings~~
 - ~~○ Motor changes~~
 - ~~○ Mental status changes~~
 - ~~○ Amnesia~~
 - ~~○ Vomiting~~

- Seizures
- Headache
- Signs of increased intracranial pressure
- Known coagulopathy or on anticoagulation
- Known or suspected skull fracture by physical exam and positive x-ray.
- Post concussive syndrome if persistent or disabling symptoms and imaging has not been performed
- Subacute or chronic traumatic brain injury with new cognitive and/or neurologic deficit

1) For evaluation of headache:

(Holle, 2013; Edlow, 2008; Schaefer, 2007; Wilbrink, 2009; ACR, 2019; Gunner, 2007)

- Chronic headache with a change in character/pattern (e.g., more frequent, increased severity, or duration).
- Once in patients with cluster headaches to eliminate secondary causes.
- Acute, sudden onset of headache with a family history (brother, sister, parent or child) of brain aneurysm or AVM (arteriovenous malformation).
- New onset (< 48 hours) of “worst headache in my life” or “thunderclap” headache. Note: The duration of a thunderclap type headache lasts more than 5 minutes. Sudden onset new headache reaching maximum intensity within 2-3 minutes.
- Prior history of stroke or intracranial bleed with sudden onset of severe headache
- New onset of headache and any of the following (ACR, 2019; Mitsikostas, 2016):

Acute, new, or fluctuating neurologic deficits such as sensory deficits, limb weakness, speech difficulties, visual loss, lack of coordination, or mental status changes or with signs of increased intracranial pressure.

History of cancer or significantly immunocompromised

Pregnancy

Temporal headache in person > 55, with sedimentation rate (ESR) > 55 with tenderness over the temporal artery.

Severe unilateral headache with radiation to or from the neck, associated with suspicion of carotid or vertebral artery dissection.

Related to activity or event (sexual activity, exertion, position) (new or progressively worsening)

Persistent or progressively worsening during a course of physician directed treatment (ACR, 2019; Kuruvilla, 2015; Martin, 2011)

Special considerations in the pediatric population with persistent headache (Trofimova, 2018):

- Occipital location
- Age < 6 years
- No family history of headache

For evaluation of known or suspected brain tumor, mass or metastasis:

(Kerjnick, 2008)

- Follow up of known malignant tumor.
- Follow up of known benign tumor if symptomatic, new/changing signs or symptoms or complicating factors
- Follow up of known meningioma
- Known tumor and new onset of headache.

- ~~Suspected tumor with any acute, new or fluctuating neurologic symptoms or deficits such as sensory deficits, limb weakness, speech difficulties, visual loss, lack of coordination, or mental status changes.~~
- ~~Suspected recurrence or metastasis in patients with a history of cancer [based on symptoms or examination findings (may include new or changing lymph nodes)].~~
- ~~Patient with history of cancer and a recent course of chemotherapy, radiation therapy (to the brain), or surgical treatment within the last two (2) years (Chase, 2011; NCCN, 2017).~~
- ~~Known or suspected pituitary tumor with corroborating physical exam (i.e., galactorrhea or acromegaly) neurologic findings and/or lab abnormalities.~~
 - ~~Asymptomatic Macroadenoma ($\geq 10\text{mm}$) follow up every 6-18 months, post surgical follow up 1-2 years after surgery (Dekkers, 2008)~~
 - ~~Asymptomatic, non-functioning Microadenoma $< 10\text{mm}$ repeat in one year; if stable, repeat every 2-3 years (Lake, 2013)~~
- ~~Tumor evaluation and monitoring in neurocutaneous syndromes — see background~~

~~Indication for combination studies for the initial pre-therapy staging of cancer, OR active monitoring for recurrence as clinically indicated, OR evaluation of suspected metastases: (NCCN, 2017)~~

- ~~≤ 5 concurrent studies to include CT or MRI of any of the following areas as appropriate depending on the cancer: Neck, Abdomen, Pelvis, Chest, Brain, Cervical Spine, Thoracic Spine or Lumbar Spine.~~

~~For evaluation of known or suspected stroke:~~

~~(Jauch, 2013)~~

- ~~Known or suspected stroke with any acute, new, or fluctuating symptoms or deficits such as sensory deficits, limb weakness, speech difficulties, visual loss, lack of coordination, or mental status changes~~
- ~~Symptoms of transient ischemic attack (TIA) (episodic neurologic symptoms).~~
- ~~Family history (brother, sister, parent or child) of aneurysm~~

~~For evaluation of known or suspected inflammatory disease or infection (e.g., meningitis or abscess)~~
~~(Lummel, 2016; Oliveira, 2014)~~

- ~~Intracranial abscess or brain infection with acute altered mental status OR positive lab findings (such as elevated WBC's) OR follow up assessment during or after treatment completed.~~
- ~~Meningitis with positive signs and symptoms (such as fever, headache, mental status changes, stiff neck) OR positive lab findings (such as elevated white blood cells or abnormal lumbar puncture fluid exam.)~~
- ~~Suspected encephalitis with a headache, altered mental status OR positive lab finding, (such as elevated WBC's).~~
- ~~Endocarditis with suspected septic emboli.~~
- ~~Central Nervous System (CNS) involvement in patients with known or suspected vasculitis or autoimmune disease with positive lab findings.~~

For evaluation of **known or suspected congenital abnormality** (such as hydrocephalus, craniosynostosis):

(Ashwal, 2009; Vinocur, 2010)

- Known or suspected congenital abnormality with any ~~acute~~acute, new, or fluctuating neurologic, motor, or mental status changes.
- Evaluation of macrocephaly in an infant/child with previously abnormal US, abnormal neurodevelopmental examination (Tan, 2018), signs of increased ICP or closed anterior fontanelle.
- Evaluation of microcephaly.
- ~~Suspected or known hydrocephalus.~~
- ~~Follow up shunt evaluation within six (6) months of placement or one (1) year follow up and/or with neurologic symptoms.~~
- ~~Initial imaging of a suspected or known Arnold Chiari malformation (ACM) (Meadows, 2000)~~
- ~~Initial evaluation for a known syrinx or syringomyelia~~
- Evaluation of craniosynostosis and other skull deformities. CT is preferred imaging to assess bony structures; MRI imaging is preferred to assess intracranial soft tissue
- ~~Prior treatment OR treatment planned for congenital abnormality.~~
-

