







Compare Health Plans



All Healthy Louisiana health plans offer the same basic services as Medicaid or LaCHIP. These include well-child visits, pregnancy care through delivery, medical transportation, prescription drugs, mental health services, and substance use treatment. The **basic plan benefits** include, but are not limited to:

- Behavioral health services
- Care management
- Durable medical equipment, prosthetics, orthotics and certain supplies
- Early periodic screening, diagnostic, and treatment (EPSDT)/well-child visits
- Emergency and non-emergency medical transportation
- Emergency medical services
- Family planning services
- Immunizations/vaccines
- Inpatient/outpatient hospital services
- Laboratory tests and x-rays
- Pregnancy and newborn care
- Prescription medicines/pharmacy
- Rural health clinic services
- Unlimited Primary Care Provider (PCP) visits
- Women's health services

Each plan offers extra services and this chart can help you to compare. For the online version and other services based on special conditions, go to myplan.healthy.la.gov. To learn about other benefits, call the plan or visit its website.

|  <small>AETNA BETTER HEALTHSM OF LOUISIANA</small> |  |  |  |  |  |
|--|---|---|--|--|---|
| <p>1-855-242-0802 (TTY: 711)</p> <p>24 hours a day, 7 days a week AetnaBetterHealth.com/louisiana</p> | <p>1-888-756-0004 (TTY: 1-866-428-7588)</p> <p>24 hours a day, 7 days a week. CareForLA.com</p> | <p>1-844-521-6941 (TTY: 711)</p> <p>Monday – Friday, 7 a.m. – 7 p.m. MyHealthyBlueLA.com</p> | <p>1-800-448-3810 (TTY: 711)</p> <p>Monday – Friday, 7 a.m. – 7 p.m. Humana.com/HealthyLouisiana</p> | <p>1-866-595-8133 (TTY: 711)</p> <p>Monday – Friday, 7 a.m. – 7 p.m. LouisianaHealthConnect.com</p> | <p>1-866-675-1607 (TTY: 711)</p> <p>Monday – Friday, 7 a.m. – 7 p.m. UHCCCommunityPlan.com</p> |
| <p>Adult dental (21+)</p> <ul style="list-style-type: none"> ▪ Up to \$600 a year for exams, cleanings, fillings, extractions, and x-rays with in-network dental providers | <p>Adult dental (21+)</p> <ul style="list-style-type: none"> ▪ Up to \$750 a year for exams, cleanings, fillings, extractions, and x-rays with FQHC providers | <p>Adult dental (21+)</p> <ul style="list-style-type: none"> ▪ Up to \$500 a year for 1 exam and x-ray, cleanings, fillings, and extractions | <p>Adult dental (21+)</p> <ul style="list-style-type: none"> ▪ Up to \$500 a year for exams, cleanings, fillings, extractions, and x-rays | <p>Adult dental (21+)</p> <ul style="list-style-type: none"> ▪ No extra benefits | <p>Adult dental (21+)</p> <ul style="list-style-type: none"> ▪ Up to \$500 a year for 1 dental exam and x-ray, and 2 cleanings |
| <p>Adult vision (21+)</p> <ul style="list-style-type: none"> ▪ Eye exam once a year ▪ Up to \$125 a year for glasses and/or contacts | <p>Adult vision (21+)</p> <ul style="list-style-type: none"> ▪ Eye exam once a year ▪ Up to \$150 a year for glasses or contacts | <p>Adult vision (21+)</p> <ul style="list-style-type: none"> ▪ Eye exam once a year ▪ Up to \$100 a year for glasses and/or contacts | <p>Adult vision (21+)</p> <ul style="list-style-type: none"> ▪ Eye exam once a year ▪ Up to \$100 a year for glasses and/or contacts | <p>Adult vision (21+)</p> <ul style="list-style-type: none"> ▪ Eye exam once a year ▪ 1 pair of glasses a year or 1 year supply of contact lenses | <p>Adult vision (21+)</p> <ul style="list-style-type: none"> ▪ Eye exam once a year ▪ Up to \$100 a year for glasses or \$105 a year for contacts |
| <p>Diabetes</p> <ul style="list-style-type: none"> ▪ \$25 for diabetic HbA1c test ▪ \$25 for getting a diabetic eye exam, ages 18-75 | <p>Diabetes</p> <ul style="list-style-type: none"> ▪ \$25 for diabetic eye exam, ages 18-75 ▪ \$30 for one HbA1c blood test per year | <p>Diabetes</p> <ul style="list-style-type: none"> ▪ \$25 for diabetic HbA1c test ▪ \$25 for diabetic eye exam ▪ \$5 for completing a quiz about diabetes | <p>Diabetes</p> <ul style="list-style-type: none"> ▪ \$25 for retinal eye exam, ages 18+ ▪ \$25 for yearly HbA1c screening, ages 18+ | <p>Diabetes</p> <ul style="list-style-type: none"> ▪ \$50 for yearly HbA1c test, kidney screening, and diabetic eye exam, ages 18-75 | <p>Diabetes</p> <ul style="list-style-type: none"> ▪ Up to \$60 to participate in remote patient monitoring for type 2 diabetes, for members ages 18+ who qualify |



