

## Clinical Policy: Cochlear Implants and Replacements

Reference Number: LA.CP.MP.507c Coding Implications
Date of Last Revision: 48/23 Revision Log

See <u>Important Reminder</u> at the end of this policy for important regulatory and legal information.

#### **Description**

#### **Background**

Louisiana Health Care Connections covers unilateral or bilateral cochlear implants when deemed medically necessary for the treatment of severe-to-profound, bilateral sensorineural hearing loss in beneficiaries under 21 years of age. Any implant must be used in accordance with Food and Drug -Administration (FDA) guidelines

#### **Medical Necessity Criteria:**

- I. In addition to submission of a prior authorization for all aspects of cochlear implant care, (preoperative evaluation, implantation, implants, repairs, supplies, and therapy) It is the policy of Louisiana Healthcare Connections that Cochlear implants' medical necessity criteria are based upon the following:
  - A. A multidisciplinary implant team to collaborate on determining eligibility and providing care that includes, at minimum:
    - 1. A fellowship-trained pediatric otolaryngologist or fellowship-trained otologist
    - 2. An audiologist, and
    - 3. A speech-language pathologist
  - B. For bilateral cochlear implants, an audiologic and medical evaluation must determine that a unilateral cochlear implant plus hearing aid in the contralateral ear will not result in binaural benefit for the enrollee.
  - C. The audiological evaluation must include the following:
    - 1. Severe-to-profound hearing loss determined through the use of an ageappropriate combination of behavioral and physiological measures; and
    - 2. Limited or no functional benefit achieved after a sufficient trial of hearing aid amplification
  - D. The Medical evaluation must include the following:
    - 1. Medical history;
    - 2. Physical examination verifying the candidate has intact tympanic membrane(s), is free of active ear disease, and has no contraindication for surgery under general anesthesia;
    - 3. Verification of receipt of all recommended immunizations;
    - 4. Verification of accessible cochlear anatomy that is suitable to implantation, as confirmed by imaging studies (computed tomography (CT) and/or magnetic resonance imagery (MRI)), when necessary; and
    - 5. Verification of auditory nerve integrity, as confirmed by electrical promontory stimulation, when necessary.
  - E. The non-audiological evaluation must include:

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- 1. Speech and language evaluation to determine enrollee's level of communicative ability; and
- 2. Psychological and/or social work evaluation, as needed
- F. Pre-operative counseling must be provided to the enrollee, if age appropriate, and the enrollee's caregiver. Pre-Operative counseling must include:
  - 1. Information on implant components and function; risks, limitations, and potential benefits of implantation; the surgical procedure; and postoperative follow-up schedule
  - 2. Appropriate post-implant expectations, including being prepared and willing to participate in pre- and post- implant assessment and rehabilitation programs; and
  - 3. Information about alternative communication methods to cochlear implants.
- **II.** It is the policy of Louisiana Healthcare Connections that replacement of a cochlear implant(s) and/or its external components (external speech processor, controller, etc.) is considered **medically necessary** when any one of the following is present:
- AA. The existing device(s) is no longer functional orand cannot be repaired;
- **B**B. A change in the member/enrollee's condition makes the existing unit(s) inadequate for the hearing-related activities of daily living and improvement is expected with a replacement unit(s).
- CC. AThe existing component has reached the limit of its reasonable useful life. The reasonable useful life of a sound processor replacement if the current processor is at leastnot less than five years-old.
- **III.**-It is the policy of Louisiana Healthcare Connections that *replacement or upgrade* of an existing, properly functioning cochlear implant and/or its external components (external speech processor, controller, etc.) is considered **not medically necessary** when requested only for convenience or to simply upgrade to a newer technology.

#### **Background**

Sensorineural hearing loss, or nerve deafness, is a type of hearing loss that results from problems with the inner ear, related to the cochlea, eighth nerve, internal auditory canal, or brain. A common cause of hearing loss in adults is presbycusis, a progressive condition caused by the loss of function of hair cells in the inner ear. Severe to profound hearing loss in children is most often related to genetics, prenatal, perinatal, or postnatal causes. A cochlear implant, an electronic device surgically placed under the skin, bypasses the hair cells and directly transmits sounds through multiple electrodes, which stimulate the auditory nerve. Once the auditory nerve is activated, signals are sent to the brain. The brain learns to recognize these signals and the person experiences this as hearing.

Cochlear implants have been studied since the 1950s and were approved by the FDA in adults in the mid-1980s.<sup>2,5</sup> National Institute of Health (NIH) scientists determined cochlear implants to be cost beneficial.



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Recent studies have been conducted evaluating the use of bilateral cochlear implants compared to unilateral implants. Many of these studies have shown that children obtained significantly higher hearing thresholds in the bilateral implants. Speech recognition scores in noisy conditions were also improved in bilateral users, while speech perception outcomes in quiet conditions were mixed demonstrating differences for only two out of seven outcome measures.<sup>1,8</sup> Studies also have shown better scores on sentence and word recognition tests for bilateral users.<sup>1</sup>

Very little data has been published comparing differences between bilateral cochlear implants and cochlear implant with a hearing aid on the opposite ear. One small study showed improved localization abilities and speech perception scores for two former users of cochlear implant/hearing aid within the first six months after the second implant was activated. However, performance showed a slight decline after six months of use. Further studies are needed in this area to determine efficacy for bilateral cochlear implants in adults.<sup>1</sup>