Acquired Cerebral Spinal Fluid (CSF) Abnormalities

- Suspected or known hydrocephalus*
- Initial imaging of a suspected or known Arnold Chiari malformation *
- Initial evaluation for a known syrinx or syringomyelia*
- Known or suspected normal pressure hydrocephalus (NPH) (Damasceno, 2015)
 - With symptoms of gait difficulty, cognitive disturbance and urinary incontinence
 - ~~Imaging of acquired hydrocephalus~~
- ~~Follow up shunt evaluation within six (6) months of placement or one (1) year follow up and/or with neurologic symptoms.~~
- Follow up shunt evaluation (Kamenova, 2018; Pople, 2002, Reddy, 2014) (Pople, 2002, Reddy, 2014, Kamenova, 2018)
- Post operativity if indicated based on underlying disease and pre-operative radiographic findings and/or
- 6-12 months after placement and/or
- With neurologic symptoms that suggest shunt malfunction
 - ~~Evaluation of known or suspected cerebrospinal fluid (CSF) leakage.~~
- Evaluation of known or suspected cerebrospinal fluid (CSF) leakage (Severson, 2019)
- Suspected spontaneous intra-cranial hypotension with distinct postural headache other symptoms include: nausea, vomiting, dizziness, tinnitus, diplopia neck pain or imbalance (NORD, 2017; Gordon 2019; NORD, 2017).
- CSF flow study for evaluation and management of CSF flow disorders (Bradley, 2016; Mohammad, 2019)

*

Often congenital, but can present later in life; or less commonly acquired secondary to tumor, stroke, trauma, infection etc. (NORD, 2014)

Known or suspected normal pressure hydrocephalus (NPH):

(Damasceno, 2015)

- With symptoms of gait difficulty, cognitive disturbance and urinary incontinence

Pre-operative evaluation for brain/skull surgery:

Post-operative/procedural evaluation:

- A follow-up study may be needed to help evaluate a patient's progress after treatment, procedure, intervention, or surgery. Documentation requires a medical reason that clearly indicates why additional imaging is needed for the type and area(s) requested.

Indications for a Brain MRI with Internal Auditory Canal (IAC):

(Labuguen, 2006)

- Unilateral non-pulsatile tinnitus.
- Pulsatile tinnitus.
- Suspected acoustic neuroma (Schwannoma) or cerebellar pontine angle tumor with any of the following signs and symptoms: unilateral hearing loss by audiometry, headache, disturbed balance or gait, unilateral tinnitus, facial weakness, or altered sense of taste.
- Suspected cholesteatoma.
- Suspected glomus tumor.
- Asymmetric sensorineural hearing loss on audiogram.

Other indications for a Brain MRI:

- Vertigo associated with any of the following (Welgampola, 2019; Yamada, 2019; Welgampola, 2019):
 - Signs or symptoms suggestive of a CNS lesion (ataxia, visual loss, double vision, weakness or a change in sensation)
 - Progressive unilateral hearing loss
 - Risk factors for cerebrovascular disease with concern for stroke
 - After full neurologic examination and otologic-vestibular testingevaluation, ENT work-up with concern for central vertigo
- Diagnosis of central sleep apnea on polysomnogram
 - Children > 1 year (Felix, 2016)
 - Adults in the absence of heart failure, chronic opioid use, high altitude, or treatment emergent central sleep apnea AND concern for a central neurological cause (Chiari malformation, tumor, infectious/inflammatory disease) OR with an abnormal neurological exam (Malhotra, 2010)
- Syncope with ~~head injury~~, clinical concern for seizure or associated neurological signs or symptoms (Al-Nsoor, 2010; Strickberger, 2006)

- Cyclical vomiting syndrome or abdominal migraine with ~~and with~~ any localizing neurological symptoms (Venkatesan, 2019; Li BUK, 2018; Angus-Leppan, 2018; Li BUK, 2018; Venkatesan, 2019)
- Soft tissue mass of the head with nondiagnostic initial evaluation (ultrasound and/or radiograph) (ACR, 2017; Kim, 2019; Zhang, 2018) (~~ACR, 2017; Zhang, 2018; Kim, 2019~~)
- Psychological changes with neurological deficits on exam or after completion of a full neurological assessment that suggests a possible neurologic cause (ACR, 2019b)
- Global developmental delay or developmental delay with abnormal neurological examination (Ali, 2015; Momen, 2011)
- Cerebral palsy if etiology has not been established the neonatal period, there is change in the expected clinical or developmental profile or concern for progressive neurological disorder (Ashwal, 2004; NICE, 2020) (~~NICE, 2020; Ashwal, 200~~)
- Unexplained event (BRUE) formerly apparent life-threatening event (ALTE) in infants < 1 year with concern for neurological cause based on history and exam (Tieder, 2016)
Note: Imaging is not indicated in low risk patients

Indications for a Brain MRI with Internal Auditory Canal (IAC):
(Labuguen, 2006)

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- Suspected acoustic neuroma (Schwannoma) or cerebellar pontine angle tumor with any of the following signs and symptoms: unilateral hearing loss by audiometry, headache, disturbed balance or gait, unilateral tinnitus, facial weakness, or altered sense of taste.
- Suspected cholesteatoma.
- Suspected glomus tumor.
- Asymmetric sensorineural hearing loss on audiogram.
- CSF otorrhea (MRI ~~cisternography~~ for intermittent leak, CT for active leaks) (Hiremath, 2019)
- Clinical Suspicion of acute mastoiditis as a complication of acute otitis media with intracranial complications (i.e., meningeal signs, cranial nerve deficits, focal neurological findings, altered mental status) (Patel, 2014; Platzek, 2014)
- Bell's Palsy for evaluation of the extracranial nerve course -if atypical signs, slow resolution beyond three weeks, no improvement at four months, or facial twitching/spasms prior to onset (Quesnel, 2010)

Indications for combination studies: (ACR, 2017, 2019)

- For approved indications as noted above and being performed in a child under 8 years of age who will need anesthesia for the procedure and there is a suspicion of concurrent intracranial pathology.

- **Brain MRI/Neck MRA**
 - Recent ischemic stroke or transient ischemic attack
 - Suspected carotid or vertebral artery dissection with focal or lateralizing neurological deficits

- **Brain MRI/Brain MRA**

- Recent ischemic stroke or transient ischemic attack
- ~~Clinical suspicion of subarachnoid hemorrhage (SAH) ie thunderclap headache~~
- Thunderclap headache with continued concern for underlying vascular abnormality after initial negative work-up (Whitehead, 2019, Yeh, 2010, Yuan, 2005):
 - Negative Brain CT; **AND**
 - ~~AND~~ Negative Lumbar Puncture
- Acute, sudden onset of headache with personal history of a vascular abnormality or first-degree family history of aneurysm
- Suspected venous thrombosis (dural sinus thrombosis) – Brain MRV see background

- **Brain MRI/Brain MRA/Neck MRA**

- Recent stroke or transient ischemic attack (TIA)
- Approved indications as noted above and being performed in a child under 8 years of age who will need anesthesia for the procedure and there is a suspicion of concurrent vascular and intracranial pathology (Lawson, 2000).