Extra services by plan (continued)



AETNA BETTER HEALTHSM OF LOUISIANA

Adult wellness

- \$25 for adult yearly well visit, ages 22+
- \$25 for breast cancer screening, women ages 40-74
- \$25 for cervical cancer screening, women ages 21-64
- \$25 for colorectal cancer screening, ages 45+
- \$35 for STI screenings, ages 16+
- Mobile app for digital companionship and support intervention, ages 18+
- Up to \$40 a year for high blood pressure medication fills
- Up to \$250 for alternative pain management options for chronic pain

Child wellness

- Up to \$120 for 8 well visits, birth-30 months (\$15/visit)
- Up to \$40 for well visits, ages 16-30 months
- \$25 for yearly well visit, ages 3-21
- \$50 for needed vaccines by age 2
- \$50 for needed vaccinations by age 13

Over the counter (OTC) medications

- Up to \$25 every 3 months per household for select health products



Adult wellness

- \$50 for yearly well visit and establishing a PCP, ages 21+
- \$50 for cervical cancer screening, women ages 21-64
- \$50 for colorectal cancer screening, ages 45-75
- \$25 for breast cancer screening, women ages 50-74
- \$35 for STI screening, ages 16+
- Up to \$1200 for home repairs (includes \$500 for utility/rent assistance) for members in select care management programs

Child wellness

- Up to \$120 for 6 well visits and establishing a PCP, birth-15 months (\$20/visit)
- \$25 for completing yearly well visit and establishing a PCP, ages 2-20
- \$25 for needed vaccines by age 2
- \$50 for needed vaccines by age 13

Over the counter (OTC) medications

- Select products covered with prescription and copay



Adult wellness

- \$25 for yearly well visit, ages 21+; cervical cancer screenings, women ages 21-64; colorectal cancer screening, ages 45+; and breast cancer screening, women ages 50-74
- \$10 for yearly STI screenings, ages 16+
- Weight Watchers voucher for initiation fees and more

Child wellness

- Up to \$120 for well visits, birth-15 months
- Up to \$40 for well visits, ages 16-30 months
- \$25 for yearly well visit, ages 30 months to 20 years
- \$25 for yearly well visit, ages 10-20
- \$35 gift card to buy books for completing well visit, ages 10-18
- \$50 to enroll in online enrichment course, ages 10-18

Over the counter (OTC) medications

- Select products covered with prescription and copay
- \$35 in personal hygiene products for completing well visit, ages 10-18



Adult wellness

- \$25 for breast cancer screening, women ages 40+
- \$25 for cervical cancer screening, women ages 21+
- \$25 for yearly well visit, ages 21+
- \$25 for chlamydia screening for women
- \$25 for colorectal cancer screening, ages 45+
- Up to 89 days of respite care for male members who are homeless, ages 18+
- Up to \$350 a year for housing costs like rent, utility payments, and moving, ages 18+

Child wellness

- Up to \$60 for 6 well visits, birth-15 months (\$10/visit)
- Up to \$20 for 2 well visits, ages 16-30 months (\$10/visit)
- \$25 for yearly well visit, ages 3-20
- \$20 for 2 HPV vaccine doses, ages 9-13
- 1 sports physical a year, ages 6-18
- Up to \$250 for after school activities such as swim lessons, computer coding, and music lessons, ages 4-18

Over the counter (OTC) medications

- Up to \$75 per quarter for select health products, no prescription or copay required



