



AETNA BETTER HEALTH®

d/b/a Aetna Better Health of Louisiana

Policy

Policy Name:	Chiropractic In Lieu of Services	Page:	1 of 8
Department:	Medical Management		
Subsection:	Utilization Management	Effective Date:	05/01/2024
Applies to:	■ Medicaid		

Purpose

The purpose of this In Lieu Of Service is to provide coverage of chiropractic care for enrollees aged 21 and older. Chiropractic services to diagnose and treat neuromusculoskeletal conditions associated with the functional integrity of the spine are a medically appropriate and cost-effective substitute for services currently covered under the Louisiana Medicaid State Plan.

Statement of Objective:

The objective of the policy is to guide providers in the most effective and efficient method of submitting chiropractic in lieu of services in order to maximize appropriate reimbursement and member care.

Definitions:

<u>In Lieu of Service (ILOS)</u>	<u>A medically appropriate service outside of Managed Care Organization (MCO) covered services or settings (or beyond service limits established by Louisiana Department of Health LDH for MCO covered services) that are provided to members at their option, by the health plan as a cost-effective alternative to a MCO covered service or setting.</u>
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Legal/Contract Reference:

- **2023 Louisiana Medicaid Managed Care Organization Attachment A: Model contract. Section 2.4.4**
- **Louisiana Medicaid Managed Care Organization (MCO) Manual Part 4: Services**
- **Louisiana Medicaid Fee Index on the Louisiana Department of Health website**

FOCUS/DISPOSITION

The health plan confirms Chiropractic In Lieu of Services available to members as an added benefit, providing additional member options for healthcare and provide cost savings. Chiropractic services are medically appropriate and approved for members diagnosed with neuromusculoskeletal conditions associated with the functional integrity of the spine. Chiropractic ILOS are covered without a prior authorization up to 18 treatment sessions annually. Additional treatment sessions require a prior authorization. A treatment session is defined as all chiropractic services that occur on a single date of service. A referral from a primary care provider or any other provider is not required.



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SCOPE

Chiropractic Services for adult age 21 and older with disorders of the spine provide medically appropriate treatment of neuromuscular disorders. No authorization is required for up to 18 treatment sessions per year. Additional sessions may require authorization.¹

Appropriate codes for billing Chiropractic In Lieu of Services include:

<u>CPT CODE</u>	<u>DESCRIPTION</u>
<u>20560</u>	<u>NEEDLE INSERTION(S) WITHOUT INJECTION(S); 1 OR 2 MUSCLE(S)</u>
<u>20561</u>	<u>NEEDLE INSERTION(S) WITHOUT INJECTION(S); 3 OR MORE MUSCLES</u>
<u>72020</u>	<u>X-ray exam of spine 1 view</u>
<u>72040</u>	<u>X-ray exam neck spine 2-3 vw</u>
<u>72050</u>	<u>X-ray exam neck spine 4/5vws</u>
<u>72052</u>	<u>X-ray exam neck spine 6/>vws</u>
<u>72070</u>	<u>X-ray exam thoracic spine 2vws</u>
<u>72072</u>	<u>X-ray exam thoracic spine 3vws</u>
<u>72074</u>	<u>X-ray exam thoracic spine4/>vw</u>
<u>72080</u>	<u>X-ray exam thoracolmb 2/> vw</u>
<u>72100</u>	<u>X-ray exam l-s spine 2/3 vws</u>
<u>72110</u>	<u>X-ray exam l-2 spine 4/>vws</u>
<u>72114</u>	<u>X-ray exam l-s spine bending</u>
<u>72120</u>	<u>X-ray bend only l-s spine</u>
<u>72220</u>	<u>X-ray exam sacrum tailbone</u>
<u>97012</u>	<u>Mechanical traction therapy</u>
<u>97014</u>	<u>Electric stimulation therapy</u>
<u>97022</u>	<u>Whirlpool therapy</u>
<u>97032</u>	<u>Electrical stimulation</u>
<u>97035</u>	<u>Ultrasound therapy</u>
<u>97110</u>	<u>Therapeutic exercises</u>
<u>97112</u>	<u>Neuromuscular reeducation</u>
<u>97116</u>	<u>Gait training therapy</u>
<u>97124</u>	<u>Massage therapy</u>
<u>97140</u>	<u>Manual therapy 1/> regions</u>
<u>98940</u>	<u>Chiropractic manipulative treatment (CMT); Spinal, 1-2 regions</u>
<u>98941</u>	<u>Chiropractic manipulative treatment (CMT); Spinal, 3-4 regions</u>
<u>98942</u>	<u>Chiropractic manipulative treatment (CMT); Spinal, 5 regions</u>
<u>99202</u>	<u>Office or other outpatient visit for the evaluation and management of a new patient, which requires a medically appropriate history and/or examination and straightforward medical decision making. When using time for code selection, 15-29 minutes of total time is spent on the date of the encounter</u>