- **Brain MRI/Cervical MRI**

- For evaluation of Arnold Chiari Malformation.
- Suspected MS with new or changing symptoms consistent with cervical spinal cord disease.
- For follow-up of known multiple sclerosis (MS)
- Follow up to the initiation or change in medication for patient with known Multiple Sclerosis

- **Brain MRI/Orbit MRI**

- Unilateral papilledema optic disk swelling/optic neuropathy of unclear etiology to distinguish between a compressive lesion of the optic nerve, optic neuritis, ischemic optic neuropathy (arteritic or non-arteritic), central retinal vein occlusion or optic nerve infiltrative disorders (Behbehani, 2007)
- ~~Bilateral optic disk swelling (papilledema) with visual loss (Margolin, 2019)~~
- ~~Optic Neuritis if atypical presentation, severe visual impairment or poor recovery following initial onset or treatment onset (CMSC, 2018)~~
- Known or suspected neuromyelitis optica spectrum disorder with severe, recurrent or bilateral optic neuritis (Wingerchuk, 2015)
- ~~For approved indications as noted above and being performed in a child under 8 years of age who will need anesthesia for the procedure and there is a suspicion of concurrent orbital and intracranial pathology or tumor (e.g. “trilateral retinoblastoma”).~~

- **Brain MRI/FACE/SINUS/NECK MRI**

- Anosmia on objective testing (Policeni, 2017; Zaghouani, 2013)
- Trigeminal neuralgia that meets the above criteria (**Hughes 2016**; Policeni, 2017, ~~Hughes 2016~~)

- Bells/hemifacial spasm that meets above criteria
- Objective cranial nerve palsy (CN IX-XII) (for evaluation of the extracranial nerve course) (Mumtaz, 2014; Policeni, 2017)
- Granulomatosis with polyangiitis (Wegener's granulomatosis) disease (Pakalniskis, 2015)

BACKGROUND:

Brain (head) MRI is the procedure of choice for most brain disorders. It provides clear images of the brainstem and posterior brain, which are difficult to view on a CT scan. It is also useful for the diagnosis of demyelinating disorders (disorders such as multiple sclerosis (MS) that cause destruction of the myelin sheath of the nerve). The evaluation of blood flow and the flow of cerebrospinal fluid (CSF) is possible with this non-invasive procedure.

MRI for Headache—

MRI for Headache – Generally, magnetic resonance imaging is the preferred imaging technique for evaluating the brain parenchyma and CT is preferable for evaluating subarachnoid hemorrhage. CT is faster and more readily available than MRI and is often used in urgent clinical situations. Neurologic imaging is warranted in patients with headache disorders along with abnormal neurologic examination results or predisposing factors for brain pathology. Contrast enhanced MRI is performed for evaluation of inflammatory, infectious, neoplastic and demyelinating conditions.

Headache timeframes and other characteristics— Generally, acute headaches are present from hours to days, subacute from days to weeks and chronic headaches for more than 3 months. Acute severe headaches are more likely to be pathological (e.g. SAH, cerebral venous thrombosis) than non-acute (e.g., migraine, tension-type). Headaches can also be categorized as new onset or chronic/recurrent. Non-acute new onset headaches do not require imaging unless there is a red flag as delineated above. Incidental findings lead to additional medical procedures and expense that do not improve patient well-being. Primary headache syndromes such as migraine and tension headaches are often episodic with persistent or progressive headache not responding to treatment requiring further investigation (e.g., new daily persistent headache). Imaging is indicated in chronic headaches if there is a change in the headache frequency (number of headache episodes/month), duration of each episode, severity of the headaches or new characteristics such as changing aura or associated symptoms (ACR, 2012b; HIS, 2018; Jang, 2019; Spierings, 2003; Tyagi, 2012) (Spierings, 2003; Jang, 2019, IHS, 2018, ACR, 2012b, Tyagi, 2012)

Migraine with aura (Hadjikhani, 2019; IHS, 2018; Micieli, 2020) (IHS, 2018, Hadjikhani, 2019; Micieli, 2020)

The headache phase of a migraine is preceded and/or accompanied by transient neurological symptoms referred to as aura in at least a third of migraine attacks. The most common aura consists of positive and/or negative visual phenomena, present in up to 99% of the patients. Somatosensory is the secondary most common type of aura (mostly paraesthesias in an upper limb and/or hemiface). Language/speech (mainly paraphasia and anomic aphasia) can also be affected. These

neurological symptoms typically evolve over a period of minutes and may last up to 20 minutes or more. The gradual evolution of symptoms is thought to reflect spreading of a neurological event across the visual and somatosensory cortices. Characteristically, the aura usually precedes and terminates prior to headache, usually within 60 minutes. In others, it may persist or begin during the headache phase. ICHD-3 definition of the aura of migraine with typical aura consists of visual and/or sensory and/or speech/language symptoms, but no motor, brainstem or retinal symptoms and is characterized by gradual development, duration of each symptom no longer than one hour, a mix of positive and negative features and complete reversibility. Atypical or complex aura includes motor, brainstem, monocular visual disturbances or ocular cranial nerve involvement (hemiplegic migraine, basilar migraine/brainstem aura, retinal migraine, ophthalmoplegic migraine) and secondary causes need to be excluded. Additional features of an aura that raise concern for an underlying vascular etiology include: late age of onset, short duration, evolution of the focal symptoms, negative rather than positive visual phenomenon, history of vascular risk factors.

MRI and recent stroke or transient ischemic attack

A stroke or central nervous system infarction is defined as “brain, spinal cord, or retinal cell death attributable to ischemia, based on neuropathological, neuroimaging, and/or clinical evidence of permanent injury. ... Ischemic stroke specifically refers to central nervous system infarction accompanied by overt symptoms, whereas silent infarction causes no known symptoms” (Sacco, 2013). If imaging or pathology is not available, a clinical stroke is diagnosed by symptoms persisting for more than 24 hours. Ischemic stroke can be further classified by the type and location of ischemia and the presumed etiology of the brain injury. These include large-artery atherosclerotic occlusion (extracranial or intracranial), cardiac embolism, small-vessel disease and less commonly dissection, hypercoagulable states, sickle cell disease and undetermined causes (Kernan, 2014). TIAs in contrast, “are a brief episode of neurological dysfunction caused by focal brain or retinal ischemia, with clinical symptoms typically lasting less than one hour, and without evidence of acute infarction on imaging” (Easton, 2009). On average, the annual risk of future ischemic stroke after a TIA or initial ischemic stroke is 3–4%, with an incidence as high as 11% over the next 7 days and 24–29% over the following 5 years. This has significantly decreased in the last half century due to advances in secondary prevention (Hong, 2011).