Adult wellness

- \$50 for breast cancer screening, women ages 40-74
- \$50 for cervical cancer screening, women ages 21-64
- \$50 for colorectal cancer screening, ages 45-75
- \$25 for STI screening (chlamydia, gonorrhea, HIV)
- \$25 for completing health assessment within 60 days of enrollment
- \$25 for follow-up visit after behavioral health hospitalization

Child wellness

- \$30 for 6 well visits by 15 months
- \$25 for getting both HPV vaccine shots by age 13
- \$25 for completing health needs assessment within 60 days of enrollment
- \$50 for follow-up visit within 30 days of first ADHD prescription fill

Over the counter (OTC) medications

- Select products covered with prescription and copay



Adult wellness

- \$25 for yearly well visit
- \$20 for colorectal cancer screening, ages 45+
- \$20 for STI screening
- \$20 for controlled hypertension
- \$25 for health assessment within 90 days of enrollment
- Up to \$60 for participating in Chronic Care Program
- Respite care for members experiencing homelessness
- Gym membership, for members who qualify
- Weight Watcher vouchers

Child wellness

- \$35 for PCP visit within 90 days of enrollment, ages 1+
- \$25 for yearly well visit, ages 1-17
- \$25 for vaccines, ages 6 months-5 years
- \$25 for health assessment within 90 days of enrollment

Over the counter (OTC) medications

- Select products covered with prescription and copay



Extra services by plan (continued)



AETNA BETTER HEALTHSM OF LOUISIANA

Pregnancy

- \$25 for completing Notice of Pregnancy form and first prenatal visit in first trimester
- \$10 for each prenatal visit after first visit, up to \$100
- \$50 for postpartum visit within 12 weeks after delivery
- Newborn circumcision, birth-12 months
- \$50 for baby items (strollers, car seats, diapers, and more) for members in third trimester

Quit smoking

- Tools and support such as breath sensor, quit-smoking coach for members who smoke, vape, or use e-cigarettes



Pregnancy

- \$25 for completing Notice of Pregnancy form in first trimester
- \$50 for prenatal visit within first 12 weeks of pregnancy
- \$50 for postpartum visit within 7-84 days after delivery
- Home visiting services including lactation counseling, education, and referrals, up to 60 days after delivery
- Newborn circumcision, birth - 12 months
- Car seat or Pack-and-Play with fitted crib sheet for completing 8 prenatal visits in 38 weeks or if you do not have a safe sleep space

Quit smoking

- Phone, web, and text-based counseling for each try to quit smoking and vaping



Pregnancy

- \$25 for prenatal visit
- Portable crib or infant car seat for prenatal visits
- \$50 for postpartum visit within 7-84 days after delivery
- \$35 gift card for family planning or period products
- Transportation, in-home visits, and meal support

Quit smoking

- Education to quit smoking, counseling and peer support by chat and text, and nicotine replacement therapy, ages 18+



Pregnancy

- \$25 for completing 1 postpartum visit within 7-84 days after delivery, once per pregnancy
- \$10 for each prenatal visit, up to \$100
- Portable crib or infant convertible car seat for participating in HumanaBeginnings Care Management program
- Newborn circumcision, birth-12 months
- Baby and Me Meals, high risk pregnant members get 2 pre-cooked meals delivered for 10 weeks
- Produce box for maternal care, up to 4 produce boxes

Quit smoking

- 8 coaching calls to help quit tobacco and vaping use, ages 12+
- \$25 for completing 2 calls within 45 days of enrollment in the program, ages 12+
- \$25 for completing the full program, ages 12+



Pregnancy

- Up to \$150 for 3 prenatal visits (\$50/visit)
- \$50 for postpartum visit within 12 weeks of delivery
- \$50 for your choice of baby supplies like diapers, wipes, bottles, and more
- \$30 for completing Notice of Pregnancy form
- \$25 for congenital syphilis screening during pregnancy
- Pack-and-Play convertible crib for safe sleep (\$90 value)
- Free access to Start Smart for Baby mobile app
- Newborn circumcision, birth-12 months
- Extra resources (like a car seat, blood pressure cuff, diapers, meal delivery, and more), for members who qualify
- Home visit or phone support for health screenings and education, and referrals to support programs and doulas