¹ 2023 Louisiana Medicaid Managed Care Organization (MCO) Manual Part 4



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<u>CPT CODE</u>	<u>DESCRIPTION</u>
<u>99203</u>	<u>Office or other outpatient visit for the evaluation and management of a new patient, which requires a medically appropriate history and/or examination and low-level medical decision making. When using time for code selection, 30-44 minutes of total time is spent on the date of the encounter</u>
<u>99204</u>	<u>Office or other outpatient visit for the evaluation and management of a new patient, which requires a medically appropriate history and/or examination and moderate level of medical decision making. When using time for code selection, 45-59 minutes of total time is spent on the date of the encounter</u>
<u>99205</u>	<u>Office or other outpatient visit for the evaluation and management of a new patient, which requires a medically appropriate history and/or examination and high level of medical decision making. When using time for code selection, 60-74 minutes of total time is spent on the date of the encounter</u>
<u>99212</u>	<u>Office or other outpatient visit for the evaluation and management of an established patient, which requires a medically appropriate history and/or examination and straightforward medical decision making. When using time for code selection, 10-19 minutes of total time is spent on the date of the encounter</u>
<u>99213</u>	<u>Office or other outpatient visit for the evaluation and management of an established patient, which requires a medically appropriate history and/or examination and low level of medical decision making. When using time for code selection, 20-29 minutes of total time is spent on the date of the encounter</u>
<u>99214</u>	<u>Office or other outpatient visit for the evaluation and management of an established patient, which requires a medically appropriate history and/or examination and moderate level of medical decision making. When using time for code selection, 30-39 minutes of total time is spent on the date of the encounter</u>
<u>99215</u>	<u>Office or other outpatient visit for the evaluation and management of an established patient, which requires a medically appropriate history and/or examination and high level of medical decision making. When using time for code selection, 40-54 minutes of total time is spent on the date of the encounter</u>

All diagnosis codes submitted by providers providing Chiropractic In Lieu of Services must be classified as a “functional integrity of the spine” diagnosis. Appropriate diagnosis codes include:



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<u>ICD-10 CODE</u>	<u>DESCRIPTION</u>
<u>M47.1</u>	<u>Other spondylosis with myelopathy.</u>
<u>M47.10</u>	<u>Other spondylosis with myelopathy, site unspecified.</u>
<u>M47.11</u>	<u>Other spondylosis with myelopathy, occipito-atlanto-axial region</u>
<u>M47.12</u>	<u>Other spondylosis with myelopathy, cervical region</u>
<u>M47.13</u>	<u>Other spondylosis with myelopathy, cervicothoracic region</u>
<u>M47.14</u>	<u>Other spondylosis with myelopathy, thoracic region</u>
<u>M47.15</u>	<u>Other spondylosis with myelopathy, thoracolumbar region</u>
<u>M47.16</u>	<u>Other spondylosis with myelopathy, lumbar region</u>
<u>M47.2</u>	<u>Other spondylosis with radiculopathy</u>
<u>M47.20</u>	<u>Other spondylosis with radiculopathy, site unspecified</u>
<u>M47.21</u>	<u>Other spondylosis with radiculopathy, occipito-atlanto-axial region</u>
<u>M47.22</u>	<u>Other spondylosis with radiculopathy, cervical region</u>
<u>M47.23</u>	<u>Other spondylosis with radiculopathy, cervicothoracic region</u>
<u>M47.24</u>	<u>Other spondylosis with radiculopathy, thoracic region</u>
<u>M47.25</u>	<u>Other spondylosis with radiculopathy, thoracolumbar region</u>
<u>M47.26</u>	<u>Other spondylosis with radiculopathy, lumbar region</u>
<u>M47.27</u>	<u>Other spondylosis with radiculopathy, lumbosacral region</u>
<u>M47.28</u>	<u>Other spondylosis with radiculopathy, sacral and sacrococcygeal region</u>
<u>M47.8</u>	<u>Other spondylosis</u>
<u>M47.81</u>	<u>Other spondylosis Occipito-atlanto-axial region</u>
<u>M47.811</u>	<u>Spondylosis without myelopathy or radiculopathy, occipito-atlanto-axial region</u>