Therefore, when revascularization therapy is not indicated or available in patients with an ischemic stroke or TIA, the focus of the work-up is on secondary prevention. This includes noninvasive vascular imaging to identify the underlying etiology, assess immediate complications and risk of future stroke. The majority of stroke evaluations take place in the inpatient setting. Admitting TIA patients is reasonable if they present within 72 hours and have an ABCD(2) score ≥ 3 , indicating high risk of early recurrence, or the evaluation cannot be rapidly completed on an outpatient basis ((Easton, 2009). Minimally, both stroke and TIA should have an evaluation for high-risk modifiable factors such as carotid stenosis atrial fibrillation as the cause of ischemic symptoms (Kernan, 2014). Diagnostic recommendations include: neuroimaging evaluation as soon as possible, preferably with magnetic resonance imaging, including DWI; noninvasive imaging of the extracranial vessels should be performed, and noninvasive imaging of intracranial vessels is reasonable (Wintermark, 2013). Patients with a history of stroke and recent work up with new signs or symptoms indicating progression or complications of the initial CVA should have repeat brain imaging as an initial study. Patients with

remote or silent strokes discovered on imaging should be evaluated for high-risk modifiable risk factors based on the location and type of the presumed etiology of the brain injury.

MRI and Central Venous Thrombosis – a MV Venogram is indicated for the definite evaluation of a central venous thrombosis/dural sinus thrombosis. The most frequent presentations are isolated headache, intracranial hypertension syndrome, seizures, focal neurological deficits and encephalopathy. Risk factors are hypercoagulable states inducing genetic prothrombotic conditions, antiphospholipid syndrome and other acquired prothrombotic diseases such as cancer, oral contraceptives, pregnancy, puerperium (6 weeks postpartum), infections, and trauma. Since venous thrombosis can cause SAH, infarctions and hemorrhage parenchymal imaging with MRI/CT is also appropriate. (Ferro, 2016; Bushnell, 2014; Courinho, 2015; Ferro, 2016).

MRI and benign tumors (meningioma-e.g., schwannomas, choroid plexus papilloma, glioma, pineocytoma, gangliocytoma) A single follow up study is appropriate after the initial diagnosis to ensure stability. Follow up of known benign tumor if symptomatic, new/changing signs or symptoms or complicating factors (Gupta, 2017). In neurocutaneous and hereditary cancer syndromes follow-up surveillance may also be indicated (see below).

Galactorrhea and MRI: Imaging is not indicated in isolated galactorrhea without elevated prolactin (normoprolactinemic) (Huang, 2012; Sridevi, 2018).

MRI and Meningioma (NHS, 2018) – For incidental meningiomas, most patients who progressed did so within 5 years of diagnosis (Islim, 2019). Small (<2cm) meningiomas rarely grow sufficiently to produce symptoms within 5 years. Heavily calcified meningiomas rarely grow. Patients with multiple meningiomas should have annual scans indefinitely, despite treatment because of the possibility of further meningiomas developing.

For surveillance post treatment:

- Solitary convexity WHO Grade 1 meningiomas - MRI scan at 2½ years post-operatively
- Solitary skull base or falx origin WHO Grade 1 meningiomas- MRI scans at 1 year, 2 years, 3½ years and 5 years post-operatively. If a recurrence is detected continue annual scans.
- WHO Grade 2 meningiomas- MRI scan at 6 months, 1 then annually to 5 years. If a recurrence is detected continue annual scans.
- WHO Grade 3 meningiomas - 6-monthly MRI scans for 3 years, then annual scans to 5 years. If a recurrence is detected continue annual scans.
- Patients who have had radiosurgery, including those being treated for a recurrence, should have scans at 6 months, then annually for 3 years, a scan at 5 years and a final scan at 10 years.

MRI and staging in Non-CNS Cancers – as per NCCN guidelines

-MRI and staging screening in Non-CNS Cancers (NCCN, 2020)

(NON BRAIN/CNS) CANCER	PRECONDITION
Cutaneous melanoma	Stage IIIC or higher, default staging screening

	≥ stage IIIC, surveillance with periodic brain MRI up to 3 years even if asymptomatic without prior brain mets; and if prior brain mets, surveillance every 3-6 months up to 3 years
Testicular cancer-Seminoma	If high risk such as beta HCG >5000IU/L, or multiple lung or visceral mets, choriocarcinoma, neurological symptoms, or AFP>10,000ng/ml
Merkel cell carcinoma	Default staging screening, but especially for high risk (≥ stage IIIB, immunosuppression)
Lung cancer	Default staging screening Brain MRI should also be done every 2 cycles of chemo and after end of therapy in extensive small cell with asymptomatic brain mets (receiving systemic therapy before whole brain radiation); brain MRI also for surveillance in small cell every 3 months for 2 years if they have had no prophylactic cranial radiation

MRI and Neurocutaneous Syndromes – In **NF-1**, clinical evaluation appears to be more useful to detect complications than is screening imaging in asymptomatic patients. Imaging is indicated in evaluation of suspected tumors based clinical evaluation and for follow-up of known intracranial tumors (Borofsky, 2013). Conversely in **NF-2**, routine MR imaging screening is always indicated, given the high prevalence of CNS tumors especially vestibular schwannomas. In patients with NF-2, routine screening brain/IAC imaging is indicated annually starting from age 10 if asymptomatic or earlier with clinical signs/symptoms. Most individuals with NF2 eventually develop a spinal tumor, mostly commonly schwannomas, but meningioma and ependymomas are also seen Spinal imaging at baseline and every 2 to 3 years is also advised with more frequent imaging if warranted based on sites of tumor involvement (Evans, 2017). In patients with **Tuberous Sclerosis**, Brain MRI should be obtained every 1-3 years up until age 25 for surveillance for CNS abnormalities (Krueger, 2013). In **Von Hippel Lindau Syndrome**, imaging of the brain and spinal cord for hemangioblastomas is recommended every 2 years (Rednam, 2017). In **Sturge Weber Syndrome**, MRI can rule out intracranial involvement after only after age 1 and is recommended in patients <1 year only if symptomatic (Comi, 2011).