Quit smoking

- Go to Other benefits section



Pregnancy







- \$20 for enrollment in Babyscripts Program
- Up to \$100 for 10 prenatal visits
- \$50 for 1 postpartum visit within 12 weeks of delivery
- \$100 one time for baby supplies after delivery
- Newborn circumcision, birth-30 days
- Up to \$35 for enrolling into case management for the first time
- Moms Meals for high risk pregnant moms or new moms experiencing food insecurity
- Rides to WIC, NICU, and classes
- Lactation, Doula, and home visiting support, for members who qualify

Quit smoking

- Quit for Life program to help with quitting smoking and vaping, ages 13+



Extra services by plan (continued)

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|  <p>aetna AETNA BETTER HEALTH[®] OF LOUISIANA</p> <p>Transportation</p> <ul style="list-style-type: none"> ▪ Ride to medical appointments with stop at pharmacy for medications ▪ Up to 20 one-way rides to grocery stores, community resources and social supports, and other services, ages 18+ |  <p>AmeriHealth Caritas Louisiana</p> <p>Transportation</p> <ul style="list-style-type: none"> ▪ Ride to medical, dental, and adult vision appointments with stop at pharmacy for medications ▪ 15 round trip rides to Alcoholics/Narcotics Anonymous meetings and grocery stores within 30 miles |  <p>Healthy Blue</p> <p>Transportation</p> <ul style="list-style-type: none"> ▪ Ride to medical, adult dental, and adult vision appointments with stop at pharmacy for medications |  <p>Humana Healthy Horizons[®] in Louisiana</p> <p>Transportation</p> <ul style="list-style-type: none"> ▪ Ride to adult dental and vision medical appointments with stop at pharmacy for medications, ages 18+ ▪ Up to 15 round-trips rides (or 30 one-way rides) up to 30 miles to support groups, food banks, wellness classes, WIC/ SNAP appointments, ages 18+ |  <p>Louisiana healthcare connections</p> <p>Transportation</p> <ul style="list-style-type: none"> ▪ Ride to medical and adult vision appointments with stop at pharmacy for medications |  <p>UnitedHealthcare Community Plan</p> <p>Transportation</p> <ul style="list-style-type: none"> ▪ Ride to medical appointments with stop at pharmacy for medications |
| <p>Other</p> <ul style="list-style-type: none"> ▪ Order a blood pressure monitor, 1 per household a year ▪ \$25 for completing health needs assessment within 90 days of enrollment, ages 1+ ▪ \$25 for yearly flu shot ▪ \$10 for filling a sickle cell-related medication ▪ \$5 for downloading Aetna's mobile app ▪ \$25 for follow-up with provider after behavioral mental health hospitalization ▪ One-time \$500 for housing or legal support for members who qualify ▪ Asthma kit that includes hypo-allergenic bedding and \$100 for carpet cleaning or pest control ▪ Short-term Respite care for members who qualify, ages 18+ ▪ GED test preparation support, ages 16+ | <p>Other</p> <ul style="list-style-type: none"> ▪ For completing health assessment: <ul style="list-style-type: none"> · \$50 within 60 days of enrollment online · \$30 within 90 days of enrollment by phone or on paper ▪ \$25 for completing a follow-up visit within 30 days of an emergency room visit for substance use and/or mental illness ▪ Up to \$60 a year (\$15/every 3 months) for high blood pressure medication fills ▪ \$25 for signing up for our mobile app or opting in to mobile messaging platform (1 per household) | <p>Other</p> <ul style="list-style-type: none"> ▪ \$10 every 3 months up to \$40 a year for high blood pressure medication fills ▪ \$25 for follow-up with provider after behavioral health hospitalization ▪ Healthy Transition Program with up to \$4,000 to provide safe place for members to recover after hospital stay and help finding and maintaining safe, stable housing, ages 18+. Includes 10 frozen, ready-to-eat individual meals ▪ Asthma relief solutions, home referrals, and rewards for screenings ▪ Relief Bundle - members select a gift card to acupuncture, massage therapy, or meditation as an alternative pain management therapy up to 3 times | <p>Other</p> <ul style="list-style-type: none"> ▪ Healthy Food Produce Box, up to 4 boxes yearly of in-season, nutritious, fresh food with Care Manager approval, for members who participate in care management program ▪ 14 home-delivered meals after discharge from inpatient or residential facility | <p>Other</p> <ul style="list-style-type: none"> ▪ \$10 for signing up for mobile wellness app and taking your RealAge Test ▪ \$25 for counseling to help quit tobacco use or for filling first prescription of tobacco cessation medication ▪ \$10 for finishing Craving to Quit program to help you quit smoking and/or vaping | <p>Other</p> <ul style="list-style-type: none"> ▪ Up to \$35 for enrolling into case management for the first time ▪ Prepared meals for members with food insecurity ▪ Free Asthma Kit and up to \$60 for participating in Asthma program ▪ \$25 for follow-up visit with a provider within 30 days of discharge from a behavioral health hospitalization |