<u>ICD-10 CODE</u>	<u>DESCRIPTION</u>
<u>M47.812</u>	<u>Spondylosis without myelopathy or radiculopathy, cervical region</u>
<u>M47.813</u>	<u>Spondylosis without myelopathy or radiculopathy, cervicothoracic region</u>
<u>M47.814</u>	<u>Spondylosis without myelopathy or radiculopathy, thoracic region</u>
<u>M47.815</u>	<u>Spondylosis without myelopathy or radiculopathy, thoracolumbar region</u>
<u>M47.816</u>	<u>Spondylosis without myelopathy or radiculopathy, lumbar region</u>
<u>M47.817</u>	<u>Spondylosis without myelopathy or radiculopathy, lumbosacral region</u>
<u>M47.818</u>	<u>Spondylosis without myelopathy or radiculopathy, sacral and sacrococcygeal region</u>
<u>M47.819</u>	<u>Spondylosis without myelopathy or radiculopathy, site unspecified</u>
<u>M47.89</u>	<u>Other spondylosis Site unspecified.</u>
<u>M47.891</u>	<u>Other spondylosis, occipito-atlanto-axial region</u>
<u>M47.892</u>	<u>Other spondylosis, cervical region</u>
<u>M47.893</u>	<u>Other spondylosis, cervicothoracic region</u>
<u>M47.894</u>	<u>Other spondylosis, thoracic region</u>
<u>M47.895</u>	<u>Other spondylosis, thoracolumbar region</u>
<u>M47.896</u>	<u>Other spondylosis, lumbar region</u>
<u>M47.897</u>	<u>Other spondylosis, lumbosacral region</u>
<u>M47.898</u>	<u>Other spondylosis, sacral and sacrococcygeal region</u>
<u>M47.899</u>	<u>Other spondylosis, site unspecified</u>
<u>M48.0</u>	<u>Spinal stenosis</u>
<u>M48.00</u>	<u>Spinal stenosis, site unspecified</u>
<u>M48.01</u>	<u>Spinal stenosis, occipito-atlanto-axial region</u>
<u>M48.02</u>	<u>Spinal stenosis, cervical region</u>
<u>M48.03</u>	<u>Spinal stenosis, cervicothoracic region</u>
<u>M48.04</u>	<u>Spinal stenosis, thoracic region</u>