MRI and Positron Emission Tomography (PET) for Chronic Seizures – When MRI is performed in the evaluation of patients for epilepsy surgery, almost a third of those with electrographic evidence of temporal lobe epilepsy have normal MRI scans. Interictal positron emission tomography (PET) may be used to differentiate patients with MRI-negative temporal lobe epilepsy.

~~**MRI and Multiple Sclerosis**—Current advances in MRI improve the ability to diagnose, monitor and understand the pathophysiology of MS. Different magnetic resonance methods are sensitive to~~

~~different aspects of MS pathology and by the combining of these methods, an understanding of the mechanisms underlying MS may be increased.~~ Multiple Sclerosis (Rovira, 2014; Thompson, 2017; Saguil, 2014; Thompson, 2017, Rovira, 2014)

The diagnosis of MS requires demonstration of lesions in the CNS disseminated in time and space and the absence of fever, infection, or other more likely etiologies. There is an expanding amount of available disease-modifying treatments which are effective in slowing down disease

progression especially in the early stages. Though they are expensive and can have serious side effects. Therefore, the accurate and expeditious diagnosis of MS is critical

The diagnosis of MS can be made on clinical presentation alone with 2 clinical attacks and objective clinical evidence of more than 2 lesions. Attacks may be patient-reported or objectively observed and must last for a minimum of 24 hours and be 30 days apart.

However, corroborating magnetic resonance imaging (MRI) is the diagnostic standard and is used as well to rule out other disorders. Additionally, MRI findings can replace certain clinical criteria in a substantial number of patients. In the revised MC Donald Criteria, MRI findings can be used to establish dissemination in both time and space.

In the presence of a clear clinically isolated syndrome such as optic neuritis, transverse myelitis or brain stem syndrome brain MRI is the next diagnostic step. MS can also have variable and often subjective symptoms that come and go (see below). If there are recurrent episodes of variable neurological signs or symptoms not attributable to another cause with clinical concern for MS imaging is warranted as well.

Symptoms	Signs
Depressed mood	Ataxia
Memory loss/cognitive changes	Dysmetria
Dizziness or vertigo	Decreased sensation (pain, vibration, position)
Fatigue	Decreased strength
Hearing loss and tinnitus	Hyperreflexia, spasticity
Heat sensitivity (Uhthoff Phenomenon)	Nystagmus
Incoordination and gait disturbances	Lhermitte's sign
Pain	Visual defects (internuclear ophthalmoplegia, optic disc pallor, red color desaturation, reduced visual acuity)
Sensory disturbances (dysesthesias, numbness, paresthesias)	
Urinary symptoms	
Visual disturbances (diplopia, oscillopsia)	
Weakness	

MRI and Neuromyelitis optica spectrum disorders (NMOSD) (Wingerchuk, 2015) - NMOSD are inflammatory disorders of the central nervous system characterized by severe, immune-mediated demyelination and axonal damage predominantly affecting the optic nerves and spinal cord, but also the brain and brainstem. NMOSD can be distinguished from multiple sclerosis and other inflammatory disorders by the presence of the aquaporin-4 (AQP4) antibody. Features of NMOSD include attacks of bilateral or sequential optic neuritis ~~acute~~[acute](#) transverse myelitis and the area postrema syndrome (with intractable hiccups or nausea and vomiting). The evaluation of suspected NMOSD entails brain and spinal cord neuroimaging. In contrast to MS (in which spinal cord involvement tends to be incomplete and asymmetric), NMOSD have a longer extent of spinal cord demyelination generally involving three or more vertebral segments.

MMSE - The Mini Mental State Examination (MMSE) is a tool that can be used to systematically and thoroughly assess mental status. It is an 11-question measure that tests five areas of cognitive function: orientation, registration, attention and calculation, recall, and language. The MMSE has been the most commonly used measure of cognitive function in dementia research, but researchers have recognized that it is relatively insensitive and variable in mildly impaired individuals. The maximum score is 30. A score of 23 or lower is indicative of cognitive impairment. The MMSE takes only 5-10 minutes to administer and is therefore practical to use repeatedly and routinely.

MoCA - The Montreal Cognitive Assessment (MoCA) was designed as a rapid screening instrument for mild cognitive dysfunction. It assesses different cognitive domains: attention and concentration, executive functions, memory, language, visuoconstructional skills, conceptual thinking, calculations, and orientation. MoCA differs from the MMSE mainly by including tests of executive function and abstraction, and by putting less weight on orientation to time and place. Ten of the MMSE's 30 points are scored solely on the time-place orientation test, whereas the MoCA assigns it a maximum of six points. The MoCA also puts more weight on recall and attention-calculation performance, while de-emphasizing language skill. Time to administer the MoCA is approximately 10 minutes. The total possible score is 30 points; a score of 26 or above is considered normal.

MRI and Movement disorders - Atypical parkinsonian syndromes include progressive supranuclear palsy (PSP), multiple system atrophy (MSA), corticobasal degeneration (CBD), and dementia with Lewy bodies.

Anosmia - Nonstructural causes of anosmia include post viral symptoms, medications (Amitriptyline, Enalapril, Nifedipine, Propranolol, Penicillamine, Sumatriptan, Cisplatin, Trifluoperazine, Propylthiouracil). These should be considered prior to advanced imaging to look for a structural cause [\(Geyer, 2008\)](#).

MRI for Macrocephaly - Consider ultrasound in infants with macrocephaly and a normal neurological examination, no evidence of increased ICP and an open anterior fontanelle. If head

US is normal the infant should be monitored closely (Smith, 1998). The anterior fontanelle generally closes between 10 and 24 months of age, with 3% closing between 5-9 months and 11% after 24 months (Pindrik, 2014).

~~**MRI and developmental delay**—Significant developmental delay is defined as significant delay (more than two standard deviations below the mean) in one or more developmental domains: gross/fine motor, speech/language, cognition, social/personal, and activities of daily living. Isolated delay in social/language development is characteristic of autism spectrum disorders or hearing loss. Isolated delay in motor development is characteristic of cerebral palsy (a static encephalopathy) or myopathy. Global developmental delay (GDD): a subset of developmental delay defined as significant delay (by at least 2 SD's) in two or more developmental categories. Note that the term “GDD” is usually reserved for children <5 y.o., whereas in older children >5 y.o, disability is quantifiable with IQ testing.~~

MRI and NPH - Although diagnosis can be made based on CT findings alone, MRI is more accurate for disclosing associated pathologies (such as cerebrovascular disease), excluding other potential etiologies and for detecting NPH typical signs of prognostic value. A CT scan can exclude NPH and is appropriate for screening purposes and in patients who cannot undergo MRI (Damasceno, 2015).

