

STATE OF LOUISIANA

AMOUNT, DURATION AND SCOPE OF MEDICAL AND REMEDIAL CARE AND SERVICES PROVIDED  
LIMITATIONS OF THE AMOUNT, DURATION, AND SCOPE OF CERTAIN ITEMS OF PROVIDED MEDICAL  
AND REMEDIAL CARE AND SERVICES ARE DESCRIBED AS FOLLOWS:

**Medical and Remedial Care and Services**  
**42 CFR 440.167**

**Personal Care Services**

**Definition**

Personal care services are defined as services furnished to an individual who is not an inpatient, or resident of a hospital, nursing facility, intermediate care facility for persons with intellectual disabilities, or an institution for mental disease that are authorized for the individual by a physician in accordance with a plan of treatment or otherwise authorized for the individual in accordance with a service plan approved by the State; provided by an individual who is qualified to provide such services and who is not a member of the individual's family; and furnished in a home, and at the state's option, in another location.

Personal care services enable an individual whose needs would otherwise require placement in an acute or long term care facility to remain safely in that individual's home. Services must be provided in accordance with an approved plan of care and supporting documentation. These services must be coordinated with other Medicaid services being provided to the recipient/beneficiary and will be considered in conjunction with those other services.

**Personal Care Services Worker Qualifications:**

The worker must be at least 18 years of age at the time the offer of employment is made and -

~~The worker must meet one of the following minimum education and experience—  
—qualifications:~~

- ~~a. a high school diploma or general equivalency diploma (GED); or~~
- ~~b. a trade school diploma in the area of human services; or~~
- ~~c. documented, verifiable experience providing direct care services to the elderly—  
—and/or persons with disabilities.~~
- ~~2. The worker must have the ability to read and write in English as well as to carry out—  
—directions promptly and accurately.~~

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The following persons are prohibited from serving as the direct service worker for the ~~recipient~~beneficiary:

1. ~~the B~~recipientbeneficiary's spouse,
2. ~~Beneficiary's ce~~Beneficiary's ceCurator,
3. ~~Beneficiary's tt~~Beneficiary's ttTutor,
4. ~~Beneficiary's H~~Beneficiary's Hlegal guardian,
5. ~~recipient~~Beneficiary's responsible representative, or
6. ~~P~~Person to whom the ~~recipient~~beneficiary has given Representative and Mandate authority (Power of Attorney).

The Bureau has in place mechanisms to monitor the quality of the services provided. These include, but are not limited to, review of critical incident reports and quarterly meetings to review and address any quality assurance issues that have been identified.

**Assessment**

An initial assessment shall be performed for each ~~recipient~~beneficiary requesting personal care services. The assessment shall be utilized to identify the ~~recipient~~beneficiary's long-term care needs, preferences, the availability of family and community supports and to develop the plan of care. Each ~~recipient~~beneficiary shall be re-assessed at least once every 18 months.

**Prior Authorization**

Personal care services must be prior authorized. Requests for prior authorization must be submitted to the Bureau of Health Services Financing (BHSF) or its designee and include a copy of the assessment form and the plan of care.

**Covered Services**

Personal care services are defined as those services that provide assistance with the distinct tasks associated with the performance of the activities of daily living (ADLs) and the instrumental activities of daily living (IADLs). Assistance may be either the actual performance of the personal care task for the individual or prompting and reminding so the individual performs the task by him/herself.

ADLs are those personal, functional activities required by the ~~recipient~~beneficiary. ADLs include tasks such as: eating, bathing, dressing, grooming, transferring (the manner in which an individual moves from one surface to another - excludes getting on and off the toilet and getting in and out of

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the tub/shower), reminding the recipientbeneficiary to take medication, ambulation, toileting and bed mobility.

IADLs are those activities that are considered essential for sustaining the individual's health and safety, but may not require performance on a daily basis. IADLs include tasks such as: light housekeeping, food preparation and storage, grocery shopping, laundry, assisting with scheduling medical appointments when necessary, accompanying recipientbeneficiary to medical appointments when necessary due to recipientbeneficiary's frail condition and assisting the recipientbeneficiary to access transportation.