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<u>ICD-10 CODE</u>	<u>DESCRIPTION</u>
<u>M48.05</u>	<u>Spinal stenosis, thoracolumbar region</u>
<u>M48.06</u>	<u>Spinal stenosis, lumbar region</u>
<u>M48.061</u>	<u>Spinal stenosis, lumbar region without neurogenic claudication</u>
<u>M48.062</u>	<u>Spinal stenosis, lumbar region with neurogenic claudication</u>
<u>M48.07</u>	<u>Spinal stenosis, lumbosacral region</u>
<u>M48.08</u>	<u>Spinal stenosis, sacral and sacrococcygeal region</u>
<u>M50</u>	<u>Cervical disc disorders</u>
<u>M50.0</u>	<u>Cervical disc disorder with myelopathy</u>
<u>M50.00</u>	<u>Cervical disc disorder with myelopathy, unspecified cervical region</u>
<u>M50.01</u>	<u>Cervical disc disorder with myelopathy, high cervical region</u>
<u>M50.02</u>	<u>Cervical disc disorder with myelopathy, mid-cervical region</u>
<u>M50.020</u>	<u>Cervical disc disorder with myelopathy, mid-cervical region, unspecified level</u>
<u>M50.021</u>	<u>Cervical disc disorder at C4-C5 level with myelopathy</u>
<u>M50.022</u>	<u>Cervical disc disorder at C5-C6 level with myelopathy</u>
<u>M50.023</u>	<u>Cervical disc disorder at C6-C7 level with myelopathy</u>
<u>M50.03</u>	<u>Cervical disc disorder with myelopathy, cervicothoracic region</u>
<u>M50.1</u>	<u>Cervical disc disorder with radiculopathy</u>
<u>M50.10</u>	<u>Cervical disc disorder with radiculopathy, unspecified cervical region</u>
<u>M50.11</u>	<u>Cervical disc disorder with radiculopathy, high cervical region</u>
<u>M50.12</u>	<u>Cervical disc disorder with radiculopathy, mid-cervical region</u>
<u>M50.120</u>	<u>Mid-cervical disc disorder, unspecified level</u>
<u>M50.121</u>	<u>Cervical disc disorder at C4-C5 level</u>

<u>ICD-10 CODE</u>	<u>DESCRIPTION</u>
<u>M50.122</u>	<u>Cervical disc disorder at C5-C6 level with radiculopathy</u>
<u>M50.123</u>	<u>Cervical disc disorder at C6-C7 level with radiculopathy</u>
<u>M50.13</u>	<u>Cervical disc disorder with radiculopathy, cervicothoracic region</u>
<u>M50.2</u>	<u>Other cervical disc displacement</u>
<u>M50.20</u>	<u>Other cervical disc displacement, unspecified cervical region</u>
<u>M50.21</u>	<u>Other cervical disc displacement, high cervical region</u>
<u>M50.22</u>	<u>Other cervical disc displacement, mid-cervical region</u>
<u>M50.220</u>	<u>Other cervical disc displacement, mid-cervical region, unspecified level</u>
<u>M50.221</u>	<u>Other cervical disc displacement at C4-C5 level</u>
<u>M50.222</u>	<u>Other cervical disc displacement at C5-C6 level</u>
<u>M50.223</u>	<u>Other cervical disc displacement at C6- C7 level</u>
<u>M50.23</u>	<u>Other cervical disc displacement, cervicothoracic region</u>
<u>M50.3</u>	<u>Other cervical disc degeneration</u>
<u>M50.30</u>	<u>Other cervical disc degeneration, unspecified cervical region</u>
<u>M50.31</u>	<u>Other cervical disc degeneration, high cervical region</u>
<u>M50.32</u>	<u>Other cervical disc degeneration, mid-cervical region</u>
<u>M50.320</u>	<u>Other cervical disc degeneration, mid-cervical region, unspecified level</u>
<u>M50.321</u>	<u>Other cervical disc degeneration at C4-C5 level</u>
<u>M50.322</u>	<u>Other cervical disc degeneration at C5-C6 level</u>
<u>M50.323</u>	<u>Other cervical disc degeneration at C6-C7 level</u>
<u>M50.33</u>	<u>Other cervical disc degeneration, cervicothoracic region</u>
<u>M50.8</u>	<u>Other cervical disc disorders</u>