MRI and Vertigo – The most common causes of vertigo seen are benign paroxysmal positional vertigo (BPPV), vestibular neuronitis (VN) and Ménière's disease. These peripheral causes of vertigo are benign, and treatment involves reassurance and management of symptoms. Central causes of vertigo, such as cerebrovascular accidents (CVAs), tumors and multiple sclerosis (MS), need to be considered if the patient presents with associated neurological symptoms such as weakness, diplopia, sensory changes, ataxia, or confusion. Magnetic resonance imaging is appropriate in the evaluation of patients with vertigo who have neurologic signs and symptoms, progressive unilateral hearing loss or risk factors for cerebrovascular disease. MRI is more appropriate than CT for diagnosing vertigo due to its superiority in visualizing the posterior portion of the brain, where most central nervous system disease that causes vertigo is found. A full neurologic and otologic evaluation including provocative maneuvers, vestibular function testing and audiogram can help evaluate vertigo of unclear etiology and differentiate between central and peripheral vertigo.

MRI and developmental delay – Significant developmental delay is defined as significant delay (more than two standard deviations below the mean) in one or more developmental domains: gross/fine motor, speech/language, cognition, social/personal, and activities of daily living. Isolated delay in social/language development is characteristic of autism spectrum disorders or hearing loss. Isolated delay in motor development is characteristic of cerebral palsy (a static encephalopathy) or myopathy. Global developmental delay (GDD): a subset of developmental delay defined as significant delay (by at least 2 SD's) in two or more developmental categories. Note that the term “GDD” is usually reserved for children <5 ~~y~~**ears old**, whereas in older children >5 ~~y~~**ears**, disability is quantifiable with IQ testing.

Low risk brief resolved unexplained event (BRUE) formerly apparent life-threatening event (ALTE) requires all the following:

- Age > 60 days
- Gestational age \geq 32 weeks or older and corrected gestational age > 45 weeks
- First brief event
- Event lasting < 1 minute
- No CPR required by the trained medical provider
- No concerning historical features or physical examination findings.

Combination MRI/MRA of the Brain – This is one of the most misused combination studies and other than what is indicated above these examinations should be ordered in sequence, not together. Vascular abnormalities can be visualized on the brain MRI.

Patients presenting with a new migraine with aura (especially an atypical or complex aura) can mimic a transient ischemic attack or an acute stroke. If there is a new neurologic deficit, imaging should be guided by concern for cerebrovascular disease, not that the patient has a headache (Whitehead, 2019).

POLICY HISTORY

Review Date: August 2019

Review Summary:

- For evaluation of patient with neurologic symptoms or deficits suspicious for MS:
Added: “clinically isolated syndrome OR recurrent episodes of variable neurological signs or symptoms not attributable to another cause; And Removed time frame of ‘within the last 4 weeks’
- Removed: Stable condition with no prior imaging within the past ten (10) months or within the past six (6) months if patient has relapsing disease
- Removed: Exacerbation of symptoms or change in symptom characteristics such as frequency or type and demonstrated compliance with medical therapy.
- For evaluation of MS, added:
 - To establish a new baseline (no recent imaging, postpartum, or 6-12 months after switching disease modifying therapy)
 - Prior to starting or switching disease-modifying therapy
 - Every 1-2 years while on disease-modifying therapy to assess for subclinical disease activity, less frequently when stable for 2-3 years
 - New signs or symptoms suggested of an exacerbation or unexpected clinical worsening
 - PML surveillance for patients on natalizumab
- For evaluation of known or suspected seizure disorder, added:
 - Newly identified change in seizure activity/pattern
- Renamed Parkinson’s section to: Movement disorders and added:

- For the evaluation of other movement disorder to exclude a structural lesion (i.e., suspected Huntington disease, chorea, atypical parkinsonian syndromes, hemiballismus, secondary dystonia).
- * MRI not indicated in essential tremor or primary dystonia
- For suspected Parkinson's, added 'with atypical feature or unresponsive to levodopa'
- For evaluation of neurologic symptoms or deficits, added: visual loss
- For trauma, added:
 - On anticoagulation
 - Post concussive syndrome if persistent or disabling symptoms and imaging has not been performed
 - Subacute or chronic traumatic brain injury with new cognitive and/or neurologic deficit
- For evaluation of headache, added or removed:
 - Prior history of stroke or intracranial bleed with sudden onset of severe headache (moved)
 - New headache and signs of increased intracranial pressure
 - Related to activity or event (sexual activity, exertion, position) (new or progressively worsening)
 - New headache and persistent or progressively worsening during a course of physician directed treatment
 - Special considerations in the pediatric population with persistent headache:
 - Occipital location
 - Age < 6 years
 - No family history of headache
- For evaluation of brain tumor:
 - Specified 'malignant' for f/u of known tumor
 - Added: Follow up of known benign tumor if symptomatic, new/changing signs or symptoms or complicating factors; Follow up of known meningioma; and tumor evaluation and monitoring in neurocutaneous syndromes
 - Removed: Known lung cancer or rule out metastasis and/or preoperative evaluation, Metastatic melanoma (not all melanomas)
- For evaluation of suspected stroke:
 - Moved 'patient with history of a known stroke with new and sudden onset of severe headache'
 - Separated: Family history of aneurysm
- For evaluation inflammatory disease or infections:
 - Changed meningitis with positive signs and symptoms from 'And' positive lab findings to 'OR' positive labs
 - For suspected encephalitis removed 'severe' headache
- For evaluation of congenital abnormality:

