

# **Test Specific Guidelines**





MOL.TS.271.A v1.0.2023

Introduction

#### PancraGEN testing is addressed by this guideline.

Procedures Addressed

# The inclusion of any procedure code in this table is provided for informational purposes and is not a guarantee of coverage nor an indication that prior authorization is required.

Procedure addressed by this guideline	Procedure code
PancraGEN	<u>81479</u>

## What Are Pancreatic Cysts?

**Definition** 

Pancreatic cysts are reported as incidental findings in 3 to 13% of individuals undergoing abdominal imaging procedures. Four of the most common types of pancreatic cysts are serous cystadenomas (SCA), solid-pseudopapillary neoplasms (SPN), mucinous cystic neoplasms (MCN), and intraductal papillary mucinous neoplasms (IPMN).<sup>1</sup>

Overall, considering all types of pancreatic cysts, the risk of cancer is very low (<1% per year), but with different risks based on the histologic type of cyst and its clinical characteristics. Given that most cysts do not progress to cancer, and that pancreatic surgery has a high rate of morbidity and mortality, conservative management is recommended for the vast majority of patients.<sup>1,2</sup>

<u>Clinicians typically rely on imaging, cytology, and fluid chemistry to assess the malignancy risk of pancreatic cysts.</u>

In cases where an individual's diagnosis based on conventional pathologic and imaging approaches is inconclusive, PancraGEN has been proposed as an adjunctive risk stratification tool to provide additional clarifying information to inconclusive results of standard diagnostic tools, including imaging, carcinoembryonic antigen (CEA), cytology, and clinical risk factors.<sup>3-5</sup>

# **Test Information**

#### Introduction

According to the test manufacturer, PancraGEN provides molecular results for DNA quantity and quality, specific oncogene point mutations (in codons 12 and 13 of KRAS and codon 201 of GNAS), and information on loss of heterozygosity for approximately 17 tumor suppressor genes in order to stratify patients according to their risk of progression to malignancy.<sup>6-10</sup>

<u>The test requires specimens of pancreatobiliary fluid, pancreatic masses, or pancreatic tissue usually obtained by endoscopic ultrasound (EUS) guided fine needle aspiration (FNA).<sup>6,11</sup></u>

<u>The PancraGEN report categorizes patients into one of four groups: low risk</u> <u>category that supports surveillance (a. benign; b. statistically indolent) or high</u> <u>risk category that supports treatment intervention decisions (c. statistically</u> <u>higher risk; d. aggressive).<sup>6-10</sup></u>

This test is intended to determine a patient's risk of cancer progression and assess the best course of treatment. Based on test results, low-risk patients with benign cysts may benefit from early disease surveillance and avoidance of invasive surgical resection, while higher risk patients with aggressive cysts can receive proper surgical treatment for malignant lesions.<sup>6-10</sup>

# **Guidelines and Evidence**

#### Introduction

<u>The following section includes relevant guidelines and evidence pertaining to</u> <u>PancraGEN testing. Of note, the current National Comprehensive Cancer Network</u> <u>Guidelines for Pancreatic Adenocarcinoma (NCCN, 2022) did not make any</u> <u>recommendations regarding risk stratification via molecular profiling of</u> <u>pancreatic cysts.<sup>12</sup></u>

American College of Gastroenterology

The American College of Gastroenterology (ACG, 2018) published comprehensive guidelines for the diagnosis and management of pancreatic cysts. Although these guidelines did not include molecular analysis as part of the routine analysis of all pancreatic cysts, the authors stated: "A number of DNA, RNA, protein, and metabolomic markers have been evaluated in cyst fluid. The majority of these are still early in development and not yet ready for translation into clinical practice. However, analysis of DNA mutations in cyst fluid has shown promise in identifying IPMNs and MCNs."<sup>2</sup> National Institute of Health and Clinical Excellence

The National Institute for Health and Clinical Excellence (NICE, 2018) stated the following regarding evaluation of pancreatic cysts:<sup>13</sup>

"Offer a pancreatic protocol CT scan or magnetic resonance cholangiopancreatography (MRI/MRCP) to people with pancreatic cysts. If more information is needed after one of these tests, offer the other one.

Refer people with any of these high-risk features for resection:

obstructive jaundice with cystic lesions in the head of the pancreas

enhancing solid component in the cyst

a main pancreatic duct that is 10 mm diameter or larger

Offer EUS after CT and MRI/MRCP if more information on the likelihood of malignancy is needed, or if it is not clear whether surgery is needed.

Consider fine-needle aspiration during EUS if more information on the likelihood of malignancy is needed.

When using fine-needle aspiration, perform carcinoembryonic antigen (CEA) assay in addition to cytology if there is sufficient sample .

For people with cysts that are thought to be malignant, follow the recommendations on staging."

Selected Relevant Publications

A small base of evidence comprised of a few clinical studies evaluated the correlation between genetic testing using the PancraGen test and histology, cytology and pathology of surgical or biopsy specimens of pancreatic tissue.<sup>14-26</sup>

Overall, the quality of the evidence base is low, consisting primarily of retrospective studies comparing the diagnostic performance of PancraGen with conventional testing methods. It is not clear if PancraGEN would perform well in a broad, general population of patients with pancreatic cysts. Small sample sizes may lead to imprecise estimates of test accuracy. The reported diagnostic performance values vary widely and were often not accompanied by confidence intervals. Included confidence intervals were wide, suggesting a lack of precision.

Additional well-designed clinical studies are needed to assess the clinical utility of PancraGEN testing in patients with pancreatic cysts.

### <u>Criteria</u>

This test is considered investigational and/or experimental.

Investigational and experimental (I&E) molecular and genomic (MolGen) tests refer to assays involving chromosomes, DNA, RNA, or gene products that have

insufficient data to determine the net health impact, which typically means there is insufficient data to support that a test accurately assesses the outcome of interest (analytical and clinical validity), significantly improves health outcomes (clinical utility), and/or performs better than an existing standard of care medical management option. Such tests are also not generally accepted as standard of care in the evaluation or management of a particular condition.

In the case of MolGen testing, FDA clearance is not a reliable standard given the number of laboratory developed tests that currently fall outside of FDA oversight and FDA clearance often does not assess clinical utility.

**References** 

Introduction

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