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<u>ICD-10 CODE</u>	<u>DESCRIPTION</u>
<u>M50.80</u>	<u>Other cervical disc disorders, unspecified cervical region</u>
<u>M50.81</u>	<u>Other cervical disc disorders, high cervical region</u>
<u>M50.82</u>	<u>Other cervical disc disorders, mid-cervical region</u>
<u>M50.820</u>	<u>Other cervical disc disorders, mid-cervical region, unspecified level</u>
<u>M50.821</u>	<u>Other cervical disc disorders at C4-C5 level</u>
<u>M50.822</u>	<u>Other cervical disc disorders at C5-C6 level</u>
<u>M50.823</u>	<u>Other cervical disc disorders at C6-C7 level</u>
<u>M50.83</u>	<u>Other cervical disc disorders, cervicothoracic region</u>
<u>M50.9</u>	<u>Cervical disc disorder, unspecified</u>
<u>M50.90</u>	<u>Cervical disc disorder, unspecified, unspecified cervical region</u>
<u>M50.91</u>	<u>Cervical disc disorder, unspecified, high cervical region</u>
<u>M50.92</u>	<u>Cervical disc disorder, unspecified, mid-cervical region</u>
<u>M50.920</u>	<u>Unspecified cervical disc disorder, mid-cervical region, unspecified level</u>
<u>M50.921</u>	<u>Unspecified cervical disc disorder at C4-C5 level</u>
<u>M50.922</u>	<u>Unspecified cervical disc disorder at C5-C6 level</u>
<u>M50.923</u>	<u>Unspecified cervical disc disorder at C6- C7 level</u>
<u>M50.93</u>	<u>Cervical disc disorder, unspecified, cervicothoracic region</u>
<u>M51</u>	<u>Thoracic, thoracolumbar, and lumbosacral intervertebral disc disorders</u>
<u>M51.0</u>	<u>Thoracic, thoracolumbar and lumbosacral intervertebral disc disorders with myelopathy</u>
<u>M51.04</u>	<u>Intervertebral disc disorders with myelopathy, thoracic region</u>

<u>ICD-10 CODE</u>	<u>DESCRIPTION</u>
<u>M51.05</u>	<u>Intervertebral disc disorders with myelopathy, thoracolumbar region</u>
<u>M51.06</u>	<u>Intervertebral disc disorders with myelopathy, lumbar region</u>
<u>M51.1</u>	<u>Thoracic, thoracolumbar and lumbosacral intervertebral disc disorders with radiculopathy</u>
<u>M51.14</u>	<u>Intervertebral disc disorders with radiculopathy, thoracic region</u>
<u>M51.15</u>	<u>Intervertebral disc disorders with radiculopathy, thoracolumbar region</u>
<u>M51.16</u>	<u>Intervertebral disc disorders with radiculopathy, lumbar region</u>
<u>M51.17</u>	<u>Intervertebral disc disorders with radiculopathy, lumbosacral region</u>
<u>M51.2</u>	<u>Other thoracic, thoracolumbar and lumbosacral intervertebral disc displacement</u>
<u>M51.24</u>	<u>Other intervertebral disc displacement, thoracic region</u>
<u>M51.25</u>	<u>Other intervertebral disc displacement, thoracolumbar region</u>
<u>M51.26</u>	<u>Other intervertebral disc displacement, lumbar region</u>
<u>M51.27</u>	<u>Other intervertebral disc displacement, lumbosacral region</u>
<u>M51.3</u>	<u>Other thoracic, thoracolumbar and lumbosacral intervertebral disc degeneration</u>
<u>M51.34</u>	<u>Other intervertebral disc degeneration, thoracic region</u>
<u>M51.35</u>	<u>Other intervertebral disc degeneration, thoracolumbar region</u>
<u>M51.36</u>	<u>Other intervertebral disc degeneration, lumbar region</u>
<u>M51.37</u>	<u>Other intervertebral disc degeneration, lumbosacral region</u>
<u>M51.4</u>	<u>Schmorl's nodes</u>
<u>M51.44</u>	<u>Schmorl's nodes, thoracic region</u>
<u>M51.45</u>	<u>Schmorl's nodes, thoracolumbar region</u>