While evidence is increasing regarding the use of bilateral implants, bilateral implantation is not without problems. Limited nerve survival that remains may be asymmetrical, resulting in an unnatural pattern of neural activity in stimulation with electrical pulses. This asynchronous stimulation across devises might result in individual neural impulses which are unlikely to result in useful cues related to interaural differences. Also, bilateral implantation doubles the risks associated with surgical intervention and is very costly.<sup>2</sup>

## **Coding Implications**

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<b>CPT</b> ®	Description	
Codes		
69930	Cochlear device implantation, with or without mastoidectomy	
69949	Unlisted procedure, inner ear	
	Diagnostic analysis of cochlear implant, patient younger than 7 years of age; with	
92601	programming	
	Diagnostic analysis of cochlear implant, patient younger than 7 years of age;	
92602	subsequent reprogramming	
92603	Diagnostic analysis of cochlear implant, age 7 years or older; with programming	
	Diagnostic analysis of cochlear implant, age 7 years or older; subsequent	
92604	reprogramming	



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CPT® Codes	Description
	Evaluation of auditory function for surgically implanted device(s) candidacy or
92626	postoperative status of a surgically implanted device(s)
	Evaluation of auditory function for surgically implanted device(s) candidacy or
92627	postoperative status of a surgically implanted device(s)
92700	Unlisted otorhinolaryngological service or procedure

HCPCS Codes	Description		
L8614	Cochlear device, includes all internal and external components		
L8615	Headset/headpiece for use with cochlear implant device, replacement		
L8616	Microphone for use with cochlear implant device, replacement		
L8617	Transmitting coil for use with cochlear implant device, replacement		
L8618	Transmitter cable for use with cochlear implant device or auditory osseointegrated device, replacement		
L8619	Cochlear implant, external speech processor and controller, integrated system, replacement		
L8621	Zinc air battery for use with cochlear implant device and auditory osseointegrated sound processors, replacement, each		
L8622	Alkaline battery for use with cochlear implant device, any size, replacement, each		
L8623	Lithium ion battery for use with cochlear implant device speech processor, other than ear level, replacement, each		
L8624	Lithium ion battery for use with cochlear implant or auditory osseointegrated device speech processor, ear level, replacement, each		
L8625	External recharging system for battery for use with cochlear implant or auditory osseointegrated device, replacement only, each		
L8627	Cochlear implant, external speech processor, component, replacement		
L8628	Cochlear implant, external controller component, replacement		
L8629	Transmitting coil and cable, integrated, for use with cochlear implant device, replacement		

ICD-10-CM Diagnosis Codes that Support Coverage Criteria

ICD-10-	Description
CM Code	
H90.3	Sensorineural hearing loss, bilateral
H90.41	Sensorineural hearing loss, unilateral, right ear, with unrestricted hearing on the contralateral side
H90.42	Sensorineural hearing loss, unilateral, left ear, with unrestricted hearing on the contralateral side
H90.5	Unspecified sensorineural hearing loss
<del>Q85.00</del>	Neurofibromatosis, unspecified
<del>Q85.02</del>	Neurofibromatosis, type 2
<del>Z96.21</del>	Cochlear implant status



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Reviews, Revisions, and Approvals	Revision Date	Approval Date
Original approval date		Dute
Policy reviewed and updated. Combined policy with LA.CP.MP.14		4/18/23
(Cochlear Implant Replacements) Background updated with no		
impact to criteria. References reviewed and updated.		
Annual review completed. Changed verbiage in I.C. from "A sound	7/23	
processor replacement if the current processor is at least five years old"		
to "C. The existing component has reached the limit of its reasonable		
useful life. The reasonable useful life of a sound processor is not less		
than five years". Minor rewording with no clinical significance.		
Background updated with no impact to criteria. ICD-10-CM Diagnosis		
Code table removed. References reviewed and updated. External		
specialist reviewed. Added CPT code L8265		

#### References

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- 2.1. American Academy of Audiology. American Academy of Audiology Clinical Practice Guidelines: Pediatric amplification. <a href="https://audiology-web.s3.amazonaws.com/migrated/PediatricAmplificationGuidelines.pdf\_539975b3e7e9f1.74">https://audiology-web.s3.amazonaws.com/migrated/PediatricAmplificationGuidelines.pdf\_539975b3e7e9f1.74</a> 471798.pdf Published June 2013. Accessed June 3, 20226, 2023.
- 3.2. United States Food and Drug Administration. Cochlear implants. <a href="http://www.fda.gov/MedicalDevices/ProductsandMedicalProcedures/ImplantsandProsthetics/CochlearImplants/default.htm">http://www.fda.gov/MedicalDevices/ProductsandMedicalProcedures/ImplantsandProsthetics/CochlearImplants/default.htm</a>. Published February 3, 2022. Accessed June 3, 20226, 2023.
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- 8. National Institute for Health and Care Excellence (NICE). Cochlear implants for children and adults with severe to profound deafness: Technology appraisal guidance [TA566]. Published March 7, 2019. https://www.nice.org.uk/guidance/ta566. Accessed June 6, 2023.



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## **Important Reminder**

This clinical policy has been developed by appropriately experienced and licensed health care professionals based on a review and consideration of currently available generally accepted standards of medical practice; peer-reviewed medical literature; government agency/program approval status; evidence-based guidelines and positions of leading national health professional organizations; views of physicians practicing in relevant clinical areas affected by this clinical policy; and other available clinical information. LHCC makes no representations and accepts no liability with respect to the content of any external information used or relied upon in developing this clinical policy. This clinical policy is consistent with standards of medical practice current at the time that this clinical policy was approved.

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