- Modified the age restriction of > 6 months age for eval of macrocephaly to include 'in an infant/child with previously abnormal US, abnormal neurodevelopmental exam, signs of increased ICP or closed anterior fontanelle'
- For known or suspected normal pressure hydrocephalus (NPH):
 - Added - With symptoms of gait difficulty, cognitive disturbance and urinary incontinence
- Other Indications:
 - Added detail to Vertigo including:
 - Signs or symptoms suggestive of a CNS lesion (ataxia, visual loss, double vision, weakness or a change in sensation)
 - Progressive unilateral hearing loss
 - Risk factors for cerebrovascular disease
 - After full neurologic examination and ENT work-up with concern for central vertigo
 - Modified developmental delay to include: Global developmental delay or developmental delay with abnormal neurological examination
 - Added:
 - Horner's syndrome with symptoms localizing the lesion to the central nervous system
 - Trigeminal Neuralgia – if <40 years of age or atypical features (ie bilateral, hearing loss, dizziness/vertigo, visual changes, sensory loss, numbness, pain >2min, pain outside trigeminal nerve distribution, progression)
 - Bell's Palsy- if atypical signs, slow resolution beyond three weeks, no improvement at four months, or facial twitching/spasms prior to onset.
 - Psychological changes with neurological deficits on exam or after completion of a full neurological assessment that suggests a possible neurologic cause
 - New onset anisocoria
 - Removed Objective cranial nerve palsy; and Cholesteatoma (duplicated)
- For Brain MRI/Neck MRA: deleted 'confirmed carotid occlusion > 60%, surgery or angioplasty candidate' and added 'Suspected carotid or vertebral artery dissection with focal or lateralizing neurological deficits'
- Added Brain MRI/Brain MRA section, including: Clinical suspicion of subarachnoid hemorrhage (SAH) ie thunderclap headache; and Suspected venous thrombosis (dural sinus thrombosis)
- Added Brain MRI/Brain MRA/Neck MRA section, including: Recent stroke or transient ischemic attack (TIA); and Approved indications as noted above and being

performed in a child under 8 years of age who will need anesthesia for the procedure and there is a suspicion of concurrent *vascular* and intracranial pathology

- For Brain MRI/Cervical MRI, added: Suspected MS with new or changing symptoms consistent with cervical spinal cord disease; and Follow up to the initiation or change in medication for patient with known Multiple Sclerosis
- For Brain MRI/Orbit MRI, added: Bilateral papilledema with visual loss; and Known or suspected neuromyelitis optica spectrum disorder with severe, recurrent or bilateral optic neuritis; AND changed age restriction from 3 years to 8 years for children requiring anesthesia for the procedure with suspicion of concurrent orbital and intracranial pathology or tumor
- Added section for Brain MRI/Face/Sinus/Neck MRI, including: Anosmia on objective testing; and Trigeminal neuralgia or cranial nerve palsy that meets the above criteria
- Updated background information and references

Review Date: May 2020

Review Summary:

Clarified:

- New onset headache with (neurologic deficit) or with signs of increased intracranial pressure (papilledema)
- Special additional considerations in the pediatric population with persistent headache
 - Documented absence of family history of headache
- For evaluation of known or suspected stroke or vascular disease:
- Suspected brain tumor
- Suspected brain metastasis or intracranial involvement in patients with a history of cancer based on neurological symptoms or examination findings
- Follow up of known malignant brain tumor

Clarified:

- Patient with history of CNS cancer (either primary or secondary) and a recent course of chemotherapy, radiation therapy (to the brain), or surgical treatment within the last two (2) years
- Follow up of known non-malignant brain tumor/lesion if symptomatic, new/changing signs or symptoms or complicating factors
- New onset of an unprovoked seizure in adults
- Suspected intracranial abscess or brain infection
- Suspected Encephalitis with headache and altered mental status or follow-up as clinically warranted
- Mental status score of either MMSE or MoCA of less than 26 or other similar mental status instruments/neuropsychological testing

Clarified:

- Anosmia (loss of smell) documented by objective testing that is persistent and of unknown origin
- Chiari malformation/syrinx Often congenital, but can present later in life; or less commonly acquired secondary to tumor, stroke, trauma, infection etc.
- Vertigo associated with any of the following
 - Risk factors for cerebrovascular disease with concern for stroke
 - After full neurologic examination and vestibular testing with concern for central vertigo
- Combo Brain MRI/Orbit MRI
 - Reworded: Unilateral optic disk swelling/optic neuropathy of unclear etiology to distinguish between a compressive lesion of the optic nerve, optic neuritis, ischemic optic neuropathy (arteritic or non-arteritic), central retinal vein occlusion or optic nerve infiltrative disorders
 - Bilateral optic disk swelling (papilledema) with vision loss

Added:

- **Visual loss (as a neurological deficit) Not explained by underlying ocular diagnosis, glaucoma or macular degeneration**
- **Under New acute headache, sudden onset:**
 - With a personal or family history of brain aneurysm or AVM (arteriovenous malformation)
 - Known coagulopathy or on anticoagulation
- **Under New onset of headache and any of the following**
 - Fever
 - Subacute head trauma
 - Pregnancy or puerperium
 - Age > 50

- Neurological deficits - Note: Neuroimaging warranted for atypical/complex migraine aura, but not for a typical migraine aura (see background)

Added:

- Special additional considerations in the pediatric population with persistent headache
 - Symptoms indicative of intracranial pressure, such as recurring headaches after waking with or without associated nausea/vomiting
 - Severe headache in a child with an underlying disease that predisposes to intracranial pathology (e.g.; immune deficiency, sickle cell disease neurofibromatosis, history of neoplasm, coagulopathy, hypertension, congenital heart disease)
- Suspected stroke with a personal or family history (brother, sister, parent or child) of aneurysm or known coagulopathy/anticoagulation

Added:

- Suspected Pituitary Tumors:
 - With the following:
 - Neurologic findings (e.g. visual field deficit suggesting compression of the optic chiasm)
 - Suspected hypofunctioning pituitary gland based on hormonal testing e.g., hypo pituitarism, growth hormone deficiency, hypogonadotropic hypogonadism [i.e. low gonadotropins (FSH/LH) and sex hormones*]
 - * severe secondary hypogonadism with total testosterone persistently < 150 and low or normal LH/FSH OR
 - * testosterone levels below normal range with low or normal LH/FSH AND
 - neurological sign and symptoms OR
 - other pituitary hormonal abnormalities OR
 - consideration of reversible functional causes of gonadotropin suppression (e.g. obesity, opioid use, or comorbid illness)

Added:

- Suspected hyperfunctioning pituitary gland based on hormonal testing i.e., central hyperthyroidism (high TSH), Cushing disease (high ACTH), acromegaly/gigantism (high GH/IGF-1) or elevated prolactin (>250 ng/mL or persistently elevated in the absence of another cause eg. stress, pregnancy, hypothyroidism, medication)
- Note: Galactorrhea without elevated prolactin, imaging is not indicated
- Central Diabetes Insipidus (low ADH)
- Precocious puberty in a child (male < 9; female < 8), with hormonal studies suggesting a central cause and evidence of an accelerated bone age on X-ray
- Pituitary apoplexy with sudden onset of neurological and hormonal symptoms
- Suspected recurrence with prior history of CNS cancer based on neurological symptoms or examination