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<u>ICD-10 CODE</u>	<u>DESCRIPTION</u>
<u>M51.46</u>	<u>Schmorl's nodes, lumbar region</u>
<u>M51.47</u>	<u>Schmorl's nodes, lumbosacral region</u>
<u>M51.8</u>	<u>Other thoracic, thoracolumbar and lumbosacral intervertebral disc disorders</u>
<u>M51.84</u>	<u>Other intervertebral disc disorders, thoracic region</u>
<u>M51.85</u>	<u>Other intervertebral disc disorders, thoracolumbar region</u>
<u>M51.86</u>	<u>Other intervertebral disc disorders, lumbar region</u>
<u>M51.87</u>	<u>Other intervertebral disc disorders, lumbosacral region</u>
<u>M51.9</u>	<u>Unspecified thoracic, thoracolumbar and lumbosacral intervertebral disc disorder</u>
<u>M54.1</u>	<u>Radiculopathy</u>
<u>M54.10</u>	<u>Radiculopathy, site unspecified</u>
<u>M54.11</u>	<u>Radiculopathy, occipito-atlanto-axial region</u>
<u>M54.12</u>	<u>Radiculopathy, cervical region</u>
<u>M54.13</u>	<u>Radiculopathy, cervicothoracic region</u>
<u>M54.14</u>	<u>Radiculopathy, thoracic region</u>
<u>M54.15</u>	<u>Radiculopathy, thoracolumbar region</u>
<u>M54.16</u>	<u>Radiculopathy, lumbar region</u>
<u>M54.17</u>	<u>Radiculopathy, lumbosacral region</u>
<u>M54.18</u>	<u>Radiculopathy, sacral and sacrococcygeal region</u>
<u>M54.2</u>	<u>Cervicalgia</u>
<u>M54.3</u>	<u>Sciatica</u>
<u>M54.30</u>	<u>Sciatica, unspecified side</u>
<u>M54.31</u>	<u>Sciatica, right side</u>

<u>ICD-10 CODE</u>	<u>DESCRIPTION</u>
<u>M54.4</u>	<u>Lumbago with sciatica</u>
<u>M54.40</u>	<u>Lumbago with sciatica, unspecified side</u>
<u>M54.41</u>	<u>Lumbago with sciatica, right side</u>
<u>M54.42</u>	<u>Lumbago with sciatica, left side</u>
<u>M54.5</u>	<u>Low back pain</u>
<u>M54.50</u>	<u>Low back pain, unspecified</u>
<u>M54.51</u>	<u>Vertebrogenic low back pain</u>
<u>M54.59</u>	<u>Other low back pain</u>
<u>M54.6</u>	<u>Pain in thoracic spine</u>
<u>M54.8</u>	<u>Other dorsalgia</u>
<u>M54.81</u>	<u>Occipital neuralgia</u>
<u>M54.89</u>	<u>Other dorsalgia</u>
<u>M54.9</u>	<u>Dorsalgia, unspecified</u>
<u>M99.0</u>	<u>Segmental and somatic dysfunction</u>
<u>M99.01</u>	<u>Segmental and somatic dysfunction of cervical region</u>
<u>M99.02</u>	<u>Segmental and somatic dysfunction of thoracic region</u>
<u>M99.03</u>	<u>Segmental and somatic dysfunction of lumbar region</u>
<u>M99.04</u>	<u>Segmental and somatic dysfunction of sacral region</u>
<u>M99.05</u>	<u>Segmental and somatic dysfunction of pelvic region</u>
<u>M99.06</u>	<u>Segmental and somatic dysfunction of lower extremity</u>
<u>M99.07</u>	<u>Segmental and somatic dysfunction of upper extremity</u>

Operating Protocol:

Measurement

- Number of authorizations requests received.
- Timeliness of decisions and notifications



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Reporting

- **Regulatory State Reports**
- **Utilization tracking and trending is reviewed by the CMO monthly and is reported at a minimum of quarterly to the QM/UM committee.**

Inter-Intra dependencies:

Internal

- **Care Management**
- **Utilization Management**
- **Claims**
- **Finance**
- **Information Technology**
- **Medical Directors**
- **Medical Management**
- **Member Services**
- **Provider Services**
- **Quality Management**

External

- **Members**
- **Practitioners**
- **Providers**
- **Regulatory Bodies**
- **Louisiana Department of**

Health Aetna Better Health

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Chief Executive Officer

Antoinette Kay
Logarbo, MD Chief Medical Officer