

Behavioral Health Services

MCOs must notify LDH of their intent to offer any of the authorized ILOS within this section and provide their proposed service definitions for prior approval. Authorized behavioral health ILOS include the following:

- ❖ 23-Hour observation bed services for adults age 21 and older
- ❖ Freestanding psychiatric hospitals for adults ages 21-64
- ❖ Injection services provided by licensed nurses to adults age 21 and older
- ❖ Mental Health Intensive Outpatient Programs
- ❖ Population health management programs
- ❖ Therapeutic Day Center for ages 5-20
- ❖ Integrated Behavioral Health Homes
- ❖ Visions of Hope Community Services

23-Hour Observation Bed Services for Adults Age 21 and Older

This ILOS is an inpatient hospital-based intervention designed to allow for the opportunity to hold and assess an enrollee without admitting them.

Freestanding Psychiatric Hospitals for Adults Ages 21-64

The purpose of this ILOS is to assist adult enrollees with significant behavioral health challenges. This population is often treated in more expensive general hospital psychiatric units, which creates access issues as beds in this setting are limited. Individuals often remain in emergency departments while waiting for available beds, thereby increasing costs to the healthcare system as they utilize those medical resources while awaiting beds in general hospitals. Use of freestanding psychiatric units reduces emergency department consumption, increases psychiatric bed capacity, and provides a less costly alternative to general hospital beds.

Injection Services Provided by Licensed Nurses to Adults Age 21 and Older

Many enrollees are unable or unwilling to take oral psychotropics, or their mental status indicates a need for injectable medication to ensure compliance and stability. Embedded in the cost of many E&M coded visits is the cost of providing injectable medications. Allowing licensed nurses instead of physicians to perform this service delivery results in the most cost efficient and least costly service delivery, and helps to ensure compliance. The goals are reducing subsequent office visits and reducing hospitalizations due to lack of compliance.

Mental Health Intensive Outpatient Programs

Mental Health Intensive Outpatient Programs (MH IOPs) provide enrollees treatment via the least restrictive level of care, allowing an alternative to inpatient hospitalization or Assertive Community

Treatment and providing a step-down option from inpatient hospitalization for enrollees at high risk for readmission.

Population Health Management Programs

Mindoula Clinical Services' Population Health Management Program (PHMP) is a precision solution that targets, engages, and serves enrollees with SMI, SUD, and/or Sickle Cell Disease (SCD) and other comorbid medical conditions through team-based, tech-enabled, care extension services. This focused approach includes (1) identification of enrollees for the PHMP using proprietary algorithms and enrollee archetype data, (2) outreach and enrollment of enrollees using an intake process specific to SMI, SUD, and SCD populations, and (3) provision of tech-enabled programmatic interventions that include content and methods tailored to reducing total costs of care by addressing behavioral, medical, and social needs specific to SMI, SUD, and SCD populations.

These interventions are designed to enhance participants' skills, strategies, and supports, which in turn help to prevent and reduce unnecessary and avoidable medical costs associated with SMI, SUD, SCD, and other comorbid medical conditions, during the program and even after its completion.

Therapeutic Day Center for Ages 5-20

The Center for Resilience is a therapeutic day center which provides educational and intensive mental health supports in an innovative partnership with the Tulane University Medical School Department of Child and Adolescent Psychiatry to ensure the emotional well-being and academic readiness of children with behavioral health needs. Children receive instructional, medical, and therapeutic services at the day program site with the goal of building the skills necessary to successfully transition back to the traditional school setting. Center for Resilience provides a caring, non-punitive, therapeutic milieu with positive behavioral supports, trauma-informed approaches, evidence-based mental health practices, small-group classroom instruction, and therapeutic recreation activities. The leadership team is comprised of clinicians, educators, and medical doctors, and the therapeutic milieu is a result of this intentionally interdisciplinary collaboration. The goal of this ILOS is to reduce incidents of crisis hospitalization and residential psychiatric care.

Integrated Behavioral Health Homes

Integrated Behavioral Health Homes (IBHH) is a value-based program that furthers alternative payment methodologies and integration by improving medical, behavioral, and social healthcare outcomes for participants while decreasing the overall total cost of care. MCOs who offer this ILOS will contract with qualified providers to deliver the six core services that are central to Medicaid health homes, as outlined by the ACA and endorsed by CMS, Substance Abuse and Mental Health Services Administration (SAMHSA), and the National Council for Mental Wellbeing:

- ❖ Comprehensive care management;
- ❖ Care coordination;
- ❖ Health promotion;
- ❖ Comprehensive transitional care and follow-up;
- ❖ Patient and family support; and

- ❖ Referrals to community and social support services.

The eligible population will be identified by the MCO and assigned to the participating providers within the eligible population's geographical area. This is an opt-in model and does not require enrollees to change or adjust any of their existing provider relationships.

Visions of Hope Community Services

The Visions of Hope Community Services (VOH-CS) program is a comprehensive and intensive service bundling for high-risk, low-functioning individuals with severe and persistent mental illness. This model addresses whole person care that combines behavioral health while addressing social determinants of health and providing physical health coordination and support. The VOH-CS program serves individuals who would have difficulty navigating services across multiple, disconnected providers and thus are at greater risk of hospitalization, homelessness, substance use, victimization and incarceration. This model offers daily socialization opportunities for this population who might not interact socially with their peers in other settings.