Added:

- Follow up of known meningioma

- If <2cm or heavily calcified at 2 years and 5 years
- > 2cm annually for 3 years and then scans at 5 years and 10 years.
- Multiple meningiomas, annually
- After treatment (surgery or radiotherapy), post-operative if concern for residual tumor, every 6-12 months then annually for 3-5 years based on WHO Grade (see background)
- Follow-up known of pituitary adenoma
 - New signs or symptoms
 - Functioning adenoma - to assess response to treatment and 1-year follow-up after drug holiday

Added:

- Follow of known pineal cyst (> 5mm) if there are atypical features or symptoms (e.g., headaches, gaze paresis, ataxia, papilledema, nausea/vomiting)
- Follow of known arachnoid cyst
 - < 4 years old, serial imaging is warranted
 - > 4 years old, repeat imaging only if symptomatic i.e. headaches, increased intracranial pressure, hydrocephalus, local mass effect, seizures, visual/endocrine dysfunction
- For screening for known Non-CNS Cancer
 - Default screening for
 - Kidney cancer
 - Lung cancer
 - Merkel cell carcinoma

Added:

- Mucosal melanoma of the head and neck, especially of the oral cavity
- Poorly differential neuroendocrine cancer (Large or Small cell/Unknown primary of neuroendocrine origin)
- Screening with preconditions
 - AML Suspicion of leukemic meningitis
 - Cutaneous melanoma Stage IIIC or higher
 - Testicular Cancer-Seminoma High risk
 - Gestational Trophoblastic Neoplasia Pulmonary metastasis
 - Bladder cancer High risk, i.e. small cell
 - All other cancer if CNS symptoms present

Added:

- For screening of Hereditary Cancer Syndromes
 - Li Fraumeni syndrome- Annually
 - Von Hippel Lindau – Every 2 years, starting at age of 8 years
 - Tuberous Sclerosis – Every 1-3 years, until the age of 25 years
 - MEN1 – Every 3-5 years, starting at the age of 5 years
 - NF-2- Brain IAC: Annually starting, from age of 10 years

- Sturge Weber Syndrome: Once, after age 1 to rule out intracranial involvement after; in patients <1 year, only if symptomatic
 - Known seizure disorder without previous imaging
- Added:
- Imaging indications for new onset seizures in the pediatric population
 - Abnormal neurological exam, especially a postictal focal deficit
 - Significant developmental delay
 - Focal onset
 - EEG shows focal or suspected structural abnormalities
 - <1 year of age
 - Note: Imaging is not indicated in simple febrile seizures
 - Suspected temporal arteritis in a patient > 50 with temporal headache, abrupt visual changes, jaw claudication, temporal artery tenderness, constitutional symptoms or elevated ESR AND
 - Negative initial work-up (color Doppler ultrasonography or biopsy) OR
 - Atypical features or failure to response to treatment with concern for large vessel involvement
- Added:
- MRI indicted for atypical dystonia. Note: MRI not indicated in essential tremor or isolated focal dystonia (e.g., blepharospasm, cervical dystonia, laryngeal dystonia, oromandibular dystonia, writer's dystonia)
 - Binocular diplopia with concern for intracranial pathology
 - Hemifacial spasm
 - Other objective cranial nerve palsy (CN IX-XII)
 - Follow up shunt evaluation (Pople, 2002, Reddy, 2014, Kamenova, 2018)
 - Post operatively if indicated based on underlying disease and pre-operative radiographic findings and/or
 - 6-12 months after placement and/or
 - With neurologic symptoms that suggest shunt malfunction
- Added:
- Suspected spontaneous intra-cranial hypotension with distinct postural headache other symptoms include: nausea, vomiting, dizziness, tinnitus, diplopia neck pain or imbalance
 - CSF flow study for evaluation and management of CSF flow disorders
 - Diagnosis of central sleep apnea on polysomnogram
 - Children > 1 year
 - Adults in the absence of heart failure, chronic opioid use, high altitude, or treatment emergent central sleep apnea AND concern for a central neurological cause (Chiari malformation, tumor, infectious/inflammatory disease) OR with an abnormal neurological exam
 - Syncope with clinical concern for seizure or associated neurological signs or symptoms

- Cyclical vomiting syndrome or abdominal migraine with any localizing neurological symptoms
- Soft tissue mass of the head with nondiagnostic initial evaluation (ultrasound and/or radiograph)

Added:

- Cerebral palsy if etiology has not been established the neonatal period, there is change in the expected clinical or developmental profile or concern for progressive neurological disorder
- Unexplained event (BRUE) formerly apparent life-threatening event (ALTE) in infants < 1 year with concern for neurological cause based on history and exam

Note: Imaging is not indicated in low risk patients

- Under Indications for a Brain MRI with Internal Auditory Canal (IAC):
 - CSF otorrhea (MRI for intermittent leak, CT for active leaks)
 - Clinical Suspicion of acute mastoiditis as a complication of acute otitis media with intracranial complications (i.e. meningeal signs, cranial nerve deficits, focal neurological findings, altered mental status)
 - Bell's Palsy for evaluation of the extracranial nerve course - if atypical signs, slow resolution beyond three weeks, no improvement at four months, or facial twitching/spasms prior to onset

Added:

- Combo Brain MRI/MRA
 - Thunderclap headache with continued concern for underlying vascular abnormality after initial negative work-up
 - Negative Brain CT;
 - AND Negative Lumbar Puncture
 - Acute, sudden onset of headache with personal history of a vascular abnormality or first-degree family history of aneurysm
- Combo Brain MRI/Orbit MRI
 - Optic Neuritis if atypical presentation, severe visual impairment or poor recovery following initial onset or treatment onset
- Combo Brain MRI/Face/Sinus/Neck MRI
 - Bells/hemifacial spasm that meets above criteria
 - Objective cranial nerve palsy (CN IX-XII) (for evaluation of the extracranial nerve course
 - Granulomatosis with polyangiitis (Wegener's granulomatosis) disease

Deleted:

- Under New onset of headache and any of the following
 - Temporal headache in person > 55, with sedimentation rate (ESR) > 55 with tenderness over the temporal artery.
- Known or suspected pituitary tumor with corroborating physical exam (i.e., galactorrhea or acromegaly) neurologic findings and/or lab abnormalities.

- Known brain tumor and new onset of headache.
- Follow up shunt evaluation within six (6) months of placement or one (1) year follow up and/or with neurologic symptoms
- From combo Brain MRI/MRA Clinical suspicion of subarachnoid hemorrhage (SAH) ie thunderclap headache

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