

DEPARTMENT OF HEALTH & HUMAN SERVICES  
Centers for Medicare & Medicaid Services  
Dallas Regional Office  
1301 Young Street, Suite 833  
Dallas, Texas 75202



**DIVISION OF MEDICAID & CHILDREN'S HEALTH - REGION VI**

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December 1, 2016

Our Reference: SPA LA 16-0015

Ms. Jen Steele, State Medicaid Director  
Department of Health and Hospitals  
628 North 4<sup>th</sup> St.  
Post Office Box 91030  
Baton Rouge, LA 70821-9030

Attention: Darlene Budgewater

Dear Ms. Steele:

We have reviewed the State's proposed amendment to the Louisiana State Plan submitted under Transmittal Number 16-0015 dated September 13, 2016. This state plan amendment amends the provisions for Federally Qualified Health Centers (FQHCs) to allow certified medical assistants to apply fluoride varnish under the direction of a physician and to establish training requirements for the applier of fluoride varnish.

Based on the information submitted, we have approved the amendment for incorporation into the official Louisiana State Plan with an effective date change of September 20, 2016. A copy of the CMS-179 and approved plan pages are enclosed with this letter.

If you have any questions, please contact Cheryl Rupley at (214) 767-6278 or by email at [Cheryl.Rupley@cms.hhs.gov](mailto:Cheryl.Rupley@cms.hhs.gov).

Sincerely,

A handwritten signature in black ink that reads "Bill Brooks". The signature is written in a cursive, slightly slanted style.

Bill Brooks  
Associate Regional Administrator



AMOUNT, DURATION AND SCOPE OF MEDICAL AND REMEDIAL CARE AND SERVICES PROVIDED  
LIMITATIONS ON THE AMOUNT, DURATION AND SCOPE OF CERTAIN ITEMS OF PROVIDED MEDICAL  
SERVICES ARE DESCRIBED AS FOLLOWS:

6. Fluoride Varnish Applications

Effective for dates of service on or after September 20, 2016, the Department shall provide coverage for fluoride varnish applications to recipients under the age of 21 based on medical necessity when performed in the FQHC.

1. Fluoride varnish applications shall be reimbursed when performed in the FQHC by:
  - a. the appropriate dental providers;
  - b. physicians;
  - c. physician assistants;
  - d. nurse practitioners;
  - e. registered nurses;
  - f. licensed practical nurses; or
  - g. certified medical assistants.
2. All participating staff must review the Smiles for Life training module for fluoride varnish and successfully pass the post assessment. All staff involved in the varnish application must be deemed as competent to perform the service by the FQHC.

State: Louisiana  
Date Received: 13 September, 2016  
Date Approved: 1 December, 2016  
Date Effective: 20 September, 2016  
Transmittal Number: 16-0015