All dental plans offer these benefits:

Early and Periodic Screening, Diagnosis and Treatment (EPSDT) and Adult Waiver Dental Programs

EPSDT for children until age 21, starting when first tooth erupts.

For adults age 21 and up, enrolled in NOW, ROW or Supports Waiver Programs.

- **Diagnostic:** X-rays and dental exams
- **Preventive:**
 - EPSDT: Dental check-ups, fluoride treatments, and wellness services once every 6 months
 - Waiver: Dental check-ups and wellness services
- **Restorative:** Repair of teeth from cavities or trauma, tooth removal, fillings and tooth repairs
- **Endodontic:** Medically needed treatment for inside of teeth and tooth roots
- **Periodontics:** Special care for treatment of gum disease
- **Prosthodontics:** Removable or fixed dentures and partials for missing permanent teeth
 - EPSDT: once every 5 years
 - Waiver: once every 8 years
- **Oral and maxillofacial surgery:** Specialty care for tooth removal and other medically necessary surgical procedures
- **Orthodontics:** Special care for teeth positioning only for severe deformities of the head, mouth and/or teeth; does not cover care for overbites, TMJ, and crooked teeth
- **Emergency care and other services:** Special care for traumatic problems to teeth and mouth, mouth guards, help to control bleeding, other emergency-type care, hospital calls

Adult Denture Program

For adults age 21 and up, services do not include routine dental care or tooth repairs to natural teeth. These services are covered:

- **Diagnostic:** X-rays and dental exams only when getting dentures or partials
- **Prosthodontics:** If 6 or fewer teeth, one complete denture set every 8 years, adjusted within 6 months for fit; denture repairs and partial repairs covered every year; partial denture covered every 8 years; does not cover pulling teeth or surgical removal of teeth

Dental plan comparison chart

Use this chart to compare extra services each plan offers.

DentaQuest[®]

1-800-685-0143 ▪ DentaQuest.com

Assessment

- 1 oral health kit per lifetime for adults 21 and up with floss, toothbrush and paste for completing online assessment

Extraction (tooth pulled)

- \$200 limit for teeth pulled, ages 21+. Qualified treatment D7140 and D7210.

Silver diamine fluoride treatment

- For children up to age 20, if medically necessary, to slow or stop tooth decay

Opioid safety

- Online course on opioid risks, benefits, and other choices, with \$10 Walmart gift card for adults 21 and up who complete course within 3 days of tooth pulling; 1 gift per lifetime to use only for oral health items and healthy foods

Preventive dental care after ER visit

- Free cleaning and dental exam for adults ages 21 and up who visit dentist within 7 days of hospital visit for non-trauma dental care

Sealant

- 1 drawstring backpack per lifetime with age-appropriate toothbrush, toothpaste, brushing chart, and stickers for children ages 6-14 who get sealants (thin plastic coatings on back teeth chewing surfaces to protect against cavities)

mcnadental

1-855-702-6262 ▪ mcna.net

Assessment

- Cavities risk assessment with dental exam, for Adult Denture Program members

Extraction (tooth pulled)

- Up to 3 teeth pulled when getting dentures, for Adult Denture Program members

Silver diamine fluoride treatment

- Program for children ages 6 months through 6 years to slow or stop tooth decay. Contact the plan for more information.

Teledentistry

- For adult members with special needs, yearly teledentistry visit not otherwise covered; includes sending x-rays, digital records to dental specialist

Extra benefits

- \$10 Amazon.com gift card for children under age 21 when the parent or guardian provides their email address and phone number through the Member Portal or Member Hotline



Healthy
Louisiana

Questions?

Call 1-855-229-6848.

This information is as correct and complete as possible. Extra services may change. Contact the plans directly to learn more about their services.