

State Plan under Title XIX of the Social Security Act
State/Territory: Louisiana

Section 1905(a)(29) Medication Assisted Treatment (MAT)

Citation: 3.1-A Amount, Duration, and Scope of Services

[Please check the box below to indicate if this benefit is provided for the categorically needy (3.1-A) or medically needy only (3.1-B)]

1905(a)(29) MAT as described and limited in Supplement 4 to Attachment 3.1-A.

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General Assurances

[Select all three checkboxes below.]

MAT is covered under the Medicaid state plan for all Medicaid beneficiaries who meet the medical necessity criteria for receipt of the service for the period beginning October 1, 2020.

The state assures coverage of Naltrexone, Buprenorphine, and Methadone and all of the forms of these drugs for MAT that are approved under section 505 of the Federal Food, Drug, and Cosmetic Act (21 U.S.C. 355) and all biological products licensed under section 351 of the Public Health Service Act (42 U.S.C. 262).

The state assures that Methadone for MAT is provided by Opioid Treatment Programs that meet the requirements in 42 C.F.R. Part 8.

Service Package

The state covers the following counseling services and behavioral health therapies as part of MAT: **[Please describe in the text fields as indicated below.]**

Please set forth each service and components of each service (if applicable), along with a description of each service and component service.

Treatment phases 1 through 3:

1. Initial treatment phase lasts from three to seven days. During this phase, the provider conducts orientation, provides individual counseling and develops the initial treatment plan for treatment of critical health or social issues.
2. Early stabilization phase begins on the third to seventh day following initial treatment through 90 days in duration, wherein the provider:
 - a. Conducts weekly monitoring of the beneficiary's response to medication;

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- b. Provides at least four individual counseling sessions; and
- c. Revises the treatment plan within 30 days to include input by all disciplines, the beneficiary and significant others.

3. Maintenance treatment phase follows the end of early stabilization and lasts for an indefinite period of time. The provider shall:

- a. Ensure continuous evaluation by the nurse of the client's use of medication and treatment from the program and from other sources;
- b. Document reviews of the treatment plan every 90 days in the first two years of treatment by the treatment team; and
- c. Maintain documentation of response to treatment in a progress note at least every 30 days.

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Please include each practitioner and provider entity that furnishes each service and component service.

Services must be provided by an agency licensed by the Louisiana Department of Health as a behavioral health service provider - opioid treatment program. Opioid treatment programs must be accredited by the Commission on Accreditation of Rehabilitation Facilities (CARF), the Council on Accreditation (COA), or The Joint Commission (TJC), certified by Substance Abuse and Mental Health Services Administration (SAMHSA) and hold a current and unrestricted Drug Enforcement Administration (DEA) registration. Providers will be subject to all applicable state and federal regulations and all opioid treatment program enabling legislation.

Staffing for the opioid treatment program must be delivered in accordance with federal and state laws and regulations, the provider manual, and other notices or directives issued by the Department. Individuals providing services must be licensed in accordance with state laws and regulations, in addition to operating within their scope of practice license. Providers shall meet the provisions of the provider manual and the appropriate statutes.

The provider's opioid treatment program shall have the following staff:

1. Medical Director;
2. Clinical Supervisor;
3. Opioid Treatment Program (OTP) Practitioner;
4. Licensed Mental Health Professionals (LMHPs); and
5. Unlicensed professionals (UPs) of addiction services.

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Please include a brief summary of the qualifications for each practitioner or provider entity that the state requires. Include any licensure, certification, registration, education, experience, training and supervisory arrangements that the state requires.

1. Medical Director shall be a licensed physician with a current, valid unrestricted license to practice in the state of Louisiana.
2. Clinical Supervisor, in accordance with State regulations, shall supervise unlicensed professionals. A clinical supervisor is an LMHP that maintains a current and unrestricted license with its respective professional board or licensing authority in the state of Louisiana.
3. Opioid Treatment Program (OTP) Practitioner shall be a physician, Advanced Practice Registered Nurse (APRN), or physician assistant (PA). The OTP Practitioner shall have a current, valid unrestricted license to practice in the state of Louisiana and to prescribe and dispense medications for opioid use disorder.
4. Licensed Mental Health Professionals (LMHP) as defined below shall have a current, valid and unrestricted license in the State of Louisiana. LMHPs include the following individuals:
 - a. Medical Psychologists;
 - b. Licensed Psychologists;
 - c. Licensed Clinical Social Workers (LCSWs);
 - d. Licensed Professional Counselors (LPCs);
 - e. Licensed Marriage and Family Therapists (LMFTs);
 - f. Licensed Addiction Counselors (LACs); and
 - g. Advanced Practice Registered Nurses (APRN)
(must be a nurse practitioner specialist in Adult Psychiatric & Mental Health, and Family Psychiatric & Mental Health or a Certified Nurse Specialist in Psychosocial, Gerontological Psychiatric Mental Health, Adult Psychiatric and Mental Health, and Child-Adolescent Mental Health and may practice to the extent that services are within the APRN's scope of practice).

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5. Unlicensed professionals (UPs) of addiction services must meet at least one of the following qualifications:

- a. Master's prepared behavioral health professional that has not obtained full licensure privileges and is participating in ongoing professional supervision;
- b. Certified Addiction Counselor (CAC) registered with the Addictive Disorders Regulatory Authority (ADRA);
- c. Registered Addiction Counselor (RAC) registered with ADRA; or
- d. Counselor-in-training (CIT) registered with ADRA.

State regulations require supervision of unlicensed professionals by a physician or LMHP.

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Utilization Controls

[Select all applicable checkboxes below.]

The state has drug utilization controls in place. (Check each of the following that apply)

Generic first policy

Preferred drug lists

Clinical criteria

Quantity limits

The state does not have drug utilization controls in place.

Limitations

[Describe the state's limitations on amount, duration, and scope of MAT drugs, biologicals, and counseling and behavioral therapies related to MAT.]

The amount, duration, and scope of MAT drugs, biologicals, and counseling and behavioral therapies, is limited to those determined to be medically necessary.

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